ANNUAL REPORT - 2017

Prepared by: Jennifer T. Pham, BCPS
Quatra CSHP President 2017
QCSHP (Quatra County Society of Health-System Pharmacists) Organization

QCSHP is a California non-profit mutual benefit corporation that has been in corporation since 1975. Per QCSHP bylaws, “the purpose of this corporation is to engage in any lawful act of activity for which a corporation may be organized under such law”.

- **Vision statement**: Leading pharmacy practice in patient safety and medication therapy management.
- **Mission statement**: QCSHP is a professional society of pharmacists, pharmacy technicians, student pharmacists and associates who promote the health, safety, and appropriate use of medication therapy for patients and the public by:
  - Serving as an organization through which the membership pursues its common professional goals.
  - Providing leadership for the profession and support for its members.
  - Advocating for its members before private and public agencies and health care professional organizations.

QCSHP Board Meetings

A total of 6 board meetings were held during calendar year 2017:

- February 22, 2017 6:30 – 8:30 pm Kaiser Permanente Santa Clara
- April 26, 2017 6:30 – 8:30 pm Kaiser Permanente Santa Clara
- June 28, 2017 6:30 – 8:30 pm Kaiser Permanente Santa Clara
- August 23, 2017 6:30 – 8:30 pm Kaiser Permanente Santa Clara
- October 25, 2017 6:30 – 8:30 pm Kaiser Permanente Santa Clara
- December 12, 2017 6:30 – 9:30 pm Hotel Valencia, San Jose, California

QCSHP Website/Communications

The QCSHP Communications chair (Colleen DeLizza) and secretary (Peter Lai) partnered with the CSHP Marketing and Communications Liaison (Ryan Yamamura) to maintain the QCSHP website with current event information, board/committee chair biographies, pictures, and board documents throughout the year. We optimized to have the website easier to navigate with hyperlinks instead of drop down menus as well as embedded the event calendar onto the website. Further, we transitioned to publicity for our events using multiple forums for invitations including evite as well as google forms.

QCSHP secretary became our liaison to Peninsula Pharmacist Association (PPA) to better align QCSHP activity calendar/collaboration in response to last year’s STP.

Overall, the teamwork between website/communications, CSHP, secretary, and public relations chair played a pivotal role in Quatra’s presence and membership.

QCSHP Treasurer’s Report

The QCSHP Treasurer (Fred Nishioka) reported the following balances on December 12, 2017:

- Checking Account, Bank of America: $7,989.57 November 7, 2017
- Savings Account, Bank of America: $34,556.23 October 31, 2017
- Investment Account, Charles Schwab: $32,289.47 November 30, 2017

**QCSHP Approved Budget for 2018**: Revenue: $26,760 with a $13,410 reserve, Expenses: $26,760
The QCSHP Treasurer prepared the QCSHP 2018 budget that was approved by QCSHP Board members during the October 18th Board meeting. Proposed income categories included (1) membership dues/rebates; (2) interest & dividends from money market and savings accounts; (3) capital gain Charles Schwab; (4) CE programs; (5) chapter grant; (6) clinical affairs; (7) installation banquet; (8) miscellaneous; (9) Night Out with Industry; and (10) QCSHP reserve. Expenses included the following: (1) board meetings; (2) secretary; (3) treasurer; (4) stationary/office supplies/postage; (5) Clinical Affairs meeting; (6) Public Relations committee; (7) student mentorship support; (8) Membership committee; (9) social activities; (10) miscellaneous; (11) Delegates; (12) President-Elect; (13) President; (14) CE program expenses; (15) Installation Banquet expenses; (16) CSHP PAC support; (17) CSHP Seminar support; (18) taxes; (19) Legislative Day; (20) taxes withheld; (21) Night Out with Industry; and (22) insurance.

**QCSHP Public Relations**

The public relations chair (Heeral Bhatt) enhanced communication to membership by consolidating emails and important chapter information in monthly emails. She also optimized the use of Facebook and maintained real-time, engaging postings of chapter current events. Our “likes” increased many fold to 120 and 125 “follows” [data abstracted as of 11/27/17]. She also spearheaded our visit to Eden Elementary to educate children about poison prevention and the role of the pharmacist.

The public relations chair also partnered with other board members including immediate past president (Jessica Song) and treasurer (Fred Nishioka) to develop a new merit-based scholarship program and selection of our first recipient, Diana DeVore. Funds have been allotted for collaboration with social chair to create a video geared toward the public to showcase the pharmacy profession.

**QCSHP Board Policies/Financial Review/Insurance**

The QCSHP Organizational Affairs Co-Chairs (Helen Park and Jenny Hong) prepared a “QCSHP Strategic Plan” document that was approved by QCSHP Board members during calendar year 2016. The chapter bylaws went under review by the executive board members and organization chairs. The updated bylaws were approved by CSHP to be placed on the chapter ballot for membership approval and was approved by members in the November election.

