

CPA

Looking Forward: Innovations and Opportunities for Practice

(Including a featured track: Psychology in the Digital Age)

April 26-29, 2018
Hyatt Regency La Jolla
at Aventine
3777 La Jolla Village Drive
San Diego, CA




CALIFORNIA
PSYCHOLOGICAL
ASSOCIATION

Looking Forward: Innovations and Opportunities for Practice (Including a featured track: Psychology in the Digital Age)

The practice of psychology is constantly evolving, with therapeutic techniques that range from well-established practices to those that integrate these practices with new technologies that are increasingly influencing our society.

Join us in La Jolla where you will hear about the latest research and clinical successes in working with children, adolescents, adults, and organizations. You will take home the kind of practical tools you have come to expect from our conference.

You will also have the opportunity to experience a featured track on “Psychology in the Digital Age”  where you will learn about the impact of technology on your patients and also about how psychologists are using technology to save time and money, and to bring innovations to their practice that are exciting to them and that enhance their work with patients.

 Look for this icon to denote this special track.

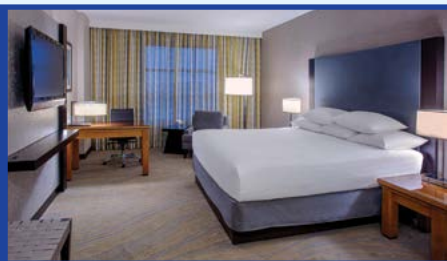
Hotel and Travel

An Award Winning Hotel in La Jolla California

Join us at the **Hyatt Regency La Jolla at Aventine**, blending the charm of a European village with the panache of Southern California. Located in the city known as “The Jewel of the Pacific,” the hotel offers an ideal location near boutique shopping, fine dining and a short drive from the beach.

You can spread out in spacious guestrooms, offering generous amenities with modern touches and blissful views. Savor a variety of culinary delights, including delectable dishes at the hotel’s Barcino Grill or restaurants located in the adjacent Restaurant Village. Enjoy complimentary wireless internet in your room, in the common areas and in the meeting space! Your room also includes access to the Hyatt Stay Fit Gym.

Book your room now and enjoy the **CPA discounted room rate of \$179** plus tax and overnight parking of \$15/night. Daytime parking is just \$10/car. Group rate available until April 11, 2018, or when the room block fills. Rooms are limited. Group rates available 3 days before and after the convention, based on availability.



Visit or call

- www.cpapsych.org
- <https://aws.passkey.com/go/CPA2018>
- 800-554-9288

to reserve your room

Special Events

Thursday, April 26, 2018

5:00 p.m. - 6:30 p.m. **Welcome Reception**
Reconnect with colleagues and kick off the convention!

9:15 p.m. **Friends of Bill W.**

Friday, April 27, 2018

6:00 p.m. - 7:00 p.m. **PAC Century Circle Reception**
(\$100 and above PAC donors – Invitation only)

7:15 p.m. - 9:30 p.m. **PAC Fundraising Dinner**
(Ticketed event)

Saturday, April 28, 2018

1:15 p.m. - 1:45 p.m. **CARE Wellness Activity**

5:30 p.m. - 7:00 p.m. **Division Awards Reception**
(Open to all)

7:00 p.m. - 8:00 p.m. **Early Career Psychologist Mixer/Networking**

8:00 p.m. - 11:00 p.m. **President's Party**
(Cash bar, music, dancing and dessert) Open to everyone!

Sunday, April 29, 2018

7:00 a.m. - 7:45 a.m. **PAC Wellness Walk**

CPAGS Convention Schedule

Friday, April 27, 2018

12:30 p.m. - 1:50 p.m.

CPAGS Annual Meeting and Lunch

9:30 p.m. - ???

CPAGs Freudian Sip Evening Social Hour

Meet in *Drift eat+drink* (in the hotel)

Saturday, April 28, 2018

12:45 p.m. - 1:50 p.m.

Lunch and Program

8:00 p.m. - 11:00 p.m.

Join us at the President's Party

Schedule-at-a-Glance

Wednesday, April 25, 2018

4:00 p.m. - 6:00 p.m. Early Convention Registration Open

Thursday, April 26, 2018

8:00 a.m. - 7:30 p.m. Convention Registration Open
9:00 a.m. - 10:00 a.m. Continental Breakfast
10:00 a.m. - 5:00 p.m. Preconvention CE Institutes (*Separate Fee*)
5:00 p.m. - 6:30 p.m. Welcome Reception (*Open to All*)
7:00 p.m. - 9:00 p.m. Educational Sessions
9:15 p.m. Friends of Bill W.

