



Serving the towns of: Berlin, Newington, Rocky Hill and Wethersfield

# **Annual Report**

**July 1, 2012—June 30, 2013**

## **Public Health**



**PREVENT**



**PROMOTE**



**PROTECT**

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### Photos on Cover:

**Left:** Volunteer nurse, Pat Rinaldi, administering flu vaccine.

**Center:** Hikers on 2013 Trail Day Weekend, co-sponsored by the Health District.

**Right:** Sanitarian Jovan Williams inspecting the dishwasher in a restaurant.

## A Message from the Board of Health Chairperson and the Director of Health

We are pleased to present this Annual Report that highlights the work of the Central Connecticut Health District, its staff and Board for FY 2012-13. Our Health District is one of 21 regional local health departments across the state. This year marked our 17th year of service. We strive to maintain high-quality services as we navigate a rapidly changing public health landscape and health care system.

As an agency we continue to provide a wide variety of public health services to the people in our four member towns of Berlin, Newington, Rocky Hill and Wethersfield. Whether protecting the health of our residents through immunizations and disease investigation or reducing the incidence of foodborne illness through our inspection and licensing of food service establishments, we actively identify and respond to a wide variety of public health problems and issues. These efforts would not be possible without the talent and dedication of our fine staff.

Highlights this year include:

- ◇ Implementation of the second year of the agency's three-year strategic plan (2011-2014)
- ◇ Inspection and licensing of over 700 food service establishments, pools, salons, and motels
- ◇ Engagement of members of our four member towns to address system changes to improve health through better nutrition and reduction in obesity, physical activity and better tobacco control; and
- ◇ Implementation of a variety of grant-funded and volunteer-run programs, such as asthma education; diabetes education; dental screenings for seniors; prescription drug counseling; nutrition and tobacco control.

For years, our Health District has been fortunate to have enthusiastic and dedicated volunteers who donate their time and expertise to support our programs and services, and who serve on our Board. Our annual seasonal influenza and pneumonia immunization clinics and many of our counseling and screening activities would not be possible without them.

Lastly, the planning, policy-making and governance of our agency relies on the talent and dedication of the members of our Board of Health.

For more information on our agency, its programs, funding, and reports or to schedule an appointment, please visit our web site ([www.ccthd.org](http://www.ccthd.org)).

Our thanks to our member towns and to you, our public, for your continued support year after year.

Sincerely,

Paul Hutcheon, M.P.H., R.S.  
Director of Health

Judith A. Sartucci, M.S.N., R.N.  
Chairman, Board of Health



Director of Health, Paul Hutcheon, Board  
Chairman Judith Sartucci with  
CT Commissioner of Public Health,  
Dr. Jewel Mullen.

## **Our Vision**

Healthy People in a Healthy Community

## **Our Mission**

To improve the quality of life in our communities through prevention of disease and injury, fostering a healthy environment and promotion of the health of our residents.

## **Our Core Values**

We work for and are accountable to the public. We strive for excellence and value:

Integrity  
Transparency  
Respect  
Social Justice and Diversity

Teamwork  
Personal and Professional Development  
Evidence-Based Practice  
Innovation

## **We are here to serve you...**

Every day, our programs and services impact the people in our communities by:

- Preventing epidemics and the spread of disease
- Protecting against environmental hazards
- Preventing injuries
- Promoting and encouraging healthy behaviors
- Responding to disasters and assisting communities in recovery; and
- Assuring the quality and accessibility of health services.

