A Potpourri of CSI Happenings

In my role as your president I have been struck by the diversity of "happenings" pertinent to CSI and its members. Therefore, please allow me to comment upon some matters of interest, both the good and the not so good, to CSI members.

One of the most exciting and potentially most significant events in which CSI has ever been involved is about to take place. At the CSI Executive Council meeting last August, plans were initiated for a meeting of representatives of "major counseling organizations" to discuss ways to better promote counselors and the counseling profession. That meeting, under the professional but not financial sponsorship of CSI, is now scheduled for mid-December in Greensboro, North Carolina. Dr. Ted Remley (AACD Executive Director), Dr. Jane Myers (AACD President), Dr. Tom Clawson (NBCC Executive Director), Dr. Fred Adair (NBCC Chairperson), Dr. Tom Sweeney (CSI Executive Director), and I (as CSI President) are scheduled to attend as the primary organizational representatives. Dr. Nicholas Vacc (CSI Treasurer), Dr. Sam Gladding (CSI Past-President), and Dr. Joe Wittmer (NBCC Board member) are also scheduled to participate in the meeting. The purposes of the meeting are to determine (a) what the respective organizations are doing currently to promote counselors and counseling, (b) how the respective organizations can facilitate the efforts of the others in regard to current activities, and, most importantly, (c) how the three organizations can work together in the future to provide collaborative and coordinated efforts to promote counselors and the counseling profession. This meeting will plant the seeds for the first inter-organizational coordinated effort to enhance the professional identities of counselors and the counseling profession. Bringing the seeds to fruition will of course necessitate substantial effort by counseling professionals, but the results should be well worth the effort expended. The results of the meeting will be reported in a subsequent issue of the newsletter.

At the time of this writing, Dr. Nicholas Vacc (CSI Treasurer) and I have just returned from attendance and presentation at the European Branch AACD conference in Sonthofen, Germany. Ably assisted by Dr. Jane Myers, who presented the conference keynote address, we "talked up" CSI to our colleagues in Europe. We experienced considerable interest in CSI from the EB-AACD members. However, we also found substantial obstacles to be overcome if a CSI chapter is to be established there. Therefore, we accomplished some individual "recruiting" (for membership in Iota Chapter), and began discussions about how to overcome the obstacles to chapter formation. One substantial obstacle (i.e., the difficulty for EB-AACD members to obtain NCC status) was in part alleviated by administration of the NBCC’s National Counselor Examination at the conference. Plans also were made for subsequent administrations of the examination at future EB-AACD conferences. Thus, more EB-AACD members will soon be eligible for (one of) the CSI membership requisite professional credential(s), and therefore CSI membership by EB-AACD members should be facilitated in the future.

Closer to home, I continue to be impressed by the diversity and quality of activities among CSI chapters. The vast majority of the approximately 100 CSI chapters appear to be extremely active in providing services to members. The CSI chapter activities of which I am aware can be divided into three major categories: (a) professional development, (b) fund-raising, and (c) social. Professional development activities primarily include presentations and/or workshops for members under chapter sponsorship, usually with the provision of continuing education credits for various professional credentials. Fund-raising activities are apparently on the increase as chapters find new and creative ways to support their activities. Chapter "auctions" of services and/or goods seem to be gaining in popularity, and are fun to implement, well-received by those who attend them, and financially successful. If your chapter plans to hold an "auction," don’t forget that CSI memorabilia are available from CSI headquarters. Social activities, particularly in combination with chapter initiations, also are apparently on the increase. For many chapters, an annual social/initiation event is becoming the annual local event. Having a good time and being professional are compatible and desirable!

