



TOURO UNIVERSITY CALIFORNIA

CHAPTER NEWSLETTER



**DECEMBER
2023 ISSUE**

To Serve | To Lead | To Teach



COMMUNITY OUTREACH

IS AT THE HEART OF TOURO.

Students at Touro University California came together and applied their knowledge to take on opportunities directly in the community staying true to one of Touro’s mission to help eradicate healthcare inequities and disparities.

TU-CSHP chapter among other organizations collaborated a mobile clinic open to the public at the Norman C. King South Vallejo Community Center providing education, prevention, diagnosis, and treatment on vaccination, resources and training on medical equipment, and screening services for the residents in Vallejo and surrounding neighboring communities.

Intern Pharmacists collaborated with TU MVP, ISPOR, APhA providing an all-encompassing covid-19 vaccination clinic, blood glucose, blood pressure, smoking cessation, asthma, and cholesterol consultations to the members of the community.

All in all, increasing vaccination rates in the community, improving the QoL of those individuals as they received understanding to better manage and prevent ailments relevant to their conditions.



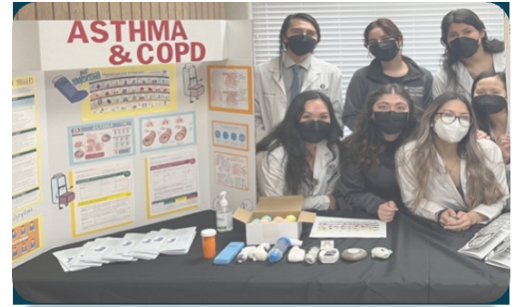
MEET US AT THE GROVE!

In collaboration with Student Government Association TUC 2023 Club and Resource Day, CSHP officers were able to recruit and share with incoming and prospective pharmacy students. A day of sharing, connecting, and providing mentorships to the vast network and career opportunities in advocacy and membership growth to the Touro CSHP chapter.

Overall, members of the current chapter were able to develop and promote rapport while empowering budding scholar connections in answering and providing resources to volunteering information, cocurricular hours, creating collaborative opportunities for all in interest.



Touro Club Day! – Student Organization held event showcasing and recruiting to incoming students to CSHP and the Touro Phramily.



Intern Pharmacists showcasing Asthma/COPD educational display board and props for proper inhaler use.



Vaccine clinic open to Solano County residents offering Covid-19. Flu. TDAP.



Intern Pharmacist, Jeremy Kim, providing counseling services on cholesterol management.



CSHP members Soutsada (left), Stephanie (left middle), Graysy (right middle), and Jasmin (right)



TU CSHP tabling at the grove with prospective new members to join our Phramily.



PHARMACY POLICY & LEGISLATION DAY



Intern Pharmacist(s) Justin Nunez (left), and Kenneth Salvador (right) with former CSHP Chair, Board of Directors and current Dean at Touro, Jim Scott, PharmD, M.Ed, FCCP, FASHP, FCSHP, APh (center) at the CSHP headquarters in Sacramento, CA.

Members of the CSHP Touro Chapter was able to experience Legislative Day in Sacramento, CA and be amongst other pharmacy interns, pharmacists, and technicians from respective chapters and sponsors. The day consist of meeting/interacting with policy makers in multiple panel sessions at the Cal Chambers followed by meetings with California Legislators at the Capitol Annex partaking in legislative appointments strongly in support on SB 345 (Skinner), SB 19 (Seyarto), AB 33 (Bains), and AB 663 (Haney).

After an eventful day of advocacy, our members were able to spend an evening reception at the CSHP Headquarters and build rapport as they networked with fellow members from all over California.



Día De Los Muertos



Soutsada Sikhounchanh, Shawna Casias, and Justice Dodson taking some mental health time with their art projects decorating a skull coaster.



PA candidates come and join in the mental health day cultural event. Sergio Alvarez (PA-S2)

After neurology block exams, students took on a mental health day in collaboration with nhpatuccop organization at Touro Denny's dining area at the campus Farragut Inn.

The mental health day luncheon was open to all colleges at Touro offering skull painting, coloring, and skull rhinestones with music playing in the background. It was definitely a cultural event with a mental health day.

Great way to destress!



College of Medicine, College of Pharmacy, and Physician Assistant Candidates circle around the table comparing their artwork and talking about their programs, life, and other interests.



(left to right) Joey Dreu, Stephanie Nguyen, Graysy Monzon, Jamie Maldonado, Jasmin Escobar photo-op for the event!



DIABLO SOCIETY OF HEALTH SYSTEM PHARMACISTS

NIGHT OUT WITH INDUSTRY (NOWi)

Let's Taco 'bout Pharmacy; a Pharmacy Ph-iesta! TU CSHP chapter and organization volunteers helped put together a successful Night out with Industry (NOWi) with the Diablo-SHP. This event allowed pharmacist, pharmacy students, and other health system professionals to network and learn about new products and services industry has to offer.

