

Chi Sigma Iota Counselors' Bookshelf

Resources &
Opportunities for
Counselors



Movies



TV Shows



What is the Chi Sigma Iota Counselors' Bookshelf?

Counselor educators are encouraged to use the Counselors' Bookshelf as a resource for classes and to develop class assignments involving Bookshelf submissions. We invite CSI members to read the reviews and share your comments in the CSI Counselors' Bookshelf forums.

CSI members are invited to submit reviews about Music, Movies, TV Shows, Professional Books, or Bibliotherapy resources!

For more information, visit the Chi Sigma Iota website: www.csi-net.org



Resources & Opportunities for Counselors

Resources for Counselor Educators

Counselors' Bookshelf resources are available for counselor educators to use with their students for the following classroom topics: Diagnosis/DSM; Mental Health Counseling; Counseling Theories; Developmental Counseling; Counseling Children or Adolescents; Human Development; and discussion posts for any class (including Practicum and Internship).

APA formatting is used on all Counselors' Bookshelf resources!

CSI Members: Build Up Your Resumé

Recently graduated with your counseling degree and need to boost your resumé? Recently heard a song you can apply to a counseling topic? Watched a movie or TV show that demonstrated a particular counseling theory? CSI members can submit reviews to be published on the CSI Counselors' Bookshelf!

Counselors' Bookshelf Sections and Editor Contact Information

Bookshelf Senior Editor: Dr. Barbara Mahaffey (mahaffey@ohio.edu)

Assistant to the Senior Editor: Ms. Vanessa Doran

Chi Sigma Iota website: www.csi-net.org

Professional Books

Section Editor: Dr. Adrienne Johnson

The nonfiction book reviews in this section relate to providing counseling and wellness services to clients or the profession of counseling. Examples include clinical manuals and professional leadership books.

Books that Help Me Become a Better Counselor

Section Editor: Dr. Matt Glowiak

The reviews of fiction and nonfiction books in this section help counselors gain a better understanding of specific issues and populations. Examples include books about school shootings, childhood sexual abuse, addiction, and ethical dilemmas in counseling.

Bibliotherapy

Section Editor: Dr. Jaime Castillo

This section includes reviews of books that counselors can use directly with or recommend to clients. Examples include books for children and books related to breathing, relaxation, and wellness.

Movies and TV Shows

Section Editor: Dr. Christian Chan

This section on movies and television shows focuses on how showing portrayals of characters on screen can also be useful with clients, especially those who can relate to visual media. Examples include documentaries, television shows that highlight multicultural issues, or movies about clients' presenting concerns or particular events.

Music

Section Editor: Dr. Everett Painter

This section on songs and lyrics emphasizes that music is another medium that some clients will find especially relatable. Examples include instrumental music that can facilitate relaxation and meditation, as well as musical lyrics that can help clients to reflect on the concerns that brought them to counseling.