## **We strive to meet and provide the ten nationally recognized services expected of a local public health agency including services to:**

1. Monitor health status
2. Investigate health problems
3. Inform people about health issues
4. Mobilize communities
5. Plan to support health
6. Investigate health problems
7. Link people to health services
8. Assure a competent workforce
9. Evaluate effectiveness of programs
10. Research for new solutions to health problems

**We use this framework in planning and service delivery in our communities. Our activities are described on the pages that follow.**

## Essential Service 1: Monitor Health Status to Identify Community Health Problems

*Periodic community health assessments are important to learn about the health of a community. These describe the health status of the population and help identify areas for health improvement, determine factors that contribute to health issues, and identify assets and resources that can be mobilized to improve the public's health.*

In February 2013, the Health District produced its tenth Community Health Report Card. This report summarizes data over a ten-year period on relevant and significant community indicators that provide an overall "health snapshot" and evaluate trends of each town in where possible. These are compared to the State trends. Demographic characteristics describe populations using the following: age, gender, race and ethnicity, level of education and income level. Findings from this report are used for planning appropriate programs and services to address identified health care needs and to evaluate their efficacy.

Through the findings in its Community Health Report Card and its 2011 Behavioral Risk Factor Surveillance Survey (BRFSS), the Health District discovered such issues as a lack of adequate prenatal care. "Adequate Prenatal Care," as defined by the Connecticut Department of Public Health, is an expectant mother starting prenatal care in the first trimester and receiving care in at least 80% of expected visits during her pregnancy. Rates of non-adequate care in our four member towns ranged from 20% to 25%.

## Essential Service 2: Diagnose and Investigate Health Problems and Health Hazards in the Community

*Timely investigations of suspected or identified health problems in the community is necessary for detecting the source of the problem, describing those affected and preventing further spread of the problem. Activities may include: epidemiological identification of emerging threats; investigation of infectious agents and hazards to human health; and use of immunizations to stop vaccine preventable disease.*

### Communicable Diseases

In Connecticut, over 40 communicable diseases/conditions must be reported to local health departments by health care providers and laboratories. The Health District receives and reviews these reports and performs follow-up on certain cases, particularly suspected food or waterborne diseases, tuberculosis and elevated blood lead levels in children and adults.

### Elevated Blood Lead Levels (EBLL) Investigation

Laboratories are required to report to the local health departments all persons found with blood lead levels equal to or greater than 10 ug/dl. When a child is found to have a level equal to or greater than 10, the Health District provides the parents with educational materials, available in the Health District office, on reducing exposure and eliminating hazards. When the blood lead level is equal to or greater than 15 ug/dl, the District conducts a thorough inspection of the home and completes an epidemiological investigation to identify the source of the exposure. The District Health Director issues an order to ensure that the lead hazards are eliminated. The Health District has discovered several atypical sources of lead poisoning including food and cosmetics. There were 11 cases of elevated blood lead levels that were investigated in 2012-13.

### Environmental Health Investigations

The Health District investigates many different types of complaints received from the public throughout the year. Some complaints are seasonal, such as the lack of heat in a rented dwelling, or a pool that is not maintained and causing mosquito breeding. Complaints are investigated by the Health District Sanitarians and referrals are made to other agencies such as Municipal Social and Youth Services Departments and Protective Services for the Elderly, as appropriate.



## Complaints Investigated in 2012-13

<b>Food Establishments:</b> 50	<b>Air/Water Pollution:</b> 28	<b>Water Supply:</b> 6
<b>Salons/Massage Parlors:</b> 6	<b>Housing:</b> 82	<b>Septic Systems/Sewage:</b> 7
<b>Motel/Hotel:</b> 4	<b>Rodents/Insects:</b> 38	<b>Schools:</b> 1
<b>Public Pools:</b> 6	<b>Refuse/Litter:</b> 20	<b>Noise:</b> 3

### Essential Service 3: Inform, Educate and Empower People About Public Health Issues

*The public needs accurate and reliable information to protect themselves and their families' health; about healthy behaviors; and how to prevent particular health risks. Activities include: social marketing, targeted media public communication and providing health information resources to reinforce health promotion messages and programs.*

#### Public Health Education

The Health District provides regular news releases to both traditional and electronic media on a host of public health topics and issues. In 2012-13 health topics included but were not limited to: Lyme disease, rabies, flu clinics, food safety during the holiday season, emergency preparedness and hurricane preparedness.