(continued on page 4)
Iota Phi Holds
First Congress in Counseling

The Iota Phi will hold a three-day congress on November 27-29, 1990 with the theme "Counseling in the Twenty-First Century". The emphasis of the congress shall be on "Cross-national Counseling", a topic relevant to Filipino counselors as the Philippines is made up of 7,000 islands and is subdivided into 13 regions, with 85 major languages. Workshop topics are "Counseling in Government Agencies", "Counseling in Private Agencies", and "Counseling in Community Agencies". Among the papers to be read are indigenous researches on counseling minority groups in the Philippines and the development and validation of a Filipino Counselor Effectiveness Scale. Keynote speaker is Dr. Janice Gibson of the University of Pittsburgh.

Iota Phi President Receives National Award

Dr. Lily Rosqueta-Rosales, President of IOTA PHI and a life member of Chi Sigma Iota, was awarded 1990 Outstanding Teacher (College Level) in the Philippines by the METROBANK Foundation, Inc. METROBANK launches its annual Search for Outstanding Teachers to enhance the dignity of the teaching profession by giving recognition to Filipino teachers who have served the youth with exemplary competence and dedication.

Dr. Rosales is Full Professor at the University of the Philippines in Diliman, Quezon City, Philippines. Behind her is 34 years of teaching English, Counseling, Psychology and Education. She was Senior Guidance Counselor at the then Counseling and Testing Center, University of the Philippines, for seven years; Chairperson of the Department of Counselor Education, U.P. College of Education for two terms; and, a recipient of the Philippine Guidance and Personnel Association President Emeritus Award and an International Alumna Award from her alma mater, the University of Northern Colorado.

News Update on Iota Phi Members

Dr. Conchita V. Umali, member of the Board of Directors of Iota Phi, gave a professorial lecture last October 3, 1990 at the Assumption College, Makati, Metro Manila, Philippines. Her lecture topic was "Organizational System Work Values of Four Sectors in Assumption College, College Department, San Lorenzo, School Year 1989-90".

Dr. Umali is a professor of the Behavioral Science Department of Assumption College and a professorial lecturer in the Graduate School of Education of the La Salle University, Manila, Philippines.

Dr. Lilia A. Torres, Secretary of the Iota Phi, was elected President of the Philippine Guidance and Personnel Association (PGPA). Elected with her are the following Iota Phi members: Dr. Conchita V. Umali, Vice-President; Dr. Soledad M. Sanchez, Treasurer; Dr. Trinidad O. Abenojar and Dr. Vincentita M. Cervera, Board Members.

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An Orwellian Rewriting of Counseling’s Training History:
The Need for Counselors to Believe In What They are Saying to Other Professionals

Earl J. Ginter

(Editors Note: Following is a reprint of an article from the last issue of the Newsletter. Some information was inadvertently excluded which changed the meaning of the article.)

Misunderstandings between the profession of counseling and other professions have a long history. Too often counselors have been viewed as "second class" professionals, a view that typically rests upon a vague understanding (or no understanding) of the counseling profession. But changes are occurring that indicate both consumers and some professionals are beginning to recognize that counselors have a vital and unique role to play. Many of these changes are largely associated with the licensure movement, of course it is important to recognize that with licensure the profession does seem to be experiencing a new set of interprofessional conflicts. In some cases licensure has resulted in other professionals viewing counselors as encroachers, an attitude which in turn has produced resistance. The spirit of this resistance was succinctly summarized by a fellow counselor who recently commented to me about how some professionals view the counselor licensure movement—this counselor summarized events by using the following words, "Keep the bastards out. It's a turf war. It comes down to economics." Licensure's contribution to interprofessional conflict is not surprising, in fact, probably many of the conflictual issues that have involved counselors and other professionals have pivoted upon economic matters rather than matters of competency (although competencies are usually questioned by those professions arguing against counselors being licensed—it is simply inappropriate, and too close to the truth, to argue that counselors should not be "allowed in" because "it reduces their share of the monetary pie").

