This Is "Good Day" And Not "Good-Bye"

A few years ago, while leading a college retreat, I was serenaded with a song that has since etched its way indelibly on my mind. The words focused on the joy of experiencing certain moments in time and the wish to capture such events forever. The final refrain ended on the hopeful note that in parting the focus was on "good day" and not "good-bye." It is the spirit of that song that I complete my year as president of Chi Sigma Iota.

This past year has been a "good day" in the life of the society. As a group, we have experienced a five year anniversary; continued strong membership growth; the merging of Rho Chi Sigma with Chi Sigma Iota; renewed outreach efforts in the international arena; and the active involvement of students, professionals, and chapters in promoting excellence and scholarship in counseling. Those of you who attended the AACD convention in Cincinnati saw some of the more tangible results of CSI's strengths and purposes through your participation in Chi Sigma Iota Day, March 17th. During a twelve hour time frame, CSI sponsored a number of important and stellar events. They included excellent presentations by CSI Scholars John Krumboltz and Thelma Jones-Vriend which drew a large turnout and rave reviews; the Leadership Training coordinated by CSI president-elect, Rose Cooper; the annual business meeting of the association which highlighted committee and officer activities; a very impressive Awards Ceremony under the direction of CSI secretary, Lois Wedl; and a wonderful and entertaining reception sponsored by (continued on page 11)
As a "first-timer" at the AACD convention and a "pioneer" recipient of a CSI Internship, I arrived at Chi Sigma Iota Day with vague expectations. The first program sponsored by CSI on Saturday morning, Scholars Across the Generations, proved to be an incredible opportunity to interact with two of the leaders of the counseling profession.

John Krumboltz was the first Scholar to address the session. However, rather than present a formal program, he shared, in a very humorous and informal way, his quest for understanding "How people make career decisions." His comments described his early career confusion and the rather indirect path that he followed to arrive at his current beliefs. Krumboltz traced the major influences and theories that shaped his beliefs, and confided (with a grin) that he currently takes a "cognitive-affective-behavioral" approach. As he was dashing out of the room (due to a scheduling conflict) to make a formal presentation on his new Career Belief Inventory, he shared some of his latest research.

The second Scholar to address us was Thelma Jones-Vriend. She shared the joys of being retired and her excitement at being able to select short term commitments which are meaningful to her. She spiced her comments with interesting anecdotes of her personal life.

As part of her presentation, Jones-Vriend summarized five ways for expanding professional excellence: 1) A counselor must have a passionate mission; 2) Collaborate with like-minded people; 3) Take risks! Seize opportunities! Live from the inside out! 4) Communicate with others and yourself. Stay in touch with your own goals; and 5) Be as alive as your goals. Make no small plans.

She challenged all of us to dream, and to take 100% responsibility for our goals. She compared us to "green shoot" people - we have the potential to awaken new life within ourselves, others, and our society.

At lunch, I had the opportunity to sit between Tom Sweeney and John Krumboltz and they graciously included me in their discussion. Later, my professor, co-presenter, mentor and dear friend, Larry Burlew, asked me "Who was that you were eating lunch with?" When I responded, "Tom Sweeney and John Krumboltz," he drew back in astonishment and proclaimed that he had tried to get into Krumboltz's presentation, but that the crowd was so large, people were clustered in the hall just trying to to hear. I replied, "Don't worry Larry, John and I discussed the presentation at lunch, and I got a handout for you."

It was then that I realized what (continued on page 12)
Over the last several weeks I had the good fortune and pleasure to listen to presentations by and interact with three highly prominent counseling professionals. One was a CSI Distinguished Scholar, another was an eminent scholar in the counseling profession, and the third was an individual prominent in the establishment of CSI. I found it interesting that in their respective introductions each was described as a "visionary" in the counseling profession. However, I found it even more striking that each addressed the notion of "having a vision" within the contexts of their presentations. These coincidences caused me to reflect upon the question, "Who and/or what are the new visionaries in the counseling profession?"

In an attempt to develop an answer to this question, I began in an all too pedantic way (perhaps I am "over" trained as a college professor) by consulting a dictionary. In any event, I was greatly surprised to find that a visionary is defined as "one given to impractical or speculative ideas" [emphasis added]. I was surprised because the term "visionary" clearly has a positive connotation within our profession, yet just as clearly has a negative connotation when defined technically. I concluded that visionaries could not be identified by consulting a dictionary.

Taking a different tact, I decided that visionaries could be defined simply as people who had "visions." Initially, that brought to mind questions of fantasy vs. reality, sanity, and the like. Undaunted, I again consulted the dictionary. I was pleased to find that one of the definitions of vision is "unusual foresight." It was pleasing because it allowed me to conclude that the "visionaries" (of our profession) were people who had "unusual foresight" about or into the counseling profession; an interpretation which again has a positive connotation. But I was still bothered by the word "unusual." Did this mean that but a very few counseling professionals have "visions" (or ideas or conceptualizations) about the counseling profession?

