COVID-19 Counselor Education and Supervision Resource List

Joint Collaboration Between Chi Sigma Iota Counseling Academic and Professional Honor Society International and the
Association for Counselor Education and Supervision

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Introduction

This document consists of various resources for counselor educators to support faculty and students during the COVID-19 pandemic. These resources are not exhaustive but do include various sources of information for different types of learners and readers. We hope that this resource can support you and your students during this difficult time.

Articles

In this section, articles listed below encompass various sources of information from conceptual to research articles for online instruction in counselor education and resources for different types of learners both synchronous and asynchronous course work.


   The authors provide a rationale and suggestions for online synchronous teaching in counselor education.


   This model was developed for online learning. The authors present a detailed introduction to the model and its use.


   The authors discuss pedagogical strategies that can enhance distance learners’ multicultural and social justice counseling competencies.


   The authors further discuss pedagogy, teaching strategies, and assessments that have been utilized to engage diverse distance learners in synchronized class meetings in order to maintain equivalent quality and learning outcomes with traditional clinical training methods. Finally, the authors provide recommendations for future research to increase and solidify the reality of distance clinical training in counselor education programs.


   The author provides an exploration of online versus in person teaching with recommendations for engaging students in online learning in counseling courses.

The author presents findings that provide insight into the perceptions of students and faculty regarding online learning. The author highlights implications for pedagogy and learning styles.


The author presents strategies with lesson planning for online courses including syllabus revision, differentiated learning, and relationship-building.


The author presents the importance of training faculty in regard to online learning with a protocol to help facilitate learning.


The author compared and contrasted learning effectiveness with online and face to face learning for students in counseling. Implications for educational researchers was presented.

10. Cicco, G. (2014). Building effective supervisory relationships in the online counseling course: Faculty and student responsibilities. *Journal of Educational Technology, 10*(2), 1-8. [https://doi.org/10.26634/jet.10.2.2968]

The author provides an outline and rationale for developing and maintaining online supervisory relationships in online courses.


The authors examine the use of technology in supervision and the counselors attitudes towards supervision and use of technology in practice. Implications for online supervision are presented.


The authors examined students' fears comparing online research courses to a traditional research course. The authors provide implications for normalizing fears associated with online learning.

   The authors provide examples of experiential activities aimed at deconstructing obstacles to student empathy development.


   The authors present the findings of the perceptions of online counseling by counselors in training with a discussion about the implications regarding ethical and clinical considerations.


   The authors present the findings of six counselor educators across the US who transitioned from teaching in the classroom to teaching online. Themes emerged to provide recommendations for counselor educators.


   The authors conducted a qualitative study aimed at telehealth training. Implications for telehealth training and four identified domains are discussed.

17. Kozlowski, K. A. & Holmes, C. M. (2017). Teaching online group counseling skills in an on-campus group counseling course. *Journal of Counselor Preparation and Supervision, 9*(1), 1-30. [https://doi.org/10.7729/91.1157](https://doi.org/10.7729/91.1157)

   The authors present an example of an online group counseling course and components of the course.


   The authors focus on epistemological and activist challenges at the center of a participatory and action research teaching-learning process developed through a student-initiated graduate seminar. The authors describe the decolonial, antiracist pedagogy performed in a co-teaching/co-learning process "against the grain."

The authors explore three approaches in counselor education—flipped, active lecture and online teaching.


The authors examine the skill acquisition of students enrolled in online counseling courses.


The author explores the continued plight of Black, Indigenous or people of color (BIPOC) during the pandemic due to lack of access to materials. Already at a disadvantage, these disenfranchised students now faced being completely locked out of school academic activities for the rest of the year.


The authors surveyed students leading to recommendations for online counseling courses and optimal student engagement.


The authors provide a collaborative view from faculty and students of online counselor education and provide the stories of students who have engaged in both synchronous and asynchronous distance counselor education programs at the master’s and doctoral level.


The authors address some of the more common legal and ethical considerations in counselor education, such as vicarious liability and cybersecurity, and how they differ in the online education environment.


The authors present the current literature related to online counselor education and description of online best practices that programs are currently using.

The authors provide an overview of the history of technology in education and recent research on distance education in counselor education and provide best practices for use of technology in online education.


The author presents findings to a qualitative study about students' perceptions about online learning in counseling.


The author presents strategies and recommendations for teaching counseling skills online.


The authors present a background to online teaching with suggestions for creative approaches in counselor education.


The author examined the relationship between enrollment in online counseling and self-efficacy. Implications for counselor education are discussed.

