



## Summary of Course and Qualifications of Instructor(s)

(Retain this form for your records together with your verification of hours.)

Colorado Chiropractic Association ■ 8751 East Hampden Avenue #B-7, Denver, CO 80231  
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www.coloradochiropractic.org ■ cca@coloradochiropractic.org

**Course Title:** 'MADE TO MOVE'  
**Date(s) of Course:** Thursday, October 25, 2018 | 4:30 - 7:30 pm  
**Location:** Rimrock Wellness Center  
2695 Patterson Rd., #13 Grand Junction, CO 81506  
**CE Hours Applicable:** Up to 3 CE hours

Generously  
Sponsored by:  
**MOJOFEET**  
*made to move*

### Course Synopsis:

'MADE TO MOVE' introduces the concept of movement therapy and enhancement via rehabilitation and foot orthotic intervention. It includes a review of the current literature supporting the use of custom orthotics for lower extremity biomechanical interventions. Foot mobility and gait assessments will be explored along with foot rehabilitation programs. Practical solutions for both evaluation and treatment protocols for clinicians are introduced. MojoFeet will provide the supplies needed for the course. Participants should present with comfortable clothing to allow for full lower extremity evaluation.

### EDUCATION OBJECTIVES:

1. Introduce the concept of movement therapy as a pivotal aspect of healthcare, with a biomechanical emphasis on the foot and lower extremity
2. Understand foot biomechanics and the challenges of proper foot function in a modern world
3. Understand the theoretical and clinical implications of different orthotic applications - with case studies
4. Practice foot mobility assessments and strengthening programs.
5. Connect foot function to the knee, hip and low back
6. Introduce evaluation strategies for the lower extremity

### HOURLY BREAKDOWN

- Hour 1 & 2: Introduction to foot biomechanics, history of orthotic intervention, comparison of methodologies, foot and lower extremity research.
- Hour 3: Practical applications of orthotic therapy, casting techniques, clinical evaluation and decision making, foot strengthening and rehab.

### Qualifications of Instructor(s):



Stuart Currie,  
DC, PhD

Dr. Currie is a chiropractor and a PhD in bioengineering with a focus on biomechanics and human movement. He is the owner of MojoFeet - a foot orthotic laboratory - performs research at the Human Dynamics Laboratory at the University of Denver, and maintains a clinical practice. His areas of expertise include spine, feet, and lower extremity biomechanics. He applies engineering concepts to the human body, combining his research and clinical knowledge with the goal of improving health by helping people move.

**NOTICE:** To fulfill the CE requirements of the Colorado Board of Chiropractic Examiners, pursuant to rules effective 11/30/95, you must:

1. Obtain 15 CE hours per year (November 1 - October 31) for a total of 30 every two-year license renewal period. These hours must meet the educational requirements as outlined by the board. Subjects must be within your scope of practice. Topics of clinical nature are generally approved, while subjects such as practice management, managed care, financial management, or personal motivation do NOT qualify.
2. Maintain records of seminar attendance in your files including:
  - .The title, date and hours of the course
  - .Verification of CE hours attended
  - .A synopsis of the course
  - .The qualifications of the instructor
3. The board will perform audits to insure CE compliance.

**Please contact the CCA for additional information.**