Attending the Baltimore Convention: Survival Tips for Graduate Students

Dave Capuzzi
Assistant to the Executive Director,
Pi Sigma Upsilon

The annual national convention of the American Association for Counseling and Development presents many exciting opportunities for learning, networking and further developing a professional identity. The interests of all the divisions and regions of AACD are represented through a myriad of content and ancillary sessions. At times, convention attendance presents even the "veteran" attendee with decision-making options that would challenge the best of our nation's corporate executives, university presidents, public policy leaders or research scientists. The convention experience can be described as exhilarating, dynamic and opportunity laden or as exhausting, disappointing and frustrating depending upon the convention attendance skills of the individual member of AACD. The purpose of this article is to provide some encouragement and some survival tips for the graduate student who may be attending the 1992 AACD Convention for the first time.

Planning Ahead

Advance planning is something that is easy to do and can serve to enhance enjoyment of the entire convention experience. One of the first steps in preparing for convention attendance is to find out about the convention city in advance. The Baltimore convention site is a good example. How much do you know about Baltimore? Did you know, for example, that the waterfront area in Baltimore is one of the best in the country presenting the visitor with beautiful harbor vistas, excellent hotel, restaurant and shopping facilities and numerous site seeing opportunities? Part of your convention "plan" might be to arrive early enough at the convention site to allow time to enjoy the city. Why travel if you don't take some time to explore and enjoy a place you may not have had a prior opportunity to visit? Did you know that Baltimore is just a short distance from Washington, D.C.? Have you thought about arranging your schedule so that you can do some sightseeing in our nation's capital pre or post convention? A travel agent could help you plan such a venture and advise you as to whether it is possible to stay based in Baltimore at a convention hotel or to stay a night or two in the Washington, D.C. area to accomplish such goals. Planning ahead also means giving advance thought to travel and hotel reservations and plans. If you are traveling by plane, take note of some of the AACD airline reservation arrangements included in the literature (usually mailed in December) you will receive from AACD if you are a member. Have your travel agent compare those airline rates with ones he or she can obtain; take the best "package" which becomes available. Remember that if you live a great distance from Baltimore and can leave from a major airport, your flight expenses can be less than those of someone who lives closer to the convention site. Don't assume you can't afford to attend because you live too far away. Hotel reservations should also be made early. Think about sharing room expenses with other graduate students. If you don't know who is going from your campus, start asking in classes, meetings of Chi Sigma Iota or student advisory groups. Expenses can be cut dramatically when they are shared; in addition, it can be more fun to attend the convention with others with whom you can have dinner, attend receptions, trade information about convention sessions, etc. It is also a good idea to study the map provided with convention and hotel reservation materials to determine how far the hotel you are considering is from the "mainstream" of convention activities.

Finally, think about your "timing" with respect to planning your convention itinerary. Many a convention goer has felt disappointed and frustrated by planning such a tight travel schedule that opening keynotes are missed because of delayed flight schedules, or interesting content sessions must be skipped because of a departure

(Continued on page 9)
In a recent speech, Dr. Joseph N. Hankin, President of Westchester Community College, told a story that could help me make a point about the important role of counselors in the lives of our clients.

The auctioneer at an auction picked up an old, dusty, scratched-up violin and asked, "What am I bid for this violin?" "One dollar," someone said. "Two dollars," offered another. "Three dollars," a voice in the back of the room called out. At this point an old man stepped forward, picked up the violin, carefully dusted it off, adjusted the violin strings, picked up the bow, and commenced to play the violin. The melody was hauntingly beautiful. The tone of the old violin was clear and rich. The people listened in enraptured wonder. Before the auctioneer could resume the bidding someone shouted, "One thousand dollars," followed in rapid succession by "Two thousand dollars," then "Three thousand dollars." "What made the difference in the value of the violin?" someone asked. "It was the touch of a Master's hand that made the difference" the auctioneer responded.

**A Sense of Worth**

In a similar vein the "touch of a master counselor's hand" can enhance the worth and value of an individual. Many clients come into a counselor's office overwhelmed with feelings of despair, discouragement, disappointment, and disaffiliation. They are burdened by perceived failure and worthlessness. The gentle caring and skillful "touch of a counselor's hand" often can turn those negative feelings around. With time, patience, and expert counseling, clients can gain direction, purpose, and self-esteem.

**The Role of CSI**

It is the promotion of scholarship, professionalism and excellence in counseling that has drawn counseling practitioners to Chi Sigma Iota. The fact that CSI has grown dramatically in a short time, and continues to grow in Chapters and members is no doubt due to the fact that the purposes and goals of CSI are worthy of pursuit and affiliation. Individually and collectively, professional counselors with preparation and practice feel that we do "good work" and "make a difference" in the lives of our clients.