The yearly financial review was conducted by Audit Committee Co-Chairs (Nikki Uyehara and Doris Kao).

Per CSHP recommendation for all chapters, QCSHP President (Jennifer Pham) obtained liability insurance (effective 3/29/17-3/29/18). Director and Officers insurance was purchased (effective 6/26/17-6/26/2018).

**QCSHP STP’S (Situation, Target, Proposal)**

A total of 2 STP’s were approved by QCSHP Board members during calendar year 2017:

- Fund gift of 1 year complimentary membership for CSHP 2017 Resident/Fellow of Distinction (Jackie Ho) for contributions as a new practitioner member and newsletter editor-in-chief. (submitted by CSHP President/Quatra Board liaison Vicky Ferraresi)
- Fund partial sponsorship of NPEC-SSEC student mixer at Seminar 2017. (submitted by CSHP President/Quatra Board liaison Vicky Ferraresi)
QCSHP Social Activities
QCSHP Social Chair (Sandy Bardas) coordinated a total of 5 social events during calendar year 2017 in collaboration with new practitioners (Yuumi Miyazawa and Anna Zhou).

- Pharmacy Administration Panel Networking Event on March 7, 6pm – 9pm
- Transitions in Care: Rx Partners Across the Health Care Continuum (Joint PPA and Quatra Social) on May 10, 6:00pm – 8:30pm
- Pharmacy Networking Mixer Event on May 31, 6pm – 8pm
- New Practitioner Networking Social on October 5, 6pm – 8pm
- Myofascial Wellness Workshop for Pharmacists on November 8, 7:00pm – 8:30pm

QCSHP Community Outreach
The QCSHP Community Outreach Committee Chair (Christie Kim, Winnie Trieu, and Crystal Diep) organized 5 community outreach events during calendar year 2016: collab with Heeral PR

- February 17: Poison Control Presentation for Eden Elementary’s Enrichment Day
- April 2: Community Health Fair St Maria Goretti Church
- September 17: Viva Calle San Jose Volunteer Event
- October 8: Day on the Bay at Alviso Marina County Park Community Event
- October 28: Health and Safety Hair at Tanforan

QCSHP Educational Programs/Continuing Education Programs
The QCSHP Educational Program Committee Chair (Vincent Cheng) coordinated 21 educational program events during calendar year 2017

- February 7: Focus on Rivaroxaban (Xarelto)
- February 22: Treatment Considerations For Patients With Unresectable or Metastatic Liposarcoma or Leiomyosarcoma After Prior Anthracycline Therapy - A Roundtable Discussion
- March 9: Efficacy and Safety of GENVOYA®, ODEFSEY®, and DESCOVY®
- March 15: A Clinical Discussion and Dinner program on Toujeo
- March 23: A Treatment Option for the Management of Metastatic Melanoma
- April 13: Meningococcal Serogroup B: Disease and Vaccine Information
- April 20: The Evolution of Precision Oncology
- May 3: Tecentriq Dinner Program
- May 11: Darzalex (Daratumumab)-based triplet therapy for multiple myeloma patients at first relapse
- May 24: Advancing ECG Technology: Better Monitoring, Better Care
- June 1: Dinner Program: OCREVUS™ (ocrelizumab)
- June 7: The Pharmacist’s Role in Managing PAH; Maggiano’s
- June 8: Imbruvica (ibrutinib) with a focus on CLL/SLL and relapsed/refractory MZL
- June 13: cUTI and cIAI Caused by Current Common Gram-negative Pathogens
- August 2: Learn More About Patient Access Support And Resources For Xtandi (enzalutamide)
- August 8: Living Longer, Living Better With HIV
- August 10: Treatment Options in Immuno-Oncology Across Multiple Tumor Types
- September 14: A Paradigm Shift in the Treatment of Hyperkalemia
- September 20: Darzalex (daratumumab) - Based Triplet Therapy For Multiple Myeloma Patients At First Relapse
- September 21: Basaglar - Options in Basal Insulin
- September 27: HBV and the Asian Community
The QCSHP Weekend Breakfast Series Continuing Education Committee Chair (Connie Ha) coordinated a total of 7 weekend CE Programs during calendar year 2017:

- February 25: Opioid-Sparing Analgesia in the ICU: Special Tools and Tactics
- June 17: Resident Series: 1. Analysis of Rheumatoid Arthritis Patient Outcomes After a Reduction of High Dose TNF Inhibitor Therapy; 2. Tiotriptium Use in Adults with Asthma: Real-Life Outcomes; 3. Cost Impact of a Pharmacist-Managed Thyroid Cancer Monitoring Service
- August 19: Combating Counterfeit Medications: A Pharmacist’s Perspective
- October 7: Management of Alcohol Withdrawal Syndrome
- November 4: When Is a Statin Not Enough? 2016 ACC Guidance on the Role of Non-Statin
- December 2: Re-defining Sepsis
- November 7: ZEJULA Dinner Program

