Member Spotlight

Featuring: Doris Manford, BPharm, PharmD, MPH, BCPS, APh, DPLA



My journey as a pharmacist has been deeply rooted in a passion for healthcare, a commitment to helping others, and a desire to create meaningful change in people's lives. Though my career path has not been linear, each stage—whether through education, mentorship, or personal challenges—has strengthened my dedication to advancing patient care and positively influencing workplace culture.

I began my professional journey in Ghana, West Africa, where I earned a Bachelor of Pharmacy (BPharm) degree from the Kwame Nkrumah University of Science and Technology. After becoming a licensed pharmacist, I relocated to the United States. It was then I discovered that my four-year degree did not meet the U.S. requirement for a five-year pharmacy education. Faced with a difficult decision, I had the option to change careers entirely—but I remained deeply committed to the field of Pharmacy. I chose to stay the course and went on to earn my Doctor of Pharmacy (PharmD) from California Northstate University (CNU) College of Pharmacy and a Master of Public Health (MPH) from Benedictine University.

During my third year at CNU, I joined the California Society of Health-System Pharmacists (CSHP), and in my fourth year, I had the opportunity to attend my first CSHP Seminar. That same year, I represented CNU as a member of the Quiz Bowl team, and we proudly won the championship. While I had always aspired to give back to the profession I love, the

demands of life and competing priorities delayed my active involvement. Nevertheless, I remained a member and regularly participated in CSHP seminars—whether through residency recruitment booths, poster presentations, or as a speaker.

Wanting to do more than attend once a year event, I was honored when Karen Azama-Kihara, PharmD, FCSHP, encouraged me to run for President-Elect of the CSHP Sacramento Valley Chapter. I am truly grateful to be re-engaged as an active member and elected officer. The benefits of being involved in CSHP are countless—from continuing education opportunities and networking events to legislative advocacy and professional development.