MAKING A DIFFERENCE

January 31 - February 02
Rosen Shingle Creek
Orlando, Florida

#AACS19 @AACS_NEWS
Introducing Endo Aesthetics™

A NEW PERSPECTIVE on BEAUTY

Driven by world-class R&D and built on 20 years of pharmaceutical experience, we are working to develop the solutions of tomorrow to enhance your practice and help patients feel better about their bodies.

endo aesthetics

YOUR PRACTICE, OUR SCIENCE.

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NPRC CORP-05011/December 2018
2019 ANNUAL SCIENTIFIC MEETING

Welcome to the 2019 Annual Scientific Meeting of the American Academy of Cosmetic Surgery. Over the next three days, we will be celebrating our impact beyond the operating room. See how to make an even greater difference in your patients’ lives with the latest technologies, surgical techniques, and practice management tools.

Designed to help your cosmetic surgery practice thrive, we have an extensive line up of top cosmetic surgeons from a variety of specialties, ready to share their experiences and expertise in master-led sessions and demonstrations. In addition to our educational sessions, we have many non-CME opportunities and social events that provide you with a great opportunity to connect and share ideas with your colleagues.

We hope you enjoy your time in Orlando and leave here inspired and ready to reach the next level of success for your cosmetic surgery practice and continue to increase your positive impact on your patients’ lives.

PLANNING COMMITTEE

CHRIS LOWERY, DO (CHAIR)  ROBERT JACKSON, MD
RANIA AGHA, MD  MARK MANDELL-BROWN, MD
MONA ALQULALI, MD  TALON MANINGAS, DO
JOSEPH CASTELLANO, MD  AYYAZ M. SHAH, DO
LISA CHIPPS, MD

DON’T FORGET TO DOWNLOAD
the AACS 2019 MOBILE APP to add another dimension of interaction to the meeting and create your custom schedule.
GENERAL INFORMATION

Registration & Resource Center
Panzacola Registration Desk

WEDNESDAY, JANUARY 30
2:00 – 6:00pm

THURSDAY, JANUARY 31
6:30am – 5:30pm

FRIDAY, FEBRUARY 1
7:00am – 5:30pm

SATURDAY, FEBRUARY 2
8:30am – 5:30pm

Exhibit Hall
Panzacola Ballroom

THURSDAY, JANUARY 31
8:30am – 7:00pm

WELCOME RECEPTION
5:30 – 7:00pm

FRIDAY, FEBRUARY 1
8:30am – 4:00pm

SATURDAY, FEBRUARY 2
8:30am – 2:00pm

Exhibitor List and Floor Plan

Access the most updated list of Annual Scientific Meeting exhibitors and our exhibit hall floor plan through the AACS mobile app.

PROGRAM OBJECTIVES

This activity is designed for physicians, nurses, residents, and students. Upon completion of this course, participants will be able to:

1. Apply a contemporary understanding of techniques and research in their cosmetic surgery practice.
2. Demonstrate existing limitations in their practice and develop judicious plans to overcome them or establish prudent practice restrictions.
3. Improve patient care, safety, and aesthetic outcomes.
4. Diagnose various complications in breast and body cosmetic surgery.
5. Describe established techniques and options for various procedures.
6. Introduce appropriate procedures and aesthetic offerings to patients with maximum benefit and safety.
7. Distinguish the risks and benefits of surgical vs. non-surgical approaches through appropriate clinical analysis.
8. Evaluate the value of new technologies and strategies for anti-aging effects.
Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Surgeons and American Academy of Cosmetic Surgery (AACS). The American College of Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™

The American College of Surgeons designates this live activity for a maximum of 20.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Information

In compliance with the ACCME Accreditation Criteria, the American College of Surgeons must ensure that anyone in a position to control the content of the educational activity has disclosed all relevant financial relationships with any commercial interest. All reported conflicts are managed by a designated official to ensure a bias-free presentation. Please see the insert to this program for the complete disclosure list.

Visit the Lending USA lounge in the center of the exhibit hall. Charging stations are available all day, in addition to chair massages over the lunch break.

