Scholars Across the Generation:
Dr. Garry R. Walz

Paula Helen Stanley
CSI Associate Editor

Dr. Garry Walz, Professor in the College of Education and Director of ERIC (Educational Resources Information Center) Clearinghouse on Counseling and Personnel Services, the University of Michigan, may be considered a futurist. He is not considered a futurist just because he happens to be a member of the World Futurist Society, but rather because his life work is to assist others in creating more meaningful futures for themselves. A major goal of counseling, as he sees it, is to help others realize and develop the potentials they have. In developing potentials, one creates a more meaningful future.

Education and Experience

Garry Walz began his career in counseling as a student at the University of Minnesota. He received a B.A. in Psychology/Sociology; M.A. in Psychology/Industrial Relations; and a Ph.D. in Counseling Psychology/Industrial Relations at the University of Minnesota. During the time period between his M.A. and Ph.D. degrees, he served in the Air Force as a human resources specialist and personnel psychologist.

After obtaining his Ph.D. at the University of Minnesota, Walz held faculty positions at North Dakota State University, Illinois State University, and the University of Michigan, where he has been since 1964. In addition to his work as a faculty member, through grant funding Walz created the ERIC Clearinghouse on Counseling and Personnel Services (CAPS), located at the University of Michigan in 1966. He has served as Director of the ERIC/CAPS since its inception in 1966.

One of Walz's contributions to the counseling profession is his active interest and participation in professional activities. Walz has been president of the American Personnel and Guidance Association, president of the Association for Counselor Education and Supervision, Chairperson of the Council of ERIC Directors, Chairperson of the American Association for Counseling and Development Media Committee, and Chairperson of the Counseling and Human Development Foundation.

Walz has been involved internationally as a counselor educator and consultant. He has been an external examiner for the Graduate School of the Chinese University of Hong Kong; Board Member of the Philippine Vocational Guidance Association, and Co-Developer and Co-Facilitator of workshops on staff development and comprehensive program design for faculty of the Chinese University of Hong Kong.

Honors and Awards

Walz’s commitment and contribution to the profession of counseling have been recognized by his peers and have resulted in his receiving many awards and honors. He received the Kathleen and Gilbert Wrenn Humanitarian Award from the American Association for Counseling and Development in 1984. This award has special meaning for Walz because his advisor and "hero" as a doctoral student was Gilbert Wrenn. Walz also received the Publication in Counselor Education and Supervision Award in 1985; the Distinguished Graduate Award from the Department of Counseling and Student Personnel Psychology Program, University of Minnesota in 1985; and the Distinguished Scholar Award from Chi Sigma Iota in 1988. In 1988, he received the Philippine Association Career Guidance and Development Association Golden Heart Award.

Current Interests and Projects
When asked about his current interests, Walz discussed the areas of self-esteem and self-efficacy, counseling futures, writing for publication, and his leadership with ERIC/CAPS. Each of these areas represents a dimension of his life's work, which when connected with each other, form a mosaic that has a clear pattern - an emphasis on the development of human potential.

Self Esteem
One of the areas in which Walz has a great deal of interest is that of self-esteem and self-efficacy. He believes the following:

A person's self-image has a great deal of effect on how he/she behaves... It's not just the beliefs we have about the outside world but the beliefs we have about ourselves... And how the beliefs we have and how we process those determines to a large extent the kind of goals we set, how empowered we are as a person, and the kind of actions we undertake.

Walz thinks that it is important to work with a person's self-image or self-esteem before one enters into any serious planning or decision-making in counseling.

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CSI Recognizes and Contributes to Excellence

Carol L. Bobby
CSI President

Carol Bobby

Chi Sigma Iota is an organization dedicated to both recognizing and contributing to excellence in the counseling profession. Recognizing excellence has been achieved in several ways: through the selection of CSI Distinguished Scholars, the selection of interns and fellows, and through the annual awards ceremony in areas such as outstanding research, chapter newsletters, and outstanding members. Contributing to excellence has also been achieved through activities such as the sponsorship of the national leadership workshop, chapter-sponsored seminars, and thought-provoking newsletter articles. This summer, when the CSI Executive Council held its biannual meeting, many discussions and actions focused on issues of both recognizing and contributing to professional excellence. I believe that several of the items acted on are of great importance and service, and I would like to share these actions with you.

Recognizing Excellence

• The Council voted unanimously to recognize Dr. Edwin Herr as a CSI Distinguished Scholar. Dr. Herr will be one of ACA's opening session speakers at the Atlanta convention in April, 1993. CSI will be co-sponsoring this session.

• The Council voted to establish two new awards which will recognize excellence in providing clinical services or supervision. These awards have been created to recognize our member practitioners. The first annual Practitioner and Practitioner-Supervisor awards will be presented at the ACA convention in Atlanta.

• Dr. Rose Cooper, immediate past-president of CSI, has successfully chaired the nominations committee for the upcoming election of CSI's national officers. The candidates' statements are in this newsletter, and all candidates should be recognized for their commitment to furthering CSI's goals.

• The 1992-93 CSI interns, Gloria Anderson and Quinn Pearson, attended the two-day meeting of the Executive Council in Greensboro. Their participation in the deliberations provided added insight into member needs at the local chapter level, as well as new perspectives on the international organization's issues.

Contributing to Excellence

• The Council voted to collaborate with the Association for Counselor Education and Supervision (ACES) in finacing and producing new videos which demonstrate major counseling theories and techniques. The project is to be a five-year project, and two CSI members, Dr. Tom Sweeney and Dr. Pete Warren, have agreed to serve on a joint steering committee. The CSI Executive Council discussed the need for such tapes and the positive impact that quality videos demonstrating differing theories and techniques could have on students in counselor preparation programs.

• The Council also discussed plans for reviewing and editing the Oral Histories Project tapes. These tapes include personal interviews with CSI Scholars and other prominent leaders in the counseling profession. These tapes will significantly contribute to recognizing our long history of promoting excellence in the profession.

• The Council discussed strategies to foster the implementation of the PACE

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The Executive Director's Update

Thomas J. Sweeney  
CSI Executive Director

Personal Transition

There have been many changes going on for me personally and for the Society as well. I "retired" from Ohio University in the summer of this year after over thirty years as a counselor educator. I am experiencing a transition from full-time employment to part-time teaching, consulting, writing, and speaking.