It is during the AACD Convention that Chi Sigma Iota can showcase its achievements and become a conduit and conveyor of its accomplishments. Besides the opportunities for professional networking, learning from valuable workshops, gaining information from a huge array of exhibits, and meeting the CSI and AACD leaders, there are many additional concrete benefits provided by CSI itself.

Saturday, March 28, 1992, during
Update From Headquarters

Thomas J. Sweeney
Executive Director

Thomas J. Sweeney

Greetings from Chi Sigma Iota International Headquarters! We have all been very busy keeping up with the activities of our 106 chapters and over 6,200 members. During the past six months (May-October), CSI has grown by one chapter, 20 life members, 450 regular members, and 1,080 members have renewed their memberships.

Annual Reports/Annual Plans

In the last issue of the Newsletter, CSI President Dr. Rose Cooper, summarized the Executive Council meeting held this past July. Also at the Executive Council, the decision was made to change the due date of chapters' Annual Reports/Annual Plans. This decision was based on the academic calendar of colleges and universities, and the difficulties chapters have had in the past meeting the September 30 deadline. Beginning April, 1992, Annual Reports/Annual Plans will be due postmarked no later than April 30. Rebates will be issued to chapters in May, 1992, for those persons joining or renewing their memberships between October 1, 1991, and April 30, 1992. In subsequent years, the Annual Plans/Annual Reports will be due April 30, and rebates will be issued in May for new members and renewals during the previous 12 months.

Forms for Annual Reports/Annual Plans will be mailed to chapters in February, 1992, and in February (unless a different date is deemed more appropriate) in subsequent years.

Committee Involvement

Many CSI members have expressed an interest in serving on one or more of Chi Sigma Iota’s committees. It has come to our attention, however, that many members do not know the functions of the different committees. If you would like to become involved with one or more of CSI’s committees, please contact Headquarters or the appropriate committee chair listed in the 1991-1992 CSI Leadership Directory (see page 2).

In addition to the CSI committees, members may also wish to become involved with the Newsletter or CSI convention activities. To become involved with one of these activities, contact Headquarters or, for Newsletter involvement, Dr. Nicholas A. Vacc, Newsletter Editor, Counselor Education, University of North Carolina, Greensboro, NC 27412, or for convention activities, Dr. Carol L. Bobby, CACREP Headquarters, 5999 Stevenson Avenue, Alexandria, VA 22304 (convention activities are coordinated by the President-Elect of CSI).

Happenings in CSI

Sigma Upsilon Chi
Madan Kundu

The Sigma Upsilon Chi Chapter of Chi Sigma Iota at Southern University in Baton Rouge organized a professional development workshop on multi-cultural counseling, which recently was held in conjunction with their annual initiation ceremony. Speakers specifically addressed how rehabilitation counseling fits into a multi-cultural perspective, and the importance of appreciation for, and knowledge of, diverse populations.

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TRENDS AND TANGENTS

Laura A. Dean
Associate Editor

Credentialling

Credentialling continues to be one of the most visible trends in counseling today. Counselors across the country and across settings are talking about the need for professional recognition and identity. Tom Clawson, Executive Director of the National Board for Certified Counselors (NBCC), comments, "I think that there has been a coincidence of societal awareness of need for credentials and counseling's drive for professional recognition that is fortunate. The public looks for ways to protect themselves as consumers of services and have learned that certification or licensure is a form of protection. Counselors have seen the need for credentials not just for public protection but to establish an official niche in the marketplace. It's also gratifying that most professional counselors seek certification and licensure as a matter of personal pride in their careers and not for the possible monetary advantage."

"Credentialling for counselors has arrived at a faster pace than it did for psychology or social work, but counseling began the credentialling effort twenty-five and thirteen years later, respectively, than these professions. While most of us are frustrated that all states do not have professional counselor legislation, we must look at the figures: in the field of psychology it took twenty-nine years for legislation to be passed in all states. The licensure efforts within counseling only started in 1975. After sixteen years of effort only 14 states, Puerto Rico, and D.C. lack legislation; however, most of those have pending bills. The efforts of the ranks of professional counselors are commendable and clearly have set the course for counseling in the twenty-first century." Approximately 16,000 counselors hold the National Certified Counselor credential.

