Inter-Chapter Collaboration: Joint Efforts to Improve Chapter Activity and Promote Student Involvement.

Amanda C. Healey and Rebekah Byrd
CSI Fellows 2009 & 2010
Contents

- Finding chapter contacts
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- Ideas for joint activities
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Finding Local Chapter Contacts

- Find other chapters in your area
  - csi-net.org > Chapters > Chapter Directory
    - Check the chapter group page for contact information
    - Chapter Leaders
    - Chapter Faculty Advisor
  - Contact CSI to request chapter contact information: info@csi-net.org
Step One: Start at Home

• Assure local support first
  ◦ Prior to contacting other chapters, discuss with your local chapter the possible benefits of inter-chapter activities
  ◦ Make sure your officers and CFA are supportive

• Logistics
  ◦ Chapters within 3 hours driving time make joint planning meetings easier
Step 2: Find Other Chapters

• Check chapters in advance
  ◦ Websites and newsletters *may* give you an idea of what typical chapter activities
  ◦ Chapter leaders and activities change year to year – get current information
  ◦ Use what you learn to develop a plan for joint ventures
  ◦ Meet chapter leaders at state conferences
Step 3: Make a Plan

- Consider activities that offer chances for your chapter and others to work together
  - Fundraisers
  - Social & Community Service Events
  - Professional Development Workshops
    - NCE/Comprehensive Exam Reviews
    - Trainings and Seminars on Special Topics in Counseling
Step 4: Consider Finances

- **Draft a tentative budget**
  - How much might this cost?
  - How much might be gained?
- **Discuss cost/profit sharing**
- **Profits may be other than money**
  - Developing joint conference presentations
  - Developing research projects
  - Increasing awareness about and membership in your respective chapters
Collaboration

• Make sure that each chapter feels they are contributing fairly to collaborative efforts
  ◦ Be respectful of time commitments
  ◦ Discuss funding opportunities and resources
  ◦ Involve each chapter in decision making
  ◦ Distribute tasks fairly and evenly
Ideas for Joint Activities

- Include a board member from another chapter in one of your monthly planning meetings each year
- Develop joint community service activities
- Develop inter-chapter professional development workshops
- Submit conference presentations together for CSI Day at ACA
- Submit conference presentations together for local, state, and regional conferences
Staying Connected

• Have other chapters submit a brief report on their activities for inclusion in your chapter newsletter or on your chapter website
  ◦ Advertise for one another's events within your own chapter using email, flyers or a listserv

• Engage in Professional Advocacy activities within your state or region
  ◦ See csi-net.org/?Advocacy for more ideas
Staying Connected

• Make sure contact information for Chapter Faculty Advisors and incoming leadership is exchanged at the end of every academic year
  ◦ This is the responsibility of the Executive Board
• Develop re-occurring programs that can be easily maintained
• Plan to present together
  ◦ Showcase of Chapters on CSI Day
  ◦ Joint CSI Advocacy Poster Session Proposals
Benefits of Joint Activities

- Greater advertising scope for chapter fundraising and professional development activities
- Increased membership recruitment and program recruitment opportunities
- Opportunity for joint-research and presentation development at professional conferences
- Opportunity to recruit leaders as speakers for panels with larger audience
More Benefits

• Possibility for increased attendance at planned functions

• Ability for CSI members to be involved in more opportunities especially if some chapters are small or just getting started.

• Opportunities for short and long term networking with other CSI members
Examples of Multi-Chapter Activities

• North Carolina CSI Day
  ◦ Has been held for several years and has been co-sponsored by LPCANC and NCCA

• Virginia CSI Day
NC CSI Day: Bringing 9 Chapters Together to Network and Learn

• Leadership
  ◦ Two chapters per year, overlapping
  ◦ Each chapter serves two years
  ◦ Leadership rotates to keep momentum

• Planning
  ◦ Program Committee
  ◦ Everything Else Committee
Planning Committees

• Program Committee
  ◦ Recruitment and communications with speakers
  ◦ Speaker Introductions
  ◦ Invitations and thank you notes

• Everything Else Committee
  ◦ Advertising, Publicity, Preregistrations
  ◦ On-Site Registration, Name Tags, Refreshments
  ◦ Handouts, references
Resources

• Grants from Chi Sigma Iota
  ◦ Paid for speaker lunches (2008) and an Exhibit Booth (2012)

• Support from LPCANC
  ◦ Free room for a day (pre-conference) or a session

• Speaker Panels
  ◦ Counselor Educators, Professional Counselors, LPCANC Speakers
Second Annual NC CSI Day

Moving Forward: Counseling Here, There, & Everywhere!