As I began to anticipate a move to Greensboro, North Carolina, I sought guidance from members of the Executive Council concerning the work which I do for CSI. It was clear they preferred that I continue my work as Executive Director.

CSI in Transition

I also discussed with the Executive Council how we might continue to conduct headquarters at OU since I would be teaching there during the fall quarter and could make occasional visits to conduct CSI business. Our former administrative assistant Dixie Tigner pondered this for a time and concluded that this would not be workable. As a consequence, the Executive Council voted this summer to accept the invitation of Dean Edward Uprichard, School of Education of the University of North Carolina at Greensboro, to relocate there.

As you hopefully know by now, CSI headquarters were moved this past summer to Greensboro, and Linda Wadlington was employed as our administrative assistant. We expect to be employing another person at least part-time in the near future and anticipate that a full-time position will be necessary within the coming year.

All of this bodes well for the Society. During the summer Executive Council meeting, I was asked to assume a somewhat more formal role as the Executive Director. After reviewing the past steady - and anticipated greater - growth of the Society membership and chapters, it was concluded that the Society is in a transition as well. We are well beyond 7,500 members having been initiated into the Society, and while we currently have 115 chapters, we have more inquiries about new chapters being responded to regularly.

New Projects

We were invited to collaborate with the Association for Counselor Education and Supervision (ACES) in the development of a new series of videotapes representing the mainstream approaches to counseling. Using first year start-up funds donated last year by Dr. Donald Hood of Texas, the Executive Council agreed to a five year commitment to the project. Income generated from the project will be used to produce future demonstration tapes. Dr. Pete Warren (Lynchburg College) and I are representatives from CSI working with Dr. Sam Gladding (Wake Forest University) who is directing this project for ACES.

In the coming months, CSI will also be producing a series of videotapes under my direction using interviews of our own Distinguished Scholars which were compiled through the Oral Histories Project. These two projects alone will require a substantial time commitment, but more importantly, they will have long lasting benefits to both experienced and neophyte counselors in training throughout this country and abroad.

Commitment to CSI

My greatest interest for the Society is to assist in continued service to its chapters and members. With new staff, growing correspondence, and continuing inquiries about the Society, I am daily impressed with the extent and variety of questions, needs and requests received from members. CSI is well beyond 7,500 members having been initiated into the Society, and while we currently have more than 100 chapters, we have more inquiries about new chapters being responded to regularly.

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Crises and Disasters
Hurricanes, floods, earthquakes, tornadoes, accidents, and violence—these and other disasters have been in the news and on our minds this year. Television has shown us scenes filled with destruction and confusion. The damage to property has been extensive; the disruption of lives has been extraordinary. Historically, disaster response has focused on tangible needs. The American Red Cross (ARC), in particular, has been instrumental in coordinating efforts to provide for the shelter, food, and safety needs of those affected. More recently, programs have been developed and implemented which address mental health needs as well. In the aftermath of disaster, counselors are working with other mental health professionals and the ARC to increase the response to human suffering.

Crisis Response Model

The ACA Public Awareness and Support Committee is coordinating ACA efforts in the area of crisis response. Their work involves the development of a Crisis and Disaster Counseling Plan for the Association. Doris Rhea Coy, Chairperson of the Public Awareness and Support Committee, described several programs which are currently in the planning stages. A major focus is the development of a workshop which will present a crisis response model and prepare state leaders to train others in its use. The one-day workshop is slated for next summer's ACA Leadership Development meeting. Tentative plans call for state branch presidents-elect to participate; those leaders, in turn, would then be able to duplicate the model by offering training to counselors within their states.

Coy described the crisis response model as one in which counselors would work both with Civil Defense and the ARC to support emergency response efforts and to provide services in areas not typically addressed by those organizations. Counselors might be involved in dealing with post-traumatic stress reactions, fear and anxiety responses in children and adults, and community needs of various kinds. Training in crisis management intervention will include ways to mobilize and coordinate community resources. Coy noted that the model will be a generic one which, while emphasizing counseling, can be used by other organizations to develop methods to address disaster-related needs.

Disaster Response Kit

Another aspect of the ACA response is the development of a disaster response kit which will be available through ACA headquarters. The kit will be assembled on request and will contain information specific to the type of disaster which has occurred. This will enable states to improve their response to the situation. Coy noted that disasters fall into two main categories: natural disasters and those connected to human activity. Because the reactions of victims differ with the type of crisis, it is important to equip those responding with the most specific and up-to-date information available.

Collaboration with ARC

Collaboration with the ARC is another important part of ACA's work with disaster response. Robert Dingman began working with the Red Cross eleven years ago and is currently serving as the ACA liaison with that organization. ACA has developed an agreement with the ARC to expand the potential for counselors to assist with disaster response. The ARC Disaster Mental Health Services program also includes representation from the American Psychological Association (APA) and the National Association of Social Workers (NASW). A number of counselors have received training through this program, and this year eight ACA members have been trained as instructors to prepare other counselors for this work. Dingman, who has worked with ARC in eight disasters already this year, notes that counselors working with Disaster Mental Health Services have as a major concern the mental health of other disaster workers. Approximately half of the counselors' time is spent with others who are serving in areas such as search and rescue, firefighting, law enforcement, and housing. These people are under extreme stress from long days, hard work, and the intensity of working with victims under challenging conditions. In cases of natural disaster, the destruction creates additional stress for the workers. Dingman noted that in the aftermath of Hurricane Andrew, the nearest motels available for worker housing were an hour away from the disaster site. Commuting two hours each day contributed to worker stress and fatigue.

Volunteers in the ARC Disaster Mental Health Services program are typically on-site for two to three weeks. Because of the financial expenditure, ARC makes for each volunteer (expenses of approximately $100 per day, excluding transportation to the site), shorter stays are generally not feasible.

Interventions

Disaster mental health response, according to Dingman, includes four processes: defusing, debriefing, crisis reduction, and crisis intervention. The first two of these are group interventions and are used primarily to assist the workers. The others are individual approaches which address the needs of victims. The focus of mental health work in this setting is not therapy; rather, the goal is to help individuals return to a pre-crisis condition. Counseling must address victim reactions both to the disaster itself and to the slow process of restoring, rebuilding, and recovery.

Training for Volunteers

The ARC is beginning to implement Disaster Mental Health Teams in chapters across the country. To volunteer for training, counselors must be credentialed in their home states or hold national certification. Counselors who are interested in receiving training for this work should contact the American Red Cross or their local ARC chapters for more information. Additional information on counselor involvement in the program is available from Bob Dingman, 2020 N. Englewood Rd., Huntington, WV 25701.

