



Summary of Course and Qualifications of Instructor(s)

(Retain this form for your records together with your verification of hours.)

Colorado Chiropractic Association ■ 8751 East Hampden Avenue #B-7, Denver, CO 80231
(303) 755-9011 ■ (800) 829-0339 ■ Fax: (303) 755-1010
www.coloradochiropractic.org ■ cca@coloradochiropractic.org

Course Title: 'MADE TO MOVE'
Date(s) of Course: Saturday, October 27, 2018 | 8:00 am - 12:00 pm
Location: DoubleTree 7801 E. Orchard, Greenwood Village, CO 80111
CE Hours Applicable: Up to 4 CE hours
Instructor: Dr. Stu Currie, DC, PhD

Generously
Sponsored by:

MOJOFEET
made to move

Course Synopsis:

'MADE TO MOVE' introduces the concept of movement therapy and enhancement via rehabilitation and foot orthotic intervention. It includes a review of the current literature supporting the use of custom orthotics for lower extremity biomechanical interventions. Foot mobility and gait assessments will be explored along with foot rehabilitation programs. Practical solutions for both evaluation and treatment protocols for clinicians are introduced. MojoFeet will provide the supplies needed for the course. Participants should present with comfortable clothing to allow for full lower extremity evaluation.

EDUCATION OBJECTIVES:

1. Introduce the concept of movement therapy as a pivotal aspect of healthcare, with a biomechanical emphasis on the foot and lower extremity
2. Understand foot biomechanics and the challenges of proper foot function in a modern world
3. Understand the theoretical and clinical implications of different orthotic applications - with case studies
4. Practice foot mobility assessments and strengthening programs.
5. Connect foot function to the knee, hip and low back
6. Introduce evaluation strategies for the lower extremity

HOURLY BREAKDOWN

Hour 1-2: Introduction to foot biomechanics, history of orthotic intervention, comparison of methodologies, foot and lower extremity research.

Hour 2-4: Practical applications of orthotic therapy, casting techniques, clinical evaluation and decision making, foot strengthening and rehab.

Qualifications of Instructor(s):



Stuart Currie,
DC, PhD

Dr. Currie is a chiropractor and a PhD in bioengineering with a focus on biomechanics and human movement. He is the owner of MojoFeet - a foot orthotic laboratory - performs research at the Human Dynamics Laboratory at the University of Denver, and maintains a clinical practice. His areas of expertise include spine, feet, and lower extremity biomechanics. He applies engineering concepts to the human body, combining his research and clinical knowledge with the goal of improving health by helping people move.

NOTICE: To fulfill the CE requirements of the Colorado Board of Chiropractic Examiners, pursuant to rules effective 11/30/95, you must:

1. Obtain 15 CE hours per year (November 1 - October 31) for a total of 30 every two-year license renewal period. These hours must meet the educational requirements as outlined by the board. Subjects must be within your scope of practice. Topics of clinical nature are generally approved, while subjects such as practice management, managed care, financial management, or personal motivation do NOT qualify.
2. Maintain records of seminar attendance in your files including:
 - .The title, date and hours of the course
 - .Verification of CE hours attended
 - .A synopsis of the course
 - .The qualifications of the instructor
3. The board will perform audits to insure CE compliance.

Please contact the CCA for additional information.



Summary of Course and Qualifications of Instructor(s)

(Retain this form for your records together with your verification of hours.)

Colorado Chiropractic Association ■ 8751 East Hampden Avenue #B-7, Denver, CO 80231
(303) 755-9011 ■ (800) 829-0339 ■ Fax: (303) 755-1010
www.coloradochiropractic.org ■ cca@coloradochiropractic.org

Course Title: IASTM Redefined: Basic, gentle soft tissue techniques for your patient care
Date(s) of Course: Saturday, October 27, 2018 | 1:00 pm - 3:00 pm
Location: DoubleTree 7801 E. Orchard, Greenwood Village, CO 80111
CE Hours Applicable: Up to 2 CE hours
Instructor: Dr. Stu Wilson, PT, MS

Generously
Sponsored by:



COURSE DESCRIPTION:

The concept of movement therapy and performance enhancement via Instrument Assisted Soft Tissue Mobilization (IASTM) will be introduced. The tools may be hardedged, but the techniques don't need to be aggressive to deliver superior patient outcomes. A review of dysfunctional movement screening patterns and the utilization of soft tissue tools to improve patient outcomes. The anatomy, physiology and neurology of myofascial soft tissue work is covered. IASTM intervention strategies will also be combined with kinesiology taping to deliver a comprehensive approach to patient care. workshop, hands-on environment.