Interprofessional conflict due to counseling's licensure movement is normal and reflects the natural progression of any profession that has stepped into the arena of licensure, an arena occupied by other well established professions. It certainly can be logically argued that the benefits of counseling's struggle to argue for parity via licensure outweigh any of the drawbacks incurred. One indirect benefit of interpersonal conflict is that it has propelled counseling towards settling certain issues the profession has wrestled with since its inception. One such issue is the age old problem of establishing a firm role. We no longer have the luxury of "endlessly arguing what a counselor is"—with the emergence of licensure we are increasingly assuming a position of parity with other professionals and thus it has become necessary to "educate" the public and other professionals as to what specifically defines counselors' competencies.

Counseling has done an admirable job of confronting other professions, arguing its case and dealing effectively with external sources of threat. Interestingly, while counselors have effectively argued they should be able to provide "real" therapy many counselors seem to paradoxically believe otherwise. It is as if counselors were overtly arguing that counseling deserves a place along the side of other professions but secretly doubts its own claims, i.e., believing it is of second class status. This faulty belief of being second class takes various forms. It occasionally appears in the form of subjugating a counseling program to a counseling psychology program when both programs exist in the same department (a subjugation sometimes allowed by or pursued by counselor educators who have forgotten their own roots). At other times this hidden belief in counseling's inferiority manifests itself in a more insidious fashion. An example of this latter type of occurrence can be found in the very pages of an AACD publication where it seems the very history of counseling was rewritten. Journal of Counseling and Development recently published an issue, 1990, 68(3), tracing the history of counselor training programs, an issue which focused on several "counseling psychology" programs. This begs for two questions to be raised—is there not a unique difference between "counseling" and "counseling psychology"? Are not "counseling" programs the foundation upon which counseling's history rests? It is my opinion that in this case the Journal of Counseling and Development's selected focus could be interpreted to suggest that certain types of programs of study are of secondary status. A colleague of mine once commented it was time for counseling to "stop acting as if it was second class"—a comment that at the time seemed nonsensical to me until I realized the colleague was not necessarily referring to actions but rather the irrational doubts many counselors carry around inside themselves about their own professional worth. I agree with this colleague and would suggest the profession needs to internalize some of its own arguments concerning the value of being a counselor.

(type activities kind of get left behind. I would like to spend time with people of different ages across the lifespan. One way I have been able to do this in the past is through activities with my church and certainly being gone on weekends has seriously affected my church going activities as part of a particular church community. I am looking forward to a time when my spiritual life will be a little more centered and a little bigger focus then it is able to be right now.)

Interview continued from page 5)
Interview with Dr. Jane Myers, Aacd President
Robb Adams

1. Your professional interest in working with aging and disabled adults goes back about fifteen years. What attracted you to this area and what keeps you motivated to continue working with people and issues related to aging?

My professional interest in working with aging and disabled adults does go back 15 years. However, my interest in the human service professions really dates back to childhood. I suppose I was first influenced by my mother, who was a special education teacher, and my father who was a Nazarene minister. My sister had a series of eye operations when she was young, another one had open heart surgery when she was sixteen and I have a brother who is profoundly mentally retarded and was institutionalized much of his life. I suppose that the circumstances of my siblings lives brought me in contact with a lot of people in the helping professions, who probably served as models. It seems I always knew I wanted to be in the helping profession. As an undergraduate, I began majoring in mathematics, changed to psychology and had planned on a doctoral degree in psychology. During counseling at the University of California at Berkeley Counseling Center the psychologist advised me that I was perfectly capable of pursuing a graduate degree in psychology, that I had the grades and test scores which were predictive of success in the graduate school of psychology, but then recommended that I consider another field. His sexism was quite evident and I chose to look toward a more applied field which was rehabilitation counseling. The fact that I had a working relationship with a counselor at the California Division of Vocational Rehabilitation was also an influence in this area. After working as a vocational rehabilitation counselor for four years and being advised that the older clients I chose to work with (that would be persons over the age of 50) had low vocation feasibility or potential and thus were wasting the "resources" of the agency, I found myself increasingly attracted to working with older persons whom I saw as viable, contributing members of society. I also found that I enjoyed working with older persons for their openness, honesty and the richness of their life experiences. I think I am motivated to continue working with people and issues related to aging, in part, because of the intrinsic enjoyment, in part because of the colleagues whom I encounter and enjoy, and most importantly because of the older persons with whom I work and who will ultimately benefit from the work that I do. I do find myself enraged with some of the injustices which persons in our society experience simply due to being older. I know that is a strong motivation to keep me in this field.