Special Issue

Interest in disaster response is strong across the counseling profession. The Journal of Mental Health Counseling, under the editorship of Earl Ginter, is
An Afternoon With The Wrenns

Connie Fox
Alpha Eta

[Gilbert Wrenn was identified as the first of the Chi Sigma Iota Scholars, individuals selected due to significant contributions to the counseling profession. He is Professor Emeritus at Arizona State University, Tempe, AZ. He received his M.A. and Ph.D. from Stanford University and was associated with the University of Minnesota for many years. He has taught internationally, written extensively, and supervised an imposing parade of emerging professionals. His vita explodes with accomplishments and distinctions, and ACA has established the "Gilbert and Kathleen Wrenn Award for a Caring and Humanitarian Person."]

Due to serendipitous circumstances of timing and locality, I planned to accompany my husband on a business outing this past spring. When I learned that our itinerary would take us near Tempe, I contacted the Wrenns, and they graciously agreed to visit with us.

We arrived at Friendship Village in Tempe, Arizona, during a glorious afternoon of sun and clear breezes. Our first impressions of this special couple began to materialize as we approached their apartment. Their interest in art, the Indian culture of Arizona, and their inherent qualities of reaching out and drawing others to them were evident from the gallery of pictures which graced the walls around the threshold to their apartment.

Gilbert, vibrant in his 90th year, opened the door and invited us into their home, one which brims with color, light and loving memories of their 65 years together. A collection of books, treasured art work, cherished photos, and Kathleen's oft used piano enticed us into the comfort of their living room. The patio doors and drapes were open, maximizing the sunlight and revealing a splot garden of vibrant Southwest flora. We were delighted, but not surprised, by a melodic serenade from an unseen chorus of birds. All living things seemed to respond to this loving couple!

[Oral Histories]

Through my work on the Chi Sigma Iota Oral Histories Project, I had the honor of arranging and assisting during the taping of an interview with Dr. Wrenn at the ACA convention in Reno, Nevada, in March of 1991. Gilbert's wife, "best friend," and lifetime companion, Kathleen, accompanied him there and was convinced to join him on tape. The love, mutual respect, and admiration in their relationship was something I hoped to attempt to capture and share with others.

Our official reason for visiting the Wrenns this particular afternoon was to capture some of Kathleen's music on audio tape in order to provide a musical background on the video tape of her husband. After we coaxed eight selections from her, our lively conversation scurried across a diverse landscape of counseling history.

Seminars

The Wrenns have a deep commitment to the people in their lives. Many of the prominent scholars in the counseling profession received part of their development in the "Wrenn tradition." Gilbert and Kathleen spoke of the seminars they originated during their time in Minnesota. Fearing that graduate students' experience of their professors was limited to a view of powerful academic figures, they began inviting these students into their home. The seminars took on a comfortable, informal flavor which allowed the students to "see" the professor in roles as husband, father, friend, man.

The students planned and ran the Monday evening seminars. One year, Dr. Wrenn tried to interact in the seminars as a fellow student, a peer. He explained, "They rebuked me one night. 'You can't be a student with us because you are not! You are our senior in years and experience; you're our Ph.D. advisor. Be yourself!' So we covered all kinds of topics which they chose. I learned a lot."

Kathleen recalls those days with warmth, informing us that this period came towards the end of World War II as many of "her boys" were returning from active duty to resume their academic training. Obviously, the energy that Kathleen and Gilbert created together profoundly affected and influenced that fortunate circle of students who faithfully collected in the Wrenns' home to share their thoughts, feelings, and dreams about the world and their role in it. All became family.

Gilbert says: "They swarmed around Kathleen in the kitchen during 'half time' when simple refreshments were served. They told her about their troubles, families, heartaches, hopes. They were hesitant to talk to me about such non-academic matters - but knew that she would tell me!"

Teaching

Dr. Wrenn has enjoyed a long and prolific career in the counseling profession, allowing many to enjoy him and his teachings. Over 30 years ago, Dr. Wrenn began sharing his personal thoughts on his subjective reality, his spirituality, and the mysteries of the cosmos. His impressions of the universe and its creator have evolved, and he has continually shared these thoughts with the profession. He offers these in a humble and intimate style, encouraging the reader to take what is helpful, while allowing her/him to frame his/her own reality. (For a condensed perspective on Dr. Wrenn's views, see "Some Prevailing Thought Clusters," an article which appeared in a journal column entitled "On the Shoulders of Giants" in the Winter, 1992 issue of The Educational Forum, Vol. 56, No. 2. Dr. Wrenn shared that he was embarrassed to even write under such a title. He added with modesty, "Seriously, there are thousands of "Giants" my equal or superior to me.")

Caring and Affection

The Wrenn legacy is one of deep caring. Gilbert's profound and distinguished band of advisees recalls their affiliation with the Wrenns as a powerful lever in their personal and professional development. The Wrenns not only advocate but also demonstrate the need for personal communication, simple listening, and being available to one another in difficult times. Gilbert explains that he is a "touching person" and communicates by laying his hand on another's shoulder, arm or hand. When that is not possible, he insists that we can "touch" oth-

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Scholars (Continued from page 1)

ing. Working on the self-image is important because a person's image of him or herself influences the appropriateness of the goals chosen in the present and future.

Walz noted that Bandura has made the statement that life has handed most of us a pretty bad deck of cards. In Walz's view, we have to "constantly show our resilience and ability to overcome. It takes a real sense of self-esteem and high self-efficacy to overcome all the trials and tribulations and stresses that life can play out to us." Walz believes that counselors can have an impact in helping others gain not only a positive sense of self but also the ability to regulate one's self-image - to monitor and build it.

Counseling Futures

Another one of Walz's current interests is counseling futures. In a book, Counseling Futures (1991) written by Walz, George Gazda, and Bruce Shertzer, the future of counseling is considered. Walz believes that the future is not something we react to or are going to but is something we can help create. We can create a preferred future, one which enables us to achieve what makes our lives meaningful, gives dignity to our lives, and one which also contributes to the greater good. Walz comments:

Is it important to think not only in the present and the past (which is what counselors tend to do a lot of) but to deal in a balanced way with the past, present and future...Particularly ask people to think about creating a preferred future, not just a probable future in a sort of a statistical sense, but the preferred future that becomes a goal that they work toward.