I refused to accept the idea that only a few professionals had "visions" about the counseling profession and/or specific facets of it. In my experiences over the years I have encountered many, many aspiring and matriculated professionals who have had "visions" (or hopes or dreams or desires) about and for the counseling profession. In some cases their "visions" were fully integrated plans while in other cases they were vague notions of remote possibilities, but all were "visions" nonetheless. Still nagging then was the question of who is a visionary?

Reflecting further upon the many "visions" that had been shared with me over the years, it occurred to me that some of those visions had come to full fruition and some had faded into oblivion. Alas, therein lies the answer. Merely having a "vision" does not make a "visionary." A true visionary is a person who acts upon the vision! A visionary is a person who has the courage, faith, and conviction to work to make the vision manifest. All too often we think of the "visionaries" in the counseling profession only as those who have achieved a degree of prominence and notoriety. We all readily attribute the title "visionary" to those who have developed a new counseling theory, initiated a significant "movement" within the counseling profession, authored a widely used text, and the like. Certainly such individuals deserve the title. However, just as certainly there are many, many counseling professionals who have been "visionary" on smaller, less publicized scales. The school counselor who involves members of a high school peer counseling program in a local project to help the homeless, the community agency counselor who works to establish a new state level AACC branch, the counselor education stu-

(continued on page 10)
CSI Distinguished Scholars

Paula Helen Stanley, Associate Editor

John L. Holland

Dr. Holland, Professor Emeritus, Johns Hopkins University, received a B.A. in Psychology, French, and Mathematics from the University of Nebraska at Omaha. He earned a M.A. and Ph.D in Psychology and Educational Psychology from the University of Minnesota.

Holland was Instructor and Director of the Counseling Center, Western Reserve U.; Chief, Vocational Counseling Service, V.A. Hospital, Perry Point, Maryland; and Director of Research, National Merit Scholarship Corporation. He was also Vice-President, Research and Development, American College Testing Program; Director, Center for Social Organization of Schools, The Johns Hopkins University; Professor of Social Relations and Psychology and Visiting Professor, Iowa State University.

Holland received the Research Award from the American Personnel and Guidance Association, 1960; the E.K. Strong Gold Medal for Contributions to Interest Measurement; and the Eminent Career Award, National Vocational Guidance Association.


I telephoned Dr. Holland on April 19, 1990 and asked what he considered to be his greatest accomplishment. He said rather than the Self Directed Search, as many would think, it is the theory and classification system he developed. The "theory generated the instruments."

Holland said, "Beware of mature people bearing advice," when I asked him what advice he might give professionals entering the field of counseling. When he first developed the Self Directed Search some colleagues said it bordered on the ethical. What if he had taken their advice on the unsuitability of the instrument? "When [Holland was] a graduate student in the 1940's, clients were not allowed to score their own tests--they were kept in the dark."

Holland suggested counseling professionals "read widely and critically about anything you read. Professionals don't read much. Information is power. People don't think critically about what they read." He also emphasized the importance of knowing what the past has been like and what people are doing now as a way of keeping informed and relevant. He also emphasized the importance of persistence.

When asked about major issues facing the counseling profession, Holland expressed a concern that counseling and counseling psychology are serving the well-to-do. "We should be working on groups things, printed material to help large numbers of people at low cost." He noted that one poor southern state could not afford to buy the Self Directed Search.

Donald Super

Dr. Super, professor emeritus, Columbia University, was born in Honolulu, Hawaii. He received a B.A. and M.A. from Oxford University and his Ph.D from Columbia. He was an assistant professor at Clark University, Worcester, Mass. Super was associate professor of education at Columbia University, Teachers College and, at a later time, professor of psychology and education. He was also in the U.S. Army Air Forces from 1942-45 and earned the rank of major.

Super taught at Cambridge University, Wolfson College, Cambridge, England from 1975-1979. He was a Fulbright Lecturer at the University of Paris, 1958-1959 and visiting...
professor at the same University during 1976-1979. He was a Ford Fellow in Poland in 1960.

Super was president of the American Personnel and Guidance Association in 1953 and president of the American Psychological Association Division of Counseling Psychology in 1952. He has been or is a member of the American Educ. Research Association; American Association for Advancement of Science; and the International Association for Education and Vocational Guidance.

During a telephone conversation with Dr. Super on April 19, 1990, I asked what he thought was his greatest accomplishment. He responded, "Together with colleagues and students... we laid the foundation for work on career development. Several colleagues and myself started career development... putting the idea of career development on the map. Teaching implications for teaching guidance: career pattern settings, research projects." He emphasized "related [career] activities over the life span and not just a one shot career or job choice."