2. Your recent book, "Adult Children and Aging Parents," appears to be a culmination of many years of counseling, research, and publication. What do you hope this book will provide for people in the helping professions: Could you highlight some aspects of your book that you are personally excited about?

Your observation is right on target. The book Adult Children and Aging Parents is

(Continued on page 5)
the culmination of many years of counseling, research, publication and personal experience with my own aging parents. It also is the result of many workshops and talks with people around the country about their particular needs and the needs of their parents. My hope is that the book will do two things. First it will provide guidelines for adult children to recognize some of the issues involved in dealing with their own aging parents and suggest ways for them to cope with those issues. Secondly, the major purpose of the book is that it should provide guidelines for helping professionals to become aware of the problems experienced by both adult children and their aging parents and provide strategies for effective interventions. The focus of the book is on identification of problem areas, explanation of the dynamics and factors involved in those problem areas and what it is that helping professionals can do about each situation. I firmly believe that regardless of circumstances, family history, or dysfunctional behavioral patterns, at any point in life adult children and aging parents can begin to work on building better, stronger and more healthy relationships.

If I can highlight an aspect of the book that personally excites me, it would be the fact that the potential exists to build better relationships regardless of the age of children and their parents and I have tried to point people in some of the directions that might be useful.

3. Your professional involvements are extensive. Your leadership has contributed knowledge, support and direction to the field of counseling through a wide array of organizations and activities. How has this involvement benefited you? And why would you recommend active professional involvement for our Chi Sigma Iota members?

Yes I would agree with you, my professional involvements are extensive. I think the laboratory of life has probably provided me with many unique and personally meaningful learning experiences. It was really through Chi Sigma Iota that I met the "great" people in our profession. Persons such as Gilbert Wrenn, Don Super, etc. were only persons I had read about. Through Chi Sigma Iota I was able to meet these individuals and learn that they were human just like me and be able to observe them as role models and reflect on what it is that had made them such great individuals. As an example I mention an interaction I had with Dr. Arthur Hitchcock, one of the early leaders of our profession who is now deceased. As you may know an AACD Distinguished Professional Service Award is named after Dr. Hitchcock. I was at an AACD convention and went to dinner with a group of people in a lovely restaurant in St. Louis. There were about ten of us at the table and I was sitting next to Dr. Hitchcock. I did not know him but we shared a common interest in aging and of course began talking. I marveled at the end of the evening how it was that every time I asked him a question he somehow very smoothly turned the topic of conversation back to me so I found that after two hours I had spent most of the time talking about myself and knew little or nothing about him or his ideas. I often marveled at how it was that this very caring individual expressed such a genuine interest in my thoughts and feelings. And he did it completely without my awareness of what he was doing until hours later when I was able to reflect back on the evening. He modeled through his behavior what we profess and believe in counseling as a genuine concern and caring for others. Gilbert Wrenn models his humanitarian and caring concern and encouragement of others, through his behavior. These are but two examples of persons who have served as role models not only for who I would like to be as a professional, but who I would like to be as a person.

I would recommend active professional involvement for Chi Sigma Iota members for a number of reasons. One of which is to place yourself in the company of individuals who share a common concern of dedication to excellence in the counseling profession. Such a dedication and commitment requires a personal commitment as well. It is exciting to be involved with a group of people who share your goals and values and can serve as encouragers to you to become the best person that you are able to be while you provide the same type of stimulus and encouragement to them.

4. Finally, I'm interested in hearing about Jane Myers when she is not working. Even in your busy life, there must be times when you take time for yourself. You indicate interests in flying and outdoor activities. What do you wish you had more time for, other than working on your next book?