While a student in industrial psychology, Walz served as an Air Force examiner during war time. As he talked with potential inductees, he noticed that many had no sense of where to go - they were floundering. Being drafted was appealing to them because the decision had been made for them and not by them. It was in part the result of his experiences with these servicemen that Walz decided to help people harness their potential to bring purpose and meaning to their lives. He then changed his major to counseling psychology.

Writing For Publication

One of Walz's major interests is that of writing for publication. His publication list is extensive. Walz considers writing one of the most rewarding and difficult things that counselors do. Many of his publications concern the delivery of information to professionals, and most recently, self-esteem issues.

ERIC-CAPS

In addition to his interests in self-esteem, counseling futures, and writing for publication, a fourth area of interest for Walz is the idea that what we believe determines how we act, and what we believe depends on our ability to access and process information. This last idea led Walz to develop ERIC/CAPS. During the NDEA years, he believes the counselor education programs focused too much on acquiring information and too little on inquiry. Information can be retrieved mechanically, but what is important are the questions asked. He became interested in how do we as professionals renew ourselves through our ability to identify and retrieve new information - to renew and expand our knowledge and our capacities.

Walz recently finished Chairing the Counseling and Human Development Foundation, a major ACA affiliate, which exists for the expansion of counseling through providing funding for research. He values his work with ERIC because it helps people who have ideas to find the means to disseminate their ideas through ERIC Digest and ERIC documents. He sees ERIC/CAPS as being somewhat "outlandish and avant-garde." For example, at one time there was very little written on self-esteem. ERIC/CAPS supported the writing of materials on self-esteem. "Counseling futures" was a new concept until ERIC/CAPS created a book to explore the future of counseling. Walz sees ERIC/CAPS as providing a form of continuing education. It does not focus on that which has already been written - but on new ideas to encourage inquiry in the counseling profession.

For example, CounselorQuest (n.d.), a book containing 166 digests about counseling, was developed for professionals who do not have much time to read but who want to read. CounselorQuest is a synthesis of information that covers many aspects and areas of counseling. Each digest in the book is only two pages in length but contains a great deal of information.

View of the Counseling Profession and Professional Organizations

Walz believes that certification, accreditation and licensing have been helpful:

They have helped to establish a higher quality expectation as to the service delivered by counseling. If I have a concern it is that we don't fractionate too far and lose track of a generic commitment to counseling as a process and body of knowledge.

Walz believes we can go to the extreme in developing specializations and insisting on their uniqueness; we may develop nonfunctional extremes by focusing on "our" specialty within counseling. He explains:

The great attraction I've always found in counseling is the basic rationale and concepts and ideas of counseling are applicable in so many areas. As a young graduate, one of the exciting things about it is that you can take counseling and use it in so many personal and occupational areas because those concepts are powerful and have a universal application. I don't like people to suggest that the needs of others are so narrow that you can have shingles that make us very narrow specialists.

When asked about counseling organizations, Walz expressed his belief that professional associations should be "learned societies" rather than negotiation groups or fraternal or professional organizations that just deal with governance. To focus predominately inward is to lose track of the mission to generate and transmit knowledge and provide services to clients. Although governance is important, to make it the major concern does not place the focus where it needs to be - outward toward the clients we serve. He thinks that our conferences and conventions need to be focused on information transmission and skill building.

Thoughts for Individuals Beginning Their Counseling Careers

Walz considers one of the greatest challenges we have as professionals is the ongoing development of our professional competence. He believes that our own professional competence, and in many ways, our own personal sense of worth and satisfaction result from the de-
Reactivating a Chapter:  
The Rebirth of Community

Anne Murphy  
Rho Alpha Beta

When I was presented with the opportunity to write about the events which resulted in the reactivation of our chapter of Chi Sigma Iota, I was hard pressed to perceive that we had, in fact, used any formula at all. I have experienced it as both an envisioning and intuitive process and one that required a great deal of hard work. However, bringing to bear my developing scientific and analytical skills, I was able to discern a method in the madness. I offer it here in the hopes that it may benefit any of you who are striving to engender a sense of community within your departments or professional organizations. Be prepared; it is frustrating, the rewards are slow in coming, and recognition is not part of the process. The goal must be an internal one, and it needs to be attached to the ideal of a sense of community. This achieves its form in its own time and place. Patience is required.

Beginning the Process

Although a chapter had previously existed in our department, the activity level had been minimal. We began our work of rebirth in the fall of 1990. Our initiating energy was provided by Dr. Mary Jackson who had joined the department faculty in 1990. Having experienced the benefits of membership in a CSI chapter as a graduate student, Mary was anxious to bring that community atmosphere to Fayetteville. At that time, I had been in the counseling program for one year and had been very disappointed that we had no departmentally sponsored activities. Being an extreme extrovert and a veteran of creating organizations, this situation offered an opportunity which could not be resisted. In terms of the recipe then, two initial elements are necessary—a committed and knowledgeable faculty sponsor and at least one student member who is almost obsessively committed to revitalizing the chapter. It is also imperative that at least one of these two hold the vision of what is intended and the other be adept at modifying that vision to the limitations of the environment.

Committed Members

Once this initiating energy is confirmed, it needs to draw to it a few good members. Almost 100% of the work contributed to our chapter activities was done by a core of no more than four or five people, all of whom were willing to do more than their share. Over the last two to three years, those individuals have changed, and new members have committed. It is essential that there always be a core of about four to six members, if the chapter wishes to be productive and visible. The number is necessary to get the work done and for creating the vortex of sustaining energy which is necessary if the group is to survive over time.

Balance

It is important to have a balance of both educationally oriented and social activities. We have experimented with both colloquia and brown bag lunch discussion groups. Our design is to offer opportunities to both faculty and students to present at these times. We have also invited members of our local professional community to share their work. We produce a newsletter twice a semester. Due to disparate schedules, we have found it imperative that there be a routine way of communicating with the membership. Our social activities have been the most successful. We host a “Meet and Greet” each fall to welcome new students and faculty. We have a fall and spring bar-b-que and a Christmas party. Chapter leaders should not underestimate the draw of the social activities, even amongst introverted counseling types.