I asked what advice he might give individuals entering the counseling profession. He said "it would depend on the situation of the person. There are a variety of specialties within the field of counseling. It is important to get a well-rounded background so one can cope with a variety of problems." He said one needs to consider what he or she wants to do within the field: research, teaching, or career and personal counseling. One needs to be "equipped to deal with a variety of things and special emphases."

Dr. Super felt the major issues in the counseling profession today revolve around the "rapidly changing nature of work and the workplace." He believes that teaching and practicing versatility is important. He also mentioned the troubled economy as an influence on the profession, as are drugs and self-abuse.

Super noted that the counseling field changes and his ideas have changed as the result of time and experience. He suggests one would find it revealing to compare his 1957 book, The Psychology of Careers with his chapter in Career Choice and Development (1990) edited by Brown and Brooks, Jossey-Bass. This comparison would provide a "snapshot" of differences between his earlier work and his present thinking. I look forward to continuing my conversation with Dr. Super, as he will be a visiting professor at UNC-Greensboro, in 1990-1991.

Second Annual Young Adulthood and Middle Age Conference Held in New Orleans

On Saturday, April 28, 1990, the Second Annual Conference of Young Adulthood and Middle Age was held at the University of New Orleans. This year's conference theme was: Family, Sexuality, and Human Development Issues. Co-sponsors of the conference were The Association for Adult Development and Aging (AADA), Chi Sigma Iota-Alpha Eta Chapter, and the Counselor Education Department at the University of New Orleans.

The one day conference began with a keynote address entitled "Boomer" Development by Lorraine Clark, President of AADA and Regional Director, AARP, Dallas, Texas. Dr. Clark's remarks focused on the unique development of today's cohort of middle aged adults who represent the baby boom. The remainder of the day included three concurrent workshop sessions, each offering several presentation selections.

Conference presenters represented a diverse sample including: Carol Ann Rudolph, President, Child Care Mgt. Resources, Marion Kimberly and Theresa "Sam" Guyton, Midland, TX; Jessie Finch, Brookings, SD; Barbara Duncan, Norfolk, VA; Daya Sandhu, Nicholls State University; Richard Johnson, President-Elect, AADA, St. Louis, MO; David Payne, University of Kentucky; John Keshock, John Carroll University. Two of the University of New Orleans faculty presented: Bernadette Mathews, and Patricia Leonard. Co-presenting with Dr. Leonard was Quinn Pearson, doctoral candidate, UNO.

Other UNO graduate students who presented were: June Williams and Lynn Friedman. A local cable station videotaped these two sessions for a television program dealing with gay issues.

(continued on page 9)
Lasers to Lanterns: Channeling our Way to the 21st Century

In 1989 I attended the opening session of the annual AACD convention held in Boston and experienced a sense of disheartenment. The "Lanterns to Lasers and Beyond" theme, the keynote speaker of the opening session, and the special effects (e.g., thin laser beams and abundant quantities of smoke) accompanying the opening session all came together in such a manner as to produce, at least in this observer, the conclusion that the counseling profession needlessly presents itself as a profession of good intentions but questionable substance.

In 1990, I attended the AACD convention in Cincinnati but due to other commitments, I was unable to attend any of the keynote addresses. However my lack of attendance did not prove an adequate buffer as a disgruntled colleague (totally unaware of my 1989 experience) vehemently complained about the speech given by Albert Alschuler.

Intrigued by my colleague’s tirade, I decided to review what the Guidepost, March 1, 1990 ("AACD Convention Speakers...Alschuler Addresses Spiritual Concerns in Counseling", written by Connie Schafer) revealed about Alschuler’s position. Here are printed statements attributed to Alschuler that appeared in the article:

- "counselors must accept the existence of the inner voices that many people claim to hear."
- "Based on his experiences and studies he conducted, Alschuler described the inner voice as logical and "eloquent." "Typically, in the early stages of the experience, striking perceptions are made, almost as a recruitment device to get your attention," said Alschuler, who is reticent concerning his own experience.
- "In the past, the voices have also been attributed to alien beings, the human conscience and even to God. Alschuler, however, offers no explanation for the voices origins. "There’s no way to determine where these voices come from," he stated.
- The concept of "inner voices" has existed for centuries according to Alschuler, but often under the guise of different names. Attributed in the past to "spirit possession," inner voices have been popularized during this century as channeling. Alschuler prefers the term "inner teacher."
- "We need to discern between good voices and bad voices. That’s where counselors can help." ... "This speech [convention speech] will be a plea for mental health professionals to take these experiences seriously and not automatically assume that the people having them are crazy," Alschuler added.

