



We are more than 7,000 public health professionals and thought leaders working in State and Territorial Health Departments, national nonprofits, health systems, federal agencies, academia, and the private industry.

We seek to enhance the work of state and territorial chronic disease leaders to prevent chronic disease and to promote health for all.

We offer

- Professional development and **workforce** training opportunities.
- Program **evaluation** assistance, including needs assessment, design and planning, database development, and quantitative and qualitative analysis.
- A robust **online** community (chronicdisease.org), complete with **success stories** as well as public health and leadership best practices libraries.
- **Fiscal agents** and accounting services for states and organizations not able to receive special or restricted funds.
- An authoritative **voice** for chronic disease prevention and health promotion in local and national dialogues.
- Advocacy and legislative learning to support **policies** and funding for prevention and health promotion.
- Comprehensive **meeting** and **event services** for program conferences, trainings, and educational academies.
- Intensive **technical assistance** and support to public health practitioners working to implement best practices in states and jurisdictions aimed at chronic disease prevention and control.

Chronic Diseases Impact Everyone*

- About half of all American adults (117 million people) have at least one chronic health condition; one-quarter of Americans experience more than one chronic disease.
- The rates of obesity are increasing among school-aged children, placing them at higher risk for chronic disease.
- About one-quarter of people with chronic disease experience one or more daily activity limitations.
- Patients and their families may experience a reduced quality of life due to caregiving responsibilities.
- Our communities are losing revenue— 75 percent of our nation’s healthcare spending is for treatment of chronic disease.
- Preventable chronic diseases dominate the leading causes of death and disability in the U.S., with heart attack and stroke causing nearly half of all mortality.
- The CDC reports that chronic diseases can co-exist with and intensify symptoms of mental illnesses, such as depression.

**Figures cited from CDC.*

Every American Benefits from NACDD Activities

- Patients and their families can experience higher qualities of life and lower their risks for serious illness through access to programs that help people adopt and maintain healthy lifestyles and behaviors.
- Our society can save billions of dollars every year by preventing some cancer, diabetes, heart disease, and arthritis.
- Businesses have more productive workforces due to reduced absenteeism.
- Healthy school-aged children have better academic achievement and greater future job potential and opportunities.
- Our nation is more secure with fit recruits and healthier, stronger communities.

BY THE NUMBERS

~7,000
Members
nationwide



28
staff at NACDD
headquarters

58
subject matter
expert consultants



>30
million dollars
in revenue

5
major

cooperative
agreements,
including 38
projects under
CSTLTS



NACDD At-A-Glance 2019

“During times when urgent public health issues around communicable diseases take up the bulk of our attention, funding, and effort, NACDD strives to provide leadership and support to State Health Department staff in addressing important public health issues surrounding chronic disease prevention and control through policy, systems, and environmental approaches. NACDD also has been a driving force to address upstream factors, such as the social determinants that impact death and disability associated with chronic diseases.”

— **Appathurai Balamurugan**, MD, DrPH, MPH, FAAFP Medical Director, Chronic Disease & Tobacco Branch, Associate Director for Science, Center for Health Advancement, Arkansas Department of Health

Current Program Highlights

- ⇒ Serving as a Million Hearts® partner organization since 2012, NACDD works at the state level to deliver resources to support health departments in implementing interventions related to hypertension, high cholesterol, tobacco use, and cardiac rehabilitation. NACDD also engages in national-level work that supports the initiative’s goal of preventing 1 million heart attacks and strokes by 2022.
- ⇒ The Multi-state EHR-based Network for Disease Surveillance (MENDS) pilot project seeks to leverage electronic health record data to provide near real-time chronic disease surveillance with minimal added work or cost to health departments or clinicians.
- ⇒ Facilitating group-based technical assistance through CDC’s 6|18 Initiative for states focusing on Medicaid coverage for the National Diabetes Prevention Program (National DPP) lifestyle change program.
- ⇒ Supporting the Medicaid Coverage for the National DPP Demonstration States (Maryland and Oregon) to bolster operationalization and sustainability of coverage post-demonstration, and to facilitate continued dissemination of lessons learned through regular communication and presentations to national audiences.
- ⇒ NACDD and CDC have customized guidance to help 35 State Health Departments galvanize partners to expand the National DPP and organizations offering its lifestyle change program. Since 2012, more than 1,750 partners from the public, private, and nonprofit sectors helped to create and implement type 2 diabetes prevention action plans.

CORE PROGRAMS

Alzheimer’s disease
Arthritis
Biomarkers
Building Healthier Communities
Cancer
Cardiovascular Health
Diabetes
Environmental Public Health
GEAR Groups
Innovation, Leadership and Practice Initiative (ILPI)
Pacific Chronic Disease Council
Oral Health
State Activation and Response (STAR)
Vision and Eye Health
Workplace Health Promotion

- ⇒ Partnering with the Department of Defense and CDC to support the Building Healthy Military Communities Pilot Program. This pilot aims to address the unique challenges that affect the readiness and resilience of service members and their families who are living outside military bases in communities across the United States.
- ⇒ The Walkability Action Institute (WAI) has had five years of success with 51 interdisciplinary teams from 29 different states. Collectively, the teams have achieved a total of approximately 500 sustained walkability-related outcomes, reaching more than 20.5 million people. They also have collectively leveraged nearly \$65 million to implement their walkability-related efforts.
- ⇒ Hosted two national, peer-to-peer learning opportunities for states, tribes, and territories to explore ways to improve screening for breast and cervical and colorectal cancers.

For more information about these and other highlights in our project portfolio, visit chronicdisease.org.



**NATIONAL ASSOCIATION OF
CHRONIC DISEASE DIRECTORS**

Promoting Health. Preventing Disease.