This course is intended for practitioners and therapists with all levels of experience with soft tissue techniques.

EDUCATIONAL LEARNING OUTCOMES:

1. Introduce the myofascial sequencing model
2. Learn movement screening techniques to identify faulty motor patterns
3. Integrate tool assisted fascial tooling with functional kinesiology taping to change movement quality and presentation.

COURSE OUTLINE:

Hour One

Review of framework of the Rocktape Movement Pyramid
Introduce main principles of movement control - mobility and motor control
Introduce mechanical/neurological effects of instrument assisted techniques
Overview of fascial anatomy/physiology

Hour Two

Movement screening
Common problems associated with a faulty movement pattern
Ripple Effect - evaluating up and down stream from target area
Introduction to Front/Back and Lateral Chains
Treatment Strokes
Taping

NOTICE: To fulfill the CE requirements of the Colorado Board of Chiropractic Examiners, pursuant to rules effective 11/30/95, you must:

1. Obtain 15 CE hours per year (November 1 - October 31) for a total of 30 every two-year license renewal period. These hours must meet the educational requirements as outlined by the board. Subjects must be within your scope of practice. Topics of clinical nature are generally approved, while subjects such as practice management, managed care, financial management, or personal motivation do NOT qualify.
2. Maintain records of seminar attendance in your files including:
 - The title, date and hours of the course
 - Verification of CE hours attended
 - A synopsis of the course
 - The qualifications of the instructor
3. The board will perform audits to insure CE compliance.

Please contact the CCA for additional information.



Summary of Course and Qualifications of Instructor(s)

(Retain this form for your records together with your verification of hours.)

Colorado Chiropractic Association ■ 8751 East Hampden Avenue #B-7, Denver, CO 80231
(303) 755-9011 ■ (800) 829-0339 ■ Fax: (303) 755-1010
www.coloradochiropractic.org ■ cca@coloradochiropractic.org

Generously
Sponsored by:

Course Title: Kinesiology Taping for Performance
Date(s) of Course: Saturday, October 27, 2018 | 3:30 pm - 5:30 pm
Location: DoubleTree 7801 E. Orchard, Greenwood Village, CO 80111
CE Hours Applicable: Up to 2 CE hours
Instructor: Dr. Stu Wilson, PT, MS



COURSE DESCRIPTION:

This course expands on the concepts of movement therapy and performance enhancement via functional taping methods. The anatomy and physiology of myofascial slings is covered. Movement assessment to determine dysfunction in specific slings and how to apply tape in a manner that improves movement and function is done in a workshop, hands-on environment. This course is intended for practitioners and therapists with all levels of experience with taping.

EDUCATION OBJECTIVES:

1. Discuss, practice and integrate the concept of longitudinal muscle chain kinesiology taping.
2. Discuss, demonstrate and interpret movement screening techniques to evaluate best functional patterns.
3. Demonstrate, evaluate perform functional taping applications for movement applications.
4. Compare and contrast of sport-specific movement patterns and how kinesiology tape improves sports performance.