**Podcasts**

This section provides audio resources in covering various topics as it relates to wellness, COVID-19 resources, faculty life, and resilience. Many podcasts provide an escape to the realities many professionals are experiencing. The abstracts provided are directly taken from the podcast page to provide you the intent as given by the host.

**COVID-19 Pandemic Specific**

1. **Staying In**
   Hosts: Emily & Kumail

   In this podcast — whose profits go to charities helping those affected by Coronavirus — Emily V. Gordon and Kumail Nanjiani are uniquely qualified to lead you through this forced quarantine situation. They are both writers who work from home. Emily was a therapist and currently is a chronically sick person (see: The Big Sick) who often has to quarantine herself, and Kumail is her main caretaker.
2. Unlocking Us  
Host: Brené Brown  

We are hardwired for connection, and connecting requires courage, vulnerability, and conversation. I want this to be a podcast that’s real, unpolished, honest, and reflects both the magic and the messiness of what it means to be human. Episodes will include conversations with the people who are teaching me, challenging me, confusing me, or maybe even ticking me off a little.

3. The Happiness Lab  
Host: Dr. Laurie Santos  
https://www.happinesslab.fm

In "The Happiness Lab" podcast, Yale professor Dr. Laurie Santos will take you through the latest scientific research and share some surprising and inspiring stories that will forever alter the way you think about happiness. She’s changed the lives of thousands of people through her class "Psychology and the Good Life," and she'll change yours, too.

4. The Faculty Meeting  
Hosts: Marty Jencius & Eric Baltrinic  
https://www.stitcher.com/show/the-faculty-meeting

The Faculty Meeting is a conversational podcast related to being a faculty member at the university level. Your hosts, Dr. Marty Jencius and Dr. Eric Baltrinic, interview a variety of guests on topics of interest including faculty roles, responsibilities, and lifestyle.

5. The Theory of Change  
Host: Alfredo Palacios  

The Theory of Change Podcast showcases topics relevant to counselors and counselor educators. The hosts of this podcast discuss counseling theory, social/cultural issues, and the working dynamics of the modern practitioner.

Counselor Specific

1. A Series of Podcasts With Tips & Tricks for School Counselors  
Host: Dr. Poppy Moon  

Join Dr. Poppy Moon, professor of school counseling at the University of West Alabama, as she boldly goes where no counselor has gone before! Listen in to learn tips, techniques, and insight into the world of school counseling!

2. CounselorAudioSource  
Host: Marty Jencius  
http://www.counseloraudiosource.net/Podcasts/
Dr. Jencius interviews various professionals in counseling and counselor education to explore many topics that counselors face. Dr. Jencius takes a deep dive into important discussions with other counselors and counselor educators. This podcast is great during your breaks in teaching.

3. The Thoughtful Counselor
   Host: Mike Shook
   https://thethoughtfulcounselor.com

   The Thoughtful Counselor is a podcast that is dedicated to producing great conversations around current topics in counseling and psychotherapy. We view counseling and psychotherapy as a deeply beautiful and complex process and strive to incorporate both the art and science of the field in each episode.

4. Counselor Toolbox Podcast
   Host: Dr. Dawn-Elise Snipes
   Counselors, coaches and sober companions help hundreds of thousands of people affected by Addictions and Mental Health issues each year. Learn about the current research and practical counseling tools to improve your skills and provide the best possible services.

5. The Couples Therapist Couch
   Host: Shane Birkel
   https://www.couplestherapistcouch.com/blog

   Looking to improve your relationship? Interested in better communication with your partner? Join my private membership group where we will have live discussions, webinars, workshops, and more, to help you and your partner be better. Together.

6. Starting a Counseling Practice Podcast
   Hosts: Kelly and Miranda
   https://www.zynnyme.com/podcast

   A podcast full of expert advice, tips, and stories that will inspire you in your private practice building journey.

7. Grad School Deconstructed
   Hosts: Stephanie Marder and Clark Ausloos

   Grad School Deconstructed is a podcast that explores the trials and tribulations of graduate school in a new and innovative way. Stephanie Marder and Clark Ausloos share personal experiences, welcome various guests, and interact with you, the listeners, as they navigate both practical and taboo topics related to the graduate school experience.

**Webinars**

The webinar series covers various work provided by organizations, counselor educators, graduate students, counseling professionals, and more! Topics related to Anti-racism Pedagogy and COVID-19 in counselor education is meant to support faculty and graduate students.
American Counseling Association

Title: *Ethical Issues Related to the Practice of Online Clinical Supervision*
Presenters: John P. Duggan & Rachel McCrickard
https://aca.digitellinc.com/aca/sessions/18498/view
Price: $49.99

This webinar discusses technology used in clinical supervision. Per the learning objectives, responsibilities for supervisors using technology in supervision and ethics are discussed. Additionally, a review of the 2014 ACA Code of Ethics is provided.