Friday, April 27, 2018

7:00 a.m. - 6:00 p.m. Registration Open
7:15 a.m. - 8:15 a.m. Breakfast
8:30 a.m. - 10:30 a.m. Opening Plenary Session
10:30 a.m. - 4:00 p.m. Exhibit Area Open
10:30 a.m. - 4:00 p.m. Poster Session
10:30 a.m. - 11:00 a.m. Beverage Break in Exhibit Area
11:00 a.m. - 12:30 p.m. Educational Sessions
12:30 p.m. - 2:00 p.m. Lunch (*On Own*)
12:30 p.m. - 1:50 p.m. CPAGS Annual Meeting and Lunch
2:00 p.m. - 3:30 p.m. Educational Sessions
3:30 p.m. - 4:00 p.m. Refreshment Break in Exhibit Area
3:30 p.m. - 4:00 p.m. Visit with Poster Session Authors
4:00 p.m. - 5:30 p.m. Educational Sessions
6:00 p.m. - 7:00 p.m. PAC Reception (*Century Circle – Invitation Only*)
7:15 p.m. - 9:30 p.m. PAC Dinner (*Ticketed Event*)

Saturday, April 28, 2018

7:00 a.m. - 6:00 p.m. Registration Open
7:15 a.m. - 8:15 a.m. Breakfast
8:30 a.m. - 10:30 a.m. Saturday Plenary Session
10:30 a.m. - 4:00 p.m. Exhibit Area Open
10:30 a.m. - 11:00 a.m. Beverage Break in Exhibit Area
11:00 a.m. - 12:30 p.m. Educational Sessions
10:30 a.m. - 4:00 p.m. Poster Session
12:30 p.m. - 2:00 p.m. Lunch (*On Own*)
12:45 p.m. - 1:50 p.m. CPAGS Program and Lunch
1:15 p.m. - 1:45 p.m. CARE Wellness Activity
2:00 p.m. - 3:30 p.m. Educational Sessions
3:30 p.m. - 4:00 p.m. Refreshment Break in Exhibit Area
3:30 p.m. - 4:00 p.m. Visit with Poster Session Authors
4:00 p.m. - 5:30 p.m. Educational Sessions
5:30 p.m. - 7:00 p.m. Division Award Reception (*Open to All*)
7:00 p.m. - 8:00 p.m. Early Career Psychologist Mixer
8:00 p.m. - 11:00 p.m. President's Party (*Open to All*)

Sunday, April 29, 2018

7:00 a.m. - 7:45 a.m. PAC Wellness Walk
8:00 a.m. - 8:45 a.m. Chapter Showcase Breakfast
9:00 a.m. - 9:45 a.m. Ask Us Anything!
Conversation with the CPA President and CEO
10:00 a.m. - 12:00 p.m. Sunday Plenary Session

Preconvention Advanced Level Continuing Education Institutes

Thursday, April 26, 2018 | 10 a.m. to 5 p.m. | 6 CE Credits | Additional Fee Required

Working Ethically and Legally as a Psychologist

Important ethical aspects of our professional work as psychologists are only partially addressed at times. This program will identify several areas of our work that psychologists will want to pay closer attention to and will provide knowledge and skills to address those areas with ethically and culturally sensitive considerations.

Using a systematic approach to complex ethical dilemmas often encountered in professional practice, presenters will use case examples to identify relevant issues and develop an ethically, clinically, and legally sound plan with risk management considerations. Attendees will have opportunities to practice this model during the program.

Several specific current issues in psychological practice will also be addressed:

1. A legal update on HIPAA and current issues affecting psychologists in California.
2. Engaging ethically with students/trainees who are not meeting competencies. Information presented will also be useful in speaking with impaired colleagues.
3. A first person experience responding to a Board complaint with reflections on lessons learned.
4. Professional Wills: psychologists' ethical and practical considerations and how to develop professional wills using a provided template



Mary Harb Sheets, PhD
Private Practice,
San Diego



Tamara L. Anderson, PhD
Dean of Administration,
Biola University



Steven R. Tess, PhD
Helix Psychology and
Counseling Group,
San Diego, CA



David Leatherberry, JD
Attorney, San Diego, CA

Sex, Intimacy and Psychotherapy

This institute will explore the complex interplay of psychological, cultural, environmental, and biological factors on healthy and dysfunctional intimacy and sexuality across gender and orientation. The four presenters will bring their expertise from working with clients across the diversity of sexualities. Issues around sexuality are important for many of the clients that we see as psychotherapists. This institute will help psychologists become more comfortable with asking about, discussing, and treating sexual issues that their clients experience. The presenters will show video examples to bring the material alive, and there will be opportunities for discussion and experiential learning.



Lisa Firestone, PhD
Director of Research
and Education,
The Glendon Association,
Santa Barbara, CA



Doug Haldeman, PhD
JFK University and
2017 CPA President



Lori Futterman, RN, PhD
Private Practice,
San Diego, CA



Michi Fu, PhD
California School
of Professional
Psychology at Alliant
International University,
Los Angeles, CA

Your Convention Checklist

- ▶ *Book your hotel room*
- ▶ *Register for the convention*
- ▶ *Take a look at session descriptions and decide what topics interest you*
- ▶ *Show up, network, learn and have fun!*

Opening Plenary Session

Friday, April 27, 2018 | 8:30 a.m. to 10:30 a.m.