We have been alive and well again for two and one half years; we hope that our chapter has attained its sustaining energy. Our department has a mobile student body, and so it is very important that the faculty of the department commit to the support and continuance of the chapter. This very important item is one with which we continue to work.
In 1992 Chi Sigma Iota will elect the president-elect and the treasurer-elect. Please read the academic vitae, employment history and goal statement made by each candidate. Voting for CSI officers is done by each chapter, so please inform your chapter officers of your selections before December 31, 1992.

Someone said that democracy is not a spectator sport. Please cast your vote. Show your support and interest in the affairs of CSI.

Judith G. Miranti  
Professor and Director of Graduate Studies  
Counselor Educator  
Our Lady of Holy Cross College  
New Orleans, Louisiana

Academic and Professional Experience  
Judy Miranti is a counselor educator and Director of Graduate Studies at Our Lady of Holy Cross College. She completed her doctoral studies in counseling at the University of Nevada-Reno. Judy has been involved in a leadership capacity at the national level as a member of the Governing Council, as a National Division President, and as a member on several national committees. Her recent appointment has been to the Professionalization Directorate. She has served as president of her state counseling association. She presently serves as Assistant to the Executive Director for her local CSI Chapter Alpha Zeta, which was chartered in 1987. Judy is the recipient of the Gilbert and Kathleen Wrenn Humanitarian and Caring Person award and received the award for Distinguished Professional Service from her home state of Louisiana.

Goal Statement  
CSI has enjoyed several wonderful and productive years in its brief history with many more exciting years yet to come. With the enthusiasm and commitment of its members, the Society can only continue to influence the profession of counseling.

While it is always a professionally fulfilling experience to interact with our peers on the national level, I feel the Society will thrive as we support and encourage local chapters to be creative and to provide for members quality professional development opportunities. There are scholars on the local level who can be tapped and recognized. Chapters can encourage members to become more active in their state associations and provide the mentoring and socializing necessary for emerging leaders.

I see our task and challenge as national leaders to find innovative ways to help our local chapter assistants to provide a variety of opportunities for its members. Leadership training and mentoring for graduate students will

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Lois C. Wedl  
Assistant Professor  
Education Department  
College of St. Benedict  
Saint Joseph, Minnesota

Academic and Professional Experience  
Lois Wedl is an assistant professor at the College of Saint Benedict in St. Joseph, Minnesota. She also has previous experience as a community counselor and as a secondary teacher and administrator. Lois received her doctorate in counselor education at Ohio University. Not only has she been a founding member of Chi Sigma Iota but also she has had the responsibility of serving as the first president of the Alpha chapter. She has continued her active involvement in the Society's leadership by serving on the Executive Committee as International Secretary for three years and as Awards Chair for the past four years.

Goal Statement  
I see my goals as President of CSI falling into two areas: (a) within CSI and (b) beyond CSI. First within. One of CSI's goals has been to be more than an "honorary" honor society; we wanted to be an organization which enabled members to support one another and the goals of the counseling profession in an active way. With your involvement, I would like to find meaningful ways to network with all chapters and at-large members in a new and dynamic way. As President, I also would like to find ways to get your wisdom and input for the direction we must take as we move into our second decade of existence.

For "the beyond" goal, I would like to invite you to consider with me the challenge of building a less violent world — a world where all people have value and respect and are no longer degraded, desecrated, and destroyed. This challenge is not mine originally, but one held out today by Dr. Anita Hill and Dr. Alfredo de los Santos, Jr., Vice Chancellor of Maricopa Community College in Phoenix, Arizona. Their speeches were key addresses to educators and students in a teleconference networking over eighty institutes of higher education in the state of Minnesota. They addressed issues of racism, violence, and bigotry on
ON TIME

CSI continues to be fortunate to present for your consideration highly acclaimed and qualified candidates who are willing to commit their time and effort to CSI. The candidates for president-elect are Judith Miranti and Lois Wedl. The candidates for treasurer-elect are Robb Adams and Pete Warren.

I deeply appreciate their involvement and their professionalism.

Robb E. Adams
Career Development Counselor
National Technical Institute for the Deaf
Rochester Institute of Technology
Rochester, New York

Academic and Professional Experience
Robb Adams is a counselor with deaf college students in Rochester, NY. He has worked there for nine years and has focused much of his attention on the areas of sexual assault, sex role development, and the returning older student. He is a nationally certified counselor and plans to begin work on his Ph.D. in 1993. Robb has two master's degrees, one in the education of the deaf from Eastern Michigan University and one in counseling from the State University of New York at Brockport. He has been active in the Nu Chapter of Chi Sigma Iota and has served as the chair of the program committee, co-editor and editor of the chapter newsletter, and as president. In 1989 he served as intern for CSI. He is currently serving as co-chair of the CSI membership committee. Within his chapter he received the Award for Outstanding Achievement by a Counseling Education Student and Outstanding Contributions to Nu Chapter. The year he served as editor, his chapter received the Outstanding Newsletter Award, and he has also received CSI's Outstanding Service to the Chapter Award.

Goal Statement
My membership in CSI, first as a counselor education student and now as a professional counselor, has provided me with significant personal and professional experiences. Through my involvement with CSI, I have had the opportunity to network with professional counselors from across the country and to develop personal friendships that would have otherwise been unavailable to me. I treasure my involvement with this organization.

The office of treasurer of CSI requires development and monitoring of budgets and close work with the CSI Executive Council and Executive Director. Through my involvement as an intern and co-chair of membership, I developed a working knowledge of CSI, its leadership, and its programs. You, our membership, have been growing steadily. Our financial basis is sound. During my term as treasurer I would seek to maintain this sound financial base while enhancing support for the programs that CSI was established to promote: scholarship, leadership, chapter and member recognition, and networking through our Distinguished Scholars program, convention activities, and fellowship/intern opportunities. Providing leadership and support for members and chapters would be high priorities for me.

D.L. (Pete) Warren
Professor of Education and Human Development Coordinator, Graduate Program in Counseling
Lynchburg College
Lynchburg, Virginia

Academic and Professional Experience
Pete Warren serves as a professor of education and as the Coordinator of Graduate Education in Counselor Education at Lynchburg College, Virginia. Currently, he is also interim dean for the School of Education and Human Development. He completed his doctorate at Oklahoma State University. He has chaired the Virginia Counselors Association's Annual Convention and is a member of the Virginia's Department of Education Task Group for Counselor Certification.

Goal Statement
I am a charter member of Chi Sigma Iota and am affiliated with the Kappa chapter at Lynchburg College. I have served this chapter for the past seven years as the Assistant to the Executive Director. A highlight of my professional career has been seeing the chapter grow and being involved in its activities.