#### Website ([www.ccthd.org](http://www.ccthd.org))

The CCHD website provides a multitude of health related topics and extensive information on health related programs. The Health District uses technology to enhance health education and public awareness about public health issues. All pertinent information is posted on the CCHD website. Residents can access information regarding health education, emergency preparedness and environmental health, including forms, reports and program information.



Paul Hutcheon and Board members Ray Jarema, Patricia Checko and Carolyn Wysocki receiving a 2013 National Public Health Week Proclamation from Mayor Adam Salina at the Berlin Town Council meeting.

#### 2013 National Public Health Week

Each year since 1995, communities throughout the U.S. have celebrated National Public Health Week. This year's theme was: *"Public Health is ROI: Save Lives, Save Money"* and focused on the value (Return on Intestment) of strong public health systems to our health, our lives and our pocketbooks. For example, research on the impact of public health services shows that spending just \$10 per person in programs aimed at smoking cessation, improved nutrition and better physical fitness could save the Nation more than \$16 billion a year (Trust for America's Health, 2013) or nearly \$6 return for every \$1 spent. Health District activities included news articles, displays in town libraries and issuance of proclamations by the Town Councils of each member town.

## Essential Service 4: Mobilize Community Partnerships to Identify and Solve Health Problems

*CCHD cultivates many partnerships through its programs and activities. The Health District frequently convenes, and often assists, community groups to examine and address public health problems. Highlighted below is our work in asthma prevention and control, in cancer prevention through the promotion of healthy lifestyles, in fall prevention in the elderly, and in promoting HeartSafe communities.*

### Putting On AIRS (Asthma Indoor Risk Strategies) Program

The Health District coordinates a regional asthma home assessment program, Putting on Airs, in DPH Asthma Region 2 (30 cities and towns in north central Connecticut). This program is designed to target the reduction of environmental asthma triggers in the home. This program is available at *no cost* to all town residents in our region who suffer from asthma and/or have a child who suffers from asthma. It is funded through a grant from the Connecticut Department of Public Health.



Community Health Coordinator, Hilary Norcia with essay contest winners at World Asthma Day on May 7, 2013.

### ACHIEVE Initiative

Since 2011 the Health District has engaged community representatives from member towns in looking at ways to reduce the risk of major illness--such as cancer, heart disease, stroke, diabetes and obesity. The Coalition it helped found, known as the ACHIEVE initiative, focuses on system changes in our communities--policies, environmental factors, behaviors that will reduce the risk of these chronic diseases. Activities specifically address strategies to increase physical exercise, promote better nutrition and implement a variety of tobacco control efforts. This initiative is funded through a two-year grant from the Connecticut Cancer Partnership.



Local residents going for a hike on Connecticut Trails Day on June 1, 2013.

### HeartSafe Communities

The Health District, in partnership with the Connecticut Department of Public Health and the Wethersfield Volunteer Ambulance Association, helped the town of Wethersfield become a "HeartSafe Community" on January 7, 2013. This designation recognizes that a town has met all HeartSafe requirements, including a minimum of 50 town residents currently trained in CPR/AED and at least 10 automated external defibrillators (AED) in public locations. Other HeartSafe towns in the Health District include Berlin and Newington. Efforts are underway to make Rocky Hill a HeartSafe Community.



Phillip and Kimberly Lombardo from Wethersfield Emergency Medical Services; Lori DiPietro, Health Educator; David Bailey, CT Dept of Public Health.

## Essential Service 5: Develop Policies and Plans that Support Individual and Community Health Efforts

*Written plans and policies serve as tools to guide what our Health District does and its structure and organization. These are a resource for both department staff as well as the public. Highlighted in this section are our agency strategic plan and emergency preparedness planning efforts.*

### Agency Strategic Plan

In June 2011, the Board adopted a three-year strategic plan for the agency. It is a roadmap to help guide the Board, Director of Health and staff in decisions about program, policy, funding and the day-to-day operations of the Health District.