COURSE OUTLINE

Hour One

Review of framework for taping acute and sub acute musculoskeletal conditions
Introduction to Fascial Movement Taping concepts
Four pillars of FMT Performance:
Kinetic chain approach
Priming the nervous system
Pain gate stimulation
Exoskeleton effect (snap back properties of elastic tape)

Hour Two

Tape application theory and practice
Performance back chain taping
Function
Pre-application
Application of tape along chain
Performance front chain taping
Function
Pre-application
Application of tape along chain

NOTICE: To fulfill the CE requirements of the Colorado Board of Chiropractic Examiners, pursuant to rules effective 11/30/95, you must:

1. Obtain 15 CE hours per year (November 1 - October 31) for a total of 30 every two-year license renewal period. These hours must meet the educational requirements as outlined by the board. Subjects must be within your scope of practice. Topics of clinical nature are generally approved, while subjects such as practice management, managed care, financial management, or personal motivation do NOT qualify.
2. Maintain records of seminar attendance in your files including:
 - The title, date and hours of the course
 - Verification of CE hours attended
 - A synopsis of the course
 - The qualifications of the instructor
3. The board will perform audits to insure CE compliance.

Please contact the CCA for additional information.



Summary of Course and Qualifications of Instructor(s)

(Retain this form for your records together with your verification of hours.)

Colorado Chiropractic Association ■ 8751 East Hampden Avenue #B-7, Denver, CO 80231
(303) 755-9011 ■ (800) 829-0339 ■ Fax: (303) 755-1010
www.coloradochiropractic.org ■ cca@coloradochiropractic.org

Course Title: Evidence-informed, Functional Kinesiology Taping
Date(s) of Course: Saturday, October 27, 2018 | 1:00 pm - 3:00 pm
Location: DoubleTree 7801 E. Orchard, Greenwood Village, CO 80111
CE Hours Applicable: Up to 2 CE hours
Instructor: Dr. Stu Wilson, PT, MS

Generously
Sponsored by:



Course Title: Kinesiology Taping for Performance
Date(s) of Course: Saturday, October 27, 2018 | 3:30 pm - 5:30 pm
Location: DoubleTree 7801 E. Orchard, Greenwood Village, CO 80111
CE Hours Applicable: Up to 2 CE hours
Instructor: Dr. Stu Wilson, PT, MS

Qualifications of Instructor(s):



Dr. Stu Wilson,
PT, MS

Stu believes that success is helping others be better. He is a teacher, physical therapist, and a human movement junkie. Stuart began his PT career on the Big Island of Hawaii where he worked with athletes and orthopedic patients. From Hawaii, Stuart moved to Steamboat Springs, CO where he advanced his specialty of working with endurance athletes and power athletes. He continued performing high-end gait and running analysis as well as developing a superior medical bike fit program. Stuart then started and owned Champion Sports Medicine and Physical Therapy clinic in Denver, CO. Champion SMPT specializes in sport-specific analysis and treatment utilizing a biomechanical, manual and functional medicine approach to problem solving. He is currently a Director at Panther Physical Therapy and Sports Performance in Colorado where he continues to treat athletes and patients of all levels.

Stuart graduated from Colorado State University with a BS in Exercise Sport Science, with an emphasis on Sports Medicine, Human Anatomy and Neurobiology. He went on to earn his Masters of Science in Physical Therapy from Regis University in Denver, CO. Stu has consulted for USA Triathlon, was the lead PT for the Colorado Ballet, and has gained a respectful reputation as a running and cycling expert. He is currently an affiliate faculty member for Regis University. He has submerged himself in SFMA Level 1 and 2, and is FMS certified. He has presented on many topics including skiing, running, cycling, functional medicine, exercise as medicine, injury prevention, and functional ergonomics.

NOTICE: To fulfill the CE requirements of the Colorado Board of Chiropractic Examiners, pursuant to rules effective 11/30/95, you must:

1. Obtain 15 CE hours per year (November 1 - October 31) for a total of 30 every two-year license renewal period. These hours must meet the educational requirements as outlined by the board. Subjects must be within your scope of practice. Topics of clinical nature are generally approved, while subjects such as practice management, managed care, financial management, or personal motivation do NOT qualify.
2. Maintain records of seminar attendance in your files including:
 - The title, date and hours of the course
 - Verification of CE hours attended
 - A synopsis of the course
 - The qualifications of the instructor
3. The board will perform audits to insure CE compliance.

Please contact the CCA for additional information.