Wi-Fi

NETWORK: AACS2019  PASSWORD: orlando2019 (case sensitive)
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30am – 5:30pm</td>
<td>REGISTRATION OPEN</td>
<td>PANZACOLA REGISTRATION DESK</td>
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<tr>
<td>7:00 – 8:30am</td>
<td>MASTER SESSION: EYES SEBASTIAN I-1</td>
<td>Wade Brock, MD, FACS</td>
<td>Coffee and breakfast breads provided in early morning sessions.</td>
</tr>
<tr>
<td></td>
<td>MASTER SESSION: HAIR RESTORATION SEBASTIAN I-2</td>
<td>Marco Barusco, MD, FISHRS</td>
<td>Coffee and breakfast breads provided in early morning sessions.</td>
</tr>
<tr>
<td>7:00 – 7:20am</td>
<td>Cosmetic Lower Eyelid Blepharoplasty and the Lateral Canthus</td>
<td>Tanuj Nakra, MD</td>
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<tr>
<td></td>
<td>Welcome and Opening Comments &amp; Update on Hair Restoration Surgery</td>
<td>Marco Barusco, MD, FISHRS</td>
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<tr>
<td>7:20 – 7:40am</td>
<td>Cosmetic Brow Lift</td>
<td>Mike Nayak, MD</td>
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<td></td>
<td>Pitfalls of New Technology and the Promise of Profits</td>
<td>Ricardo Mejia, MD</td>
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<tr>
<td>7:40 – 8:00am</td>
<td>Tissue Fillers</td>
<td>Julie Woodward, MD</td>
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<td></td>
<td>Platelet-Rich Plasma in Hair Restoration Surgery</td>
<td>Marco Barusco, MD, FISHRS</td>
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<tr>
<td>8:00 – 8:20am</td>
<td>External and Internal Approaches to Ptosis in our Cosmetic Patients</td>
<td>Wade Brock, MD, FACS</td>
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<td></td>
<td>Complications in HRS and How to Avoid Them</td>
<td>Ricardo Mejia, MD</td>
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<tr>
<td>8:20 – 8:30am</td>
<td>Right or Wrong... How I Do It: Periocular Laser</td>
<td>Sheila Barbarino, MD</td>
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<td>Q&amp;A Panel</td>
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<td>8:30 – 9:00am</td>
<td>BREAKFAST</td>
<td>EXHIBIT HALL</td>
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<tr>
<td>9:00 – 9:10am</td>
<td>OPENING REMARKS</td>
<td>SEBASTIAN J</td>
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<td></td>
<td>Chris Lowery, DO, AACS President-Elect, Program Chair</td>
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<tr>
<td>9:10 – 10:15am</td>
<td>KEYNOTE PRESENTATION</td>
<td>SEBASTIAN J</td>
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<tr>
<td></td>
<td>Physician Leadership and the Urgency of the Moment in Medicine</td>
<td>Barbara L. McAneny, MD, FASCO, MACP, President of the American Medical Association</td>
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<tr>
<td>10:15 – 10:30am</td>
<td>NETWORKING BREAK</td>
<td>EXHIBIT HALL</td>
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<tr>
<td>Time</td>
<td>Session Title</td>
<td>Speaker(s)</td>
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<tr>
<td>10:30am –</td>
<td>FOCUSED TOPIC SESSION: EYES</td>
<td>FOCUSED TOPIC SESSION: FACE &amp; BROW</td>
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<tr>
<td>12:30pm</td>
<td>SEBASTIAN I-1</td>
<td>SEBASTIAN I-2</td>
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<tr>
<td>10:30 –</td>
<td>Upper Eyelid Transposition Blepharoplasty</td>
<td>Nine-Year Review of Endoscopic Brow Lift</td>
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<tr>
<td>10:50am</td>
<td>Adjunctive Internal Canthopexy in Lower Eyelid Blepharoplasty</td>
<td>Addressing What Your Face Lift Won’t: The Lips</td>
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<tr>
<td>10:50 –</td>
<td>Adjunctive Internal Canthopexy in Lower Eyelid Blepharoplasty</td>
<td>and Chin</td>
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<tr>
<td>11:10 –</td>
<td>CO₂ Laser Blepharoplasty</td>
<td>The SIMI Neck Lift</td>
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<tr>
<td>11:10 –</td>
<td>No More Undereye Blues: Making a Difference when Diagnosing and Managing</td>
<td>Modified Custom Face Lift for Men</td>
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<tr>
<td>11:10 –</td>
<td>Periorbital Fractionated CO₂ Laser: Safety and Settings</td>
<td>Mohan Thomas, MD, DDS</td>
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<tr>
<td>11:10 –</td>
<td>Treatment of Festoons of Lower Lid</td>
<td>Thread Lifting: What’s the Latest?</td>
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<tr>
<td>11:30 –</td>
<td>Minimum Incision Deep Plane Face Lift</td>
<td>Aesthetic Thread Mimetics (ATM) for</td>
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<tr>
<td>11:30 –</td>
<td>Otoplasties: Diagnosis and Management of Complications</td>
<td>Non-Surgical Face Lifting</td>
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<tr>
<td>11:30 –</td>
<td>A 30-Year Complication after Placement of Cheek Implants</td>
<td>Manual Lymphatic Drainage in Post-Operative</td>
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<tr>
<td>12:00 –</td>
<td>DIPLOMATE LUNCHEON</td>
<td>BUTLER</td>
<td>Abdominoplasty with Core Liposuction Patients</td>
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<tr>
<td>12:30 –</td>
<td>FOCUSED TOPIC SESSION: FACE</td>
<td>FOCUSED TOPIC SESSION: FACE &amp; BROW</td>
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<tr>
<td>12:30 –</td>
<td>SEBASTIAN I-1</td>
<td>SEBASTIAN I-2</td>
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<tr>
<td>2:00 –</td>
<td>Minimum Incision Deep Plane Face Lift</td>
<td>Otoplasties: Diagnosis and Management of</td>
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<tr>
<td>2:20 –</td>
<td>A 30-Year Complication after Placement of Cheek Implants</td>
<td>Complications</td>
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<tr>
<td>2:30 –</td>
<td>Evaluating Combination Treatment Approach Using Incobotulinum Toxin and</td>
<td>Ryan Diepenbrock, MD, FAACS</td>
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<tr>
<td>2:40pm</td>
<td>Polydensified Matrix Hyaluronic Acid Filler to the Periocular Area/Crow’s Feet</td>
<td>Sheila Barbarino, MD</td>
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<td>and Perioral Rhytids</td>
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</table>
## FOCUSED TOPIC SESSION: BODY
**SEBASTIAN I-3**  
*Moderator: Raphael Gabay, DO*

- **The Use of Plasma Energy for the Performance of Lipoabdominoplasty**  
  Marco Pelosi II, MD
- **Veins Gone, Now This: Management of Sclerotherapy Sequelae**  
  Rania Agha, MD
- **Transversus Abdominus Plane Block Versus Local Anesthetic for Post-Operative Pain Management in Abdominoplasty Patients**  
  Lindsay Sturm, DO
- **Safety and Satisfaction of 100 Consecutive Out-Patient Body Lifts**  
  Erik Nuveen, MD, DMD
- **Removal of Illegal Silicone Injection in Gluteal Area with Suction Assisted Liposuction and a Novel Protocol for Medical Management**  
  Cesar Velilla, MD
- **A Novel Approach to Arm Liposuction**  
  Roland Boeni, MD