I am an introvert and I value my quiet time. The time I take for myself begins first thing in the morning when I typically get up at five thirty, get myself a cup of coffee, and sit and have some quiet time reading to get myself centered for the day. Then I do some professional reading for work, and go out for a jog before I get stared on the work of the day. I've been jogging daily for about 20 years and this is not an activity that I want to give up. I also really enjoy working in my yard and I find that I don't have enough time to do that these days. Unfortunately, my yard still demands that it be worked in. I also would like more time to go out and wash my airplane and lay on the ground underneath it and get the grease off its belly — I need to know if there is anything wrong or if there is any excess grease. I also would like to have a little time just to go out flying on a nice day and look at the world from the very unique perspective you get when being in an airplane. And I have two little Yorkshire terriers, who are very important in my life, one of whom likes to entertain me by chasing a tennis ball. Unfortunately I don't have enough time for him to entertain me and he certainly is a little depressed about that. I also think I would pump up the air in my bicycle tires and go for a ride sometimes. I would probably keep my house a little cleaner and I guess I would spend more time cooking. And last but certainly not least, if I had more time, I would spend it with people, as individuals. I spend a lot of time with people as part of my professional associations, but the one to one friendship (Continued on page 3)
Both Kenneth B. Hoyt and Thelma Jones Vriend have committed their professional lives to Career Education and Career Development. Each has noted the importance of career counseling and its place within the counseling profession. Dr. Hoyt and Dr. Vriend stress the role of counselors as advocates for those who are easily overlooked within a society or educational system.

Kenneth B. Hoyt is a University Distinguished Professor at Kansas State University in Manhattan, Kansas. He received a Ph.D in Educational Psychology from the University of Minnesota; M.A in Counseling and Guidance, George Washington University and B.S. in Education from the University of Maryland.

Hoyt has worked in public schools as a teacher, counselor and Director of Guidance. He held positions at both the University of Iowa and University of Maryland in the Department of Education. In addition to his work in educational institutions, Hoyt has been employed by the U.S. Department of Education as Director of the Office of Career Education and Member of the Senior Executive Service.

Hoyt has maintained his professional focus on Career Education and Development throughout his career. His professional service activities and numerous publications reflect this keen interest. He served on and chaired several committees whose goal was to clarify the importance of and promote Career Education and Development.

He has served as Chair of the National Guidance Conference, the American Vocational Association; Ad Hoc Committee on Residential Vocational Schools, U.S. Office of Education; and the Commission on Guidance and Vocational Education, National Vocational Guidance Association.

Hoyt is a member of the Board of Directors for the National Association for Industry/Education Cooperation and the National Advisory Committee of the NOICC National Guidelines for Standards: Career Development, Guidance, and Counseling. He is also a member of the National Advisory Board of the Career Education Personnel Preparation Project, University of Missouri; Ex Officio Member, Board of Directors for the American Association for Career Education; and Director of the National Career Education Leaders’ Communication Network, Kansas State University.

Hoyt also was President of the American Personnel and Guidance Association in 1966 and has served on many professional committees. He has been a member of the Executive Committee and Executive Council for the American Personnel and Guidance Association as well as the Membership, Research, and Awards Committees.

He has published extensively in the area of Career Education and Career Development. He serves on several Editorial Boards (Continued on page 7)

Thelma Jones Vriend is an adjunct faculty member in Educational Guidance and Counseling at Wayne State University, Detroit, Michigan and an educational consultant. She received an Ed.D in Guidance and Personnel Administration from New York University; M.Ed in Family Life Education, Wayne State University and B.S. in Home Economics, Wayne State University.

Her experience includes teaching and counseling in both high schools and colleges. She has spent most of her career in administrative positions in public school and college settings. She was Administrative Assistant and Acting Director of Guidance, Detroit Public schools; Director Counseling and ACTing Dean of Students, Wayne County Community College; the first Dean of Students Services, Wayne County Community College; Vice President for Student Services, Wayne County Community College and Administrative Assistant, Detroit Public Schools.

