CPA's Division of Clinical Psychopharmacology (Division V) presents:

The Psychologist's Role in Improving Psychopharmacological Outcomes for Patients of the Global Majority

Presented by: Jaqueline Gallios, PsyD, MSCP, George Kapalka, PhD, MS, ABPP, and Matthew Verdun, PsyD

Description:

This panel discussion will present the speakers' experiences and methods of improving outcomes for patients from the Global Majority who receiving psychotherapy and psychiatric or other medications. While there is significant research demonstrating differences in access to care, quality of care, and psychiatric medications prescribed to people of the Global Majority, it can be difficult to identify what a psychologist can do during sessions to improve outcomes for those patients. This panel discussion will address what psychologists can do to prepare for working with clients who are prescribed psychiatric medications and how to intervene to improve outcomes for those patients.

After attending this event, participants will be able to:

1. List three antecedents of medical mistrust.
2. Identify one difference in dose of antipsychotic dosing and one difference in side effects of antipsychotic medication receipt.
3. Select at least one intervention or resource they could utilize to improve their effectiveness with clients of the Global Majority who receive psychiatric medications.

Jacqueline M. Gallios, PsyD, MSCP, is a scholar and advocate for prescriptive authority for psychologists (RxP). She serves as Chair of the Legislative Advocacy and Social Action Committee (LASAC) within APA Division 55 (Society for Prescribing Psychology), helping advance RxP advocacy and education nationally. She has authored scholarly works addressing RxP education, training, policy, and scope of practice, and is the author of Demystifying Prescriptive Authority for Psychologists (RxP): Advancing From Controversy to Clarity and Consensus, the first comprehensive book dedicated to RxP. She is also an adjunct assistant professor at John Jay College of Criminal Justice and William Paterson University.

George M. Kapalka, PhD, MS, ABPP, is a clinical and prescribing psychologist currently based in Albuquerque. He is board certified in clinical and psychopharmacological psychology (ABPP) and is a Fellow of the American Psychological Association's Divisions 53 (Clinical Child and Adolescent Psychology) and 55 (Prescribing Psychology). He has over 35 years of experience and his work primarily focuses on the psychological and psychopharmacological treatment of children and adolescents with emotional difficulties and trauma. He held appointments at psychiatric as well as primary care hospitals. His work has been recognized with the Psychologist of the Year award by the New Mexico Psychological Association and with the John Preston Award for Outstanding Contributions to Clinical Psychopharmacology by APA's Division 55. He is a board member at the American Board of Psychopharmacological Psychology and the American Academy of Clinical Psychology. He has served as president, board member and ethics committee chair at state psychological associations. Dr. Kapalka teaches at the graduate level for over three decades. As a Distinguished Professor at Alliant University's California School of Professional Psychology, he is Program Director of its MS in Clinical Psychopharmacology.

Dr. Kapalka received the Distinguished Researcher award from the New Jersey Psychological Association. He authored/edited six books and many other publications, and his work has been translated into ten foreign languages. His research focuses on the psychological, pharmacological and combined treatments of psychological disorders, collaborating with primary care professionals (particularly pediatricians), and behavior management training. He has been interviewed in newspapers, Internet publications, and on television.

Matthew Verdun, PsyD, is dually licensed as a psychologist and Marriage and Family Therapist in California. He has worked with children and adults in in-patient and outpatient settings. Most of his clients are prescribed psychotropic and non-psychotropic medications. His work includes assessing and monitoring for medication side effects and medication adherence. He is the 2026 Chair of California Psychological Association's (CPA) Division V, the Division of Clinical Psychopharmacology. In addition to his private practice and Division V work, he is currently completing his post-doctoral Master of Science in Clinical Psychopharmacology at New Mexico State University.