After reading these statements and reflecting upon my colleague’s reaction and my own reaction from the previous year’s convention, I concluded that my disheartenment was due to being associated with a profession that too often lacks a healthy professional sense of balance. The profession teeters between extremes of wanting to be scientific (and thus respectable) and wanting to be "trendy". Counselors should and could represent the vanguard in the mental health field, but counselors should not confuse awareness of the significant trends with espousing some intangible that has gained "pop" status.

Alschuler’s use of the term "inner teacher" as opposed to "channeling" offers little comfort to this counselor nor does the admission by Alschuler that he has no explanation for the origin of these voices ("There’s no way to determine where these voices come from."). As Alschuler himself admits in the article—Adolph Hitler and David Berkowitz, the serial killer, both listened to inner voices. If I am to adopt Alschuler’s charge of helping clients “maintain a healthy relationship with their inner voices”, he should realize that provides too little in way of how I am to determine the difference between "bad" voices and "good" voices.

Alschuler’s views may be entertaining but what is the residue that remains afterwards? While I believe Alschuler is sincere in his endeavors, I also believe such presentations open the door for those outside of the counseling profession to see counselors as unsophisticated professionals who are willing to accept sets of beliefs that lack the usual avenues of scholarly support. Also, while most counselors are very competent practitioners, some are not—what message is sent when the profession condones such views via keynote addresses (Are we giving subtle permission to incompetent counselors to increase their incompetency—to practice methods that are not supported by any adequate body of research?). Placing Alschuler’s views in the spotlight of a keynote address, at our national convention, is, at best, questionable.

In part, the profession could (continued on page 9)
1990 CSI/ERIC CAPS Research Award Winners
Abstracts

First Place
Joseph A. Lippincott


The purpose of this study was to examine the effect of culture and sex upon the perceptions of somatization and propensity for seeking counseling services in Asian and American undergraduates. Perceived somatization and propensity for seeking counseling services was assessed by the Brief Symptom Inventory. A significant effect was found for nationality upon perceived somatization and propensity for seeking counseling services. Asian international students had significantly higher somatization scores than did American students. There was no significant sex effect, nor was there a significant interaction between nationality and sex upon perceived somatization and propensity for seeking counseling services.

Second Place
Kathryn A. McCabe & Joshua M. Gold

The Potential of the PSI and SCL-90R Subscales to Predict Post-Intake Return at a University Counseling Center.

The study sought to identify differential psychological symptom status and demographic variability between male/female returners and non-returners to a university counseling center. The data was collected during intake interviews over a nine month period (n=261). The information analyzed consisted of the nine distinct subscale scores of the Symptomatic Checklist (SCL-90R), the five distinct subscale scores of the Psychological Screening Inventory (PSI), and demographic data. The subscale scores were analyzed by means of the discriminant function analysis and the demographic data by means of the chi-square analysis. The results displayed unique levels of psychological symptoms between male/female returners and non-returners. Chi-square analysis illustrated demographic differences between male/female returners and non-returners. Findings have implications for the usage of standardized instruments for intake procedures and for follow-up to identify potential nonreturners.

Third Place
Cynthia D. Smith

The Relationship Between Selected Personality Attributes and Allergic Symptomology.

This study explored the relationship between personality attributes, symptomology, stress and selected demographic variables in those being treated by a physician for allergic concerns. The subjects attended a medical office in a metropolitan area of Northeastern Ohio. The research followed a two-phase sequence in which the second part of the study was dependent upon the findings of the first part. The problem investigated was to determine if there were distinct personality profiles for allergy subjects (Phase 1) and to see if associations could be made between the profiles and allergic symptomology (Phase 2).

Most allergy research has focused on asthmatic subjects; thus, the first purpose of this study was to determine personality attributes of those experiencing a wider range of allergic symptoms. Past studies have associated the severity of physical problems with psychological concerns. Therefore, the second purpose was to determine the relationship between personality attributes and degree of symptomology. Stress

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CSI Business Meeting - March 17, 1990
Summary Report

Executive Director's Report - Tom Sweeney

1. CSI membership renewals are up from 38% in 1988 to 60% in 1990. A study made by Dixie Tigner at CSI International headquarters in conjunction with Don Bubenzer (Membership Chair), revealed that three renewal notices sent to membership proved to be highly effective.

2. CSI has made a monetary commitment of $3,000 to the AACD library. A check of $500 from CSI will be sent each July (effective July, 1989) until the $3,000 commitment is met. A printer for the library has been purchased with the first monies we sent. CSI is the first and only group to make a donation to the AACD Library.

3. A list of CSI activities and accomplishments during the first five years has been compiled. This listing is available from CSI Headquarters.

4. Over 8,000 copies of the brochure, "Counseling Services: Consumer Rights and Responsibilities" have been distributed to date.

5. QUEST INTERNATIONAL travel memberships are being made available to CSI members at a reduced rate. QUEST brochures are being included in Newsletter.