Rehabilitation Counseling

Credentialling in rehabilitation counseling is also expanding. On September 21, 1990, the Commission on Rehabilitation Counselor Certification (CRCC) and the Canadian Association of Rehabilitation Personnel (CARP) signed a joint proclamation formally recognizing the creation of the certification process allowing qualified rehabilitation professionals in Canada to receive a CCRC-Certified Canada Rehabilitation Counselor designation. According to Eda Holt, CRCC Executive Director, currently there are approximately 10,000 individuals certified as rehabilitation counselors. CRCC requirements have recently been revised. Effective December 16, 1992, the minimum educational requirements for certification as a CRCC will be a master's degree in any discipline. The graduate transcript must reflect at minimum one graduate course with a primary focus in the theories and techniques of counseling. The requirements for acceptable employment is 60 months, with 12 of the 60 months under the supervision of a CRCC.

Mental Health Counseling

Board members of the National Academy of Certified Clinical Mental Health Counselors (NACCMHC) have observed similar trends, reports Adrienne Harris, Director of Administrative Services for NACCMHC. There are a number of signs of increased emphasis on counselor competency. More states are moving toward licensure, and more counselors are seeking certification through the various credentialling agencies. Graduate programs are increasing credit hour requirements at the master's level. Professional associations, including AACP and its divisions, are offering professional membership options. NACCMHC now has approximately 1500 certified clinical mental health counselors.

Contacts

Counselors interested in certification options can contact these groups at the following addresses:

CRCC
1835 Rohloff Rd.
Rolling Meadows, IL 60008
Telephone (708) 394-2104

NACCMHC
5999 Stevenson Ave.
Alexandria, VA 22304
Telephone (800) 326-2642

NBCC
5999 Stevenson Ave.
Alexandria, VA 22304
Telephone (800) 966-3969

Effective April 30, 1992

NACCMHC
P.O. Box 5406
Greensboro, NC 27435

Terminology

As in any trend, terminology can be confusing. Here are some terms (compliments of Tom Clawson) to help you through the credentialling maze:

License: Permission granted by a government allowing practice of a trade by an individual meeting professional criteria.

Certification: A voluntary credential granted by a government or private agency to denote professional status.

Accreditation: Official agency approval of a university degree program.

Title Law: In the counseling field some legislation may require that a private practice counselor hold a state license or certificate in order to be identified by a professional title such as Registered Professional Counselor (RPC). In Title states non-credentialed counselors can practice privately as long as they do not use the legal title. Why? This is usually a compromise law to be later followed by true licensure.

Convention News

And some tangents . . . . . . . In addition to the CSI Convention activities

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described in this newsletter, the Aacd 1992 Convention in Baltimore will feature a variety of important speakers, events, and activities. Here are the highlights:

Keynote Speakers

Friday, March 27 - Barry Neil Kaufman - Co-Founder and Co-Director of the Option Institute and Fellowship, a nationally and internationally renowned teaching center for individuals, groups, and families.

Saturday, March 28 - Julianne Malveaux - Economist/Writer.

Sunday, March 29 - Jack Levine - Director of the Florida Center for Children and Youth. His presentation will focus primarily on Building Societal Excellence through children and youth.

Monday, March 30 - Fran Solomon - Senior Vice-Empress of Playfair, Inc. She is a pioneer in the use of humor and play in the workplace as revitalizing agents that promote innovation, flexibility, and maximum profits.

Important events:

Special Skills Sessions - 17 sessions will be offered at various times on Saturday, Sunday, and Monday. These will be 2-3 hour in-depth presentations/participative sessions on various topics.

Tours - An assortment of tours will be available, including day tours of D.C. and Baltimore, a tour of NASA, and other exciting places.

Aacd Banquet - Monday evening, March 30 - A festive reception and banquet followed by dancing will take place at the Hyatt Regency Hotel.

Professionalization

... Finally, an update from the Aacd Professionalization meeting held in September - the meeting was attended by Aacd officers and staff, Aacd Committee Chairs, and representatives from all Aacd divisions along with representatives from AASCB (American Association of State Counseling Boards), CACREP, CAS (Council for the Advancement of Standards - for Student/Services Programs), CORE (Commission on Rehabilitation Education), CRCC, IACS (International Association of Counseling Services), NACCMHC, and NBCC. During the meeting, participants met in subgroups to discuss common issues related to accreditation, certification, and the counseling profession.

Leadership Workshop is Well Worth Attending

Cathy Woodyard
CSI Intern

One of the difficulties I face when attending a national convention like Aacd's is deciding which of the numerous programs to attend. When trying to make a choice, I search for program descriptions which seem to offer information, new ideas and techniques, or inspiration. When I attended Chi Sigma Iota's Leadership Workshop in Reno last spring, I was delighted to find that it indeed provided all of these elements and even more.

Leadership Handbook

One source of information was the Leadership Handbook compiled by President-Elect Rose Cooper which was given to all attendants of the workshop. I was pleased to find it such a compilation of interesting and valuable information about our international organization, and I especially enjoyed turning to the map indicating the locations of our 106 chapters. I felt excited and proud while listening to the reports by Executive Director Tom Sweeney and President Larry Loesch as they gave accounts of CSI's various activities and projects.