## PRACTICE MANAGEMENT SESSION  
**(NON-CME)**  
**SEBASTIAN I-4**  
*Moderator: Talon Maningas, DO*

- **Utilizing Social Media Influencers in Your Growing Practice**  
  Jonathan Kaplan, MD, MPH
- **Top 10 Tips To Beat Your Competition Online**  
  Tara Leifer
- **On Target: How We Used Social Media to Turn a Narrowly Defined Audience into Real Patients**  
  Samuel Peek
- **Top 10 Pearls You Should Know About Google Now!**  
  Tara Leifer
- **Generating Leads Through Social Media**  
  Jonathan Kaplan, MD, MPH
- **Setting Measurable Social Media Goals to Drive ROI**  
  Tim Sawyer

## LUNCH | EXHIBIT HALL  
**DIPLOMATE LUNCHEON | BUTLER**

## FOCUSED TOPIC SESSION: DIPLOMATE LUNCHEON
**SEBASTIAN I-3**  
*Moderators: Maria Lombardo, DO & Chris Coley, MD*

- **Mommy Makeover 2019**  
  Kristine Brecht, MD
- **Manual Lymphatic Drainage in Post-Operative Abdominoplasty with Core Liposuction Patients**  
  Lindsay Sturm, DO

## INDUSTRY TALKS  
**(NON-CME)**  
**SEBASTIAN I-4**

- **The following sessions are brought to you by our industry-sponsored partners. These sessions will explore new techniques, technologies, and ways to enhance your practice. Additional session details can be found in the AACS mobile app.**
- **Solta**

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**2:00 – 2:30pm**
### Thursday, January 31, Continued

<table>
<thead>
<tr>
<th>Time</th>
<th>Focused Topic Session: Face Continued</th>
<th>Focused Topic Session: Face &amp; Brow Continued</th>
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<tbody>
<tr>
<td>2:00 – 3:30pm</td>
<td><strong>Focus Topic Session: Face</strong></td>
<td><strong>Focus Topic Session: Face &amp; Brow</strong></td>
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<td></td>
<td><strong>Sebastian I-1</strong></td>
<td><strong>Sebastian I-2</strong></td>
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<tr>
<td>2:40 – 3:00pm</td>
<td>Fat Transfer in Aesthetic Facial</td>
<td>Lip Repositioning: A Simple Approach for</td>
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<td>Recontouring</td>
<td>Correcting ‘Gummy Smile’</td>
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<td></td>
<td>Gloria Gamboa, MD</td>
<td>Carlos Morales-Ryan, DDS</td>
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<tr>
<td>3:00 – 3:20pm</td>
<td>Comprehensive Facial Rejuvenation:</td>
<td>How Do You See Yourself? Utilizing Patient</td>
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<td>Assessment, Treatment Planning, and</td>
<td>Self-Assessment Tools to Guide Injectable</td>
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<td></td>
<td>Execution</td>
<td>Treatment Planning</td>
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<td>J. Marshall Green III, DDS</td>
<td>Beth Wetzstein</td>
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<tr>
<td>3:20 – 3:30pm</td>
<td>The Horizontal Incision Cervicofacial</td>
<td>What's MOHs Got to Do With It? How MOHs</td>
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<td>Rhytidoplasty, ‘The Neck-Tuck’</td>
<td>Reconstruction Can Add to Your Reputation,</td>
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<td></td>
<td>Daria Hamrah, DMD, FAACS</td>
<td>Skill &amp; Cosmetic Referrals</td>
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<tr>
<td>3:30 – 4:00pm</td>
<td>Networking Break</td>
<td>Exhibit Hall</td>
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</tbody>
</table>

### 4:00 – 5:30pm

<table>
<thead>
<tr>
<th>Time</th>
<th>Master Session: Face</th>
<th>Master Session: Breast</th>
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<tbody>
<tr>
<td></td>
<td>Sebastian I-1</td>
<td>Sebastian I-2</td>
</tr>
<tr>
<td></td>
<td>Directors:</td>
<td>Directors:</td>
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<tr>
<td></td>
<td>J. Kevin Duplechain, MD</td>
<td>Joseph Castellano, MD</td>
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<td></td>
<td>&amp; Mark Mandell–Brown, MD</td>
<td>&amp; Robert Jackson, MD</td>
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<tr>
<td>4:00 – 4:20pm</td>
<td>Basic Face Lift Techniques 101</td>
<td>Preventing and Treating Complications of</td>
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<td></td>
<td>Mark Mandell-Brown, MD</td>
<td>Breast Surgery</td>
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<td>J. Dan Metcalf, MD</td>
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<tr>
<td>4:20 – 4:40pm</td>
<td>Deep Plane Face Lift: How I Do It</td>
<td>How to Handle Capsular Contracture</td>
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<td>J. Kevin Duplechain, MD</td>
<td>Gerald Edds, MD, FACS</td>
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<tr>
<td>4:40 – 5:00pm</td>
<td>My Personal Approach To</td>
<td>The Ins and Outs of Peri Areolar Breast</td>
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<td>Brow Lift Techniques</td>
<td>Augmentation</td>
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<td></td>
<td>Gerald Edds, MD</td>
<td>Joseph Castellano, MD</td>
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<tr>
<td>5:00 – 5:20pm</td>
<td>Face Lift Complications</td>
<td>Are We Doing Too Many Breast Lifts? How to</td>
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<td></td>
<td>Mark Mandell–Brown, MD</td>
<td>Avoid Scars</td>
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<td>Chad Deal, MD</td>
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<td>5:20 – 5:30pm</td>
<td>Q&amp;A Panel</td>
<td>The Treatment of Unusual Breast Complications with an Interactive Video</td>
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<td>Jacob Haiavy, MD, FACS</td>
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</table>

### Networking Break | Exhibit Hall

**Welcome Reception | Exhibit Hall**

Presented by Chad Deal, MD (Non-CME). See mobile app for details.