During this time I have participated in the business and leadership training sessions of Chi Sigma Iota at ACA conventions six out of the last seven years. These involvements have enabled me to keep up with the major work of CSI and afforded me the opportunity to participate in the business of our Society.

If elected treasurer of Chi Sigma Iota, I would use my time and talents to serve the Society to the best of my ability. It would be an honor for me to serve as your treasurer.
Professionally Speaking
Eating Disorders: An Overview
Martha C. Rhyme-Winkler

Obesity, chronic dieting, and eating disorders are prevalent in American society among children as well as adults (Bick, 1990; Rhyme Winkler, & Vacci, 1989; Rhyme Winkler & Hubbard, in press). Surveys indicate that even normal school children report dieting behaviors and attempt to lose weight.

The Diagnostic and Statistical Manual of Mental Disorders-III-R (1987) includes anorexia nervosa, bulimia nervosa, eating disorders (not otherwise specified), pica, and rumination. However, the term eating disorders has become an inclusive term loosely defined as including not only anorexia nervosa and bulimia nervosa but also compulsive overeating and some forms of obesity.

For the purposes of this column, only anorexia nervosa and bulimia nervosa will be discussed. Diagnostic criteria, age of onset, sex ratio and prevalence, characteristics, and treatment will be addressed.

Diagnostic Criteria
Anorexia nervosa can be described as self-induced starvation with no known medical cause. In addition to severe food restriction, some anorexic individuals also engage in purging activities. Diagnostic criteria include the following: a) refusal to maintain a minimal normal weight for age and height; b) intense fear of gaining weight; c) distorted body image; and, d) amenorrhea in females.

Bulimia nervosa involves episodic but rapid ingestion of large quantities of food followed by purging behaviors, such as self-induced vomiting, use of diuretics or diet pills, and/or excessive exercise. Additionally, bulimic clients experience a feeling of lack of control over eating behavior and persistent concern over body shape and weight.

The DSM-III-R diagnosis of "Eating Disorder, Not otherwise Specified" includes eating disorders not meeting the criteria for anorexia or bulimia. For example, this diagnosis might most appropriately describe a client exhibiting the features of bulimia nervosa without the required frequency of binge eating (DSM-III-R, 1987).

Age of Onset
Most frequently, anorexia nervosa is diagnosed in early to late adolescence, with bulimia nervosa diagnosed in late adolescence or early adulthood. Although generalities can be made, clinicians must remember that eating disorders have been documented in children as young as seven years of age as well as in older adults.

Sex Ratio and Prevalence
Eating disorders have been recorded in males as well as females for many years. The DSM-III-R (1987) states that estimates of the prevalence of anorexia nervosa range from 1 in 800 to 1 in 100 for females between 12 and 18 years of age. While findings vary, Scott (1986) reported that anorexia nervosa was approximately one-tenth as common in males as in females. Bulimia nervosa has been estimated by the DSM-III-R (1987) to occur in 4.5% of college freshmen females and 0.4% of college freshman males. However, Wilsps (1990) has stated that studies of college age students found 0.5% of males and 5-10% of females engaged in bulimic behaviors.

Behavioral and Emotional Characteristics
In addition to the characteristics specified in the DSM-III-R (1987) criteria, other physical and behavioral characteristics can be observed. The eating disordered client may have cavities and gum disease, bursting blood vessels in the eyes, weakness, extreme sensitivity to cold, brittle nails, dry skin, growth of lanugo, dramatic weight fluctuations, swollen salivary glands, and substance abuse. Eating-disordered clients may exhibit unusual eating habits, social isolation, poor self-esteem, depression, denial of the problem, fear of food, and an abnormal interest in cooking, recipes, or diets.

Treatment
Treatment can be divided into two phases: initial weight restoration and long-term psychotherapy. Often the initial weight restoration is handled through a hospital inpatient program. The decision regarding hospitalization must be made as part of the initial assessment. Hospitalization is needed if the client is in physical danger from potential suicide, inability to consume a necessary quantity of food, or excessive binging and purging behaviors. In addition, clients who have had previous treatment failures or a lengthy history of the illness which includes purging behaviors may best be served in a hospital treatment program (Garner & Garfinkel, 1985).

Therapy with eating-disordered clients involves intense resistance and denial, interaction between physical and psychological elements, deficits in self-concept related to lack of awareness of internal states, and individual beliefs related to food and weight. Previously, psychotherapy for eating disorders focused primarily on psychoanalytic theory. As treatment has evolved, various therapeutic approaches have been used including cognitive, behavioral, and psychoeducational models. Cognitive therapy focuses on the distorted thinking patterns which serve to maintain the eating-disordered behavior. Behavioral therapy focuses on weight gain, elimination of purging behaviors, and the resumption of normal eating patterns. Since eating disorders involve specific behaviors and psychological issues, cognitive and behavioral strategies are often combined. In addition, psychoeducational materials can be used during psychotherapy to address specific aspects of recovery such as nutrition.

Summary
Due to the increasing prevalence of eating disorders, counselors working in colleges, universities, public schools, and clinical settings need some basic knowledge regarding diagnosis and treatment. This article has only briefly mentioned some of the aspects involved in work with eating-disordered clients. Additional information may be obtained from the references cited, as well as the following sources: AMHCA Committee on Eating Disorders, Martha C. Rhyme-Winkler, Ed.D., Co-Chair, Rt. 9, 302 Poteat Drive, Morganton, NC; American Anorexia/Bulimia Association, Department P, 133 Cedar Lane, Teaneck, NJ; Anorexia Nervosa and Related Eating Disorders, Inc., Department P, Box 5102, Eugene, OR; National Anorexic Aid Society, Department P, 5736 Karl Rd, Columbus, OH; National Association for Anorexia Nervosa and Associated Disorders, P.O. Box 271, Highland Park, IL.

References
New Goals for Membership Committee

Robb Adams
Connie Fox
CSI Membership Co-Chairs

In 1991, the membership committee was revamped, and goals were established for the two-year period during which we were to serve as co-chairs. During that first year, we worked on creating a committee structure and prioritizing goals for our term. Much of our efforts were directed towards these organizational activities, in addition to contracting all Counselor Education programs in the country which were not sponsoring CSI Chapters, including information for chapter initiation.