Five strategic goals, and strategic objectives for each, provide the framework:

1. Promote healthy natural and built environments that protect human health and safety
2. Develop and implement health promotion initiatives that support good health at each stage of life.
3. Ensure internal readiness to anticipate, recognize, and respond to public health threats and emergencies
4. Improve and maintain the quality of services provided by the Health District; and
5. Strengthen our agency infrastructure.

FY 2012-13 marked the second year of the plan's implementation. This planning was especially important and timely, given the challenges public health agencies face and the changes underway in both the public health and health care systems.

### Emergency Preparedness Planning

The Health District plans for emergency response to all types of hazardous events (i.e. biological, chemical, nuclear, weather, etc.) with our four member towns. Point of Dispensing clinics (PODs) would be the primary method of the Health District to dispense medications for Anthrax or vaccinations for pandemic influenza. Training of approximately 50 volunteers occurs during seasonal flu clinics using an Incident Command System (ICS), Job Action Sheets (JAS) and Just In Time Training (JITT) to simulate operation of a POD. JITT is provided for topics such as protection from blood borne pathogens, proper way to give an intramuscular injection and setting up a POD clinic. Volunteers are also encouraged to sign up for free emergency preparedness training on [www.ct.train.org](http://www.ct.train.org). A newsletter is sent to all volunteers at least twice per year covering new information, new opportunities for training, and working with people with special needs or infection control measures.

During Storm Sandy, CCHD staff provided information related to power outage issues that threatened the safety of food and water for homes, shelters and food service establishments. Information was gathered from power companies, water companies, public health resources, local citizen call-ins as well as town and state sources. Health District sanitarians focused on town shelter inspections and coordination of food safety at the shelters and licensed food service establishments.



## Essential Service 6: Enforce Laws and Regulations that Protect Health and Ensure Safety

*Public health laws are important tools for health departments. We promote and protect the public's health through enforcement of the Connecticut Public Health Code and our Health District Sanitary Code. These set standards to reduce the incidence of foodborne illness, protect drinking water supplies, prevent the spread of disease, prevent injury and assure timely follow-up of hazards. Highlighted in this section are the environmental health inspection and licensing programs of the Health District.*

### Food Service Establishments (FSE):

FSEs (including restaurants, convenience stores, grocery stores, bars, schools, private clubs, itinerant vendors, seasonal and temporary operations) are routinely inspected to prevent foodborne illness and to ensure compliance with the requirements of the CT Public Health Code and the CCHD Sanitary Code. Inspections focus on food protection, food handling, cleanliness, upkeep and personal hygiene practices. FSEs including temporary events must obtain a license from the Health District to operate and must be inspected and approved prior to opening.

FSE Permits: 524  
Inspections: 1559  
Temporary Event Permits: 177  
Temporary Inspections: 185

### Public Swimming Pools:

Public swimming pools in the towns' schools, health clubs, motels/hotels, apartments, condominiums and private clubs are inspected on a routine basis to ensure compliance with the requirements of the CT Public Health Code and the CCHD Sanitary Code. Inspections focus on pool water chemistry/disinfection, safety equipment, filtration and cleanliness. All pools are inspected and licensed annually.

Pool Permits: 53  
Inspections: 138

### Lodging

The motels, rooming houses, hotels or bed and breakfast operations in our four member towns are inspected annually to ensure compliance with the Health District Sanitary Code. Inspections focus on general sanitary conditions, insect/rodent infestations and maintenance. Each is inspected and licensed annually.

Lodging Permits: 45  
Inspections: 59

### Salons

Beauty salons, barbershops and nail salons are routinely inspected to ensure compliance with the Health District's Sanitary Code. Our Health Inspectors check to ensure that operators are licensed, facilities are clean and that each is using approved sanitization procedures. The facilities are inspected and licensed annually.

Salon Permits: 163  
Inspections: 68

### Day Care

Day care establishments with 7 or more children are inspected every two years by the Health District to ensure compliance with the requirements of the CT Public Health Code. This is done prior to re-licensure by the CT Department of Public Health. Health inspectors look for safety issues inside and outside the facilities, including toxic items or equipment that may cause injury.