October 16, 2008
Pre-conference Workshop at the LPCANC Annual Conference
Embassy Suites in Cary, NC

All students, educators, and practitioners are invited to attend the Second Annual NC-CSI Day conference as we learn how to continue moving forward in the counseling profession—here, there, and everywhere! Three panels comprised of experienced speakers will discuss lobbying and activism, leadership and practitioners, and strategies for promoting the profession of counseling.
Speaker bios and summaries of topics and registration materials are included on the attached pages. Contact K_Mobilev@unco.edu if you have any questions.

**Schedule/Agenda**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topics</th>
<th>Presenters</th>
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</thead>
<tbody>
<tr>
<td>9:00- 9:30 am</td>
<td>Registration/Poster Setup</td>
<td>Ms. Beth Powell</td>
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<tr>
<td>9:30-11:00 am</td>
<td>Panel 1: Lobbying and Activism Here, There, and Everywhere</td>
<td>Ms. Ashley Matkinson Perkinson Ms. Lili Sznaidman</td>
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<tr>
<td>11:15-12:00 pm</td>
<td>Poster Sessions</td>
<td>Please consider presenting!</td>
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<tr>
<td>12:00-12:45 pm</td>
<td>Lunch</td>
<td>Included with registration fee</td>
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<tr>
<td>12:45-2:15 pm</td>
<td>Panel 2: Leadership and Practitioners Here, There, and Everywhere</td>
<td>Dr. Mark Stebnecki Dr. Laura Veach Mr. Philip Clarke</td>
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<tr>
<td>2:30-4:00 pm</td>
<td>Panel 3: Promoting Counseling Here, There, and Everywhere</td>
<td>Dr. Craig Cashwell Dr. Donna Henderson Dr. Tom Sweeney</td>
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<tr>
<td>4:00-4:15 pm</td>
<td>Closing Remarks</td>
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Registration & Costs

• $25 registration fee for full-day event
  ◦ Covered participant lunch
  ◦ Covered CEUs

• Speakers paid own expenses
  ◦ CSI grant was used to buy speaker lunches

• CSI chapters donated:
  ◦ Copying of handouts
  ◦ Volunteer time to make it all happen!
Virginia CSI Day

• Conference developed and held in Arlington, VA

• Committee of CSI Fellows from 3 Virginia chapters planned the event

• Public Relations Committees from each chapter provided advertising in their local areas
Virginia CSI Day

• CSI Chapters involved donated $100 to cover initial expenses

• Fee for attendance was charged and each chapter was reimbursed for their initial donation

• Profits were split between each participating chapter
Virginia CSI Day

- CSI Chapters involved donated $100 to cover initial expenses
- Fee for attendance was charged and each chapter was reimbursed for their initial donation
- Profits were split between each participating chapter
VA CSI Day: Agenda

1ST Annual CSI Day in Virginia
February 28, 2009

AGENDA

9:30 – 10:00 Registration Open

10:00 – 10:30 Opening Session
Integrating Wellness into Professional Practice; Carmen Gill, PhD, NCC, LPC, ACS

10:45 – 12:00 Session One
Ethics – Considerations for New professionals; Carmen Gill, PhD, NCC, LPC, ACS

12:00 – 1:15 Lunch on your own

1:15 – 2:15 Session Two
Roundtable Discussions: Mentoring and Supervision – Staying Connected!

2:15 – 2:30 Break

2:30 – 3:45 Session Four
Licensure – What New Professionals Should Know; Amy Stephens, MA, LPC

3:45 – 4:00 Evaluations & Closing
Proposal
CSI Day in Virginia

Organizers: Jordi Izzard, Emily Goodman Scott, and Katie Moore
CSI Fellows 2008/2009

Purpose
The purpose of CSI Day is to provide a day for new counseling professionals and seasoned counseling professionals to come together for networking, sharing of ideas, and rejuvenation/motivation. The focus of the day will be on bringing counselors together who may feel as though they don’t have other opportunities to informally meet other counselors and talk about their experiences.