QCSHP Investment Committee
Investment Committee Conference Calls were conducted on:

- 1/17/2017, 6:00 - 7:00 PM
- 6/22/17 5-6pm
- as of October 18, 2017 board meeting, money was reinvested in 2017 with a total gain of $3181.590, a 17.56% increase

The Investment Committee’s goal is to gain more money to spend on activities for Quatra members. In 2017, the Committee held two conference calls. To increase transparency, a non-board member was added to the Committee. In its January meeting, the Committee recommended the transfer of Quatra’s excess contingency fund in the amount of $8000 to its investment account. The Committee also recommended keeping all investment dividends and distributions in a cash account instead of reinvesting them. In June, the Committee reviewed all current holdings and worked on rebalancing of the portfolio. In keeping with the investment goal of 1/3 bond, 2/3 equities, and a well-diversified portfolio, the Committee recommended 20% of its funds be invested in Vanguard Total International Stock Market ETF (VXUS), 47% in Schwab US Broad Market ETF (SCHB), and 33% in Vanguard Short Term Corporate Bond ETF (VCSH). The above recommendations were executed with Board approved.

For 2017, Quatra had a realized long-term gain of $3,181.59, a 17.56% return. [submitted on 11/20/17 by QCSHP Investment Committee Chair (Betty Jue)]

QCSHP Membership/New Practitioner
The QCSHP regional chapter had a total of 191 members as of November 29, 2017. The membership count for QCSHP was high relative to other regional chapters, with the third highest count out of 15 chapters. The QCSHP Membership/New Practitioner Committee utilized multiple approaches to optimize membership retention and growth throughout calendar year 2017: (1) social events (see above); (2) telephone calls; and (3) e-mail communications.

QCSHP Clinical Directors
The QCSHP Clinical Directors Chair (Jeannie Sohn) coordinated a clinical group meeting that addressed regulatory, clinical, and operational management issues encountered by Pharmacist Managers throughout the South Bay area. Five South Bay Hospital Directors and two clinical managers attended the meeting held at El
Camino Hospital on 7/21/17. The group agreed to have one or two events per year with one during off hours. The next meeting will be coordinated by Jeannie Sohn and Minh-Thu Dennen, Washington Hospital Director.

**QCSHP Legislative Day**

When new and experienced pharmacy professionals attended Capitol Legislative Day on April 25 in Sacramento, CA, people like Senator Ed Hernandez listened, and made changes to legislative bills that influence our pharmacy profession with the goal of improving patient care, like SB 493 and SB17. [submitted on 12/4/17 by QCSHP Legislative Chair (Diana DeVore)]

**QCSHP Newsletters**

The QCSHP Newsletter Editor (Jackie Ho) prepared a total of 4 newsletters during calendar year 2017. Each newsletter included the following sections: (1) President’s corner; (2) clinical updates; (3) member spotlight; (4) legislative affairs; and (5) events (past and upcoming).

**QCSHP Night Out with Industry – Installation Banquet**

The Night Out with Industry event as well as the Quatra Installation Banquet for the incoming 2018 Officers took place in the evening on December 12, 2017 at Hotel Valencia in San Jose. We have 15 different industry vendors sponsoring this important event. Jennifer Pham, QCSHP President, chaired the QCSHP board meeting and presented the 2017 annual report. Daniel Dong, CSHP President, installed our QCSHP Officers for 2018.

Please welcome our new QCSHP Officers for 2018: (1) President, Betty Lee (Lucile Packard Children’s Hospital at Stanford); (2) President-Elect, Yunchen Ding (Santa Clara Valley Medical Center); (3) Secretary, Carol Lee (Santa Clara Valley Medical Center); (4) Treasurer, Fred Nishioka (Lucile Packard Children’s Hospital at Stanford; second-year of term); (5) Past-President, Jennifer Pham (Kaiser San Jose); (6) Delegates: Vincent Cheng (Kaiser Santa Clara), Connie Ha, Jennifer Pham (Kaiser San Jose), and Jessica Song (Santa Clara Valley Medical Center); and (7) First Alternate Delegate: Lawrence Troxell (Kaiser Santa Clara) and Second Alternate Delegate: Jenny Hong (Kaiser San Jose). [submitted on 12/6/17 by QCSHP Immediate Past President and President-Elect (Jessica Song and Betty Lee)]
## 2017 QCSHP Board Members

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<th>Position</th>
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<td>President</td>
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<td>Betty Lee</td>
<td>President-Elect</td>
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<td>Jessica Song</td>
<td>Past President</td>
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<td>Fred Nishioka</td>
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<td>Vincent Cheng/Connie Ha</td>
<td>Continuing Education</td>
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<td>Vicky Ferraresi/Jeanette Hanni</td>
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<td>Colleen DeLizza</td>
<td>Webmaster/Communications</td>
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<td>Betty Jue</td>
<td>Investment</td>
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