CPA New Frontiers Summit:

Unpacking the Yellow Peril: History, Recommendations, and Theory for Clinical Work with AAHNPI Individuals

Presented by: Stephanie Nelson, PsyD and Michael Vallario, PsyD

Description:

This virtual webinar for interprofessional healthcare teams will review the context and history of AAHNPI individuals in the United States and highlight promising and innovative practices focused on improving clinical care for this population. Clinical care recommendations and resources will be reviewed to help empower clinicians to feel more confident to serve this often overlooked demographic.

After attending this event, participants will be able to:

1. Articulate the history of anti-Asian sentiment in the United States and how the current social climate is impacted.
2. Describe the model minority myth and the psychological framework of minority stress theory.
3. Identify at least two recommendations for fighting against minority stress and/or empowering AAHNPI clients.

Stephanie Nelson, PsyD, is a licensed clinical psychologist at the VA NY Harbor Healthcare System's Manhattan Campus. In this regard, Dr. Nelson is a senior clinician and group facilitator for a multi-site implementation study which aims to provide Mindfulness-Based Cognitive Therapy for Suicide Prevention (MBCT-S) to high-risk Veterans living in rural settings and areas with little access to care across New York and New Jersey state. Dr. Nelson is also a senior psychologist and supervisor at SelfWorks, a group practice located in Manhattan, NY. Within this team, Dr. Nelson also holds the position as the Crisis Response Coordinator for the practice. Dr. Nelson completed her pre-doctoral internship at James J. Peters Bronx VAMC, and her post-doctoral fellowship in geropsychology, clinical health psychology, and interprofessional training in geriatric primary care at the VA NY Harbor Healthcare System's Manhattan Campus.

Michael Vallario, PsyD, is a licensed clinical psychologist and suicide prevention coordinator at VA Palo Alto Health Care System. They also supervise and practice at a community mental health clinic in San Francisco, CA catering to LGBTQ+ mental health. They completed internship at the Bronx VA and postdoctoral fellowship in interprofessional LGBTQ+ health at San Francisco VA. They have provided trainings and contributed to research related to LGBTQ+ health, AAHNPI populations, suicide prevention, and other DEIB-related efforts.