Vriend has committed herself to the advancement of Career Development and Career Education. She has been on the Editorial Board of National Vocational Guidance Quarterly and on the Board of Trustees of the National Vocational Guidance Association. She is Past President and Executive Board Member of the Michigan Vocational Guidance Association. She was Chairperson of the National Vocational Guidance Association—Association for Measurement and Evaluation in Guidance Committee on National Assessment, Career and Occupational Development. She was also on the Association for Counselor Education and Supervision Commission for Counselor Preparation for Career Development/Career Education and the Committee on Equalization of Opportunity, National Vocational Guidance Association.

Vriend has been active in many organizations in addition to those specifically devoted to Career Development and Career Education. She has served on planning committees for the Michigan Association for Counseling and Development; Program Coordinator, National Planning Committee, American Association for Counseling and Development; Board of Directors, Michigan Association of Community College Student Personnel Administrators; Chair, Board of Directors, Project Transition; on the Editorial Board of the Journal of Counseling and Development; Executive Council, Michigan Personnel and Guidance Association; Program Committee, American Association of Community and Junior Colleges, Council on Black American Affairs, Midwest Conference; and Board of Directors, Children’s Center of Wayne County. (Continued on page 7)
(Hoyt continued from page 6) including the Journal of Career Development, Cutting Edge, and Journal of Private Enterprise. Hoyt has been Editor of Counselor Education and Supervision and member of the Editorial Board for the Personnel and Guidance Journal.

Special honors received by Hoyt include the National Leadership Award from the International Careers Conference, Miami, Florida; Distinguished Service Award, American Association for Career Education; Eminent Career Award, National Vocational Guidance Association; Outstanding Service Award, American Vocational Association, and the 1st Distinguished Service Award, Association for Counselor Education and Supervision.

In a telephone conversation with Dr. Hoyt, I discovered he that maintains a strong interest in Career Education and Development. His major interest lies in how we can use a “career development approach as a major vehicle for educational reform.” He feels that we need to focus on the word “work” before the word, “career.” Pupils in school (and their teachers) need to find work (school work and other activities) meaningful and appealing. By doing so they learn to become more productive members of society.

He believes we need to obtain a consensus on a definition of “work.” He maintains that we need a broader definition to include any activity in which one may invest energy—whether one is paid or not. Volunteering and staying at home with children need to be included within the official realm of “work,” according to Hoyt.

Hoyt perceives career development as beginning in the preschool years and continuing well into retirement. Career, to him, is “the totality of work one does in one’s life time.” There is also a need to monitor and adapt to the changing nature of work in our society. His strong interest in partnerships between educational institutions and the business community is an example of the kind of innovation he believes is important for our society today.

When asked about the accomplishments of which he is most proud, he mentioned his efforts to create and maintain an emphasis “on the importance of career in the role of the counselor and its proper role in counseling.” He has also tried to encourage the “development of a proper relationship between education and work.”

Hoyt indicated a strong commitment to the development of “sound career guidance for kids who don’t go to college.” He believes that counselors spend the majority of their time with college bound students and other youth may not be assisted in making plans for work after high school. He has also spent a lot of time emphasizing the career development needs of minorities and women.

When asked for comments concerning the counseling profession and the directions and focus it seems to be taking, he suggested that credentialing be determined by outcomes rather than by artificial standards such as degrees of faculty, courses taken and scores on a paper-and-pencil test.

He is also concerned that standards may be enforced in such a way that “counselor exclusivity” is created. As a profession, we may be excluding other helping professionals who could work in a team effort with counselors. Hoyt commented that “maybe we (Continued on page 9)
Chapter News
Compiled by Robb Adams

Epsilon Tau Chapter
(Reprinted from the October 90 Chapter Newsletter)

From the Field
Susan Doucet

As I approached graduation and the subsequent transition into the working world, I anticipated many things, but not the professional limbo I would step into for the next two years. My goal was clear. Private practice, but not until I achieved a solid foundation of counseling experiences hand-in-hand with quality supervision. My more immediate goal was licensure in the field as a licensed professional counselor (LPC).