Association for Counselor Education and Supervision

1. **Title: Designing Your Hybrid/Online Content Area Course: Part I**
   Presenters: Drs. Yoon Suh Moh, Tanisha Sapp, & Michael J. Walsh
   https://acesonline.net/wp-content/uploads/2020/08/Part-I-Designing-Your-Online_Hybrid-Content-Area-Course.mp4
   Price: Free for members

   This webinar discusses course design for hybrid/online content courses to support the transition due to COVID-19. Strategies are discussed as well as examples of designing courses.

2. **Title: Designing Your Hybrid/Online Fieldwork Course Course: Part II**
   Presenters: Drs. Victor Chang, Leah Clarke, and Amber Pope
   https://acesonline.net/wp-content/uploads/2020/08/Part-II-Designing-Your-Online_Hybrid-Fieldwork-Course.mp4
   Price: Free

   This webinar is a continuation from Part 1 in exploring various counselor education programs and their adaptations to hybrid/online fieldwork courses.

3. **Title: Online/Hybrid Courses Special Topics: Part III**
   Presenters: Drs. Annette Backs, Katherine M. Bender, and Jessica L. Martin
   https://acesonline.net/wp-content/uploads/2020/08/Part-III-Online_Hybrid-Courses-Special-Topics.mp4
   Price: Free

   This webinar is the end of a series of discussions on transitioning courses online from traditional brick and mortar programs with an emphasis on special topics.

4. **Innovative Strategies for Clinical Practice in Challenging Times**
   Presenters: Drs. Casey Barrio-Minton, Natoya Haskins, Arron Mason, and Sandra Logan
   Price: Free

   This webinar centers COVID-19 and strategies for counselor educators to adapt to support clinical work for professionals and graduate students.
5. **Title: Moving Counseling Instruction Online**  
   Presenters: Drs. Marty Jencius & Eric Perry  
   https://www.youtube.com/watch?v=IbU1TR4IduQ&feature=youtu.be  
   https://acesonline.net/special-edition-webinars/  
   Price: Free for members

   The presenters engage in a facilitative discussion about best practices in moving counseling instruction online. The hosts discuss tools used in the virtual classroom and what students can do during coursework.

**California Association of School Counselors**

**Title: School Counseling Supervision in a Virtual World**  
Presenters: Jaimie Stickl Haugen & Sebrina Welch  
https://videos.schoolcounselor.org/school-counseling-in-an-online-world

   Price: Free

   The presenters facilitate a discussion about supervising students on internship and practicum as a result of COVID. They offer ideas and suggestions related to engaging students on their internships and practicums based on their supervisory roles.

**North Central ACES**

1. **Title: Online vs. In-Person Counselor Training**  
   Presenter: Mary Rodgers  
   http://www.ncaces.org/Webinar/Online/  
   Price: Free

   This webinar discusses the differences between online vs. in-person counselor training including pros and cons as well as student experiences from both types of educational training.

2. **Title: Media-Informed Counselor Education**  
   Presenter: Laura Dunson  
   http://www.ncaces.org/Webinar/MICE/  
   Price: Free

   This webinar explores ways counselor educators and graduate students can be informed regarding media and its influence on clinical practice, teaching, and supervision.

**Southern ACES**

**Title: Towards Antiracist and Feminist Approaches to Counselor Education**  
Presenters: Allison Levine & Travis Andrews  
https://drive.google.com/file/d/1z_NLxbfwauHKHVqAVPf5YNx2w9IrVW-9/view?usp=sharing  
Price: Free to Members
This webinar explores an introductory understanding of Antiracist and Feminist Pedagogies within counselor education.

**American Psychological Association**

*Title: Writing Resiliency Best Practices*

Presenters: Andy De Los Reyes, Jack C. Lennon, Raechel Soicher, & Garth A. Fowler

[https://www.youtube.com/watch?v=fb3grkKBNlc](https://www.youtube.com/watch?v=fb3grkKBNlc)

Price: Free

The presenters discuss writing and submitting manuscripts during the pandemic and items to consider. Suggestions for writing are provided.

**American University School of Education**

*Title: An Antiracist Foundation to School Counseling: Students’ Mindsets & Behaviors*

Presenters: Duarte, Edirmanasinghe, & Nwosu

[https://www.youtube.com/watch?v=E-0RWJIFDms](https://www.youtube.com/watch?v=E-0RWJIFDms)

Price: Free

This webinar’s participants will examine the level of equity within the guiding principles of their school counseling program and how those principles align with an antiracist stance.