Support by Aesthetics

### 7:00 – 10:00pm

**Apyx Dinner + Presentation | Sebastian I-1**

RSVP at the registration desk
The following sessions are brought to you by our industry-sponsored partners. These sessions will explore new techniques, technologies, and ways to enhance your practice. Additional session details can be found in the AACS mobile app.

4:00 – 4:30pm
Red Spot Interactive
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<tr>
<td>7:00am – 5:30pm</td>
<td>REGISTRATION OPEN</td>
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<tr>
<td>7:00 – 8:30am</td>
<td><strong>MASTER SESSION: SKIN REJUVENATION SEBASTIAN I-1</strong></td>
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<tr>
<td></td>
<td>Directors: Rania Agha, MD, Lisa Chipps, MD &amp; Ayyaz Shah, DO</td>
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<td>Coffee and breakfast breads provided in early morning sessions.</td>
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<tr>
<td>7:00 – 7:20am</td>
<td>The ‘Liquid Face Lift’: Optimizing Successful Outcomes by Utilizing Anatomy and Surface Landmarks</td>
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<td>Ayyaz Shah, DO</td>
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<tr>
<td>7:20 – 7:40am</td>
<td>Combining Facial Reshaping &amp; Resurfacing</td>
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<td>Joseph Delozier III, MD, FACS</td>
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<td>7:40 – 8:00am</td>
<td>Noninvasive 360-Degree Body Sculpting and Cellulite Treatment</td>
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<td>Robert Burke, MD, DD, FACS</td>
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<td>8:00 – 8:20am</td>
<td>Croton Oil (Hetter) Peels</td>
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<td>Lawrence Kass, MD</td>
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<td>8:20 – 8:30am</td>
<td>Q&amp;A Panel</td>
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<tr>
<td>8:30 – 9:15am</td>
<td>BREAKFAST</td>
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<td>Time</td>
<td>Session Title</td>
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</table>
| 9:15 – 10:30am     | **FOCUSED TOPIC SESSION: BREAST**  
SEBASTIAN I-1  
Moderators: Robert Jackson, MD & Wilbur Hah, MD | Breast Refresh and Update: Sutureless Capsulorraphy Using Breakthrough Radiofrequency Technology and Other Pearls  
Lindsay Sturm, DO & Chad Deal, MD  
Vascular Anatomy & Fillers: How to Reduce Risk of Embolization and Necrosis  
E. Antonio Mangubat, MD  
Purified Polydimethylsiloxane (Silicone) as Dermal Filler; Resolving the Controversy?  
Ehab Akkary, MD, FACS |
| 11:00am – 12:30pm  | **FOCUSED TOPIC SESSION: STEM CELLS**  
SEBASTIAN I-2  
Moderators: Robert Jackson, MD & Steven Porto, DO | Cleavage Enhancing Mastopexy Without the Use of Implants  
Gregory Crichlow, MD  
Trans Abdominal Breast Augmentation  
Gabriel Patino, MD  
Pearls & Pitfalls of Revision Breast Surgery  
Talon Maningas, DO  
My Experience with the Inferior Pedicle Technique in Breast Reduction and Mastopexy  
Christopher Hankins, MD  
Female to Male Transgender Chest Masculinization  
E. Antonio Mangubat, MD  
Adipose Stromal Vascular Fraction - Lessons from 8 Years of Clinical Experience  
Mark Berman, MD  
A Review of Evidence-Based Techniques for Improving Adipose Tissue Harvesting for Grafting or as a Source of Regenerative Cells  
Todd Malan, MD |
<table>
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<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>9:15–10:30am</td>
<td><strong>Focused Topic Session: Breast</strong>&lt;br&gt;<strong>Moderators:</strong> Robert Jackson, MD &amp; Wilbur Hah, MD</td>
</tr>
<tr>
<td>10:30–11:00am</td>
<td><strong>Focused Topic Session: Fillers &amp; Neuromodulators</strong>&lt;br&gt;<strong>Moderator:</strong> Rania Agha, MD</td>
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<td>11:00–11:30am</td>
<td><strong>Focused Topic Session: Rhinoplasty</strong>&lt;br&gt;<strong>Moderator:</strong> Michael Schwartz, MD</td>
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<tr>
<td>11:30–12:00pm</td>
<td><strong>Practice Management Session (Non-CME)</strong>&lt;br&gt;<strong>Moderator:</strong> John Ferguson, MD, FACS</td>
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<tr>
<td>9:15–9:35am</td>
<td><strong>Breast Refresh and Update: Sutureless Capsulorraphy Using Breakthrough Radiofrequency Technology and Other Pearls</strong>&lt;br&gt;<em>Lindsay Sturm, DO &amp; Chad Deal, MD</em></td>
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<tr>
<td>9:35–9:55am</td>
<td><strong>Vascular Anatomy &amp; Fillers: How to Reduce Risk of Embolization and Necrosis</strong>&lt;br&gt;<em>E. Antonio Mangubat, MD</em></td>
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<tr>
<td>9:55–10:15am</td>
<td><strong>Secondary Nasal Deformity: A Challenge to Achieve a Normal Shape</strong>&lt;br&gt;<em>Mohan Thomas, MD, DDS</em></td>
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<tr>
<td>10:15–10:30am</td>
<td><strong>Value of Mammography in Predicting Success of Liposuction for Breast Reduction</strong>&lt;br&gt;<em>Robert Langdon, MD</em></td>
</tr>
<tr>
<td>10:30–11:00am</td>
<td><strong>The Surgical, Scar-less Breast Lift: Combining Classic Surgical Technique with New Breakthrough Technology</strong>&lt;br&gt;<em>Justin Gusching, DO</em></td>
</tr>
<tr>
<td>11:00–11:20am</td>
<td><strong>My First 2000 Bbl: Clinical Pearls for Avoiding Complications</strong>&lt;br&gt;<em>Chad Deal, MD</em></td>
</tr>
<tr>
<td>11:20–11:40am</td>
<td><strong>Purified Polydimethylsiloxane (Silicone) as Dermal Filler: Resolving the Controversy?</strong>&lt;br&gt;<em>Ehab Akkary, MD, FACS</em></td>
</tr>
<tr>
<td>11:40–11:55am</td>
<td><strong>Intraoral Labial Frenulectomy with Periosteal Release: A Simple Approach to Enhance Immediate Surgical Outcome and Long-Term Stability of the Cosmetic Rhinoplasty</strong>&lt;br&gt;<em>Carlos Morales-Ryan, DDS</em></td>
</tr>
<tr>
<td>11:55–12:00pm</td>
<td><strong>Improving Nasal Tip Techniques: Double Dome Tip / Double Columellar Strut</strong>&lt;br&gt;<em>Mark Berman, MD</em></td>
</tr>
<tr>
<td>12:00–12:20pm</td>
<td><strong>Finding Serious Patients in a Sea of Price Shoppers</strong>&lt;br&gt;<em>Jonathan Kaplan, MD, MPH</em></td>
</tr>
<tr>
<td>12:20–12:30pm</td>
<td><strong>Rhinoplasty Pearls &amp; Pitfalls</strong>&lt;br&gt;<em>Jason Stubbs, DO</em></td>
</tr>
<tr>
<td>12:30–12:45pm</td>
<td><strong>Starting Your Cosmetic Surgery Practice: Hit the Ground Running!</strong>&lt;br&gt;<em>Ehab Akkary, MD</em></td>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>11:00–12:30pm</td>
<td><strong>Live Patient Demonstration</strong>&lt;br&gt;<strong>Chair:</strong> Irene Gladstein, MD, FACS&lt;br&gt;<strong>Faculty:</strong> Jason Emer, MD, Sheila Barbarino, MD, Carlos Pou, MD, Ayyaz Shah, DO</td>
</tr>
<tr>
<td>11:00–11:30am</td>
<td><strong>Cleavage Enhancing Mastopexy Without the Use of Implants</strong>&lt;br&gt;<em>Gregory Crichlow, MD</em></td>
</tr>
<tr>
<td>11:30–11:45am</td>
<td><strong>Adipose Stromal Vascular Fraction: Lessons from 8 Years of Clinical Experience</strong>&lt;br&gt;<em>Mark Berman, MD</em></td>
</tr>
<tr>
<td>11:45–12:00pm</td>
<td><strong>Aesthetic Practice Success Part 1</strong>&lt;br&gt;<em>Phil Nguyen, MD</em></td>
</tr>
<tr>
<td>12:00–12:20pm</td>
<td><strong>Trans Abdominal Breast Augmentation</strong>&lt;br&gt;<em>Gabriel Patino, MD</em></td>
</tr>
<tr>
<td>12:20–12:30pm</td>
<td><strong>5 Tips For The Perfect Initial Call</strong>&lt;br&gt;<em>Dan Grantham</em></td>
</tr>
</tbody>
</table>

