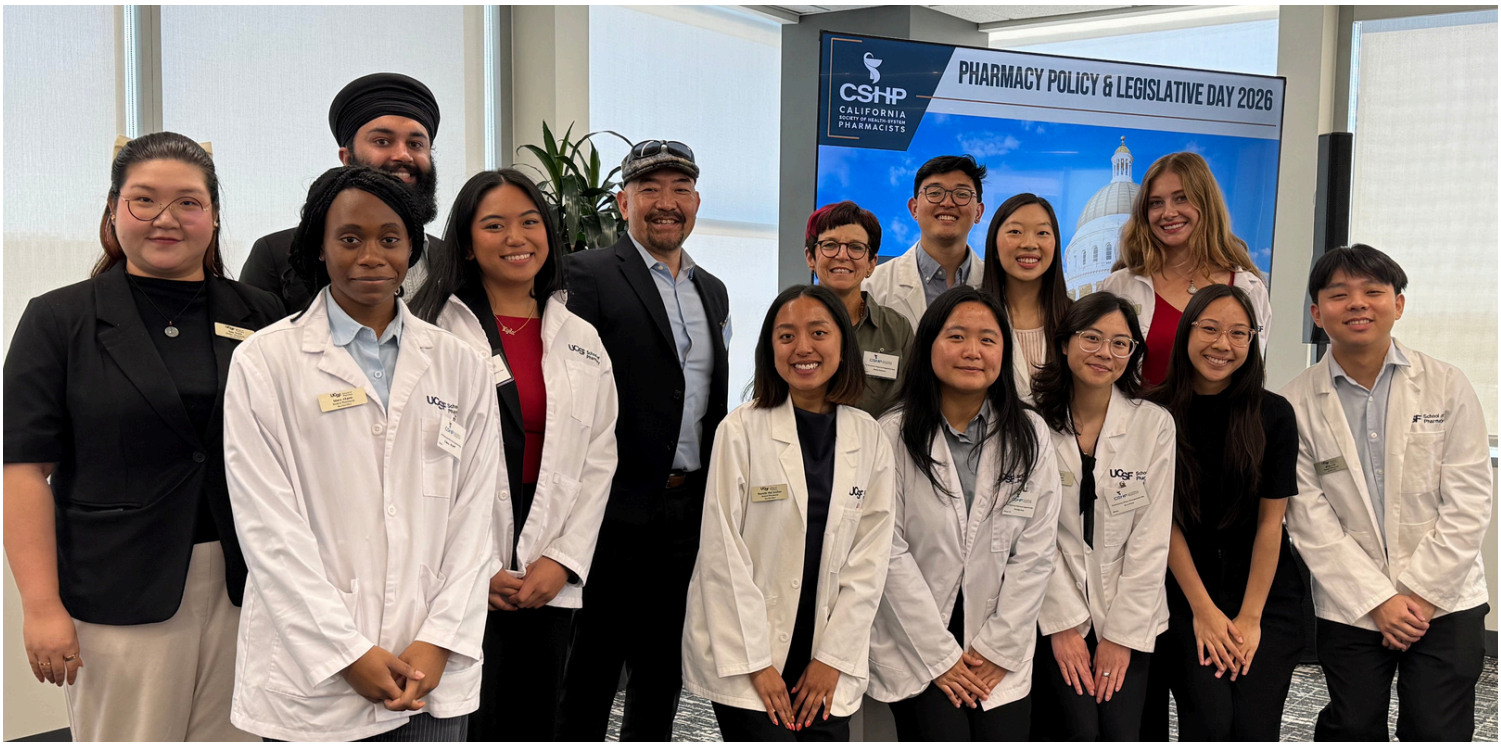
October 2026

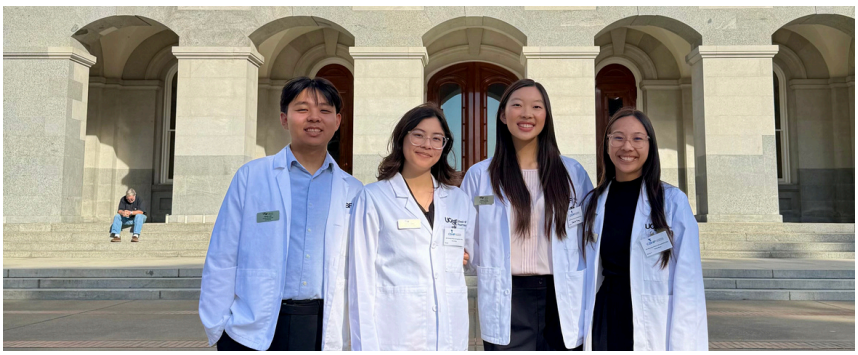
CSHP Chapter Highlight:

UCSF School of Pharmacy

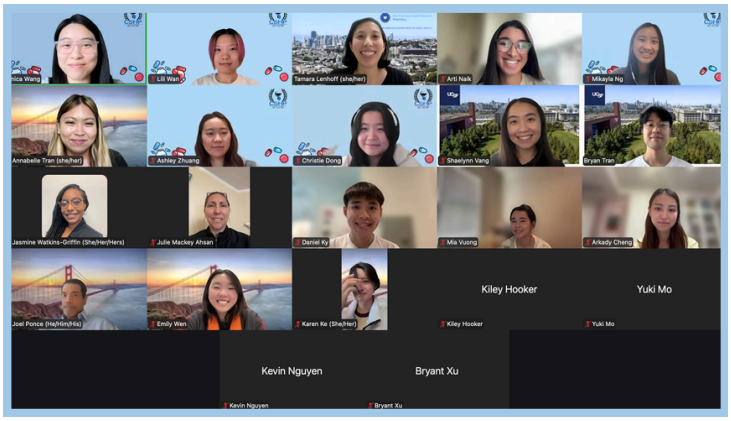




On April 7, 2026, 12 UCSF pharmacy students attended CSHP Pharmacy Policy and Legislative Day alongside Dr. Jonathan Watanabe and Dr. Marilyn Stebbins. Students advocated for Assembly Bill 2571 (AB 2571), engaged with legislators and assembly members, and shared their perspectives as future pharmacists. The event provided students with valuable firsthand experience in legislative advocacy and highlighted the importance of involvement in shaping policies that impact pharmacy practice and patient care.

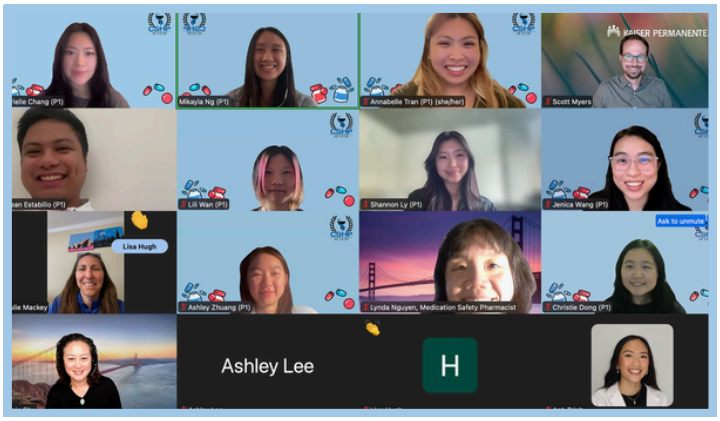


Residency 101



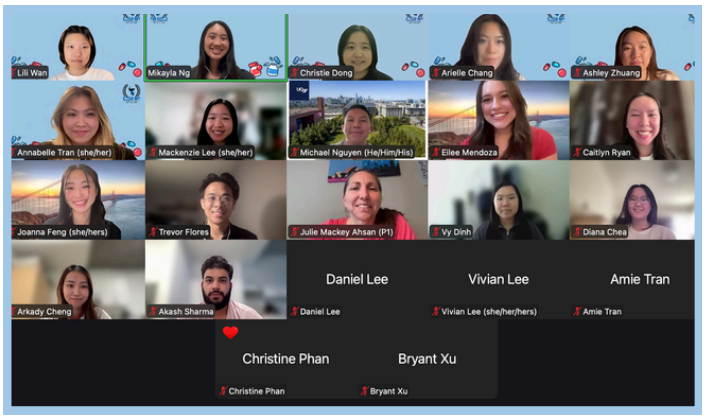
Dr. Tamara Lenhoff, PGY-1 Residency Program Director at Zuckerberg San Francisco General Hospital, shared valuable advice on preparing for residency and becoming a competitive applicant. Topics included obtaining strong letters of recommendation, maximizing learning opportunities during clinical rotations, and developing strategies to stand out throughout the residency application process.