The major goal set for the 1992-93 academic year involves collecting data on chapter vitality. This will involve a cooperative effort by a number of CSI members. Those who have indicated an interest in working on membership will have been contracted by letter asking for participation in this grassroots venture. In addition to activating our committee, we will be corresponding with each chapter to ask for brief responses to several broad questions about the vigor of their chapter. Membership committee members will phone chapters who indicate a need for assistance, and overall patterns and responses will be reported in an upcoming newsletter.

Our main goals are increased communication among chapters so that all may benefit from the successful efforts of others and to establish personal links between chapters to amplify the efforts of our national headquarters.

CSI Establishes Practitioner Awards

Lois Wedl
Awards Committee Chairperson

Two new awards have been established by Chi Sigma Iota for the purpose of acknowledging professional counselor practitioners and practitioners-supervisors. These awards are meant to recognize demonstrated excellence in providing clinical services or supervision. The list of criteria for selecting the award winners follows:

- Current member of Chi Sigma Iota
- At least 50% time spent in direct clinical counseling services and/or in the supervision of such service

Eating Disorders

(Continued from page 10)


Scholars

(Continued from page 6)

gree to which we renew and enhance our knowledge and skills. The real challenge is to reach out and incorporate new ideas and information and to be prepared to change based on new knowledge. One may reach out for new ideas to support what he or she is doing but not use the new information to change. It can be hard to change one's approach to counseling, but it may be necessary; in some cases this change may be "gut-wrenching" for the counselor. Our biggest challenge as counselors is to make paradigm shifts and transitions of beliefs. Waltz states:

The evidence is pretty clear that people get their sights set and develop a kind of professional tunnelvision. What they select or reject depends on how well it fits, for this is the only orientation they have. So we have to jar ourselves and realize what a different world this is and what it is that people need and we've got to change.

In light of his professional involvement and publications, Dr. Walz is a counseling professional who continues to renew and enhance himself as an individual and professional. Walz has influenced the profession by creating publications with his own pen and also by providing the means for those who have innovative ideas to express them. Through the interchange of ideas among professionals, Walz perceives that we create our own futures and future of counseling itself.


Membership Update

Chapters 115
Members 7,362
Life Members 216
Distinguished Scholars 13
CSI Grant

Let it be recorded here that I love Chi Sigma Iota. I love Chi Sigma Iota $3,000 worth. This is the amount CSI has bestowed as a grant to the ACA library. For the past four years, I, as ACA librarian, have received $500 to enhance the ACA library services and I have a commitment from CSI for this same amount for the next two years. Let it be said that I am mercenary, I must also say that I cherish even more the obvious implication that CSI members care about the ACA library, and by extension, care about me.

Use of Monies

Chi Sigma Iota members should know how I have chosen to spend these gifts. The first year's gift was spent on a printer so that the library staff no longer had to leave the library when we wanted to retrieve computer printouts. By the time the next CSI gift arrived, the staff had become aware that when the printer was in use, we could not hear callers on the telephone; so, we spent that $500 on a noise-dampening cover for the printer. The third year's gift was spent on two more terminals so that each member of the staff has her own terminal. The fourth gift has been received from CSI, but I have not yet decided on its use. I am waiting for an inspiration which will result in another joyous acquisition.

Benefits of CSI Gifts

For those of you who have been completely computerized, these selections may not seem so gargantuan, but when I took over the library in 1979, there was no computer for the library. I recorded the cataloging of books and the indexing of ACA periodicals and current information on handwritten index cards. Eventually, Joe McDonough, then ACA Executive Director, saw to it that the library received a terminal and asked that I computerize the library. By 1987, I was provided with the necessary equipment to do multiple subject searches on the computer. Since then, we have been able to produce bibliographies for staff and ACA members, some of which have been published and sold by ACA.

An additional Chi Sigma Iota presence in the library is a bookcase dedicated to the CSI Distinguished Scholars: JoAnn Harris-Bowlsby, George Gazda, John Holland, Kenneth Hoyt, John Krumblitz, Donald Super, Bruce Shertz, Clemment Vontress, Therma Friend, Gary Walz, Gilbert Wrenn, and George Wright. A plaque at the top center says "Chi Sigma Iota Distinguished Scholars," and each scholar has a nameplate and a space for his or her publications and, in some cases, photographs. The bookcase is an item the library staff delights in displaying to visitors as it is a reminder of Chi Sigma Iota's generosity to the ACA library.

President's Message (Continued from page 2)

Project. Project PACE, originally conceived two years ago to further Public Awareness of Counseling Excellence, is designed to win the cooperation of key public opinion makers in promoting counselors and counseling services in our society. The Council recognizes that this project will require support both internal and external to Chi Sigma Iota and is hoping to see the project adopted by major counseling organizations such as the American Counseling Association.

- The Council hopes to have a new booth at the ACA Convention in Atlanta. The booth will have CSI members available to answer questions, provide information, and share ideas with interested individuals. In addition, CSI will provide its annual leadership development workshop at the ACA Convention on Monday, March 15, 1993. Immediately following the work-shop will be the Awards Ceremony. Be sure to look for the CSI activities in the ACA convention book. All activities will be scheduled for that Monday!

Challenges and Commitment

As noted, the CSI Executive Council had a full agenda, and we were all challenged to meet our goals of recognizing and contributing to excellence. It was gratifying to preside over a meeting where all members were committed to these two main goals. When I left the meeting, I realized that while the Executive Council was able to address these overriding goals through activities, it is really the commitment that each individual CSI member has made to foster excellence in counseling that allows the Council to exist. I commend you all!

Trends and Tangents (Continued from page 4)

beginning the planning for a special issue devoted to this topic.

Research

The Counseling and Human Development Foundation (CHDF) is also beginning work related to community disaster response. An initial meeting on this issue will be held in Orlando in December, and the committee will begin planning to make funds available to support research on disaster counseling.

Future Columns

"Trends and Tangents" focuses on emerging issues and developments in the counseling profession. Information or suggestions for future columns can be sent to Laura A. Dean, Student Development Office, Box 113, Manchester College, North Manchester, IN 46962.
Krumboltz- Patterson Debate Revisited

Pete Warren
Kappa

The executive committee members of the Kappa chapter were meeting on May 5, discussing plans for the coming year. A major event each fall is the initiation of new members. We began to name persons whom we would like to invite to keynote the initiation service. Past speakers have been Tom Sweeney, Larry Osborne, Donald Super, Sam Gladding, and Jane Meyers. The name of John Krumboltz rose to the top of the list. As we discussed the possibility of getting him, I remembered that C.H. Patterson was at UNCG and made the statement that it would be great to get the two of them together again and have them discussed their current counseling theory.