**Networking Break | Exhibit Hall**

**ABFCS Informational Session | Wekiwa 2**

**Practice Management Session (Non-CME)**<br>**Moderator:** Phil Nguyen, MD
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
</table>
| 12:30 – 2:00pm | **LUNCH | EXHIBIT HALL**  
**FELLOWSHIP LUNCHEON | BUTLER** |
| 2:00 – 2:40pm | **FEATURED SPEAKER | SEBASTIAN J**  
Sculpting for Surgeons: Integrating Function, Form, and Aesthetics of Anatomy to Cosmetic Surgery  
Peter Schmid, DO, Founder of Sculpting for Surgeons, LLC |
| 2:40 – 3:30pm | **FOCUSED TOPIC SESSION: COSMETIC GYNECOLOGY**  
SEBASTIAN I-1  
*Moderators: Mona Alqulali, MD & Christy Walker, MD* |
| 2:40 – 3:00pm |  
**Vaginal Rejuvenation**  
Aristides Arellano-Huacuja, MD  
**The Hetter Peel Revisited**  
Lawrence Kass, MD |
| 3:00 – 3:30pm |  
**The Effects of Radiofrequency Therapy on Female Sexual Health**  
Troy Hailparn, MD  
**Contemporary Treatment of Facial Acne Scarring and Significant Skin Aging with Combination Therapy of Ablative Laser Resurfacing, Microneedling, and Platelet Rich Plasma**  
Ryan Diepenbrock, DDS, FAACS |
| 3:20 – 3:30pm |  
**Aesthetic Management of the Mons Pubis**  
Marco Pelosi III, MD  
**Tranexamic Acid: Its Value in Cosmetic Dermatology & Skin Resurfacing**  
Desmer Destang, DDS, MSC |
| 3:30 – 4:00pm |  
**NETWORKING BREAK | EXHIBIT HALL** |
| 4:00 – 5:30pm |  
**MASTER SESSION: COSMETIC GYNECOLOGY**  
SEBASTIAN I-1  
*Directors: Mona Alqulali, MD  
Marco Pelosi II, MD & Marco Pelosi III, MD*  
**FOCUSED TOPIC SESSION: SKIN RESURFACING**  
SEBASTIAN I-2  
*Moderator: Rania Agha, MD* |
| 4:00 – 4:20pm |  
**Temperature Controlled Radiofrequency Applications in Aesthetic Gynecology**  
Red Alinsod, MD  
**360 Degree Body Sculpting with Novel Use of Noncoherent Red Light**  
Robert Burke, MD, DDS, FACS |
| 4:20 – 4:40pm |  
**Introduction of a Novel Plasma Energy for the Performance of Cosmetic Surgery**  
Marco Pelosi II, MD  
**What I’ve Learned After 1000 Brazilian Butt Lifts**  
Scott Blyer, MD, DDS |
LUNCH | EXHIBIT HALL
FELLOWSHIP LUNCHEON | BUTLER