Industry partners included:

Astellas, Biogen, BMS Cardiology/ Dermatology/ Immunology/ Hematology, Chiesi, Eisai, Fresenius-Kabi, Genentech, Janssen Institutional/ Oncology, Lexicon, Mallinckrodt, Melinta, Merck, Myovant, Novo Nordisc, Pfizer Oncology/ Rare Cardiac, Sanofi, Shionogi, Spark, Springworks, Takeda, etc.

**DSHP Pharmacist of the year awarded to:
Dr. Brigitte Ouabo, PharmD!**

At the end of the event the 1st Annual DSHP spelling bee took place where many of our first-year pharmacy students participated.

A fun filled night surely to be remembered by our Touro attendees.



*Second Year Intern Pharmacist Shawna Casias (left),
Ulises Arzate (center), Soutsada Sikhounchanh (right)*



*First Year Bryan Nguyen (left), Ariana Paras
(center), Justin Nguyen (right)*



*MSI representative socializing with
Intern Pharmacist Ayah Aly (P4) and
Jeremy Kim (P2) networking and
learning at the NOWi event.*



*1st DSHP NOWi Spelling Bee Competition with some of our
first-year pharmacy students from Touro University California.*



Photo op at the CSHP photobooth.
(top) Ayah, Yasmine, Essie, Karan
(bottom) Ling, Ashley, Erica, Alicia

SEMINAR 2023

TRANSFORMING TOGETHER:
ELEVATING PHARMACY

Touro takes on Southern California at the Long Beach CSHP seminar.
Congratulations to the quiz bowl team for placing 3rd.
Congratulations to the clinical skills competition team for placing Top 7.



TU CSHP reception social at the
Hyatt Regency Long Beach



Touro representatives at the 2023 CSHP seminar held October 12 – 15, 2023.
(Left to right) Sung Kim, Morgan Kim, Jeizi Macalad, Karan Cheema, Yasmine Vang, Charisse Minatoya, Ayah Aly, Essie Aigbuza, Darlene Nguyen, Karissa Lapuz, Dr. Jim Scott, PharmD, Sherlla Cayanan, Natasha Morris, Ashley Woodyard, Ling Wu, Maryam Omer, Alicia Cardenas, Edwin Besalda, Erica Sharma, Charles Yue, and Dr. Benji Mock, PharmD.



CSHP quiz bowl team ft. Morgan Kim, Edwin Besalda Jr. (top) , Charisse Minatoya, Yasmine Vang, and Charles Yue (bottom right).

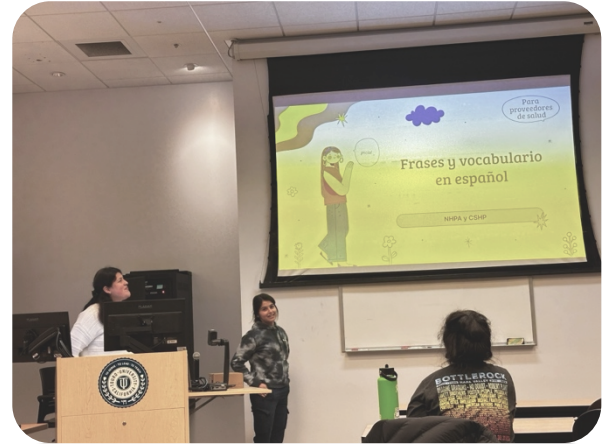


Quiz Bowl Team: (left to right)
Maryam Omer, Ayah Aly, Essie Aigbuza, Darlene Nguyen,
Sherlla Cayanan, Karissa Lapuz, Ling Wu, Ashley Woodyard, Natasha Morris
with Dean Jim Scott, PharmD & Dr. Sandy Li, PharmD



Spanish Terminology w/ NHPA A Lunch & Learn Activity!

A lunch and learn event where student attendees received cocurricular requirements as well as continuing education knowledge. CSHP committee members and NHPA showcased their leadership skills in teaching whilst demonstrating and providing appropriate references. The TUC community serves the solano area and students in the PharmD, DO, and PA have encountered many Spanish speaking individuals and have wanted to learn basic medical Spanish terminology. This event provided an introductory course to speaking with patients in the Spanish community.