6. CSI T-shirts, sweatshirts and logo watches are now available to chapters from CSI Headquarters. Information about handling and prices are available.

CSI President's Report - Sam Gladding

1. In an effort to increase representation of CSI, Sam Gladding contacted over 40 institutions in the U.S. as potential hosts of CSI chapters; he also contacted several institutions overseas and in Canada about CSI. Sam stated that although these efforts are being made to enhance the growth of CSI, our goal is not to be the biggest organization, but to provide quality services to our chapters and members.

2. Sam reported that the merger of Rho Chi Sigma with Chi Sigma Iota went very smoothly. The issue of undergraduate membership may be resolved through a corporate status affiliation if there is enough interest to warrant that.

Past-President's Report - Joe Kandor

Joe stated that as Past-President he served as chair of the CSI Nominations and Elections Committee. He also reviewed the CSI Leadership Manual and the By-Laws. As chair of the CSI Leadership in Counselor Education Fellowships Awards Committee, he introduced the recipients of the Fellowships and Internships. The recipients for 1990 are: Interns - Robb Adams (Nu, SUNY at Brockport) and Connie Fox (Alpha Eta, University of New Orleans); Fellows: Tracy Ginter (Rho Theta, George Washington University), Vicentita M. Cervera (Iota Phi, University of Philippines), Patricia J. Diehl (Nu, SUNY at Brockport), Linda Grubba (Kappa, Lynchburg College) and Paul C. Myers (Zeta, University of Alabama-Birmingham).

Secretary's Report - Lois Wedl

Lois received eight written responses to the question asked via the CSI Newsletter - "should the vote for international officers be an individual member vote or a chapter vote?" Seven of the eight preferred an individual member vote. Lois stated that the rationale for having the selection of officers be done by chapter vote was to emphasize the importance of the chapter's role in keeping the Society alive and viable. She suggested that if the vote continues to be chapter vote, it would seem important the Chapters keep the at-large members informed so that they can have some input into the selection of officers.

Lois also reminded members to notify CSI Headquarters if they have a change of address. With so many student members, address changes are inevitable.
help achieve a more balanced approach through selecting some of its keynote speakers in a more careful manner. The profession needs to realize that careful selection does not preclude a roster of entertaining and informative speakers. If counselors are interested in understanding "inner voices" it would have been more appropriate to have a speaker such as Julian Jaynes (author of "The Origin of Consciousness in the Breakdown of the Bicameral Mind"). The theory posed by Jaynes was revolutionary, well thought out and the result of a lifetime of professional work by someone who recognized the ardors of science and the limits of being locked into science's myopic perspective.

Members of AACC deserve better. It is time to take ourselves seriously and to present ourselves seriously. Present ourselves in a manner worthy of the standards of a mental health profession.

Earl J. Ginter
(Responses to the above are welcomed)

UNO CONFERENCE
(continued from page 5)
Alpha Eta Chapter of Chi Sigma Iota was one of the co-sponsors of this conference and was responsible for registration and on-site arrangements. In addition to the presentations, the conference produced a monograph which contains articles by many of the presenters. For further information, or copies of the monograph ($7.00), address correspondence to Peter Emerson, Educational Leadership and Foundations, University of New Orleans, Lakefront, New Orleans, LA 70148, (504) 286-6661.

CSI MEMBERS HONORED AT AACC CONVENTION

Congratulations to several members of Chi Sigma Iota who received awards during the AACC Convention for their outstanding leadership and service. The following received special recognition and honors either at the AACC Awards Banquet or at a Divisional Luncheon:

Fannie Cooley - the AACC Kathleen and Gilbert Wrenn Humanitarian and Caring Person Award

George N. Wright - the AACC Arthur A. Hitchcock Distinguished Professional Service Award

Jane E. Myers - the ARCA Distinguished Professional Award

Thomas J. Sweeney - the IAMFC Award, in recognition of his leadership as co-founder of the International Association of Marriage and Family Counselors - the most recent division of AACC

Don Dinkmeyer, Sr. - Special Award from the Association for Couples in Marriage Enrichment

(If there are other CSI members who received awards/recognition at the Convention, please let the Editor know so that you can be recognized in the next Newsletter)

Other acclamations:
Best wishes to Jane Myers as she begins her term as President of AACC

Congratulations to Hirsch Lazaar Silverman of West Orange, N.J. who was recently unanimously selected to the status of Distinguished Practitioner in the National Academies of Practice.
Vision(aries)
(continued from page 3)

student who volunteers to conduct a study to derive feedback from program graduates to elevate quality of training in the program, and many others like them who go beyond what currently exists all can rightfully be called "visionaries." Returning then the original question, the answer is evident.

