There are at least two types of histories about Chi Sigma Iota which can be reported. One has to do with the “facts,” i.e., incorporation, membership and chapter growth, activities and accomplishments. These are important to record as milestones. The second type of history has to do with what I’ll call the evolution of the Society. Without trying to be exhaustive, the first type of history is recounted as a matter of helping all of us have an overview of our development. With respect to the second type, an attempt is made to capture the essence of our evolution.

An Historical Overview

Chi Sigma Iota Counseling Academic and Professional Honor Society International (CSI) was incorporated in the State of Ohio in December of 1984. The name was chosen very deliberately. The Greek letters, Chi Sigma Iota, were chosen to represent, “Counseling Society International.” The academic dimension was to recognize the preparation, research, and scholarly activities typically associated with higher level learning. The professional dimension was acknowledgment of excellence in clinical practice, further advancement of knowledge through practice, and the importance of ethical practice in promoting excellence.

Naturally, the aspect of honor relates to striving for excellence in all that we do. As such, it is attainable by all who meet the rigorous admissions standards of graduate level counselor education, although for various reasons, not everyone achieves at the level required for CSI membership. Finally, with a desire to be a part of the global reality that the counseling profession is growing in various parts of the world, “International” was included in our name.

The Society was introduced to counselor educators through a national mailing to all known counselor education programs with an invitation to dialogue and answer questions at the 1985 American Counseling Association (ACA/AACD) Convention in New York City. In March of 1985, Alpha Chapter of Ohio University held a very successful first initiation with the full support of the counselor education faculty and the Dean, College of Education. Support for Chi Sigma Iota to have its headquarters there was unwavering and substantive during the first eight years of CSI’s operation.

Our growth has been likened to spontaneous combustion. In the spring of 1986, we reported having 30 charter chapters and 600 charter members. Eight months later, we recorded 40 chapters and 1,200 charter members! With the historic merging of 24 chapters and 338 members of Rho Chi Sigma Rehabilitation Counseling Services Honor Society into Chi Sigma Iota in the spring of 1989, we had over 4,000 members initiated into Chi Sigma Iota and 89 chapters. As we prepare to celebrate our tenth anniversary, we are approaching 12,000 members initiated throughout the world and are nearing 140 chapters including those in the Philippines and Europe.

We believe that this growth and continuing confidence in Chi Sigma Iota is attributed to the leadership of the Society at a time when the profession needs and wants excellence as a hallmark.

Accomplishments

On page four of this edition, there is a list of major accomplishments and activities of the Society in its first ten years. What follows are a few of the highlights of our tangible accomplishments:

1. The Distinguished Scholar Program provides our chapters access to top scholars in the field for initiations.
2. A monograph on the Future of Counseling by CSI Scholars was published by ERIC/CASS at cost to CSI members and free to chapter libraries, courtesy of CSI.
3. The ACA Library received a $3,000 pledge from CSI with the first $500 installment paid in July, 1989. ACA also maintains a CSI Scholars Library for use by all ACA and CSI members. CSI also has donated to the ACA professionalization projects in the past.
4. The National Board of Certified Counselors (NBCC) collaborated with Chi Sigma Iota to develop and distribute the highly successful pamphlet/frameable statement on “Counseling Services: Consumer Rights and Responsibilities.” It is distributed widely to NCC’s, CSI members, and syndicated columnists and talk show hosts nationally.
5. The Fellowship Program was instituted in 1988 to provide ten fellowships each year to help chapter members attend the Leadership Workshop at the annual meeting.
6. The Intern Program is an outgrowth of the Leadership Workshop and Fellowship Program. Yearly, individuals from among the ten fellowship recipients have been selected.

(Continued on page 7)

IN THIS ISSUE

CSI: Its First Ten Years ....................... 1
Counseling in the Next Millennium ..... 2
Update from Headquarters .............. 3
CSI Accomplishments and Activities ... 4
Election Results ............................ 5
Leadership: A Cornerstone ............... 6
CSI Day ...................................... 8
ACA Convention in Denver ............. 9
Attending the ACA Convention ......... 10
Professionally Speaking ................. 12
Book Review ............................... 13
Video Review .............................. 13
Expanding the Use of Course Assignments .......... 14
CSI Fund Raising Ideas ................. 15
Counseling in the Next Millennium

Judith G. Miranti
CSI President

How are we advocating for our profession within our various settings? What are we doing to develop, implement and maintain the highest standards in training and practice?