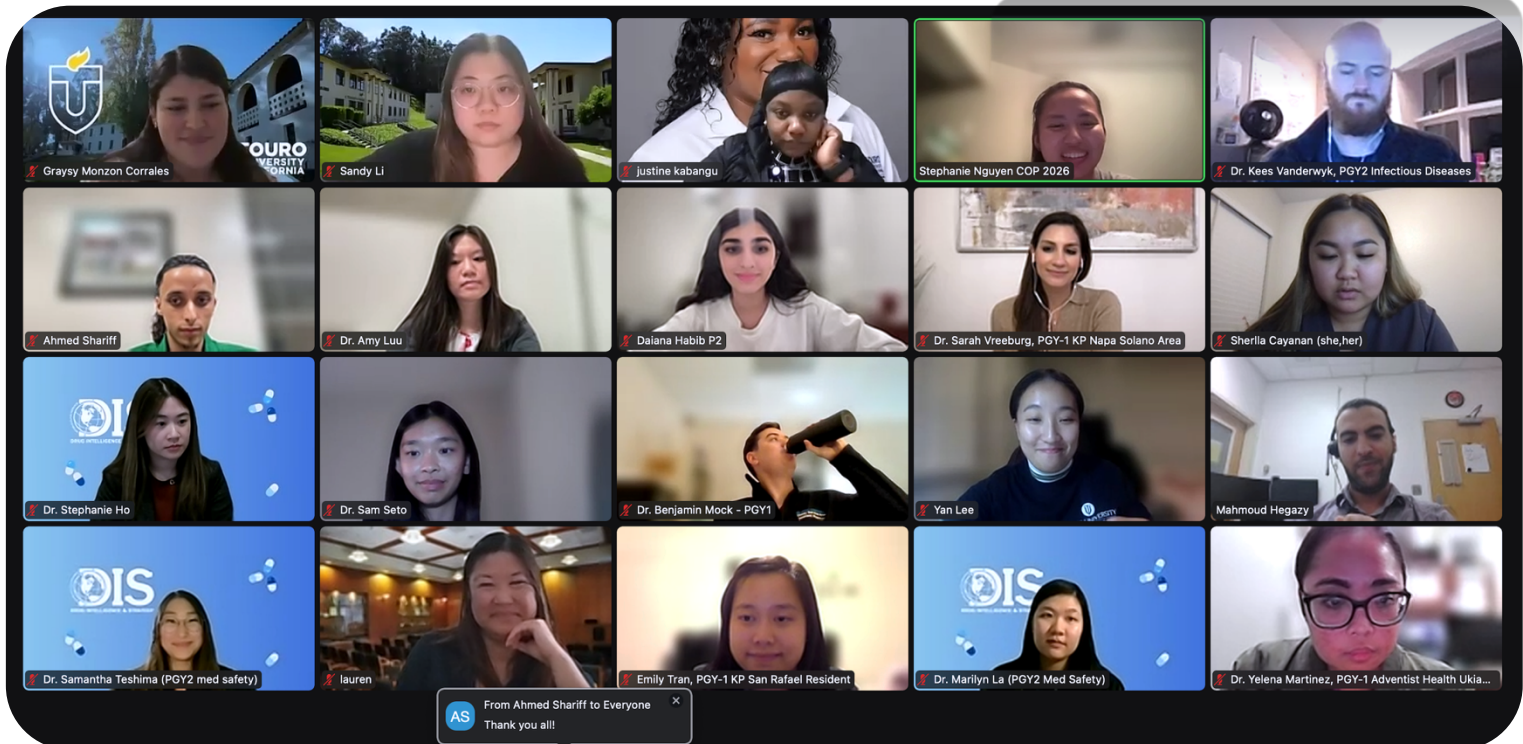


Graysy Monzon (CSHP President) & Nereyda Vizcarra (NHPA) showcase their leadership skills in teaching students in Spanish immersion lunch & learn.



RESIDENCY ROUNDTABLE

2023 CSHP Residency Roundtable held an online mixer for students to learn and engage with current TUC-affiliated PGY1, PGY2 residents and with RPD/RPCs. Residents from Adventist Health, KP Diablo and San Rafael, Santa Clara Valley Medical, Santa Rosa Memorial, Sutter Health, Sharp Healthcare, and Dignity Health – St. Joseph's Residents provided their insight and answered questions and concerns from current students at Touro University California.



Shout-Outs



CSHP would like to announce this year's CSHP Touro Quiz Bowl Team:

- Karissa Lapuz**
- Maryam Omer**
- Essie Aigbuza**
- Darlene Nguyen**
- Ashley Woodyard**
- Ayah Aly**
- Ling Wu**
- Sherlla Cayanan**
- Natasha Morris**



Chapter Advisors: Dr. Katrina Zywiec, PharmD | Dr. Sandy Li, PharmD

Our Team



Graysy Monzon
President



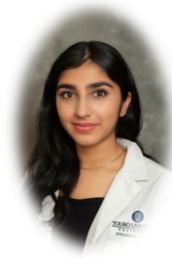
Stephanie Nguyen
Vice President



Kenneth Salvador
VP of Student Affairs



Pardis Khani | Pegah Capul
VP of Social Affairs



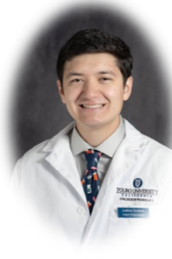
Daiana Habib
VP of Edu/Prof Affairs



Jeremy Kim | Jasmin Escobar
Smoking Cessation Committee



Sukhvinder Nijjar | Justice Dodson
Poison Prevention Committee



Soutsada Sikhounchanh | Ulises Arzate
Asthma/COPD Committee



CHAPTER HIGHLIGHTS December 2023

<https://tuc.campusgroups.com/cshp/home/>



 [CSHP Touro](#)
[Touro University California College of Pharmacy](#)

 [cshp_tuca](#)