To paraphrase the comic strip character Pogo, "We have met the visionaries, and they is us." That is, the new "visionaries" of the counseling profession are to be found, in large part, among the membership of Chi Sigma Iota. This is not meant to be a flippant or (collectively) egotistical comment. Membership in CSI is in part based upon recognition of each member's commitment to professionalism, demonstrated ability to work to accomplish appropriate goals, and strong potential for leadership in moving the counseling profession forward in positive ways. Quite obviously these also are essential characteristics of counseling profession "visionaries." I encourage each of you to be sensitive and responsive to your "visions" of the counseling profession, regardless of the scope of your visions. Develop your ideas as best you are able, share them with colleagues who can assist you, and have faith and courage in your convictions as you work to make your visions come true. Remember that it is not just thoughts but rather thoughts and actions that are needed to earn the title "visionary" and all the positive connotations associated with it. Our counseling profession will be better for your efforts.

Larry C. Loesch
CSI President

When No News is Not Good News
(continued from page 2)

When No News is Not Good News is an excellent forum for such sharing. CSI as an international entity not only wants but also expects to know what is going on in the local areas where chapters are located. Please share with us the "happenings" of your chapter and/or individual members. You need not be the world's most effective writer to submit something. Write as best you can and the editorial staff will create an effective presentation. Pictures (preferably black and white) also are highly desirable. The best way for CSI to get better is for all to make contributions to its improvement. Sharing the "happenings" of your chapter and/or individual members allows others to benefit from your experiences. And if you're into altruism, sharing in this way also would make the editor's life a lot easier.

Larry C. Loesch,
CSI President

CSI Award Winners Honored at the AACD Convention in Cincinnati

CHAPTER AWARDS:

Outstanding Newsletter
Beta Chapter Newsletter
The University of Florida

Outstanding Individual Program
Co-recipients:
Alpha Eta Chapter
University of New Orleans
Alpha Upsilon Chapter
University of Akron

Outstanding Chapter
Beta Chapter
The University of Florida

INDIVIDUAL AWARDS:

Outstanding Entry Level Student
Pamela Paris
Beta Chapter, University of Florida

Outstanding Doctoral Level Student
Paula Helen Stanley
Upsilon Nu Chi, University of North Carolina, Greensboro, NC

Outstanding Service to the Chapter
Larry Burlew
Alpha Eta, University of New Orleans

CSI/ERIC CAPS RESEARCH AWARDS

First Place: Joseph A. Lippincott
Alpha Tau - Lehigh University
Title: A Comparison of Asian and American Undergraduates: Culture Somatization and Propensity for Seeking Counseling Services

Second Place: Kathryn A. Maccabe & Joshua M. Gold
Kappa Sigma Upsilon - Kent State University
Title: The Potential of The PSI and SCL-90-R Sum scales to Predict Post-Intake Client Return at a University Counseling Service

Third Place: Cynthia D. Smith
Alpha Upsilon - The University of Akron
Title: The Relationship Between Selected Personality Attributes and Allergic Symptomatology

May, 1990

Counseling Academic and Professional Honor Society International
This Is "Good Day" And Not Good-Bye"
(continued from page 1)

our counseling friends and colleagues at Chronicle Guidance.

In the midst of that day and the year that has been, additional work and input has been provided by a number of committed counselors—all of whom I would like to thank for making this an exciting time in the life of the society. In addition to the persons mentioned above, there is Chi Sigma Iota's Executive Director, Tom Sweeney, who has been the energy of three people and the wisdom of four, along with a great sense of timing and purpose. Then there is Dixie Tigner, who as our Executive Secretary, keeps out records straight in a pleasant and professional manner. Furthermore, past-president Joe Kandor is an example of efficiency and commitment in action. He has worked extremely hard to build Chi Sigma Iota into a unified and functioning system. New president, Larry Loesch, also deserves praise for the way he set up this year's convention and for his wit that sparks insight and laughter. Then there is a CSI's selfless and devoted treasurer, Nick Vacc, who not only keeps up with our money but serves as a host for the Executive Council each summer in Greensboro. Don Bubenzer, Mark Young and Ken West have also devoted considerable hours to the society as chairs of committees on membership, by-laws, and awards. They have often gone unnoticed but their work has been invaluable. Finally, in saying "good-bye" as president, let me thank Joe Scalise, CSI Newsletter editor, for producing a sophisticated and stimulating publication whose quality I think you will agree is unmatched in the counseling profession.

I look forward to the days that are ahead for Chi Sigma Iota and the counseling profession. The continued development of our field is exciting and the society and the profession are two aspects of my life to which I never plan to say "good-bye." Hopefully, in that spirit we will all grow in an atmosphere of purposeful and perennial "hellos."

Sam Gladding
CSI Past-President

ANNOUNCEMENTS

NEW CSI DISTINGUISHED SCHOLAR NAMED

CSI International Headquarters recently announced that Clemmont E. Vontress, Professor of Counseling at George Washington University in Washington, D.C. has been selected as a CSI Distinguished Scholar.