FEATURED SPEAKER | SEBASTIAN J
Sculpting for Surgeons: Integrating Function, Form, and Aesthetics of Anatomy to Cosmetic Surgery
Peter Schmid, DO, Founder of Sculpting for Surgeons, LLC

FOCUSED TOPIC SESSION: SKIN & DEVICES
Moderators: Ayyaz Shah, DO & Lisa Chipps, MD

Melasma/Hyperpigmentation: Targeting Melanogenesis for Unique and Innovative Treatments
Ayyaz Shah, DO

A Breakthrough New Modality for Subdermal Skin Tightening Using A New Energy Source, Helium Plasma
Alan Greenberg, MD

Single-Pass CO₂ Laser Resurfacing for Facial Photoaging
Robert Langdon, MD

INDUSTRY TALKS (NON—CME)
SEBASTIAN I-4

The following sessions are brought to you by our industry-sponsored partners. These sessions will explore new techniques, technologies, and ways to enhance your practice. Additional session details can be found in the AACS mobile app.

2:45 – 3:15pm

Solta

4:00 – 4:30pm
Red Spot Interactive

4:30 – 5:00pm
Apyx

5:30 – 7:00pm
BTL

RSVP AT THE REGISTRATION DESK

4:00 – 5:00pm
Merz

SEBASTIAN I-3

SEBASTIAN I-4

NETWORKING BREAK | EXHIBIT HALL
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00 – 5:30pm</td>
<td><strong>MASTER SESSION: COSMETIC GYNECOLOGY</strong>&lt;br&gt;<strong>SEBASTIAN I-1</strong>&lt;br&gt;Directors: Mona Alqulali, MD, Marco Pelosi II, MD &amp; Marco Pelosi III, MD</td>
</tr>
<tr>
<td>4:40 – 5:00pm</td>
<td>The Presence of the Pelosi Neutral Zone in Severe Mons Pubis Ptosis: A Contraindication for Monsplasty at the Time of Abdominoplasty&lt;br&gt;Marco Pelosi II, MD</td>
</tr>
<tr>
<td>5:00 – 5:20pm</td>
<td>Revisionary Surgery for the Botched Vaginoplasty&lt;br&gt;Marco Pelosi III, MD</td>
</tr>
<tr>
<td>5:20 – 5:30pm</td>
<td>Management of Labiaplasty Complications&lt;br&gt;Marco Pelosi III, MD</td>
</tr>
<tr>
<td>7:00 – 10:00pm</td>
<td>**WEBSTER DINNER</td>
</tr>
</tbody>
</table>

**Saturday February 2**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>8:30am – 5:30pm</td>
<td>**REGISTRATION OPEN</td>
</tr>
<tr>
<td>8:30 – 9:15am</td>
<td>**BREAKFAST</td>
</tr>
<tr>
<td>9:15 – 10:30am</td>
<td>**FREE PAPERS</td>
</tr>
<tr>
<td>9:15 – 9:30am</td>
<td>A Volumetric Approach to the Aging Midface: Volume Loss, Not Only Sagging and Loosening&lt;br&gt;Zachary Zimmerman, MD</td>
</tr>
<tr>
<td>9:30 – 9:45am</td>
<td>In Search and Treatment of the World’s Ugliest Tattoo&lt;br&gt;Edward Zimmerman, MD</td>
</tr>
<tr>
<td>9:55 – 10:05am</td>
<td>Combination Penoscrotal Skin Flap and Skin Graft in the Creation of Neovagina in Sex Reassignment Surgery&lt;br&gt;Alvin Jorge, MD</td>
</tr>
<tr>
<td>10:05 – 10:15am</td>
<td>The Role of Nipple to Inframary Fold in Breast Augmentation and Mastopexy&lt;br&gt;Benedict Olusola, MD</td>
</tr>
<tr>
<td>10:15 – 10:30am</td>
<td>Body Contouring Post Massive Weight Loss is a Safe Outpatient Office Procedure&lt;br&gt;Ehab Akkary, MD, FACS</td>
</tr>
<tr>
<td>10:30 – 11:00am</td>
<td>**NETWORKING BREAK</td>
</tr>
<tr>
<td>Time</td>
<td>Session</td>
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<td>--------------------------------------------------------------------------</td>
</tr>
<tr>
<td>9:15 – 10:35am</td>
<td>PRACTICE MANAGEMENT SESSION (NON–CME)</td>
</tr>
<tr>
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<td>A Volumetric Approach to the Aging Midface: Volume Loss, Not Only Sagging and Loosening</td>
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<tr>
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<td>In Search and Treatment of the World’s Ugliest Tattoo</td>
</tr>
<tr>
<td>9:45 – 9:55am</td>
<td>The Role of Telehealth in Medical Tourism</td>
</tr>
<tr>
<td>9:55 – 10:15am</td>
<td>Top Mistakes Providers Make When Opening a New Office</td>
</tr>
<tr>
<td>10:15 – 10:35am</td>
<td>The Art of the Follow-Up: How to Keep Your Patients Coming Back For More</td>
</tr>
</tbody>
</table>

