



Summary of Course and Qualifications of Instructor(s)

(Retain this form for your records together with your verification of hours.)

Colorado Chiropractic Association ■ 8751 East Hampden Avenue #B-7, Denver, CO 80231
(303) 755-9011 ■ (800) 829-0339 ■ Fax: (303) 755-1010
www.coloradochiropractic.org ■ cca@coloradochiropractic.org

Course Title: Sports Physical Certification & RE-Certification Course 2018
for Colorado middle school & high school students

Date(s) of Course: Saturday, April 7, 2018

Location: CCA HQ | 8751 E. Hampden Ave, Ste B7, Denver, CO 80231

CE Hours Applicable: 4 hours for Initial Certification OR 2 hours for Re-Certification
AND/OR 3 hours of Health Care Provider Level CPR
(Hours may includes 3 hours of HEALTH CARE PROVIDER LEVEL CPR training)

Qualifications of Instructor(s):



Dr. Robert C. Nelson graduated Cum Laude in 1986 from Logan College of Chiropractic. Dr. Nelson is a Diplomate of the American Chiropractic Board of Sports Physicians, (DACBSP®). Post graduate education also includes courses as a Fellow of the International Association of Medical Acupuncture (FIAMA), Certified Chiropractic Extremity Practitioner (CCEP), Certified Strength & Conditioning Specialist (CSCS), Chiropractic Rehabilitation Diplomate Program, Certified Graston Technique, and Active Release Technique.

Dr. Nelson has taught post graduate courses in Sports Medicine for Northwestern Health Sciences University, Logan College of Chiropractic, Palmer Institute for Professional Advancement, Parker University, LACC, ProSport Chiropractic, Western States College of Chiropractic, DConline and the Colorado Chiropractic Association. He has published articles in the Journal of Sports Chiropractic & Rehabilitation and the Journal of Chiropractic Medicine. He received the Leonard Schroeder Award for Best Original Research in 2010 and 2017 from the ACBSP®. Dr. Nelson has served on the American Chiropractic Board of Sports Physicians vice-president, president, treasurer and a member of the board of directors. He was the president of the Colorado Chiropractic Sports Council for ten years. Athletes from Nike Youth Soccer, Pro Rodeo, Pro Baseball and Pro Soccer (team doctor) are among those treated by Dr. Nelson. He has also served a two week rotation at the USOC. He also worked the CSIT World Games in Italy.

In 2014, Dr. Nelson was honored for the sixth time as Chiropractor of the Year by the Colorado Chiropractic Association, as well as receiving his fifth award as Sports Chiropractor of the Year in 2007. He is a past president of Colorado Chiropractic Association. Dr. Nelson was accepted as a Fellow of the International College of Chiropractors (FICC) in 2007. The American Chiropractic Board of Sports Physicians™ honored Dr. Nelson in 2008 as "Sports Chiropractor of the Year."

Monty Wilburn, DC, CCSP served as a circuit coordinator for the Pro Sports Chiropractic Program and is one of Colorado's first Wrangler Sports chiropractic doctors. He has personally provided chiropractic treatment to over 1,000 cowboys in the course of 100 rodeos. Since 1991, Dr. Wilburn has been extremely active with the CCA. He has served in many different capacities as board member and committee chair. He is a two-time winner of the CCA Young Chiropractor of the Year award. In 1992, Dr. Wilburn revived the Fort Collins Chiropractic Association and has served as their president and as a board member. Dr. Wilburn is a past president of the Colorado Chiropractic Association and has worked for 14 years on the PGA tour treating both senior and young professional golfers. A 1990 graduate of Los Angeles Chiropractic College, Dr. Wilburn maintains a private practice in Fort Collins, Colorado.



CPR Instructor: Mark Wolff, DC, DABCO, DACAN is a Board Certified Chiropractic Orthopedist, a Board Certified Chiropractic Neurologist, and has over 30 years in private chiropractic practice in Lakewood, Colorado. He is a 1980 graduate of Texas Chiropractic College served as Past President of the Jefferson County Chiropractic Society and the Colorado Chiropractic Association. Dr. Wolff was certified as a Red Cross First Aid Instructor in the mid 1980s, then was certified as a Medic First Aid Instructor in 2001, certified as an Emergency First Response Instructor in 2002, and is currently certified as an Emergency First Response Instructor Trainer since 2008. Dr. Wolff has certified hundreds of doctors and lay people to perform CPR, AED and first aid procedures. He has also certified a number of people as CPR/AED/first aid instructors.

NOTICE: To fulfill the CE requirements of the Colorado Board of Chiropractic Examiners, pursuant to rules effective 11/30/95, you must:

1. Obtain 15 CE hours per year (November 1 - October 31) for a total of 30 every two-year license renewal period. These hours must meet the educational requirements as outlined by the board. Subjects of a clinical nature are generally approved, while subjects such as practice management, managed care, financial management, or personal motivation do NOT qualify.
2. Maintain records of seminar attendance in your files including:
 - .The title, date and hours of the course
 - .Verification of CE hours attended
 - .A synopsis of the course
 - .The qualifications of the instructor
3. The board will perform audits to insure CE compliance.

Please contact the CCA for additional information.



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Synopsis of PreParticipation Physicals:

Doctors of chiropractic are allowed to perform Pre-Participation Physical Examinations (PPE) for student athletes in Colorado. Although DCs possess the education and clinical judgement to perform such physicals, the Colorado High School Activities Association (CHSAA) regulations require initial certification and additional four-hour re-certification every two years. Includes health care provider level CPR training.

This course will cover:

◆Goals & content of PPE. ◆Patient history & physical examination. ◆Guidelines for student sports participation in Colorado.
◆Legal precautions. ◆Appropriate PPE forms. ◆Health Care Provider Level CPR training. *Required course materials & rules* ◆**BRING:** Stethoscope, pen light & sphygmomanometer. ◆A written and practical test will be given to attendees completing the PPE course. You must pass the test with a score of 80% or greater to be eligible to register to perform PPEs.

Synopsis of CPR:

Emergency First Response Primary Care (CPR) teaches participants how to respond to life-threatening emergencies. The course focuses on primary care through a combination of knowledge development, skill development and realistic scenario practice to make sure participants have the confidence in their ability to provide care when emergency situations arise. Primary Care (CPR) skills taught in this course:

- Scene Safety Assessment Universal
- Precautions - Communicable Disease
- Protection, including barrier use Primary Assessment Rescue
- Breathing Cardiopulmonary Resuscitation (CPR)
- Obstructed Airway Management
- Automated External Defibrillator (AED) training

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