Career Roundtable



The Pharmacy Alumni Association and CSHP at UCSF hosted a Career Roundtable featuring pharmacists from diverse professional backgrounds. Panelists Dr. Lynda Nguyen, Dr. Virginia Chu, and Dr. Scott Myers shared their professional journeys, reflecting on challenges they overcame, career transitions, and lessons learned along the way. Their experiences highlighted opportunities in ambulatory care, administration and management, medication safety, and informatics.

Match Panel



The Match Panel featured six third-year UCSF pharmacy students who recently matched into PGY-1 residency programs across California. Through an interactive Q&A session, panelists shared their experiences navigating the residency application process, including strategies for building competitive applications, preparing for interviews, and selecting programs. They also discussed clinical experiences, leadership involvement, time management during APPEs, and tips for writing letters of intent and requesting letters of recommendation.



During the CSHP Information Session, board members introduced incoming P1 students to CSHP at UCSF and the opportunities available through the organization. The presentation included an overview of CSHP, introductions to board members and faculty advisor Dr. Michael Trillanes, and a preview of upcoming events and activities throughout the academic year.





The Things I Wish I Knew Mixer gave board members an opportunity to share advice they wish they had received when starting their P1 year, along with lessons learned from their experiences. Topics included internships, study tips, and favorite restaurants and activities in San Francisco.

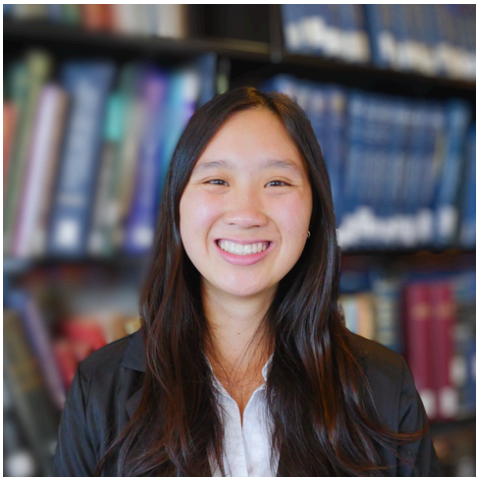


The CSHP-OCPD Networking at a Conference event was an interactive program hosted in collaboration with the Center for Professional Development (CPD) to help pharmacy students develop essential networking skills in preparation for CSHP Seminar and future professional opportunities. During the event, CPD shared practical strategies for effective networking, including how to introduce oneself, join ongoing conversations, gracefully exit discussions, and practice proper networking etiquette. Through live demonstrations by student volunteers and board members, attendees were able to observe different networking scenarios and learn how to navigate them. Students then walked around the room to practice the skills they had just learned.



Legislative Day Debrief provided pharmacy students with valuable insights into the importance of advocacy in shaping the future of pharmacy practice. During the event, guest speaker Dr. Jonathan Watanabe discussed what it means to advocate for the pharmacy profession and highlighted current legislation that CSHP is working to advance. A panel of students who participated in CSHP's Legislative Day also shared their experiences, lessons learned, and key takeaways from advocating for the profession. Additionally, Dr. Zarah Mayewski introduced the Integrating Pharmacists into Health Care Teams program. Through these discussions, students gained a better understanding of how laws and policies influence pharmacists' scope of practice, medication safety, and patient outcomes.

2026-2027 Board



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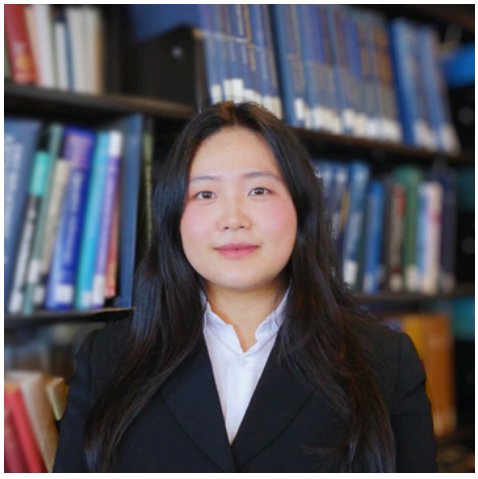
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