CPA Ethics Committee Guidelines for Client/Patient Information on the Listserv

Please DO NOT provide enough information about clients/patients that readers might be able to figure out whom you are talking about (e.g., exact age of patient, specifics of case). Bear in mind that there are potentially thousands of readers and that your email may be stored indefinitely on computers without passwords and thus could be read if the computer is lost or stolen. If a high level of detail is important for your purpose, another mode of communication, such as phone calls to colleagues, is necessary. When seeking referrals, please cite aspects of the psychologist sought (e.g., location, skills) rather than information about the patient.

The following examples highlight appropriate and inappropriate ways this can be done:

APPROPRIATE	INAPPROPRIATE
Referral: Therapist with experience	Referral: Adult Asperger's client
treating adults with Asperger's.	Looking for referral for an adult male with recent Asperger's
Looking for a referral to a therapist with	Dx, lots of distress, marital problems. Needs therapist in Blue
experience treating adults with	Cross Network. Lives in Santa Monica.
Asperger's in Blue Cross Network, in or	
near Santa Monica.	
Referral: Child therapist to treat	Referral: 7 year old child with anxiety
anxiety	I am looking for recommendations for therapists who treat
I am looking for recommendations for	second graders. I have a friend whose son is experiencing
therapists (Los Altos preferred) who	some anxiety and irritability, possibly related to school. She
treat elementary school age children	would rather not travel outside Los Altos.
with anxiety and irritability.	
Referral: Sacramento area therapist	Referral: 17 year old, hx of incest
who treats issues related to incest in	Need individual therapist for 17 year-old boy with a history of
adolescents.	incest. 14 yo sister currently in therapy. Children have been
Looking for a therapist with experience	having unsupervised visitation for the last year. Increased
treating adolescent incest survivors and	substance use in past 6 months, deteriorating school
expertise in substance abuse.	performance. Family is Chinese, lives in West Sacramento.
Experience with Asian-American clients	
desired.	
Referral: Therapist in Indiana with	Referral: 25 year old transgender client
experience with transgender issues.	25 year old transgendered person in preoperative stage of a
Can anyone recommend a therapist	sex change operation working with doctors at Stanford. Client
near Bloomington, Indiana with	is active on-campus with LGBTIQ community, but client is
experience with transgender issues?	moving to Bloomington, Indiana at the end of the semester.
	Needs referral for an individual therapist near Indiana
	University.