Day Care Facilities: 40  
Inspections: 19

### Private Wells

The Health District approves the location and installation of new private wells and ensures compliance with the CT Department of Consumer Protection Well Drilling Regulations and the CT Public Health Code. Water is tested for bacterial and chemical parameters prior to approval for use.

Permits Issued: 8

## Septic Systems

New septic system installations and repairs to existing septic systems are overseen, reviewed and approved by the Health District. Soil testing is performed, plans are reviewed, installations are inspected and final approval is issued by the Health District in accordance with the CT Public Health Code.

New Construction Permits: 2  
Repair Permits: 8  
Addition Reviews: 7  
Soil Testing (Sites): 17

## Essential Service 7: Link People to Needed Personal Health Services and Assure the Provision of Healthcare When Otherwise Available

*Here we focus on the link between public health activities and healthcare services. The Health District works to increase access to necessary healthcare services, as well as to provide many preventative health services such as immunizations and dental screenings.*

### Influenza and Pneumonia Immunization Clinics

In the fall of 2012, CCHD staff with the help of approximately 50 volunteers ran 12 seasonal flu and pneumonia clinics in Health District towns. Nearly 2,600 of flu and over 36 pneumonia vaccines were administered to children and adults. Visits to homebound residents were also made.



### Senior Dental Screening Program

Currently, 22% of Health District residents are over the age of 60. Seniors generally lack dental insurance, are not able to find a dentist that accepts their dental plans, or are unable to afford dental care. They do not seek annual dental screenings and cleanings. Each year CCHD partners with senior centers, housing authorities and assisted living facilities to provide dental screening and referrals for the seniors in our communities.

In 2012-2013, nearly 100 cleanings were done. Each person was given an informational packet that included a listing of dentists offering reduced rates for additional dental services not covered by this grant, a brochure about proper tooth care along with a toothbrush, floss, toothpaste and mouthwash. For 5 years, CCHD has received a senior dental cleaning grant funded through the North Central Area Agency on Aging to provide free dental cleanings to seniors 60+ in all four Health District towns.

### Prescription Drug Counseling

Free, individualized prescription drug counseling is available to seniors age 65 and over. Pharmacist John F. Aforismo of RJ Health Systems, Inc. discusses medications in a confidential, one-on-one session and counsels individuals about the best way and time to take particular medications, different drug interactions, supplements and possible side effects. This program is coordinated by the Health District and the Wethersfield Senior Center. Sessions are held monthly at the Wethersfield Community Center and is open to seniors in all four towns.



## Essential Service 8: Assure a Competent Public Health Workforce

*Maintaining a competent, well-trained workforce is critical to every public health department. The Health District could not fulfill its mission to the public without the talent, skills, enthusiasm and dedication of its staff of 10.*

### 2012-2013 Health District Staff



**Standing L-R:** Cheryl Kissinger, Administrative Assistant; Tammy Liberatore, Registered Sanitarian; Judy Torpey, Emergency Preparedness; Greg Mattus, Registered Sanitarian; Ed Malik, Registered Sanitarian; Jovan Williams, Environmental Health Inspector.

**Seated L-R:** Paul Hutcheon, Director of Health; Nancy Brault, Chief of Environmental Health; Hilary Norcia, Community Health Coordinator; Lori DiPietro, Health Educator.

### **Workforce Development**

Among the various professionals that work in the Health District, six are licensed, registered or certified. Mechanisms are in place to ensure that training needed to maintain appropriate continuing education is made available to all staff and that all required credentials are current. In addition, risk management training in handling biological hazards and in safe driving and special training in the role each person might have in the event of a public health emergency are provided.

The State Department of Public Health, professional organizations and academic institutions all provide special public health training throughout the year to local public health agency staff. The Commissioner of Public Health meets twice a year with all the Directors of Health. CCHD staff have begun training, provided by DPH, to begin to retool in such areas as quality improvement and related areas.