**American Association for the Advancement of Science**

*Title: Equity Flattens the Curve: The Importance of Diverse Populations in Combating COVID-19*

Presenters: Akbar, King-Tsikata, & Twose

[https://www.youtube.com/watch?v=zc3ldedRVxA](https://www.youtube.com/watch?v=zc3ldedRVxA)

Price: Free

This webinar organized by the AAAS Science and Human Rights Coalition focuses on the American Psychological Association’s initiative Equity Flattens the Curve, which aims to mitigate COVID-19’s disproportionate impacts on marginalized populations around the world.

**Center for Organizational Responsibility and Advancement (CORA)**

1. *Title: Responding Racial Bias and Microaggressions in Online Environments*


   [https://www.youtube.com/watch?v=9cEWQJ32ngU](https://www.youtube.com/watch?v=9cEWQJ32ngU)

   Price: Free

   This webinar focuses on strategies that educators can use to address issues of bias and microaggressions in order to meet the needs of historically underrepresented and underserved students in the online environment.

2. *Equity-Minded Student Services in the Online Environment*


   [https://www.youtube.com/watch?v=qGoldJP4Xi8](https://www.youtube.com/watch?v=qGoldJP4Xi8)

   Price: Free
The webinar is free to the public and is hosted by the Center for Organizational Responsibility and Advancement in collaboration with ACPA - Educators International and the Chief Student Services Officers Association.

3. Employing Equity-Minded & Culturally-Affirming Teaching Practices in Virtual Learning Communities  
   *Presenters:* Frank Harris III & J. Luke Wood  
   https://www.youtube.com/watch?v=aMrf_MC5C0k  
   *Price:* Free

In this webinar, Drs. Frank Harris III and J. Luke Wood are presenting some salient trends and issues that complicate the experiences of diverse community college learners in online courses and propose equity-minded teaching and learning strategies for faculty teaching online courses.

4. Serving Students with Basic Needs Insecurities During COVID 19  
   *Presenters:* Murillo, King, Frank Harris III & J. Luke Wood  
   https://www.youtube.com/watch?v=TbsSipGXFRc  
   *Price:* Free

In this webinar, the presenters will highlight patterns of acute basic needs insecurities that emerged from data collected via the Community College Success Measure and focus groups with community college students.

**Websites**

These websites provide a variety of resources from organizations, agencies, and others with support for Anti-Racism and COVID-19 resources within counselor education and counselor training programs.

1. ACA Anti-Racism Resources  
   [https://www.counseling.org/knowledge-center/mental-health-resources/racism](https://www.counseling.org/knowledge-center/mental-health-resources/racism)

   The ACA Anti-Racism Resource page provides statements from ACA and divisions within ACA condemning racism in our communities. The resource also provides information on various research articles focused on anti-racist practices and multicultural and social justice counseling competencies.

2. ACA Resources During a Pandemic  
   [https://www.counseling.org/knowledge-center/mental-health-resources/trauma-disaster/mental-health-professional-counseling-and-emergency-preparedness](https://www.counseling.org/knowledge-center/mental-health-resources/trauma-disaster/mental-health-professional-counseling-and-emergency-preparedness)

   ACA understands this global pandemic means significant changes to how you are fulfilling your professional responsibilities. During times like this, counselors play a crucial role in sharing accurate public information, and in helping clients maintain perspective while providing methods of coping and continuing their wellness strategies. This resource provides many links for support for working within telehealth and managing care during COVID-19.
3. CACREP Updates on COVID-19  
https://www.cacrep.org/for-programs/updates-on-covid-19/  

CACREP website for COVID-19 updates. Please communicate directly with your designated CACREP Staff liaison or call the main office to voice any concerns you may have or to share with us contingencies that are being put in place at your institution. This will allow CACREP to monitor any potential impact to the Counseling program and/or challenges to the program’s ability to be in full compliance with the CACREP standards. This information will be invaluable to any steps CACREP may need to take to support programs during this health crisis.

4. Cognitive and Social Presence in Online Learning:  

Cognitive presence is central to successful student learning. The quality of cognitive presence reflects the quality and quantity of critical thinking, collaborative problem-solving, and construction of meaning occurring in student↔student and student↔faculty interactions. You can model and support cognitive presence in your interactions with students in discussions, assignment feedback, and other communications.

5. CRCC COVID-19 Resources  
https://www.crccertification.com/covid-19  

As your institution and program determine the specific requirements for graduation, CRCC’s expectations are that programs continue to provide opportunities for knowledge and skills to be developed, and that programs are confident in the competencies of their graduates to meet the CACREP accreditation standards and certification eligibility requirements to enter the workforce.