My understanding of the purposes and goals of CSI was made more complete.

Group Discussion and Sharing

The break-out groups which followed the reports were especially helpful and provided me with several new ideas for my own local chapter. As I listened to other members discuss ways their chapters had raised money, enlisted new members, and completed successful projects, I was excited at the prospect of sharing these ideas with officers in my own chapter. I also experienced a sense of pride as I was able to tell of projects which the Epsilon Tau chapter had completed with success. Eagerly, I found myself trading addresses with other members from various chapters which publish newsletters, and we agreed to exchange newsletters as sources of new ideas and networking. As a student of counseling, I also experienced a sense of pride as I was able to tell of projects which the Epsilon Tau chapter had completed with success. Eagerly, I found myself trading addresses with other members from various chapters which publish newsletters, and we agreed to exchange newsletters as sources of new ideas and networking.

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Chi Sigma Iota Day

Carol L. Bobby
CSI President-Elect

Opportunities and Experiences

Plans for the AACD Convention are rapidly developing, and the scheduling of quality programs is a prime consideration. The convention will provide an opportunity for counselors and human development specialists to meet in Baltimore for the challenge of professional development. It will be a chance to experience new ideas, learn from experts, participate in training modules, attend special events, and interact with new and old friends. In short, it will be fun and rewarding.

Chi Sigma Iota will be there, too, and will be offering a full day of activities designed to promote leadership for the profession of counseling and to provide a forum for recognition of outstanding contributions by Chi Sigma Iota chapters and individual members. So that schedules will permit your full participation in the Chi Sigma Iota activities, President Rose Cooper has requested that Saturday, March 28th be set aside for the CSI events. Based on this request and discussion with the AACD convention staff, the following TENTATIVE plans have been made.

Schedule
Saturday, March 28, 1992
7:30 am - 9:30 am CSI Executive Council Meeting (President Cooper’s Suite)
10:00 am - 11:00 am Scholars Across the Generations
Guest Speaker: Dr. John D. Krumboltz
2:00 pm - 3:00 pm Leadership Development Workshop
3:00 pm - 4:00 pm CSI General Business Meeting
4:00 pm - 5:00 pm CSI Awards Program
5:15 pm - 6:30 pm CSI Reception in President Cooper’s suite

Location
A request has been made for all CSI activities to be scheduled in the Sheraton Inner Harbor Hotel. Confirmation of this request was not available in time for this publication; however, should be available by the date of this Newsletter mailing. Please feel free to contact the CSI office for an update of the CSI convention hotel before making your travel plans.

Distinguished Speaker

Always a special event at the convention, this year’s Scholars Across the Generations program will feature John D. Krumboltz. Dr. Krumboltz is a CSI Distinguished Scholar. He has published several books and monographs on counseling theories, goals of counseling, working with children’s behavior, and factors of career decision-making. He is well known for his work on an approach to career counseling based upon social learning theory. He has also focused on how private career development beliefs may affect individuals, and how the identification of such beliefs can assist in the career counseling process. Dr. Krumboltz’s presentation will be followed by a question and answer period to allow for a sharing of knowledge between the presenter and those in attendance.

Plan to be available for all of the day’s activities. They will be exciting and rewarding experiences. On behalf of all CSI officers, “See you in Baltimore!”

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Five CSI chapters in the Northeast Ohio area have formed a network called the North East Ohio Network (NEON). The chapters include Alpha Mu of Walsh College, Alpha Upsilon of the University of Akron, Beta Chi of John Carroll University, Eta Chapter of Youngstown State University, and Kappa Sigma Upsilon of Kent State University. NEON meets once each semester and, at the most recent meeting, agreed to promote March 1992 as “Counselor Awareness” month. Each chapter will make the public more aware of counseling professionals, and counseling as a profession, through announcements in local newspapers, newsletters, public radio, and television.

CSI Membership Committee
Robb Adams and Connie Fox

Historically, Chi Sigma Iota members who joined from areas outside the perimeters of existing chapters, or those who moved, were offered affiliation through the eager and continual efforts of Alpha Chapter, located with Headquarters at Ohio University. Originally, utilization of Alpha Chapter as a cache for At-Large members was expeditious; however, as the Society continues to grow we need to become more focused on member retention and methods of tracking members once they move away from chapter environments.

The Membership Committee, along with Dr. Richard Hazler and Brenda Fling of Alpha Chapter, is interested in implementing a procedure that will introduce At-Large members to their nearest local chapters, providing them with the opportunity to transfer their chapter affiliation. This is your chance to speak-up and engage in a dialogue of ways CSI could provide more efficient service.

