



Chi Sigma Iota

Counseling Academic & Professional Honor Society International

Member, Association of College Honor Societies

Promoting Excellence in the Profession of Counseling

Counselor Educators:

Are you exploring ways to enhance your syllabi for the upcoming semester? Pondering how to integrate a book, movie, TV Show, music, or other counseling resources as a course requirement? Consider utilizing one of the assignments noted below. Simply copy and paste your selection into your syllabus and engage your students' in a great professional development and publication opportunity.

Option I:

Prepare a 250 word (one page, double spaced) abstract of a book, movie, television show, or music with implications for use in developmental counseling, per the [Author Guidelines](#) listed at www.csi-net.org > Counselors' Bookshelf > Author Guidelines. You can then submit your review on-line. If you are not a CSI member, send your review to the instructor for posting. A maximum of two extra-credit reports may be submitted for your grade.

Your review will be in one of five areas: Professional Books; Books that Made Me a Better Counselor; Bibliotherapy; Movies and TV shows; or Music.

Option II:

Goal: To study and present a resource that professional counselors can use to enhance personal growth and wellness or to help clients address issues of concern in a positive manner.

Research: Select a particular client population or common mental health issue. Consider books, movies, TV shows, music, or other resources that might be helpful in addressing the identified client population or issue of concern. Ideally, the resource selected will be one you have used successfully, either personally or professionally. During this phase, attempt to find research studies that support or refute your experience with this resource.

Review: Develop a summary of no more than 125 words (1/2 page; unless you are reviewing a Professional Book, in which case your summary may be as long as 250 words, which would be one page, typed, double spaced). In describing the resource, limit your description to what the author actually said rather than integrating your opinions. This will allow the reader to consider the merits of the book or resource and its possible interest to them.

Reflect: Present your reflections in 125 words or less (1/2 page; unless you are reviewing a Professional Book, in which case your reflections may be as long as 250 words). Explain how has this resource been useful to you personally or professionally? Identify ways other counselors may use this resource to help certain kinds of clients with specific issues? Describe how clients may benefit from reading/viewing this resource?

Share: Go online to the Chi Sigma Iota [Counselors' Bookshelf](#) and upload your review (www.csi-net.org > Counselors' Bookshelf).

Benefits: By sharing your knowledge, experiences, resources, and reflections with other counselors, you contribute to the knowledge base in the field and help promote more effective services to clients. Your accepted review may be listed on your vita as a refereed publication.