6. Establishing and online teaching presence:  
https://www.duq.edu/about/centers-and-institutes/center-for-teaching-excellence/teaching-and-learning-at-duquesne/establishing-an-online-teaching-presence  

Unlike face-to-face teaching that depends on physical presence and teacher immediacy, teaching presence in online education depends on course design and organization, facilitation of online discourse, and well-focused direct instruction.

7. Expanding Support Beyond The Virtual Classroom: Lessons and Recommendations From School Counselors During the COVID-19 Crisis  

Our findings suggest that school counselors were not able to spend as much time as usual counseling students about social emotional issues, career development, or postsecondary plans.

8. NAADAC Resources COVID-19  
https://www.naadac.org/covid-19-resources
NAADAC cannot guarantee the accuracy of the information provided by external sources/links and does not accept responsibility or liability for any consequences arising from the use of such information. Resources provided cover a variety of organizations in addiction and mental health related work.


The coronavirus (COVID-19) has resulted in an unprecedented crisis that affects not only our physical health and daily lives, but also our mental health. To address these needs, NAMI is committed to providing credible information and resources to help people navigate through this crisis. In this guide, you will find answers to questions ranging from how to manage anxiety during this difficult time, to how to access medication while in quarantine, to how to deal with the loss of a loved one to COVID-19.

10. NBCC COVID-19 Information page
https://www.nbcc.org/covid-19

This page will serve as a resource for our constituents regarding changes to any of our services or programs and will be updated regularly as the situation changes.

11. School Counseling Resources
https://www.schoolcounselor.org/school-counselors/professional-development/learn-more/coronavirus-resources

The links provided for school counselors encompasses various websites that can be used as tools for online meetings with students and families.

12. The Ultimate List of Free Online Resources & Online Teaching Tools for Schools, Educators & Parents During COVID-19

Are you looking for online teaching tools, online resources, at-home learning tools or educational websites for teachers, educators, district leads and parents to help your K-12 students learn at home amid a pandemic? We have a complete list that also includes free educational websites for elementary students as a bonus!

Other

This section provides resources that fit into no other category in this document, including guidelines for structuring online learning and study tools for counseling licensure exams.

1. ACES Guidelines for Online Learning in Counselor Education (2017):
https://drive.google.com/file/d/1cf3SiUhMi8S7BFwXQ1ngQGZ62mRFdR/view?usp=sharing

The goal of the ACES Online Learning Guidelines is to help create technology-mediated environments in the field of CES that facilitate student learning in a proactive manner. The Online Learning Guidelines are organized in the following broad categories: A. Institutional
Support; B. Course Quality; C. Instructional Support; D. Faculty Qualifications; E. Instructor and Course Evaluation; F. Grievance Procedures; G. Research; H. Ethics

https://drive.google.com/file/d/1jOdynq2gbiUSBvisxsB3SGHoaP8Xbv6z/view?usp=sharing

In the third edition of Howard Rosenthal's best-selling test preparation guide for the National Counselor Examination (NCE), students get more help than ever with an expanded section on marriage and family counseling, new material on web counseling, and updated material throughout. This resource includes over 1,050 tutorial questions/answers and a new "Final Review and Last Minute Super Review Boot Camp" section. This guide is an ideal review tool for state licensing, the NCC credential, and preparation for written and oral boards. And because the new Counselor Preparation Comprehensive Examination (CPCE), draws from the same subject areas, the Encyclopedia is a perfect study guide for the CPCE as well. Written in a unique question/answer format, with a quick reference index, this is also an essential student reference volume for use in any counseling, social work, or human services course.

https://drive.google.com/file/d/1GQyQwY4LnbcU8Vms4M3jt1qYnv9Ksli/view?usp=sharing

Create your own personalized study plan and schedule for the Professional School Counseling Praxis II test based on your individual needs and how much time you have before test day.

4. Rider University Online E-Coaching Tips (2009):
https://drive.google.com/file/d/1Ucra5fnqrOy1np4aWqnGkoSb2hzB5dfN/view?usp=sharing

If you are getting ready to teach an online course and would like a concise summary of what to do, this tip is for you. This initial e-coaching tip has four sections that focus on the basics in preparing for an online course. Obviously learning how to teach well in an online environment takes time and practice, so this is just a first step. The four sections of this document are: (1) Some Preliminaries, (2) Tips for Course Beginnings — Course Elements, Syllabus, and Weekly Rhythm, (3) Getting Started with Questioning (using discussion boards), and (4) Developing an Assessment Plan.