These ideas will be presented at the CSI Executive Council Meeting during the Annual AACD Convention in Baltimore in March 1992. We encourage your comments on this or other membership topics!

Membership Update:

- Chapters.....................106
- Members.....................6286
- Life Membership.............201
- Distinguished Scholars......12
John D. Krumboltz: Still Learning to make a Career Decision

Paula Helen Stanley
Associate Editor

John Krumboltz, Professor of Education and Psychology at Stanford University, is well-known for his contributions to career development theory and career counseling. He developed a social learning approach to career counseling and development which he continues to expand and refine. Most recently Krumboltz has emphasized the cognitive components of his social learning theory approach.

Krumboltz received a B.A. in Psychology in 1950 from Coe College; the M.A. in Guidance from Teachers College of Columbia University in 1951; and a Ph.D. in Educational Psychology from the University of Minnesota in 1955.

He has worked as a teacher and counselor in the public schools and as a research psychologist in the U.S. Air Force. He has taught educational psychology, education, and psychology classes. Krumboltz began his university teaching career at Michigan State University and then in 1961 was employed by Stanford University.

When asked how he became interested in pursuing a career in counseling, Krumboltz stated that "everybody studies their own neurosis. I never knew how to make a career decision. Some people said that counselors help people make career decisions. I thought 'maybe I will learn how to make a career decision if I study counseling.' As Krumboltz began his studies in the area of counseling, he became fascinated by it—but he's "still learning how to make a career decision. We are always making career decisions."

Professional Involvement

Krumboltz has an extensive list of publications in the area of career counseling and has contributed to the profession through leadership in various organizations. He was president of the Division of Counseling Psychology, American Psychological Association (APA), in 1974. He also chaired several committees in APA and was a member of the Executive Committee for several years.

Krumboltz served as Vice-President of the American Educational Research Association Division E (Student Development and Personnel Services) from 1966-1968. He was a member of Commission VII (Counseling) for the American College Personnel Association (ACPA) for three years.

Krumboltz has been a member of the Editorial Boards for the Journal of Counseling Psychology, California Journal of Educational Research, and the Journal of College Student Personnel. He is currently on the Editorial Board of the British Journal of Counseling and Guidance and Computers in Human Behavior.

Awards

Krumboltz has been honored for many of his accomplishments in the field of counseling. In 1990, he received the Loena Tyler Award given by Division 17 (Counseling Psychology) for the American Psychological Association. He received the Outstanding Research Award from the American Personnel and Guidance Association (AACC) in 1959, 1966, and 1968. He has Fellow status with APA and the American Association for the Advancement of Science. He received the Award of Merit from Coe College Alumni Association in 1975. In 1974, he received the Distinguished Professional Services Award from the American Personnel and Guidance Association.


Current Interests

Dr. Krumboltz shared some of his current interests and thoughts about the counseling profession during a telephone interview in October 1991. His current interests concern identifying the beliefs clients have "that block career progress." His research agenda is to study how career beliefs can be changed through counseling. Krumboltz has three research studies underway. One deals with the factor structure of career beliefs. Another study concerns the use of the Career Beliefs Inventory (Consulting Psychology Press) to identify troublesome beliefs of clients. The third study focuses on changing career beliefs through counseling.

When asked about his perceptions of the counseling profession, Krumboltz commented on the increasing compartmentalization in the profession. He is concerned that we are becoming too compartmentalized. There are separate careers, divisions, journals, credentials and training. "A counselor in one area can't deal with issues in other areas without seeming to be unethical. We are losing sight of the client whose problems are entertained."

One of the "little campaigns" in which he is involved is "attempting to get people to see that career counseling and personal counseling are not so distinct and separate. One's personal life has tremendous impact on the career one chooses."

Occupationalism

Another "little campaign" in which Krumboltz is involved is that of fighting against "occupationalism":

Occupationalism is analogous to ageism, sexism—people are discriminated against because of membership in an occupational group. It is seen everywhere. Peo-
1990 Research Awards

Kenneth West
Research Committee Chairperson

As stated in the By-Laws, one of Chi Sigma Iota's goals is to promote scholarship and research. In recognition of this goal, CSI offers Outstanding Research Awards to those who have been involved in exceptional research. Below are the abstracts for this study.