Smartphones and Mental Health: Impacts on Teens and Adults (1.5 CE Credits)

The advent of smartphones has led to a fundamental shift in how we spend leisure time. This shift has been especially pronounced among young people, particularly those born since 1995, known as iGen. In nationally representative surveys of 11 million adolescents and young adults, mental health issues suddenly increased after smartphones became common after 2012. Trends include increases in anxiety, depressive symptoms, loneliness, major depressive episodes, self-harm, suicide risk factors, and the suicide rate and declines in happiness, life satisfaction, and sleep time. Teens who spend more time on screens are more likely to experience mental health issues and lower psychological well-being, and links between screen time and lower psychological well-being also appear among adults. Dr. Twenge will offer solutions and recommendations for practice based on current research.



Jean M. Twenge, PhD, Professor of Psychology at San Diego State University, is the author of more than 140 scientific publications and the books *iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy – and Completely Unprepared for Adulthood*; *Generation Me: Why Today's Young Americans Are More Confident, Assertive, Entitled – and More Miserable Than Ever Before* and *The Narcissism Epidemic: Living in the Age of Entitlement* (co-authored with W. Keith Campbell). Dr. Twenge frequently gives talks and seminars on teaching and working with today's young generation based on a dataset of 11 million young people. Her audiences have included college faculty and staff, high school teachers, military personnel, camp directors, and corporate executives. Her research has been covered in *Time*, *Newsweek*, *The New York Times*, *USA Today*, *U.S. News and World Report*, and *The*

Washington Post, and she has been featured on Today, Good Morning America, CBS This Morning, Fox and Friends, NBC Nightly News, Dateline NBC, and National Public Radio. She holds a BA and MA from the University of Chicago and a PhD from the University of Michigan.

Continuing Education Credits

APA: The California Psychological Association (CPA) is approved by the American Psychological Association (APA) to offer continuing education for psychologists. CPA maintains responsibility for this program and its content.



BBS: The California Board of Behavioral Sciences accepts continuing education credit granted by the California Psychological Association or by any of its Approved Providers.

BRN: The Board of Registered Nurses recognizes courses given by the California Psychological Association as hour for hour Category A CE.

The maximum number of hours of continuing education credits available for attending the 2018 CPA Convention is 16.5 for those who attend regular sessions on Thursday evening, Friday, Saturday, as well as the three plenary sessions. Six additional credits can be earned by attending a Thursday pre-convention CE Institute (additional fee required).

Now is the **BEST** time to join CPA!
We're Proud of Who We Are!

You Want...

- Answers to your questions
(like professional practice or ethics questions)
- Ways to build your practice
(like a free locator service available to consumers)
- Free and discounted CE
- Someone to fight for you in Sacramento
- A professional community that sends you referrals

We have that — and more!

Join today!

www.cpapsych.org

Saturday and Sunday Plenary Sessions

Saturday, April 28, 2018 | 8:30 a.m. to 10:30 a.m.

 **Using Digital Tools to Expand Psychological Practice:
Helping as Many People as Possible (2 CE Credits)**

Digital tools focused on health and mental health are proliferating, yet many practitioners are wary of integrating them into their practice, and issues such as adhering to ethical and professional norms and liability have not been fully worked out. This presentation will address the potential advantages and pitfalls of adopting technology to provide effective mental health services. Dr. Muñoz will present a way of categorizing digital interventions that provides clarity about where in a continuum of digital adoption each practitioner feels comfortable. He will also discuss ways in which psychology could increase the number of people who avail themselves of face-to-face, traditional therapy by offering digital interventions to large numbers of persons and offering live therapy to those who do not improve sufficiently. The presentation will include a panel discussion with practicing clinicians about the ways they are integrating technology into their practices.



Ricardo F. Muñoz, PhD obtained his AB from Stanford University and his Ph.D. from the University of Oregon. He is currently Distinguished Professor of Clinical Psychology at Palo Alto University, Professor Emeritus at the University of California, San Francisco, Adjunct Clinical Professor at Stanford University, and a member of the affiliated faculty at the University of California, Berkeley. He has coauthored over 100 peer-reviewed articles, including three *Annual Review of Psychology* and *Annual Review of Clinical Psychology* chapters, plus several books, including *Control Your Depression*, *Controlling Your Drinking*, and *The Prevention of Depression: Research and Practice*. He is a Fellow of the American Psychological Association, the Association for Psychological Science, and in 2017 he was inducted as

Fellow of the American Association for the Advancement of Science “for distinguished contributions towards the prevention of major depression and the development of Internet interventions to improve mental health worldwide.”

Sunday, April 29, 2018 | 10:00 a.m. to Noon

 **Closing Plenary: The Future is Already Here (2 CE Credits)**

We live at an amazing point in time – when what we envisioned as “the future” has actually arrived. Because we experience the world in a linear way, it is sometimes hard to recognize the exponential growth rate in computing power which in turn fuels the rapid development of other tech-based fields: artificial intelligence, mapping the human brain, telecommunications, the proliferation of sensors that monitor your health and any other behavior, 3D printing and so on. These simultaneous disruptions across multiple domains results in what is called a “VUCA world”: a world of Volatility, Uncertainty, Complexity and Ambiguity. Certainly psychology as a discipline is not immune to these changes. Individual psychologists are impacted on a professional and personal basis, as are our clients. It is imperative that we become aware of, and respond to, both the threats and the opportunities these unparalleled changes bring.