IOTA PHI ELECTS 1990-91 OFFICERS AND MEMBERS OF THE BOARD

Iota Phi, Philippines Chapter of Chi Sigma Iota International, elected its officers and members of the board for 1990-1991 during its meeting held on January 26, 1990 at the Conference Room, Vinzons Hall, U.P. Diliman, Quezon City, Philippines. All the charter officers, Dr. Lill Rosqueta-Rosales, President; Dr. Beulah D. Nuval, Vice-President; Dr. Lilia A. Torres, Secretary; Dr. Elsa A. Ortina, Treasurer; and Dr. Vicentita M. Cervera, Public Relations Officers, were re-elected for another two years. The newly elected members of the Board of Directors are Dr. Trinidad O. Abenojar, Dr. Elena Cutiongco, Dr. Elena Morada, Dr. Leticia A. Rebillon, Dr. Conchita V. Umali and Dr. Elnora Valmonte. Iota Phi has a total membership of 21.

IOTA PHI - THIRD SCIENTIFIC MEETING

Iota Phi held its Third Scientific Meeting, October 26-27, 1989 at the Hiyas ng Bulakan Convention Center, Malolos, Bulacan, Philippines. The presenters and their topics were Dr. Rosenda de Gracia, "The Self-Concept and the Values of Working and Non-Working Filipino Students", Dr. Evangeline de Jesus, "The Development and Validation of a Values Scale for Filipino Children", and Dr. Leticia A. Rebillon, "A Counselor's Response to the Challenges of the 21st Century: An Experience".

CSI TRIVIA - MARCH 1990

144 New members & 233 Renewals...3rd highest number of new members since we began 5 years ago (surpassed only by 152 in February, 1989 and 224 in March, 1988)...3rd highest number of renewals in CSI history...surpassed only during June, 1989 (267) and January, 1990 (293).
Hong Kong - Australia - Singapore International Conference

Following the great success of the Hong Kong International Counseling Conference in December, 1989, the three sponsoring universities have made plans to sponsor a series of international conferences. The theme for the entire series will be, "Counseling In The 21st Century." The conference in Sydney, Australia will be II in the series and will be held December 28-30, 1990. Number III in the series will be held in Singapore, also December 28-30, 1991.

The sponsoring universities, San Francisco State University, The Chinese University of Hong Kong, and Naruto University of Teacher Education (Japan) expect to add additional sponsoring universities in each host country. The University of Western Sydney may be the host university in Australia. A number of professional organizations have agreed to be affiliate sponsors for the Conference. The list of affiliates sponsors includes: Australian Guidance and Counseling Association; Aacd; Association for Counselor Education and Supervision; American Rehabilitation Counseling Association; American School Counselor Association; Chi Sigma Iota; IAMFC and the California Association for Counseling and Development.

If you wish to have more conference information, and/or would like to present a paper, be on a panel, or chair a presentation, write to Bill Evraiff, Department of Counseling, School of Education, San Francisco State University, San Francisco, CA 94132 (FAX - 415 338-7019). Conference registration will be made in advance, also through Bill Evraiff.

The travel and hotel arrangement are being handled by Universal Travel, 8888 Clairmont Mesa Blvd., Suite A, San Diego, CA 92123. You may call 1 619 569-5060 and ask for Cathy. The conference will be held in the Ramada Renaissance, a beautiful hotel in Sydney located near the opera and other outstanding attractions. The airfare (California - Sydney) and hotel (6 days, 5 nights) costs will be $1695.00. Reservations need to be made as soon as possible to guarantee participants that rate.

There will be an optional extension trip of 11 days in Australia and New Zealand. The optional trip after the Hong Kong Conference filled very rapidly. You may wish to phone Cathy at Universal Travel to check on availability of space.

Congratulations to CSI Interns and Fellows

A VERY PERSONAL VIEW: Scholars Across the Generations
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an incredible opportunity the CSI Scholars Across the Generations had provided me. Conference attendees were scrambling for the chance to hear these professionals speak and I had been given the opportunity to meet them and to see them in a very human light. As a "professional in training" I consider this opportunity a true gift. It is easy for neophyte counselors to be overwhelmed by the scholarliness of a text book, a presentation, or a research article. It is encouraging to meet the author, and to speak honestly about the journey they are following in their professional pursuits.

Next year, while you are mapping out your days at the convention, trying to load your schedule with the best Aacd has to offer, consider attending Chi Sigma Iota's Scholars Across the Generations program. It may be the best kept secret at the convention!