Residential Relocation of Older Persons: Relationships Among Life Satisfaction, Perceptions, Coping Strategies, and Other Variables

Charlene Kampfe
First Place

A model of social stress was used to examine variables associated with life satisfaction of older persons making residential relocations from one level of independence to another. The variable groups were perceptions of the relocation, coping strategies, and other potential conditioning variables. Seventy-five individuals who had recently made residential relocations were interviewed. Using bivariate statistics, life satisfaction was found to relate to five of the six perceptions of the move, two of five coping strategies and three of the thirteen conditioning variables examined in this study. Variables that were most strongly related to life satisfaction were perceptions of personal control and level of independence/care associated with the new residence. Subjects who perceived they had more personal control and subjects living in residences that offered more independence and less care were more satisfied. Relationships were also found among the other variables. A multiple regression analysis found a complicated interaction among these variables.

Structured Group Counseling for University Students of Alcoholic Parentage

Marilyn Meyers-Arvin
Second Place

This experimental study examined the effects of two treatment levels of group counseling specifically designed for college students of alcoholic parentage. Treatment subjects participated in a theory-based structured group, which combined specific developmental activities, interaction, and education. Control group members received a series of informational sessions.

A split-plot research design used a pretest, posttest, and a post-posttest to compare treatment group means to control group means. The independent variable was group treatment, and the dependent variables were ego development and knowledge, healthy attitude, and behavior change related to parental alcoholism. The variables were measured by subjects' responses on the Measures of Psychosocial Development and the Parental Alcoholism Information Survey.

In the ego development variable, the analysis of variance showed a significant interaction between condition and measurement occasion. The knowledge variable showed significant increases for both treatment conditions. In the attitude and behavior variables, no significant differences were found.

Making Counseling Culturally Appropriate: Intervention with a Montagnard Refugee

Rhonda Rosser-Hogan
Third Place

This article describes an intervention with a distressed Montagnard refugee in a context sensitive to Southeast Asian culture. Relevant interventions are discussed in relation to the current available literature on counseling with Southeast Asian refugees in America.

Southeast Asian refugees in America represent the diverse ethnicities of Vietnam, Cambodia, and Laos. The newest wave of refugees are the Montagnards from the central highlands of South Vietnam. The Montagnard people befriended Americans during the Vietnam war. Their aversion to a communist regime intensified their loyalties to the United States and the American people. Vietnam veterans describe their Montagnard friends in no less than sentimental terms, emphasizing the Montagnards' undaunting honesty and loyalty to their Western comrades.

Their stories are tragic to Americans who work with them. Two hundred Montagnard survivors were brought to this country in November 1986. These refugees literally had been hiding in the jungles of Vietnam for 11 years. Their arrival at a refugee camp on the border of Thailand and Cambodia in the fall of 1985 marked the end of their seemingly endless flight from the Viet Cong.

In this article I describe culturally relevant counseling for this group, first drawing on the literature and then presenting an illustrative case.

Leadership Workshop

(Continued from page 5)

icularly enjoyed observing the gentleness and skill with which Sam Gladding lead our small group, and I was delighted to have the opportunity to see him facilitate—even in this small and informal way.

An Inspiration

The combination of the information and new ideas—along with the creativity and excitement of the other CSI members—created enthusiasm and inspiration. As the workshop came to a close, I found myself reluctant to end my conversation with other members, enjoying the sense of connection I felt with them in our common goals and purposes. At the same time, I was eager to share what the workshop had provided with my own local chapter and felt excited by the possibilities for our chapter's continued growth and expansion using what I had learned and experienced.

Chapter Representation

I look forward to CSI's Leadership Workshop in Baltimore, for I know once again I will find it beneficial personally and for my chapter. I believe it is to every chapter's benefit that at least one member or officer be in attendance. I look forward to seeing you there—for I have a great deal to share with and learn from you.
Survival Tips
(Continued from page 1)

• schedule that is not congruent with the convention format. Give yourself time to enjoy the convention, the people and the city itself.

Maximizing Benefits

All conventions offer a myriad of content and ancillary sessions. Content sessions include pre-convention half and full day sessions, poster sessions, skill building sessions, round table sessions, keynotes, theme sessions, panel presentations and single presenter sessions. It is a good idea to study your convention program, available at the registration desks, along with other registration materials, to determine whether a particular session meets your needs. The convention program is usually quite complete and provides enough descriptive material to help you make good selections. It is a good idea to think about the type of content you wish to obtain while in Baltimore prior to the convention. Some AACC members, for example, attend as many sessions as possible on a topic of particular interest such as group work with children, aspects of multicultural counseling, counseling older adults, diagnosis and treatment planning, program evaluation, parent consultation, etc. Such choices are usually linked to work or graduate study interests.