Paul Hutcheon with Betty Ann Fusco, the 2013 CCHD Outstanding Volunteer.



Paul Hutcheon with the 2013 scholarship recipient, Mackenzie Paluch of Rocky Hill, a James Madison University nursing student.

### **Volunteerism**

The Health District is privileged to have with a large group of professional and lay volunteers from the community. They are the backbone of many of the Health District's clinics: visits to the homebound for flu immunization; help at household hazardous waste collections; and prescription drug counseling sessions.

As a thank you to the Wethersfield Rocky Hill Professional Nurses Association for its help in recruiting and training nurse volunteers each year for its flu clinics, the Health District makes an annual contribution to the Association's Nursing Scholarship Fund.

## **CCHD Internship Program**

For over five years, CCHD has conducted a student internship program. Most students are pursuing their undergraduate or graduate degrees in public health or public health nursing and are at UCONN, Southern Connecticut State University, Central Connecticut State University, University of Hartford, and Trinity College. 13 interns have worked with our staff on a variety of projects and programs. The students assisted with: implementing our ACHIEVE Initiative, development of an Emergency Preparedness brochure, the Asthma prevention program and our federal block grant programs (car seat education, diabetes self care, obesity, and nutrition). The interns also have an opportunity to spend a day with our environmental health staff on inspections of restaurants and other public health regulated facilities.

### **Essential Service 9: Evaluate Effectiveness, Accessibility and Quality of Personal and Population-Based Health Services**

*In order to effectively and efficiently improve the public's health, it is important for a Health District to monitor the quality of performance of its programs and other activities. In its 2011 strategic plan, the Board established a strategic goal to "improve and maintain the quality of service provided by the Health District." Key objectives going forward include the establishment of a quality improvement process in the agency and qualifying for national accreditation as a local public health agency.*

#### **Grant Program Reviews**

Each year the Health District enters into contracts with the Connecticut Department of Public Health (DPH) for a package of grant funds targeting various public health initiatives, and with private funding agencies to address public health needs. These include grants for: lead prevention, asthma education and control, preventive block grant monies for nutrition and diabetes education, oral screening for seniors, and general support of public health activities. These grants are performance-based and require attainment of negotiated objectives.

#### **Emergency Preparedness Review**

For over 10 years, the agency has received federal funding for emergency preparedness planning through the Connecticut Department of Public Health (DPH). A review team from the federal CDC provides an annual program review and Technical Assistance Review (TAR). Areas for improvement are identified and a plan to correct these areas is developed and implemented.

#### **Environmental Health Service Review**

Records of mandated work activities such as inspections of food service, establishments, public pools, motels, day care centers and salons are reviewed annually as a quality assurance measure to ensure accuracy, timeliness and completeness.

#### **Prenatal Care Review**

With technical assistance from the CT-RI Public Health Training Center at Yale, CCHD formed a quality improvement team in early 2013 to investigate why women in the Health District were not receiving adequate prenatal care. This project began in April 2013 and the team will present its findings at a state-wide Quality Improvement Conference in September 2013.

#### **National Public Health Accreditation**

CCHD has begun its journey toward national accreditation as a local public health agency. A department accreditation coordinator, Hilary Norcia, was appointed and a department accreditation readiness team formed. The coordinator and Director of Health meet on a regular basis with other local health departments and health districts to identify successful strategies, discuss agency progress toward accreditation, share ideas, policies and procedures, and experiences.



## Essential Service 10: Research for New Insights and Innovative Solutions to Public Health Problems

*Science is the basis of what we do in public health. We strive to use the best available evidence in making decisions and in ensuring the effectiveness of our programs, policies and ordinances. We also have a role in developing new evidence and contributing to public health science.*

*Examples of Health District applications in practice include:*

- Annual implementation of the recommendations of CDC and DPH on influenza and pneumonia prevention efforts in its seasonal clinics.
- Annual use of the recommendations of CDC and other national groups in planning and implementing its Federally-funded Preventive Block Grant program.