Although I had greatly enjoyed my practicum in the University Counseling Center, I was seeking to expand my counseling experiences. As I poured over the Dallas newspapers, I saw ads for Psychologists, Social Workers, and CADAC's. When I came across the work “Counselor,” it was in reference to lay persons sought as “counselors” in weight loss programs or abortion clinics. As an RN, I had worked in several Dallas area psych hospitals and although they employ numerous mental health professionals, the LPC was rarely among them. As I interviewed, I was told more than once that if I really wanted to be marketable, an MSW was the degree of choice. I was shocked to be passed over for mental health workers with trendy titles and fewer qualifications. I found that city, state or county mental health agencies offered low salary positions with counseling priorities boggard down under bureaucratic requirements. So, what to do? I got creative and carved my own niche.

Through combining part-time counseling positions, I work as a counselor to adults, adolescents, and children who are referred from the Texas Department of Human Services Child Protective Agency. My employers are familiar with ETSU, having alumni or graduate students in their employ. Elsewhere, I find myself explaining, on a one to one basis or through presentations to allied mental health groups, what my degree involves and how it compares with others in the mental health field. After these presentations, counseling awareness and referrals increase.

The public is offered a wide array of professionals: counselor, mental health worker, social worker, CADAC, psychotherapist, marriage and family counselor, play therapist, therapist, etc. The LPC board is initiating a process whereby LPC counselors who work with addictive disorders will be able to attain licensure in a sub-speciality: “Addictive Disorders Counselor.” TADAC is beginning the application procedure for grandfathering existing qualified LPC's. Will the public and employers be aware and benefit from this attempt to once again upgrade the quality of counseling services made available to them?

As the counseling profession continues to emerge and as the nation focuses on the value of improved mental health, it becomes necessary for us to make clear to the public not only that we exist, but how we differ from other mental health professionals in the field. It appears that one of the goals in the counseling field needs to include educating and increasing the awareness of the public, consumers and employers alike, so that counselors and clients can fully utilize and reap the benefits of the growth and increasing quality our profession has to offer.

Fall Initiation/Luncheon

The fall initiation of Epsilon Tau Chapter-Chi Sigma Iota was held on Saturday, October 13. It featured Stan Ferguson, LPC, who discussed “Children, Play and Therapy.” Mr. Ferguson spoke from his experience working with children in a psychiatric, in-patient setting, and from his consultations and training with parents. He focused on new strategies such as filial therapy and structured doll play. New members initiated included: Dona Benz, Barbara Bramman, Linda Duggan, Rusty Fox, Claire Haslan, Karen Henkel, Paul Hudson, Gina Lawson, Delores McMath, Wanda Simpson, Janie Tadlock, and Don Whitehall.

Kappa Chapter

Kappa Chapter at Lynchburg College has already begun a busy year. Our members are assisting with the organization of the 1990 Virginia Counselors Association Convention which will be held in Lynchburg. The theme is, “Celebrating: Self & Others,” and the keynote speaker is Dr. Bernie Seigel. This event has enabled our membership to work closely with counseling professionals from other organizations which has improved our networking system.

In October, Kappa Chapter initiated fifteen new members, bringing the total membership to sixty-five. Dr. Samuel Gladding, Past-President of Chi Sigma Iota, was the guest speaker at this important occasion.

We are looking forward to an active year concluding in May with a two-day workshop on Play Therapy for area counselors. Dr. Byron Norton of Colorado State University will present.

Linda Grubba, President

Nu Chapter

Crisis Intervention Services

Three years ago, four high school students and their driver education teacher were all killed on a country road not far from their school. They were hit head-on by a drunk driver. The psychological impact of that accident was felt by thousands of people who lived in and around Pembrook, New York. But few of us who heard about this incident could imagine what it must have been like to know that your friend, who attended classes with you yesterday, was now dead. Local mental health professionals responded, providing crisis counseling for students and faculty in this rural school district.