Target Audience
The primary target audience will be new professionals (those who have graduated within the last year) and counseling students on the verge of graduation. The purpose of targeting new professionals is that they may feel the most disconnected from other professional counselors as they make their way into the field.

Seasoned counselors may also be targeted in order to provide mentorship opportunities for new professionals.

Participants will not be limited to Chi Sigma Iota members.

Programming
A one-day, Saturday, event from 10:00 a.m. – 4:00 p.m. Starting at 10:00 a.m. will allow participants to drive up that morning if they weren’t planning to stay over the night before, and ending at 4:00 p.m. will allow participants to get on the road early if they don’t plan to stay over.

Two alternative schedules are proposed. Schedule A would include an opening from Dr. Sweeney focused on Wellness. We would like to solicit Dr. Sweeney’s participation, as he is our CSI Executive Director as well as a leader in our field on the topic of wellness. Schedule B is provided as a back-up, in case Dr. Sweeney is unavailable.
VA CSI Day
Funding & Marketing

Date
Saturday, February 28, 2009

Date selected to avoid conflicts with other counseling workshops and conferences in March & April

Funding
Minimal workshop fee will be charged to cover the cost of lunch and facility rental. The 3 Fellows organizing the event will also each approach their CSI chapter for a $100 donation to support the service mission. These donations will serve as seed money for initial expenses such as the deposit for the site and upfront expenses for the continental breakfast. Minimal proceeds are expected. Any proceeds will be distributed between the home chapters of the 3 organizing fellows. Proceeds will be used to facilitate and support conference and workshop participation among chapter members.

Marketing
An electronic flyer has been created (see second attachment) and will be disseminated electronically to the following target groups:

Existing Chi Sigma Iota chapters in Virginia (per www.csi-net.org, 5-6-08):
- Regent University – VB
- James Madison University
- George Mason University
- Lynchburg College
- Marymount University
- College of William & Mary
- Old Dominion University
- Longwood University
- Radford University
- Virginia State University
- Virginia Tech – Falls Church
- Virginia Tech

Other potential sources:
- Virginia Counseling Association (flyers distributed at annual conference in Nov. 2008)
- Virginia Association of Clinical Counselors
- Virginia School Counseling Association
- Northern Virginia Licensed Professional Counselors
- Chi Sigma Iota Headquarters
- ACA divisions with chapters in Virginia
Small Chapter Event

• Develop an event that can bring two or more chapters together on a small scale for networking
  ◦ Example: Omega Delta’s Coffee Talk with Drs. Tom Sweeney and Jane Myers
  • This event was attended by a local developing chapter at Hampton University and members of the Omega Mu Chapter of William & Mary
Contact Local Chapters

• Old Dominion Chapter Faculty Advisor was in contact with Hampton University Faculty to assist in the development of their chapter
  ◦ Flyers were sent to their students and other local chapters to encourage attendance at a question & answer session with Chi Sigma Iota founders.
  ◦ Participants pre-registered for the event.
Flyer

Coffee Talk with...

Hosted by Chi Sigma Iota, Omega Delta Chapter
Dr. Tom Sweeney, CSI International Executive Director, Professor Emeritus, Ohio University
Dialogue with an expert in professional counseling!

This FREE summit will offer students opportunities to:

- Network and Collaborate with CSI chapters and counseling programs across the region
- Share successful strategies for starting and expanding CSI Chapters
- Discuss ways to keep students and alumni involved in CSI and other program activities
- Create ways to collaborate on professional development and advocacy activities

Friday, July 24
4:00-5:30pm
Old Dominion University
Webb Center

Coffee and Light Refreshments will be offered.

Registration Deadline: Friday, July 10
SPACE IS LIMITED!!

RSVP TODAY!!

Contact:
Rebekah Byrd
Omega Delta President
rbyrd@odu.edu

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Funding

- Attendees were not charged and paid for their own travel expenses
- Refreshments were provided and paid for by the hosting chapter
  - Used profits from ongoing professional development events to pay for cookies, coffee, and a fruit tray
Additional Resources

• Chapter Grants
  ◦ csi-net.org > Chapters
    > Chapter Committees & Programs
    > Chapter Grants

• Social Networking
  ◦ csi-net.org > Chapters
    > Chapter Internet Presence & Social Networking