REGISTRATION OPEN | PANZACOLA REGISTRATION DESK

BREAKEFAST | EXHIBIT HALL
AMERICAN JOURNAL OF COSMETIC SURGERY BREAKFAST | WEKIWA 2
# Saturday, February 2, Continued

## General Session | Sebastian J

**Introductions and Cosmetic Surgery Foundation Overview**

William Philip Werschler, MD  
President, Cosmetic Surgery Foundation Board of Trustees  
Board of Trustees, American Academy of Cosmetic Surgery

**Acknowledging 2019 Cosmetic Surgery Foundation Research Grant Recipients**

*Use of TAP Block in Abdominoplasty to Decrease Post-Operative Narcotic Use*  
Author: Brady Harris, MD, Image Surgical Arts

*Dose Optimization of 5-Fluorouracil for Use in MicroPen®-Facilitated Surgical Wound Augmentation*  
Author: Natalie Homer, MD, Co-author: Alison Huggins, MD, Affiliation: TOC Eye and Face

### 2018 Cosmetic Surgery Foundation Research Grant Recipient Presentation

**A Novel Comprehensive Nasal Splint**  
Author: Adam Honeybrook, MD

## Webster Recipient Lecture | Sebastian J

Jane Petro, MD, FACS  
"What Have We Learned from History?"

## AACS Business Meeting and Presidential Address by Chris Lowery, DO | Sebastian J

### Lunch | Exhibit Hall

## Resident/Fellow Presentations | Sebastian J

### 2:00 – 2:20 pm

**Manipulation of the Hair Following Temporal Brow Lift Stimulates Oculocardiac Reflex**  
Justin Gusching, DO

### 2:20 – 2:40 pm

**Adjunctive Internal Canthopexy in Lower Eyelid Blepharoplasty**  
Hans Heymann, MD

### 2:40 – 3:00 pm

**Liposuction & the Young Surgeon**  
Steven Porto, DO

### 3:00 – 3:20 pm

**Influence of Social Media in an Oculoplastic Surgery Practice**  
Marie Somogyi, MD

### 3:20 – 3:40 pm

**Upper Eyelid Transposition Blepharoplasty**  
Natalie Homer, MD

### 3:40 – 4:00 pm

**A Compilation of Challenging Surgical Cases from Harbor-UCLA, A County Hospital**  
Yasmin Qaseem, MD

## Featured Speakers | Sebastian J

**The Future of Aesthetic Medicine**  
Jeff Castillo, VP of Injectables, Merz Aesthetics  
& Robert Hubert, VP of Sales, Facial Aesthetics, Allergan

### 5:30 pm

**Meeting Concludes**
| 11:20am–12:40pm | PRACTICE MANAGEMENT SESSION (NON–CME)  
SEBASTIAN I-1 |
|------------------|-------------------------------------------------|
| 11:20 - 11:40am  | **Can Email Marketing Really Help You Attract New Patients?**  
Audrey Nef |
| 11:40am - 12:00pm| **Google Adwords: Capture Your Patients Online Through Smart Bidding Software**  
Tara Leifer |
| 12:00 - 12:20pm  | **Where to Focus your Marketing Efforts in 2019**  
Scott Tobin |
| 12:20 - 12:40pm  | **Even Cosmetic Practices Need a Face Lift Now and Then**  
Dana Fox |

Cosmetic Surgery Foundation's Annual Charity Auction

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"As President of the Cosmetic Surgery Foundation, a Trustee of the AACS Board, and a long-serving member, I understand the importance of bidding on items at our Annual Auction and giving at the Webster Level. Our contributions support all of AACS’s education programs, original research grants, and represent an investment in our own field of expertise."

*William Philip Werschler, MD, President, Cosmetic Surgery Foundation Board of Trustees*

Become a Webster Society member by donating on the AACS website or visiting the Foundation booth to make a gift of $1200 per year or $100 per month and join us at the Annual Donor Gala on Friday, February 1.
SOCIAL EVENTS

ABCS Diplomate Luncheon | Butler

Thursday, January 31 | 12:30 – 2:00pm
Tickets: $75, RSVP Required

The Diplomates of the American Board of Cosmetic Surgery will convene for their annual luncheon. Advance RSVP is required and available during registration.

Supported by ALASTIN SKINCARE

Welcome Reception | Panzacola Ballroom

Thursday, January 31 | 5:30 – 7:00pm
Complimentary

Celebrate the start of the Annual Scientific Meeting with your fellow attendees. This lively reception will take place in the exhibit hall on Thursday, immediately following the day’s sessions. We will welcome our exhibitors to the show and kick off the meeting. Sip on cocktails and grab some appetizers before you head out for the evening. Enjoy DJ entertainment, a presentation by BTL, and a live auction of a Clear + Brilliant laser!

Fellowship Luncheon | Butler

Friday, February 1 | 12:30 – 2:00pm
Complimentary, RSVP Required

The Fellowship Luncheon is open to all current fellowship directors, fellowship trainees, and those interested in becoming a director or trainee. Admission is free, but advance RSVP is required.