Contacts were made with Dr. Krumboltz and Dr. Patterson, and both liked the idea very much. Such a meeting was planned for Monday, October 19.

One hundred and two registered for the program. On Saturday, October 17 word was received that Dr. Patterson was ill and would not be able to participate in the dialogue with Dr. Krumboltz. He recommended that his graduate assistant, Suzanne Freeman fill in for him. By Sunday, Dr. Patterson's situation worsened, and he was hospitalized. By this writing, he is vastly improved and doing well.

The program began with the showing of the film which Dr. Krumboltz and Dr. Patterson made some 25 years ago. Each participant then presented for 15 minutes on their present theoretical positions. After their presentation, a dialogue followed as Krumboltz and Freeman responded to questions raised by moderator Dr. Pete Warren, Coordinator of Counselor Education and Assistant to the Executive Director of Chi Sigma Iota.

Judith G. Miranti
(Continued from page 8)

provide the life blood for our Society. We must become involved in preparing the next generation of leaders, and we are in prime positions to see this effectuated.

Through our publications, programs, and networking opportunities, we can move our Society forward to new heights. It takes visionaries such as our Executive Director, Dr. Tom Sweeney, and gifted leaders, such as those who have served our Society in elected capacities, to think things that have never been thought before, to do things that are bold and daring and to take stands for optimum standards. Together, we can accomplish the impossible and dream dreams that find fulfillment only by our daring efforts and promise of even better things to come for our profession.

We are ambassadors of our profession! Each of us who has been tapped by our peers for membership in this honorary society must carry the torch that lights the way for those who follow. If elected as your president, I pledge to carry on the rich tradition of our Society and work diligently to carry out the ideals and ideas of our members. Excellence in Counseling can only be advanced by knowing who we are, what we do, and by demonstrating consistent ethical behavior expected of those who practice the profession of counseling.

My goals are few; my hopes are many: provide support and assistance to local chapters for leadership training, mentoring programs for graduate students, and other chapter activities; assist state coordinators and counselor educators in efforts to charter new local chapters; increase our involvements internationally; continue the programs begun by CSI and initiate new programs based on member needs.
Lois C. Wedl
(Continued from page 8)

College campuses and beyond. As Anita and Alfredo spoke, I kept thinking of the power and energy to bring about change and healing that is the charisma of true counselors—that is at the very heart of CSI. I kept visualizing the power and energy for good that we in CSI could effect if we united in a conscious effort to overcome violence and prejudice... and I decided that if you would support me, we could take this as one of our goals during my year as President.

In all my work as President, I will continue to strive for excellence in the counseling profession. I want to support the excellent work that has been begun in our leadership, publications, programs, and commitments to projects such as the recorded histories of our scholars and our internship program. Because I know that many of you have much wisdom and experience, I will avail myself of your expertise through consultation, ideas, and service. I will proudly represent Chi Sigma Iota and encourage your involvement wherever possible.

A Word from the Editor
Cathy Woodyard

My first job as editor of a newsletter was when I was in the sixth grade. Along with the position of editor, I was the owner, reporter, publisher, and distributor. Working out of the family garage, I issued commands to my little brother and subservient neighborhood children to scout the neighborhood for valuable news. I compiled their newsbreakings accounts of birthday parties and lost pets into a weekly newsletter which I sold for a nickel a copy. After the third issue, my business was overtaken by a powerful competitor for garage space—Dad.

Now, I find myself afforded with the opportunity to serve as editor of the Chi Sigma Iota Newsletter, a far greater challenge than what I faced years ago. I look upon this opportunity with both apprehension and excitement. It is indeed an honor to follow the work of Nicholas Vacc. He has done an outstanding job in continuing to transform the Newsletter into an increasingly more professional and valuable publication for members and chapters. Sincere thanks are also offered for his continued assistance and guidance in my transition as editor.

Unlike the less-than-professional staff I had in the garage years ago, I am grateful for the assistance of an experienced editorial staff. Paula Stanley (Radford University) and Laura Dean (Manchester College) have agreed to continue as associate editors, and Denny Li (East Texas State University) is a new addition to the staff. My sincere thanks to them for their commitment and assistance.

I suppose I can understand why Dad overthrew my publishing empire; the newsletter was minimal at best, and Dad was tired of raking snow off the car. This time, however, I intend to do a far better job as editor, for it is indeed an honor to be given such an opportunity to be a viable part of an organization as significant as Chi Sigma Iota.

Calendar of Important Dates

December 31, 1992 Fellowship/Internship application due; Nominations for CSI awards due to Awards Committee Chairperson
December 31, 1992 International Elections Ballots due for 1993-94 officers
January 1, 1993 Fellowship/Internship Committee begins review of applicants.
January 20, 1993 Fellows and interns identified; Annual Reports form sent to chapters.
February 1, 1993 Fellows and interns notified; Requests sent to chapters for representation at Annual Business Meeting
March 1, 1993 Name(s) of representatives at Annual Business Meeting due at Headquarters.
March 15, 1993 CSI Day at ACA Convention
April-May, 1993 Chapters contacted to submit nominees for International offices.
April 30, 1993 End of 1992-93 fiscal year
Deadline for submission of annual plans
Lois C. Wedl

(Continued from page 8)

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March 15, 1993  CSI Day at ACA Convention
March 15, 1993  Annual Business Meeting
March 15, 1993  Scholars Across the Generations Leadership Development Workshop
March 15, 1993  Awards Presentation Ceremony
March 15, 1993  Reception and Initiation
April-May, 1993  Chapters contacted to submit nominees for International offices.
April 30, 1993  End of 1992-93 fiscal year
April 30, 1993  Deadline for submission of annual plans
New Chi Sigma Iota Pins

The supplier of Chi Sigma Iota’s recognition pins requested that we change our pin. As a consequence, the Executive Council authorized Headquarters to negotiate a new pin on behalf of the Society. The new pins have the same shape, but they have a raised gold insignia and dark blue background. They are approximately the same size, but they have a strong screw-on back. All incoming members of CSI will be receiving the new pin. Other members wishing to obtain a new pin may place orders with headquarters for a nominal cost of $3.00 each.

Congratulations to
Cathy Woodyard
New Editor of the Newsletter