When selecting sessions pay attention to the location and sequencing of presentations you may wish to attend. It may not be possible to attend a session which begins ten or fifteen minutes after the prior session ends if it is not possible to walk, catch a cab or ride a bus to a different hotel in the time allotted. Sometimes convention facilities are such that all convention sessions are in a major convention center. Other times the convention goer may need to move from hotel to hotel to attend preferred sessions; this may or may not be possible during short time spans. Sometimes it is a good idea to plan your day so that you are in one location all morning and another location all afternoon. Frantic moving back and forth between sites can wear you out (hopefully, you would notice the humor in your peripatetic activity prior to the onset of fatigue and plan the next day differently). Remember, there are so many choices during any given hour that it is important to establish a basis for your selections ahead of time.

Enjoying Networking

Have you thought about asking your major professor to do a little mentoring for you while at the convention? Are there some sessions he or she thinks you would benefit from? Are there people you could be introduced to because of similar scholarly interests, job possibilities after graduation, etc? Don't be shy about asking your faculty to provide support, encouragement and direction. Most faculty will be pleased that you thought to ask.

Other types of networking opportunities are equally important during convention attendance. Your convention program usually classifies sessions as either content or ancillary. Ancillary programs are usually business meetings of AACC committees, divisions or regions as well as receptions scheduled by divisions, regions and other components of AACC. Pay attention to those ancillary sessions and attend business meetings related to aspects of AACC or the profession which you have interest. Let the person chairing the meeting know who you are and find out if there are any special arrangements or introductions that need to be made. Talk to people after such meetings and express your interest in becoming involved if you would like future involvement. Those currently occupying leadership positions in AACC are always happy to meet members who are willing to accept responsibility for the work connected with the initiatives and agendas identified each year by various components of AACC.

Don't be shy about attending receptions hosted by divisions, regions, committees, etc. of AACC. These are all listed in the convention program and you don't need an invitation to attend. It is important to spend time meeting colleagues who may have interests, work settings or research agendas similar to yours in an informal setting which promotes conversation and initiating new friendships.

Some Final Notations About Chi Sigma Iota

There will be a number of Chi Sigma Iota meetings and receptions scheduled during the convention in Baltimore. Plan to attend the meetings to represent your chapter of Chi Sigma Iota and to meet students, faculty and other professionals who are involved. What better way to network, find out what is going on across the country and learn about the programs, goals and objectives of Chi Sigma Iota.

Remember, it is up to you to make the most of convention attendance so that you can return home with valuable information as well as an expanded network of professional support. I hope that some of these ideas will help you prepare for the Baltimore experience and that you will return home with renewed interest, greater expertise and the desire to be actively involved in your professional organization.

MOVING? LET US KNOW!

Write us when you move—preferably 6 weeks in advance.

Mail this coupon to:
Chi Sigma Iota
Ohio University
313-A McCracken Hall
Athens, OH 45701
Master's Hand
(Continued from page 2)
the AACD Convention in Baltimore, Maryland, CSI will hold its Leadership Workshop, its Business Meeting, and its Awards Program from 2:00 p.m. to 5 p.m. This will be followed by an informal reception and get-together. The scope is national and international, but the focus is individual and personal. The Sheraton Inner Harbor Hotel is tentatively scheduled as the CSI Headquarters at the Convention. In the previous issue of the Newsletter of Chi Sigma Iota (Fall 1991) Cathy Woodward, a 1991 CSI Intern, had an excellent article titled “Looking Forward to Baltimore.” She spoke convincingly of the benefits of attending a national and international counseling convention. It is worthy of review.

Leadership Workshop
The CSI Leadership Workshop provides experience, know-how and necessary skills for counseling professionals who are leaders not only in a CSI Chapter, but more importantly, at their professional work site. Leaders — good leaders, excellent leaders — can exert tremendous advantages for the profession of guidance and counseling. Assuming a leadership role also helps the person (the leader) grow and develop. Leaders are made, not born. A handbook is distributed at the Leadership Workshop.

CSI Business Meeting
The CSI Business Meeting provides Chapters with the opportunity to share information and thus strengthen their agendas. No one, or no Chapter, should work in isolation. In unity there is strength. Such a meeting enhances Chapter accomplishments and CSI solidarity.

Awards
The Awards Program provides opportunity for recognition of the outstanding CSI Chapter Newsletter, the outstanding individual program, the outstanding Chapter, outstanding service to a Chapter, the outstanding Doctoral level student, and the outstanding research paper. It is inspiring, stimulating and motivating to share in the high attainment of Chapters and individuals.

CSI plans to have a Booth in the Exhibit Hall. CSI gift items will be available as well as information for Chapter leaders and members.

A gathering of similar professionals builds confidence, cohesiveness and cooperation which can have far-reaching and long-lasting results. Judge Learned Hand, in a speech to the Board of Regents of the University of the State of New York State, said: “The mutual confidence on which all else depends can be maintained only by an open mind and a brave reliance upon free discussion.” This you can achieve by attending CSI Convention activities. Come to Baltimore! Listen, learn, participate and be a part of it.