Mission of CSI

It is easy to pass the responsibility on to others and to criticize their efforts or lack of, but our professional ethics necessitate an active rather than a passive role that must be taken in order to assure the longevity of our counseling profession. The call to collaborate is perhaps greatest during these trying times. We cannot weather this alone, but collectively we can make the difference. The questions have been asked; the answers lie within each of us. The mission of Chi Sigma Iota is to promote scholarship, research, professionalism and excellence in counseling and to recognize high attainment in the pursuit of academic and clinical excellence in the field of counseling. If we as members of Chi Sigma Iota carry out this mission, the counseling profession will thrive in the 21st century.

So much is happening both in training and practice that is positive and productive. Our last newsletter was full of hope and promise for our profession. Chi Sigma Iota has established itself as a leader among the counseling associations with over 11,000 members worldwide and almost 140 chapters. As Chi Sigma Iota enters its second decade and the 21st century, it will be essential to continue to accentuate the positive and recognize the excellence demonstrated by our members. The present is prologue; the future is now. How we create our legacy will be determined by the extent of our involvement, the contributions we are willing to make, and the risks we are willing to take in order to make our world a better place. You can be a part of this tradition and the promotion of an honorable profession. Come to Denver and celebrate with us our Tenth Anniversary! You’ll be glad you did!

We hear quite a bit about preparing for the 21st century. Just how different will counseling be in the next 100 years? What changes will need to take place in order to meet the demands of this new era? How will training standards and practices be altered? Who or what will be the driving force propelling our profession into this next millennium?

Important Questions

If what is happening in Chi Sigma Iota today is any indication of what will continue to occur in the counseling profession, then there is much reason for hope and optimism, essential components of a healthy, functional unit of society. The counseling association/profession is alive and well as evidenced by the contributions and productivity of its members. Well, by now you are saying, “Where has she been for the past two years? Doesn’t she know that things seem to be falling apart at the national level? What is her definition of healthy, functional?” Yes, I’ve been aware of the financial difficulties and challenges facing the American Counseling Association for these past several years; however, my questions are, “What are we as professional counselors actively doing not only to preserve the integrity of our profession but also to further its identity? What collaborative efforts are being made with and among related counseling professions? What impact are we making on our legislators?

Judith G. Miranti

So much is happening both in training and practice that is positive and productive. Our last newsletter was full of hope and promise for our profession. Chi Sigma Iota has established itself as a leader among the counseling associations with over 11,000 members worldwide and almost 140 chapters. As Chi Sigma Iota enters its second decade and the 21st century, it will be essential to continue to accentuate the positive and recognize the excellence demonstrated by our members. The present is prologue; the future is now. How we create our legacy will be determined by the extent of our involvement, the contributions we are willing to make, and the risks we are willing to take in order to make our world a better place. You can be a part of this tradition and the promotion of an honorable profession. Come to Denver and celebrate with us our Tenth Anniversary! You’ll be glad you did!
Update from Headquarters

Thomas J. Sweeney
CSI Executive Director

Thomas J. Sweeney

Here we are in the tenth year of our existence, and it seems like our first. There is at least as much enthusiasm and potential for growth as in the first months of 1985. What is different, however, is the knowledge that CSI is no longer "new," and its future is already well established. In this issue, you will find a brief history of the Society. As our strategic planning meeting came to a close last summer, one message was clear to the CSI officers. Those who attended as invited guests from other counseling organizations and agencies went away with high expectations for CSI's participation in helping to shape the future of the profession.

I recently received my annual dues to a "hobby" organization to which I belong. I was surprised when I noted that the annual dues were $40! For this, I get a quarterly newsletter full of advertisements from vendors wanting me to buy their products! At half the cost, CSI invests in the advancement of its members and the profession of counseling. We are striving to do so as effectively and economically as possible.

Changes

Our headquarters office has been undergoing significant modifications in order to serve our members and chapters more effectively. We are now able to process membership applications more quickly and have all membership materials including membership cards, certificates, and pins ready for mailing within five working days when we have all the necessary information. Our new database software is working as it should, and we have supplemented it with Quicken, a money management system to help us keep even more careful track of our resources. We will soon have an Internet address and hope to develop new ways of communicating with chapters and members in the future.

We have been making a few visual changes as well. Our new certificates include the Society's color blue in the border as well as an embossed gold seal. Our new pin has the safety clasp to help preclude snapping off from car shoulder harnesses. Our new stationery is blue on white. A few keen observers may note that we had to reformat our address to meet postal requirements for our envelopes.

Based on membership input, we have revised our membership application to be more "user friendly." The copies of the new application have been sent to all chapters. Chapters or members may make additional copies as needed. We ask, however, that no revision or modification to the form be made. We have had well meaning efforts result in long delays to processing applications due to incomplete or inaccurate information coming to our office.