Webster Society Annual Donor Gala | Calla Bella Restaurant

Friday, February 1 | 7:00 – 10:00pm
$1,200 Donation Gift

Join the Cosmetic Surgery Foundation’s Webster Society. Make a recurring, tax-deductible gift today of $1,200 or more and be invited (plus one guest) to our Webster Society Annual Donor Gala. The event is black-tie optional with dinner, drinks, and dancing to the tunes of a DJ. To date, the Foundation has given over $1,500,000 in grants and awards to individuals and educational activities of the AACS.

American Journal of Cosmetic Surgery Breakfast | Wekiwa 2

Saturday, February 2 | 8:30 – 9:15am
Complimentary

Open to reviewers, authors, and all interested in learning more about the AJCS. Meet with AJCS Editor Dr. Elie Ferneini, and learn why you should contribute to this growing publication.
Experience the conference from the palm of your hand. With the AACS 2019 MOBILE APP, you have fast and convenient access to all aspects of your meeting experience:

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- Check out the exhibitors and locate their booths more easily through an interactive map
- Receive important meeting updates directly to your phone
- See who’s attending and share contact information with other attendees
- Expand your professional network and have fun!

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Physicians, particularly those in private practice, face many challenges in today’s clinical environment, from regulatory burdens that steal time from their day and undermine patient care to ever-changing legal and business requirements. As President of the American Medical Association and an oncologist in private practice in New Mexico for more than 30 years, Dr. McAneny understands the common struggles but also the opportunities ahead for physicians in private practice. Dr. McAneny will explore the broad work of the AMA to ease administrative hassles on physicians, improve public health, and highlight the ways the AMA is helping build and sustain small, independent practices and ease physician burnout.

Cosmetic surgery requires a sound understanding of the aesthetics of human structural anatomy, form, and function as a foundation upon which to apply individualized surgical planning and execution of cosmetic surgery. Training the cosmetic surgeon by classical artistic sculptural practices and principles can better one’s art by improving visuo-perceptual, judgment, and observational skills.

Join Jeff Castillo, VP of Injectables, Merz Aesthetics and Robert Hubert, VP of Sales, Facial Aesthetics, Allergan, as they address the future of aesthetic medicine with an interactive question and answer session.
Taught by cosmetic surgery masters, our 90-minute, in-depth sessions will give you best-in-class education on the most popular cosmetic surgery procedures.

**Eyes**
Thursday, January 31  |  7:00 - 8:30am  
Sebastian I-1  
*Session Director:* Wade Brock, MD

**Hair Restoration**
Thursday, January 31  |  7:00 - 8:30am  
Sebastian I-2  
*Session Director:* Marco Barusco, MD

**Face**
Thursday, January 31  |  4:00 - 5:30pm  
Sebastian I-1  
*Session Directors:* J. Kevin Duplechain, MD and Mark Mandell-Brown, MD

**Breast**
Thursday, January 31  |  4:00 - 5:30pm  
Sebastian I-2  
*Session Directors:* Joseph Castellano, MD and Robert Jackson, MD

**Skin Rejuvenation**
Friday, February 1  |  7:00 - 8:30am  
Sebastian I-1  
*Session Directors:* Rania Agha, MD, Lisa Chipps, MD, and Ayyaz Shah, DO

**Body**
Friday, February 1  |  7:00 - 8:30am  
Sebastian I-2  
*Session Directors:* Talon Maningas, DO and Chris Lowery, DO

**Cosmetic Gynecology**
Friday, February 1  |  4:00 - 5:30pm  
Sebastian I-1  
*Session Directors:* Mona Alqulali, MD, Marco Pelosi II, MD, and Marco Pelosi III, MD
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Clear + Brilliant® laser system (1440 nm and 1927 nm) is indicated for dermato-laser procedures requiring the coagulation of soft tissue and general skin resurfacing.

Fraxel® INDICATION
The Fraxel® 1550, Fraxel® 1927, and Fraxel® DUAL 1550/1927 laser systems are cleared for the following indications for use:
- Fraxel 1927 nm wavelength is indicated for dermato-laser procedures requiring the coagulation of soft tissue, skin resurfacing procedures, treatment of dyschromias and cutaneous lesions, such as, but not limited to, lentigines, solar lentigines, actinic keratoses, and melasma, and treatment of perioral wrinkles, acne scars, and surgical scars.
- Fraxel 1550 nm wavelength is indicated for dermato-laser procedures requiring the coagulation of soft tissue, treatment of actinic keratoses, treatment of pigmented lesions, specifically age spots, sun spots, and epilides.

Thermage FLX™ INDICATION
The radiofrequency energy only delivery components of the Thermage FLX™ system and accessories are indicated for use in:
- Dermatologic and general surgical procedures for electrocoagulation and hemostasis;
- Non-invasive treatment of periorbital wrinkles and melolabia;
- Non-invasive treatment of wrinkles and melolabia;
- Improvement of the appearance of cellulite;
- Relief of minor muscle aches and pains;
- Improvement of local circulation (blood circulation).

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Alma Lasers – 212
Apyx Medical Corporation (Bovie) – 607
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Biodermis – 115
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Brumaba USA, Inc. – 529
BTL Industries – 201
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Cartessa Aesthetics – 520
Cell Surgical Network – 606
Celluma – 309
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Crystal Clear Digital Marketing – 614
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DI Enterprise – 528
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Doctor.com – 406
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Dr. Miami – 508
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MANDALAY BAY RESORT & CASINO
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2019 WORLD CONGRESS ON LIPOSUCTION
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