Nancy Gordon Moore, PhD, MBA is a clinical psychologist at the American Psychological Association and is the Executive Director of Strategic Programs. There she is responsible for offices that are crucial in planning for the future and that have association-wide impact. Before this assignment, she was the Executive Director for Governance Affairs and Acting ED for Communications. Previously, Dr. Moore was the Executive Director of the Kentucky Psychological Association. She received training as a Foresight Practitioner from the Institute for the Future and has long tracked future trends.

 = Psychology in the Digital Age track session

Master Lectures

Friday, April 27, 2018 | 11:00 a.m. to 12:30 p.m.

The Social Media Policy in Practice: Hands on Management of Online Profiles and Settings

We know we must consider various ethical principles when we venture onto the Internet, but do you know how to actually manage your online profiles? What settings should you tweak? How do you stop LinkedIn from sending invites to everyone you have ever emailed? We will review ethical principles and show you how and where you can manage your online profile. Internet access will be available so you can update your settings in real time.



Keely Kolmes, PsyD is a private practitioner in Oakland, CA. Dr. Kolmes serves on CPA's Ethics Committee and is the Representative for California on the APA Council of Representatives. Dr. Kolmes has published a *New York Times* OpEd on the challenge of Yelp reviews and has spoken on this topic at the South by

Southwest technology conference. Well known for their private practice Social Media Policy, Dr. Kolmes teaches, speaks, and consults on digital ethics issues internationally and co-authored *The Paper Office for the Digital Age* with Ed Zuckerman.

Friday, April 27, 2018 | 2:00 p.m. to 3:30 p.m.

Internet and Technology Addiction: Identification, Assessment, and Treatment

As mental health providers, we are constantly challenged to stay abreast of emerging cultural issues and difficulties that may present in our offices. Internet and technology addictions have only recently been acknowledged by the DSM-5 as serious problems deserving further investigation. This presentation will provide practitioners with an overview of the most damaging aspects of today's technology, present tools for early detection and assessment, review current treatment models and their efficacy, and identify referral and treatment resources.



Elaine Brady, PhD, MFT is a Certified Addiction Specialist (CAS) as well as a Certified Sex Addiction Therapist (CSAT). Dr. Brady was the founder and Executive Director of Net Worth Recovery, Inc., an Internet and Tech Addiction treatment center in San Jose. She has authored *Forged in Fire* (2015), provides

consultation and training to many treatment centers throughout the Bay Area, and continues to provide counseling services through her San Jose office.

Saturday, April 28, 2018 | 11:00 a.m. to 12:30 p.m.

Telementalhealth: What You Need to Know to Expand your Practice

This session focuses on the use of videoconferencing technologies to provide mental and behavioral health services. Dr. Luxton will discuss clinical and nonclinical applications including assessment, treatment, supervision, and consultation, and will address legal and ethical requirements, safety plans and emergency protocols, and the integration of other technologies such as mobile apps.



David D. Luxton, PhD is affiliated with University of Washington Seattle, Luxton Labs LLC, TQIntelligence, Inc., and NowMattersNow.org in Seattle.

Saturday, April 28, 2018 | 2:00 p.m. to 3:30 p.m.

How To Provide Virtual Reality Exposure Therapy In Your Practice

Two decades of research have shown that Virtual Reality (VR) is highly effective for exposure therapy, and new advances in mobile technology have created an opportunity for psychologists to incorporate VR exposure therapy in their practice. In this session you will learn how therapists administer VR treatments today and participate in a live VR exposure therapy demonstration. The session will include real therapy case examples, a live Virtual Reality exposure therapy demonstration with a patient, and an opportunity to try VR firsthand.



Sean Sullivan, PsyD is a clinical psychologist and author who leads psychology at Limbix. He has an AB from Harvard University, a PsyD from the Florida School of Professional Psychology, and completed his postdoctoral training at UCSF. Dr. Sullivan focused his graduate and post-graduate research on technology applications for psychology and has been practicing as a psychologist, using virtual reality in therapy, teaching mindfulness, writing and producing digital psychology programs ever since.



Jon Sockell, MBA is a technology entrepreneur who leads marketing at Limbix. Previously he worked in marketing leadership roles at KeepTruckin and Medallia. Mr. Sockell has a BA in Economics from Washington University in St. Louis, and an MBA from Vanderbilt University.

Educational Sessions

Your convention registration fee gives you access to the following concurrent education sessions. To assist us in our planning, please indicate which sessions you plan to attend when you register (either online or on page two of the Registration Form). Full details of each session are at www.cpapsych.org.