John D. Krumboltz
(Continued from page 7)
people are credible witnesses because they have a professional level job or discredited if they have a low level job ... It galled me that tennis players at Wim­bledon were requested to bow to Royalty ... if they bowed to anyone they should have bowed to the groundkeepers who main­tained the courts.

Krum­boltz believes that respect is not given to people who are in non-professional positions. If individuals are not in a professional position, they are discriminated against, "live their whole lives feeling one down, even though they are doing a good job." He believes that occupationism is just as bad or worse than other forms of "isms."

Kruboltz went on to state that professionals like ourselves are the "benefactors of occupationism." Krumboltz says he "rails against being favorably treated" because he is a "professional."

Suggestions for New Professionals
In addition to his comments concerning the counseling field as he perceives it, I asked Krumboltz what suggestions he has for people entering the counseling profession. He referred to an article he wrote concerning advice to new professionals which appeared in the April 1991 Counseling Psychologist. The article is actually a written version of the speech he gave when he accepted the Leona Tyler Award.

During our conversation he recalled six suggestions that were included in that speech:
1. Pay attention to what puzzles you. Think for yourself. Don't automatically believe everything you are told in counseling classes. Attempt to explain what you don't understand.
2. The test of counseling is how people behave in the real world, not how they behave in a counseling interview.
3. Design your professional activities for multiple benefits. If you're going to give a speech, you might as well publish it also. Don't do anything for just one reason. Make whatever you do pay off several times over.
4. Fight "occupationism."
5. Recognize excellence in counseling. We have ample ways of recognizing excellence in research, writing, and teaching. What is missing is how to measure excellence in practice. A major task of our professional organizations should be to determine how to identify excellence in counseling. What is the basis for knowing who is good? We presently rely on "word of mouth."
6. Participate in professional politics. I used to believe it was beneath my dignity. You have to participate in deliberations of how resources are spent [so counseling gets its fair share].

I enjoyed the interview with John Krumboltz and I look forward to his presentation at the Chi Sigma Iota Scholars Across the Generations program in Baltimore. His topic at that meeting will be "How client beliefs influence the career decision process."
CSI Gifts Available to Members!

The CHI SIGMA IOTA T-shirt
CSI T-shirts are royal blue with white lettering and a white CSI logo. T-shirts are American made, 50% polyester, 50% cotton.

<table>
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<th>Size</th>
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<td>X-Large (46)</td>
</tr>
<tr>
<td>90-1-5</td>
<td>XX-Large (40-50)</td>
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$8.00  $10.00*

*XX-Large size only

The CHI SIGMA IOTA Sweatshirt
Sweatshirts are available in both royal blue with white lettering and logo, and white with royal blue lettering and logo. Sweatshirts are American made, 50% polyester, 50% cotton.

Blue sweatshirts with white lettering:

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$18.00  $20.00*

White sweatshirts with blue lettering:

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<td>XX-Large (40-50)</td>
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$36.00

CSI Logo Watches
Watches have a white face with the blue CSI logo and an attractive brown leather band. They are available in both men's and ladies styles.

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$18.00  $20.00*

Clip this form and send to: Chi Sigma Iota, 313 A McCracken Hall, Ohio University, Athens, Ohio 45701

Quantity: Description: Size: Product Color: Logo Color: Price: Amount:

Method of Payment
☐ Check  ☐ Money Order  ☐ Credit Card

Credit Card Information
☐ Visa  ☐ MasterCard

Card No.: Expiration Date: (required) __ / __
Signature:___,

SHIP TO:__________________________________________

PHONE: ( )____-_______

DATE: ________________

Ohio Residents Add 6% Sales Tax

Shipping & Handling $ 4.00

Total Amount Enclosed $
Calendar of Important Dates

February 15, 1992  Requests sent to chapters for representation at Annual Business Meeting
March 15, 1992   Annual report forms sent to chapters Name(s) of representative(s) at Annual Business Meeting
March 28, 1992   Annual Business Meeting (at AACD)
                   CSI DAY at AACD CONVENTION
                   Scholars Across the Generations Leadership Development Workshop
                   Annual Business Meeting
                   Awards Presentation Ceremony
                   Reception and Initiation
April 1, 1992    Article submission deadline for spring Newsletter
April-May, 1992  Chapters contacted to submit nominees for International Offices, 1993-1994
                   CSI Executive Council Meeting
                   Annual Reports due to Headquarters (change of due date)
June 23-27, 1992 The Esteem-Effectiveness Equation: Maximizing Student Performance
                   Breckenridge, Colorado
                   Sponsored by ERIC/CAPS