Our Director of Health, Staff and Board participate annually in data collection surveys and information gathering efforts from the Connecticut Department of Public Health, other national, state and regional agencies/organizations, and schools and universities.



A community health improvement planning session.



Flu Clinic Registration.

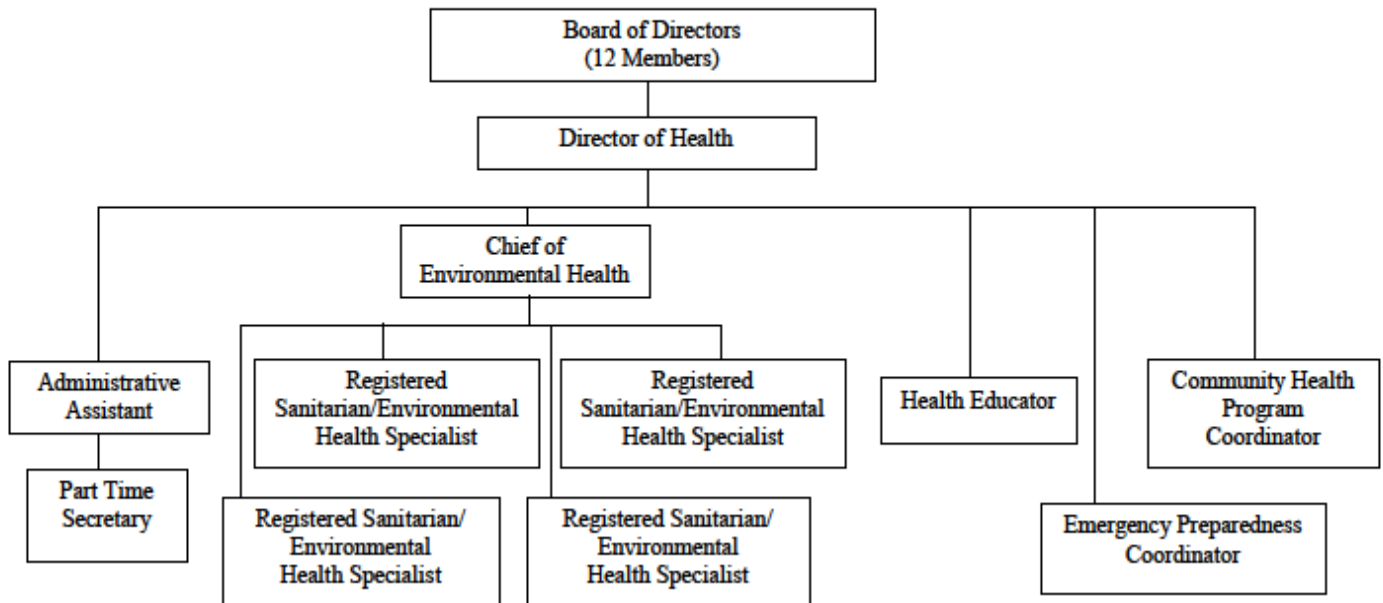


Day care inspection.



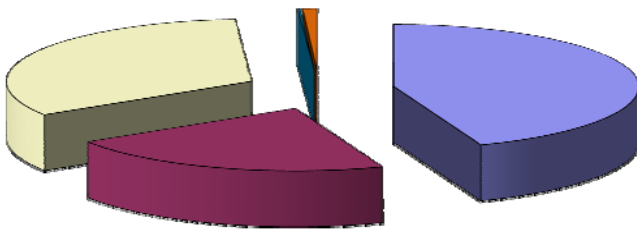
## Administration and Finance, 2012-2013

### CENTRAL CONNECTICUT HEALTH DISTRICT ORGANIZATIONAL STRUCTURE



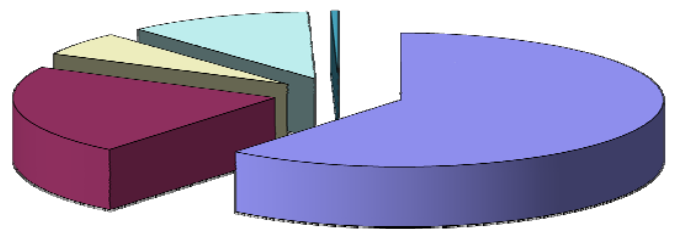
Staff members work out of a central headquarters in Wethersfield and four other field sites, one in each District town and two in Newington. See site addresses and contact numbers on the back cover of this report.