Thursday: 7:00 p.m. to 9:00 p.m. (2 CE Credits)

Incorporating Neuroimaging Technology into Clinical Psychology and Neuropsychology

Erin D. Bigler, PhD, Professor of Psychology and Neuroscience, BYU, Provo, Utah; Private Practice, Somerset, California; Thomas Hardey, PhD, Private Practice, Oakland and Neuropsychology Consultant to Oakland Raiders; David Lechuga, PhD, Neurobehavioral Clinic & Counseling Center, Lake Forest, CA

Watching our Supervisees at Work: Using Live Observation/Recorded Sessions to Address Competency Concerns and Problems

Karen Enyedy, PhD, The Help Group, Sherman Oaks, CA; Elizabeth Jenks, PhD, Corporate Director of Clinical Intern Training, Pacific Clinics, Pasadena, CA; Monique U. Ellis-Blied, PhD, Postdoctoral Fellow, VA Loma Linda Healthcare System, Loma Linda, CA; Olga Belik, PhD, Chief Psychologist, Providence Saint John's Health Center, Santa Monica, CA

Diversity Town Hall – When Psychology Becomes Political: How Critical Courageous Conversations Can Inform Practice and Professional Self-Care

Theopia Jackson, PhD, Chair, CPA Division of Diversity and Social Justice (Div VII); CPA CARE Committee; Saybrook University, Oakland, CA; Gita Bhatia, PsyD, CARE Committee, Pepperdine University, Culver City, CA; Pearl Werfel, PhD, CPA CARE Committee, Chair; Private Practice, CSPP San Francisco, CA; Bedford Palmer II, PhD, President, Alameda County Psychological Association; Saint Mary's College of California, Moraga, CA; Douglas Haldeman, PhD, John F. Kennedy University, Pleasant Hill, CA

This Town Hall is sponsored by CPA and our Division of Diversity and Social Justice (Division VII)

Friday: 8:30 a.m. to 10:30 a.m. (1.5 CE Credits)

OPENING PLENARY: Smartphones and Mental Health: Impacts on Teens and Adults

Jean M. Twenge, PhD, Professor of Psychology, San Diego State University, San Diego, CA

Friday: 11:00 a.m. to 12:30 p.m. (1.5 CE Credits)

MASTER LECTURE: The Social Media Policy in Practice: Hands on Management of Online Profiles and Settings

Keely Kolmes, PsyD, Private Practice, Oakland, CA

Earned Secure Attachment: Helping Clients Rewire their Brains through Creating a Coherent Narrative

Lisa Firestone, PhD, Director of Research and Education, The Glendon Association, Santa Barbara, CA

Clinical Record Keeping: Charting New Courses

Dean Given, PhD, Co-Director, Santa Barbara Behavioral Health, Santa Barbara, CA

Serving Undocumented College Students: A Social Justice Lens for Clinical and Institutional Responsiveness

Diana Peña, PhD, Psychologist & Wellness Coordinator, Undocumented Student Program, UC Berkeley, Berkeley, CA; Elizabeth Hernandez, MS, Student, Columbia University; Esmeralda Zamudio, PsyD, Group Private Practice & Psychological Assessments, East Bay Family Institute, Oakland, CA

Friday: 2:00 p.m. to 3:30 p.m. (1.5 CE Credits)

MASTER LECTURE: Internet and Technology Addiction: Identification, Assessment, and Treatment

Elaine Brady, PhD, MFT, CAS, CSAT, Consultant and Private Practice, San Jose, CA

Online and Gaming Communities: Modifying Treatment to Meet Their Needs

Serenity Serseción, PhD, Adjunct Faculty, Palo Alto University, Private Practice, Sunnyvale, CA

A New Model for ADHD and Motivation: Implications for Treatment

Thomas E. Brown, PhD, Director of Brown Clinic for Attention & Related Disorders, Manhattan Beach, CA and Adjunct Clinical Associate Professor of Psychiatry, Keck Medical School of University of Southern California

Essentials of Chronic Pain Management: What Psychologists Need to Know Now

Abraham A. Argun, PsyD, Director of Behavioral Medicine and Team Power, Orthopaedic Medical Group of Riverside, Riverside, CA, Private Practice, Newport Beach, CA; Janet Kraemer, PhD, Director of Behavioral Medicine, Rehabone Medical Group, Inc., Los Gatos, CA

Workplace Violence: Identifying the Warning Signs to Prevent a Tragedy

Craig R. Lareau, JD, PhD, ABPP, Private Practice, Arcadia, CA

Friday: 4:00 p.m. to 5:30 p.m. (1.5 CE Credits)

From Smartphones to Smart Data: How Digital Innovation Can Revolutionize Mental Health Care

Magen Todd, PhD, Director of Meridian Clinical Group and Co-Founder of Unison Project, Los Angeles, CA; Philip Southam, Co-Founder Unison Project, Los Angeles, CA

 = Psychology in the Digital Age track session

How to Incorporate Music into Psychological Treatment: A Clinician's Music Toolbox for Therapy

Karen Sanchez, MBA, MT-BC, Director/Founder, In Harmony Music Therapy Services, Stockton, CA

Wildfires and Hurricanes: The Personal and Collective Need for Self-Care

Pearl Werfel, PhD, Private Practice; Adjunct Faculty, CSPP at Alliant International University, San Francisco, CA, Chair, CPA CARE Committee; Elisabeth Crim, PhD, CPA CARE Committee, Founder/Director, Moonstone Center, Torrance, CA; Theopia Jackson, PhD, CPA CARE Committee, Program Chair, Department of Humanistic and Clinical Psychology, Saybrook University, Oakland, CA; Gitu Bhatia, PsyD, CPA CARE Committee, Adjunct Faculty, Pepperdine University, Culver City, CA