Connie Fox, CSI Intern

Thelma Jones-Vriend, CSI Distinguished Scholar sharing her joys about being retired at the Scholars Across the Generations program
The Upsilon Nu Chi Chapter of UNCG is pleased to announce the success of its First Annual Auction. The event was well supported by students, faculty and guests. Special dignitaries in attendance included: Dr. Don DeRosa, Vice Chancellor of the University, Dr. Ed Uprichard, Dean of the College of Education and Bill Morris, newspaper columnist from the Greensboro News and Record. The event received local television and newspaper coverage. Over 140 individuals enjoyed a fine evening of live music (provided by faculty and student talent), delicious Cajun cuisine and a wide assortment of beverages including a sterling silver champagne fountain. A festive ambience was created with a lovely assortment of New Orleans style decorations and party favors hand crafted by CSI member Robin Connolly.

The purpose of the event was to establish a scholarship in recognition of the outstanding contributions of Dr. Marian Franklin. Dr. Franklin will retire in July after 31 years of distinguished service to the Department of Counselor Education at UNCG. The scholarship, which will be awarded to outstanding counseling students, will be funded by proceeds from the auction and personal donations.

Under the able leadership of Denny Cecil, the planning and organization of the event started in late December. Committees were established and weekly meetings were held to monitor progress. Students solicited items from faculty and local businesses for a period of six weeks. Sample items included beach-front condo rentals, white water trips, fine furniture, flying lessons and gourmet meals. Our top student solicitor was Robin Goodman who accounted for over $3000.00 worth of donations. The total value of all solicited items was in excess of $8000.00!

The enthusiasm and efforts of the committee members were remarkable and, as outgrowth, considerable professional camaraderie developed among students. In all, the membership of Upsilon Nu Chi is pleased to report that after expenses, approximately $5100.00 was raised toward the establishment of the Marian Franklin Scholarship.

Special thanks are in order to our professional auctioneer, Calvin White. The audience enjoyed his humorous, witty and efficient style of auctioneering. Finally, special recognition and thanks are in order to the members of the Chapter for their outstanding dedication and commitment to insure the success of the event. Next year's auction promises to be bigger and better!

John M. Poidevant

Thank you

to our counseling friends and colleagues at Chronicle Guidance for sponsoring the reception on CSI Day, March 17, 1990

CSI President Sam Gladding with representatives of Chronicle Guidance
CHI SIGMA IOTA
CALENDAR OF EVENTS
1990-1991

May 1, 1990
Beginning of 1990-91 fiscal year
Annual plan forms sent to chapters
Chapter Election schedule *(Elections are to be held prior to submission of annual plans)*

August 10-12, 1990
Executive Council Meeting, Greensboro, NC

Sept 15, 1990
International Elections Ballot mailed for 1991-92 officers

September 30, 1990
Annual plans due to Headquarters

October 1, 1990
Fellowship/Internship announcements and applications sent to Chapters

October, 1990
Rebates sent to Chapters
Membership lists sent to Chapters
Updated Assistant to the Executive Director list sent to Chapters

December 15, 1990
Fellowship/Internship Applications due
International Elections Ballots due for 1991-92 officers
Nominations for CSI Awards due to Awards Committee Chair

January 1, 1991
Fellowship/Internship Committee begins review of applications

January 20, 1991
Fellows and Interns identified

February 1, 1991
Fellows and Interns notified

February 8, 1991
Requests sent to Chapters for representation at Annual Business Meeting

March 6, 1991
Name(s) of representatives at Annual Business Meeting due to Headquarters

April 21-24, 1991
AACD Convention, Reno, Nevada

April 22, 1991
CSI DAY AT AACD CONVENTION
Scholars Across The Generations;
Leadership Development Workshop;
Annual Business Meeting; Awards Ceremony;
Reception and Initiation

April-May, 1991
Chapters contacted to submit nominees for International officers, 1992-93

April 30, 1991
End of 1990-91 fiscal year
Abstracts
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Stress has been shown to affect the severity and onset of illness in asthma subjects. Thus the third purpose of this study was to examine the effects of life stressors in the lives of those with a wider range of allergic complaints.

Past studies have indicated a relationship between allergy problems and psychological or physical symptoms. It has also been demonstrated that psychological problems can be expressed in allergic symptomology. Mental health professionals frequently encounter people who have allergic symptomology. It is important that they recognize the interaction between allergic symptomology and personality attributes. Therefore the fourth purpose of this study was educational in nature, as it may be beneficial to develop a more multidimensional view in assessment and treatment planning.

The instrument used in this study was the 16 PF. Profile analysis and multiple linear regression were used to analyze the data. Discriminant analysis and a general linear models procedure were used to verify significant profile factor differences.

The results of this study indicate that distinct profile patterns exist for male and female allergy subjects, yet these profile patterns were not significant in the prediction of symptomology. However post hoc analyses determined several associations between individual scale scores of the 16 PF and allergic symptomology indicating direction for future investigation.