#### Total Revenue \$955,775



- Town Contributions (@ \$4.36 per capita); \$422,698
- Program Revenue; \$208,047
- Grants (Federal, State, Other); \$314,687
- Interest Income; \$1,336
- Transfer from Reserve Fund \$9,007

#### Total Expenditures \$955,775



- Salaries; \$581,658
- Employee Benefits; \$206,892
- Prof./Contract; \$54,694
- Program/Operating; \$108,269
- Other; \$4,262

The financial statements of the governmental activities and each major fund of the Central Connecticut Health District are audited annually. The 2012-13 agency audit was done by Costello Company, LLC, Certified Public Accountant and Consultants, and found satisfactory. A copy of the audit is available on request from the Health District. See contact information on the back page of this report.

## Agency Governance, 2012-2013

*The governing entity for the Central Connecticut Health District (CCHD) is the Board of Health. It is the point of accountability for the Health District achieving its mission, goals and objectives to protect and preserve the health of the population within its jurisdiction.*

The Central Connecticut Health District is governed by a 12-member Board of Health made up of its Director of Health and members of the public appointed by each of its four member towns. Board members represent the needs and interest of these towns, serve staggered 3-year terms and can be reappointed. With the exception of the Director of Health, these positions are voluntary and are not compensated.

The Board sets the overall direction for the Health District and the services it provides; develops both agency and public health policy; establishes and enforces public health regulations and ordinances; provides oversight for the District's budget and financial affairs; and employs the Director of Health for a three year term as its executive officer. The Board meets monthly and rotates its meeting sites among its four member towns. In 2012-2013, it held 12 regular meetings, two special meetings and one public hearing on the proposed annual budget.

The Health District is privileged to have a talented and dedicated group of volunteers who make up its Board. In 2012-13, individual Board members lent their expertise and provided assistance and guidance in such areas as finance, IT, strategic planning, accreditation readiness, data analysis, cancer prevention, community needs assessment design, injury prevention and fall prevention in the elderly.

### 2012-2013 Board of Health Members

**Judith A. Sartucci, MSN, RN, Board Chair**  
Rocky Hill, CT

**Grant Golub, MD, Vice-Chair**  
Wethersfield, CT

**Paul Hutcheon, MPH, RS, Board Secretary-Treasurer and  
Director of Health**

**Margaret Hanbury, RN, MPA, CPHQ**  
Newington, CT

**Kevin Borrup, JD, MPA**  
Newington, CT

**Dianne Doot, MD**  
Wethersfield, CT

**Raymond Jarema, MS, PE**  
Berlin, CT

**Kristine Nasinnyk, RPh, MS**  
Newington, CT

**James M. Streeto, MD**  
Wethersfield, CT

**Carolyn Wysocki, MA, MHSA**  
Berlin, CT

**Arthur P. Yoaps, RS**  
Rocky Hill, CT



#### **Standing L-R:**

Carolyn Wysocki, Dianne Doot, Margaret Hanbury, Kristine Nasinnyk, Kevin Borrup, Raymond Jarema.

#### **Seated L-R:**

Paul Hutcheon, James Streeto, Judith Sartucci, Arthur Yoaps, Grant Golub.



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131 Cedar Street, Newington, CT 06111

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120 Cedar Street, Newington, CT 06111

Phone: (860) 665-8571 Fax: (860) 667-5835

Rocky Hill Office:

761 Old Main Street, Rocky Hill, CT 06067

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[www.ccthd.org](http://www.ccthd.org)



**Public Health**  
Prevent. Promote. Protect.