The "How tos" of Adding Basic Addiction Treatment to Your Practice

A. Tom Horvath, PhD, ABPP, President, Practical Recovery Psychology Group, Inc., La Jolla, CA

Saturday: 8:30 a.m. to 10:30 a.m. (2 CE Credits)

PLENARY SESSION: Using Digital Tools to Expand Psychological Practice: Helping as Many People as Possible

Ricardo F. Muñoz, PhD, Palo Alto University, Palo Alto, CA

Saturday: 11:00 a.m. to 12:30 p.m. (1.5 CE Credits)

MASTER LECTURE: Telementalhealth: What You Need to Know to Expand your Practice

David D. Luxton, PhD, University of Washington, Luxton Labs LLC, TQIntelligence, Inc., and NowMattersNow.org, Seattle, WA

Prominent Components of Successful Work with Professional Athletes

Steven Bucky, PhD, ABPP, Distinguished Professor, Director of Professional Training, CSPP - San Diego; Ronald Stolberg, PhD, Clinical Psychologist, CSPP-San Diego, CA; Kimberly Wagner, PsyD, Clinical Psychologist, La Jolla, CA; Alix Landon, PsyD, Clinical Psychologist, Rancho Santa Fe, CA

Child and Adolescent Therapy in the Digital Age

Katherine Nguyen Williams, PhD, Director, Strategic Development & Clinical Innovation, UCSD Department of Psychiatry, La Jolla, CA; Brent Crandal, PhD, Principal Investigator and Special Projects Manager, Rady Children's Hospital, San Diego, Behavioral Health Sciences, San Diego, CA; Andrea Letamendi, PhD, Associate Director for Mental Health Training, Intervention, and Response, UCLA, Los Angeles, CA

Working with LGBT Clients: 5 Ways to Miss the Boat and 5 Ways to Get on Board

Abigail "Abi" Weissman, PsyD, Founder, Group Practice at Waves, Poway, CA and Hillcrest (San Diego), CA

Saturday: 2:00 p.m. to 3:30 p.m. (1.5 CE Credits)

MASTER LECTURE: How To Provide Virtual Reality Exposure Therapy In Your Practice

Sean A. Sullivan, PsyD, Director of Psychology at Limbix, Private Practice, San Francisco, CA; Jon Sockell, MBA, Director, Limbix, San Francisco, CA

A Multicultural Orientation in Clinical Practice: Legal and Ethical Issues When Working with Child Maltreatment

Pamela Harmell, PhD, Pepperdine University Graduate School of Education and Psychology, Los Angeles, CA

Mobilizing ePatients: How Technology is Engaging Eating Disorder Patients and Increasing Access

Marcella Raimondo PhD, MPH. Kaiser Permanente-Adult Eating Disorders Clinic & Private Practice, Oakland, CA; Jenna Tregarthen, PhD, Recovery Record-Palo Alto, CA

RxP: A Prescription for Social Justice in California and a New Opportunity for Psychologists

Saurabh Gupta, PhD, CEO, Southern California Psychology Centers, San Diego, CA; Alan Lincoln, PhD, MSCP, BCBA-D, CSPP- Alliant International University, San Diego, CA; Morgan T. Sammons, PhD, ABPP, Executive Officer, National Register of Health Service Psychologists, Washington, DC

Saturday: 4:00 p.m. to 5:30 p.m. (1.5 CE Credits)

Using Technology to Engage Men in Therapy

Daniel Singley, PhD, Director, The Center for Men's Excellence, San Diego, CA

Leveraging Mobile Health to Support Evidence Based Practices

Christina M. Armstrong, PhD, Clinical Psychologist, Education and Training Program Lead, National Center for Telehealth & Technology, Defense Health Agency, Department of Defense, Joint Base Lewis-McChord, WA

The "Hold Me Tight/Let Me Go" Program for Families with Teens – Education and Enrichment

Paul Aikin, PhD, Co-Director of the Sacramento-Davis EFT Center, Director, Private Practice, Davis, CA; Nancy T. Aikin, PhD, Co-Director of the Sacramento-Davis EFT Center, Director, Private Practice, Davis, CA

The Ins and Outs of Private Practice – Getting Started

Kristin Moore, PsyD, State Department of Education, Fremont, CA; Sarah Bharier, PsyD, Clinical Supervisor, Alameda Family Services, Alameda, CA; Emmanuel Zamora, PsyD, City and County of San Francisco, Mission Mental Health, San Francisco, CA; Matt Wong, PsyD, Clinical Psychologist, Private Practice, South Lake Tahoe, CA

Sunday: 9:00 a.m. to 9:45 a.m.

