



## Summary of Course and Qualifications of Instructor(s)

(Retain this form for your records together with your Certificate of Completion.)

Colorado Chiropractic Association ■ 8751 East Hampden Avenue #B-7, Denver, CO 80231

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**Course Title:** Integrative CardioMetabolics: Holistic Heart Health

**Date of Course:** Saturday, September 30, 2017

**CE Hours Applicable:** 2 (TWO) CE Hours | 10:00 a.m. - 12:00 p.m.

**Location:** The Inverness Hotel | 200 Inverness Dr W, Englewood, Colorado 80112

### Qualifications of the Instructor:

**Jack Wolfson, D.O.**, is a board-certified cardiologist who grew tired of patients failing to truly get well (while sometimes feeling worse) using pharmaceuticals and procedures. As a result, he opened Wolfson Integrative Cardiology where he now uses in-depth testing and targeted nutrition to prevent and treat cardiovascular disease. He treats the whole person, getting to the cause of the issue, instead of treating only the symptoms. Dr. Wolfson offers practical solutions for heart health in person at his office in Paradise Valley, Arizona. He is the author of the Amazon best-seller, *The Paleo Cardiologist*.



*Dr. Jack Wolfson, DO*

### Course Outline:

- 1) Intro: Cardiologist Meets/Marries Chiropractor
- 2) Optimal Nutrition for Heart Health
- 3) The Truth About Cholesterol
- 4) A Natural Fix for High Blood Pressure
- 5) Evidence-based Supplements and Heart Health
- 6) Why All of My Patients Must Be Under Chiropractic Care

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**NOTICE:** To fulfill the CE requirements of the Colorado Board of Chiropractic Examiners established via Rule 8, you must:

1. Obtain 15 CE hours per year (November 1 - October 31) for a total of 30 every two-year license renewal period. These hours must meet the educational requirements as outlined by the board. Subjects of a clinical nature are generally approved, while subjects such as practice management, managed care, financial management, or personal motivation do NOT qualify.
2. Maintain records of seminar attendance in your files including:
  - The title, date and hours of the course
  - Verification of CE hours attended
  - A synopsis of the course
  - The qualifications of the instructor
3. The board will perform audits to insure CE compliance.

**Please contact the CCA for additional information.**