While these traumatic incidents are not frequent, they also are not uncommon. Every year we hear about death occurring in someone else's school district. Members of Nu Chapter began to wonder, “What if something happened in our school district?” “Who would respond?”

Thirteen members of Nu Chapter, Chi Sigma Iota have now received training and (Continued on page 9)
Chi Sigma Iota

or organized ourselves into a Counselor Support Team. We are prepared to provide crisis intervention services to local school districts that experience the sudden death of a student or faculty member. Some school districts are better prepared to face tragic situations than others. Our services range from assisting the school administration in the management of crisis intervention to simply providing counseling as part of the school's existing crisis management plan.

We expect to be responding more to smaller, rural districts than to larger town and city districts that have large counseling staffs. We have contacted districts in a nine-county radius and have received favorable support. While we haven't been contacted for service yet, we feel ready should the need arise.

Special thanks go to local members of our chapter who have brought this idea to life: Sue Tay was the originator of the idea and organized our training. Pat Diehl, past president of Nu Chapter and Joe Kandor, Assistant to the Executive Director provided the encouragement and administrative support needed to keep our team going.

Thanks go to other members of the team: Ingrid Wagner, Chris Kester, Robb Adams, Betty Casey, Martha Terilli, Marlene Beghini, Kathy Krebs, Dave Pask, and Mary Santoro.

(Chapter News continued From page 8)

Rho Sigma Upsilon Chapter

Rho Sigma Upsilon Chapter from Winona State University in Rochester, Minnesota has received its charter membership. They pinned two charter members at a brunch meeting and received seventeen new members at a dinner meeting on November 2, 1990. Also, at the dinner meeting they elected officers and developed plans for future programs to include local and national speakers.

Maria J. Maher

Tau Chapter

Career Awareness Day at PS153

Students in the Graduate Program in Guidance and Counseling and members of Tau Chapter, Chi Sigma Iota, coordinated a Career Awareness Day for elementary students at PS153 in New York City last May. The purpose of the program was to increase students' awareness of different careers and emphasize the importance of continuing their education to reach future career goals. Representatives from careers in dentistry, law enforcement, banking, teaching, nursing, military service and others spoke with the children. Tau Chapter members set up wall displays and served as moderators for the discussion sessions.

This fall, Tau Chapter has two exciting programs planned. Dr. F. Sushila Niles from the Territorial University in Australia focused on "Multi-cultural Counseling in the 1990's." Later this fall a visitor from the Bureau of Labor Statistics will speak about the "Career Outlook in The Big Apple." Tau Chapter members and Counseling graduates were invited.

Workshop: "Helping the Victims"

A special workshop on child pornography/child prostitution was sponsored by Tau Chapter and offered last March to high school guidance counselors and to the counseling students of Lehman College. This workshop explored the issues involved in child pornography and child prostitution. Counseling strategies for dealing with involved youth were presented and discussed. It was a powerful workshop that gave participants an opportunity to openly discuss their fears and hopes for working with these children. The workshop was able to represent participants from the Covenant House, The Victim Services Agency, Westchester County District Attorney's Office and the New York City Police Department.

Leleana Nelson

Dr. Hoyt said his opinions and beliefs are his own. He doesn't mind if others disagree and he doesn't think others should think the way he does. He feels strongly about his beliefs and remains committed to the importance of career development in the lives of individuals.

(Vriend continued from page 7)

She suggests that counselors keep working at what they can do and remain optimistic about what they can accomplish. Every little bit helps.

Vriend feels that it is important that counselors "keep in touch with who you are as a person and what you care about and what is important to you and that way you can be more helpful to others." She repeated a statement she heard spoken by Bernie Siegel at a recent conference: "if you are really doing what you want to do, you don't get burned out—you'll get tired but not burned out." She believes we need constant renewal personally and in our career. That continuing renewal process has kept her retirement exciting.
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