Ask Us Anything! Conversation with the CPA President and CEO

Paul Marcille, PhD, Program Director and Professor, Palo Alto University and the Pacific Graduate School of Psychology, Private Practice, Los Gatos, CA and 2018 CPA President; Jo Linder-Crow, PhD, CEO, CPA

Sunday: 10:00 a.m. to 12:00 p.m. (2 CE Credits)

CLOSING PLENARY: The Future is Already Here

Nancy Gordon Moore, PhD, MBA, Director of Strategic Programs, American Psychological Association

Convention Registration Form

2018 CPA Convention | April 26 – 29 | Hyatt Regency La Jolla at Aventine, San Diego, CA

- 1) Register **online at cpapsych.org** or submit this form by fax (credit card only) or US mail (check, payable to CPA, or credit card).
- 2) Registration must be received by **March 29, 2018** to receive the early rate. Photocopy this form for additional registrants.
- 3) Fax: 916 286-7971 or mail: CPA Convention Registration, 1231 I Street, Suite 204, Sacramento, CA 95814

First name _____ Last name _____ Degree/Title _____

License # PSY _____ Company _____

Mailing address _____ City _____ State _____ Zip _____

Phone _____ Email _____

First, find your membership category on the left, then select all options and enter total dollar amount below.		Early Rate Until 3/29	Reg. Rate 3/30-4/11	Onsite
CPA Members	<input type="checkbox"/> Full Convention (Friday, Saturday, and Sunday)	\$300	\$375	\$400
	<input type="checkbox"/> Friday Only OR <input type="checkbox"/> Saturday Only	\$175	\$210	\$235
	<input type="checkbox"/> Thursday or Sunday Only	\$100	\$100	\$125
	<input type="checkbox"/> Thursday Institute (Select one): <input type="checkbox"/> Ethics and the Law <input type="checkbox"/> Human Sexuality	\$150	\$170	\$195
Non-Members	<input type="checkbox"/> Full Convention (Friday, Saturday, and Sunday)	\$400	\$475	\$500
	<input type="checkbox"/> Friday Only OR <input type="checkbox"/> Saturday Only	\$225	\$260	\$285
	<input type="checkbox"/> Thursday or Sunday Only	\$150	\$150	\$175
	<input type="checkbox"/> Thursday Institute (Select one): <input type="checkbox"/> Ethics and the Law <input type="checkbox"/> Human Sexuality	\$225	\$245	\$270
CPAGS Members	<input type="checkbox"/> Full Convention	\$99	\$140	\$140
	<input type="checkbox"/> Friday Only OR <input type="checkbox"/> Saturday Only	\$65	\$105	\$105
	<input type="checkbox"/> Friday CPAGS lunch & Annual Meeting <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Other _____ (fill in)	\$10	\$10	n/a
	<input type="checkbox"/> Saturday CPAGS lunch and Education <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Other _____ (fill in)	\$10	\$10	n/a
	<input type="checkbox"/> I would like to volunteer to have my registration fee reimbursed (CPAGS only, up to \$99).			
Students, Non-Members	<input type="checkbox"/> Full Convention	\$150	\$190	\$190
	<input type="checkbox"/> Friday Only OR <input type="checkbox"/> Saturday Only	\$100	\$140	\$140
	<input type="checkbox"/> Friday CPAGS lunch & Annual Meeting <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Other _____ (fill in)	\$20	\$20	n/a
	<input type="checkbox"/> Saturday CPAGS lunch and Education <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Other _____ (fill in)	\$20	\$20	n/a
Life Members	<input type="checkbox"/> Full Convention (Friday, Saturday, and Sunday) (No CE Credits)	\$150	\$150	\$200
Guest	<input type="checkbox"/> Guest Fee (For non-psychologist companions) Guest name: _____	\$150	\$150	\$200
Special Events	<input type="checkbox"/> Thursday Welcome Reception (5:00 pm – 6:30 pm)	Included	Included	Included
	<input type="checkbox"/> Saturday President's Party (8:00 pm – 11:00 pm)	Included	Included	Included
	<input type="checkbox"/> Friday CPA PAC Fundraising Dinner 7:15 pm – 9:30 pm <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Other _____ (fill in)	\$250	\$250	\$250
TOTAL				

Registration fee includes: Welcome Reception and President's Party, Thursday evening, Friday, Saturday, and Sunday education programs, three continental breakfasts, refreshment breaks, and admittance to the exhibit area. The CPA PAC Dinner and Pre-Convention Institutes require an additional fee.

Check # _____ OR Card number _____ Exp date _____ Sec. Code _____

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Billing address for card _____
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Special needs: If you have a special need, write it on a separate paper and attach it to this form. CPA staff will contact you.

Cancellation Information: Cancellation requests must be received in writing BEFORE March 29, 2018 to receive a refund (minus \$50 cancellation fee). Fees will be refunded within six weeks after the convention. NO REFUNDS WILL BE GIVEN AFTER MARCH 29, 2018.

There is a returned check fee of \$25.

Print your name, as written on the first page of this form _____
Full convention registration gives you access to all education sessions except the Thursday institutes. Check the box corresponding to the sessions you plan to attend (1 per timeslot). This assists us in assigning meeting rooms. Session descriptions available at cpapsych.org.

Thursday: 4/26/2018 7:00 pm to 9:00 pm (2 CE Credits)

- Incorporating Neuroimaging Technology into Clinical Psychology and Neuropsychology** Erin Bigler, PhD; Thomas Hardey, PhD; David Lechuga, PhD 
- Watching our Supervisees at Work: Using Live Observation/Recorded Sessions to Address Competency Concerns and Problems** Karen Enyedy, PhD; Elizabeth Jenks, PhD; Monique Ellis-Blied, PhD; Olga Belik, PhD
- Diversity Town Hall: When Psychology Becomes Political: How Critical Courageous Conversations Can Inform Practice and Professional Self-Care *Sponsored by CPA and our Division of Diversity and Social Justice (Division VII)*** Theopia Jackson, PhD; Gitu Bhatia, PsyD; Pearl Werfel, PhD; Bedford Palmer II, PhD; Douglas Haldeman, PhD



Friday 8:30 am to 10:30 am (1.5 CE Credits)

- OPENING PLENARY: Smartphones and Mental Health: Impacts on Teens and Adults** Jean Twenge, PhD 


Friday 11:00 am to 12:30 pm (1.5 CE Credits)

- MASTER LECTURE: The Social Media Policy in Practice: Hands on Management of Online Profiles and Settings** Keely Kolmes, PsyD 
- Earned Secure Attachment: Helping Clients Rewire their Brains through Creating a Coherent Narrative** Lisa Firestone, PhD
- Clinical Record Keeping: Charting New Courses** Dean Given, PhD 
- Serving Undocumented College Students: A Social Justice Lens for Clinical and Institutional Responsiveness** Diana Peña, PhD; Elizabeth Hernandez, MS; Esmeralda Zamudio, PsyD

Friday 2:00 pm to 3:30 pm (1.5 CE Credits)


- MASTER LECTURE: Internet and Technology Addiction: Identification, Assessment, and Treatment** Elaine Brady, PhD, MFT 
- Online and Gaming Communities: Modifying Treatment to Meet Their Needs** Serenity Serseción, PhD 
- A New Model for ADHD and Motivation: Implications for Treatment** Thomas Brown, PhD
- Essentials of Chronic Pain Management: What Psychologists Need to Know Now** Abraham Argun, PsyD; Janet Kraemer, PhD
- Workplace Violence: Identifying the Warning Signs to Prevent a Tragedy** Craig Lareau, JD, PhD, ABPP

Friday 4:00 pm to 5:30 pm (1.5 CE Credits)



- From Smartphones to Smart Data: How Digital Innovation Can Revolutionize Mental Health Care** Magen Todd, PhD; Philip Southam 
- How to Incorporate Music into Psychological Treatment: A Clinician's Music Toolbox for Therapy** Karen Sanchez, MBA, MT-BC

- Wildfires and Hurricanes: The Personal and Collective Need for Self-Care** Pearl Werfel, PhD; Elisabeth Crim, PhD; Theopia Jackson, PhD; Gitu Bhatia, PsyD
- The "How tos" of Adding Basic Addiction Treatment to Your Practice** A. Tom Horvath, PhD, ABPP



Saturday 8:30 am to 10:30 am (2 CE Credits)

- SATURDAY PLENARY: Using Digital Tools to Expand Psychological Practice: Helping as Many People as Possible** Ricardo Muñoz, PhD 

Saturday 11:00 am to 12:30 pm (1.5 CE Credits)

- MASTER LECTURE: Telementalhealth: What You Need to Know to Expand Your Practice** David Luxton, PhD 
- Prominent Components of Successful Work with Professional Athletes** Steven Bucky, PhD, ABPP; Ronald Stolberg, PhD; Kimberly Wagner, PsyD; Alix Landon, PsyD
- Child and Adolescent Therapy in the Digital Age** Katherine Nguyen Williams, PhD; Brent Crandal, PhD; Andrea Letamendi, PhD 
- Working with LGBT Clients: 5 Ways to Miss the Boat and 5 Ways to Get on Board** Abigail Weissman, PsyD


Saturday 2:00 pm to 3:30 pm (1.5 CE Credits)

- MASTER LECTURE: How To Provide Virtual Reality Exposure Therapy in Your Practice** Sean Sullivan, PsyD; Jon Sockell, MBA 
- A Multicultural Orientation in Clinical Practice: Legal and Ethical Issues When Working with Child Maltreatment** Pamela Harmell, PhD
- Mobilizing ePatients: How Technology is Engaging Eating Disorder Patients and Increasing Access**  Marcella Raimondo, PhD, MPH; Jenna Tregarthen, PhD
- RxP: A Prescription for Social Justice in California and a New Opportunity for Psychologists** Saurabh Gupta, PhD; Alan Lincoln, PhD, MSCP, BCBA-D; Morgan Sammons, PhD, ABPP

Saturday 4:00 pm to 5:30 pm (1.5 CE Credits)

- Using Technology to Engage Men in Therapy** Daniel Singley, PhD 
- Leveraging Mobile Health to Support Evidence Based Practices** Christina Armstrong, PhD 
- The "Hold Me Tight/Let Me Go" Program for Families with Teens - Education and Enrichment** Paul Aikin, PhD; Nancy Aikin, PhD
- The Ins and Outs of Private Practice - Getting Started** Kristin Moore, PsyD; Sarah Bharier, PsyD; Emmanuel Zamora, PsyD; Matt Wong, PsyD

4/29/2018 10:00 am to Noon (2 CE Credits)

- CLOSING PLENARY: The Future is Already Here** Nancy Gordon Moore, PhD, MBA 



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Take advantage...

- Opportunities for networking throughout the convention
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- CE credits – 16.5 if you attend all sessions – 6 more with an Institute
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Open me to see the details!