"Cognitive Counseling" Video

We are anxious to learn member and chapter interest in our new video productions on "Cognitive Counseling" and our interviews with the scholars, Dr. Gazda and Dr. Super and Dr. and Ms. Gilbert Wrenn. The cognitive counseling tape by Dr. Jan Holden was done in collaboration with ACES. CSI's Executive Council approved the project and earmarked developmental funds donated to the Society by Dr. Don Hood, one of our life members. Future training and scholar tapes will be developed from the sale of the existing tapes. Because of Dr. Hood's generous gift, we are able to price the tapes much below usual commercial (Continued on Page 11)
CHI SIGMA IOTA

Accomplishments and Activities 1985-1994

MEMBERSHIP SERVICES
• four issues of newsletter annually
• certificate and pin
• affiliation with local or nearest chapter
• networking with members worldwide

CHAPTER ACTIVITIES
• recognition of individual members
• networking between students, alumni, and professionals
• continuing education and workshops
• leadership training and opportunities

FELLOWSHIP PROGRAM
• designed to prepare leaders for the counseling profession
• since 1989, selection of 10 fellows per year
• selection based on chapter nomination & leadership potential
• special leadership training programs at ACA convention
• $200 stipend (matched by $100 from chapter) for attendance at ACA convention

INTERN PROGRAM
• two individuals per year, selected from fellows
• serve as interns to CSI President and Executive Director
• attend CSI Executive Council meetings (at CSI expense)
• complete specific duties and projects for CSI

AWARDS PROGRAM
• designed to encourage and recognize excellence
• awards for outstanding individuals, entry-level and doctoral level
• awards for outstanding practitioners
• both international and chapter awards programs

DISTINGUISHED SCHOLARS PROGRAM
• designation of selected outstanding professionals as Scholars
  Jo Ann Bowlsby  George Gazda
  Bruce Shertzer  Ed Herr
  Clement Vontress  Don Super
  Garry Walz  Thelma Vriend
  George Wright  Gilbert Wrenn
• presentations by scholars at ACA conventions
• presentations and workshops by scholars for local chapters
• CSI reimburses one-half of scholar's travel and living expenses for chapter presentations

ORAL HISTORY PROJECT
• initiated in 1991
• videotaped interviews with CSI Distinguished Scholars
• conducted at three ACA conventions
• scholars reflect on past and projections for future of counseling
• first three edited tapes released in 1994
• complete tapes and tapescripts available on cost-recovery basis only, to members and non-members

CHI SIGMA IOTA

Cooperative Ventures and Accomplishments on Behalf of the Counseling Profession 1985-1994

AMERICAN COUNSELING ASSOCIATION
• ACA LIBRARY
  • $3,000 pledge over five years, used for purchase of computer printer & special needs
  • initiation and maintenance of scholars library for use of ACA members
  • collected works of CSI scholars
  • travel expenses for CSI officer to Chair ACA Library Review Committee to guide ACA in restructuring library services

PROFESSIONALIZATION MEETING
• contributed $500 to first ACA professionalization meeting, 1990
• funds used to supplement committee budget for historic meeting to develop first ACA professionalization plan
• many of the recommendations of that plan are now being realized

ANNUAL CONVENTION ACTIVITIES
• annual CSI meeting held in conjunction with ACA
• booth in exhibit area (full fee of $800 paid annually)
• sponsorship of 10 fellows ($200 per fellow stipend)
• leadership training for future leaders
• distinguished scholars workshops and panel presentations

AMERICAN COUNSELING ASSOCIATION
• recognition of members through awards ceremony
• reception for members and leaders

ASSOCIATION FOR COUNSELOR EDUCATION AND SUPERVISION
• developing series of training videotapes on counseling methods
• cognitive approaches and techniques released in 1994
• Adlerian counseling is under production
• sales earnings will be used to produce future tapes in series

ERIC/CASS
• published monograph on "Future of Counseling"
• authors: CSI Scholars Walz, Gazda, Shertzer, based on presentation at ACECS National Convention in St. Louis
• available from ERIC/CASS, at cost to CSI members, free to chapters

NATIONAL BOARD FOR CERTIFIED COUNSELORS
• jointly developed "Client Rights and Responsibilities" pamphlet for distribution to clients; framable version for counselors' walls
• distributed widely to NCCs, CSI members, syndicated columnists, talk show hosts
• over 8,000 copies sold to date
• NBCC reprints publication for sale to all interested parties
Chi Sigma Iota Chapters Elect Warren and Shepard

Nicholas A. Vacc
CSI Past-president

Four outstanding candidates were presented this past fall for the positions of president-elect and treasurer-elect. The candidates for president-elect were William Stafford and Pete Warren. Paula Stanley and Diane Shepard ran for the position of treasurer-elect. The CSI membership had a truly exemplary slate of candidates which made the choice for voters a difficult one. The election results were tabulated after the December 31, 1994, deadline with approximately 19% of the electorate voting. Beginning May 1, 1995, Pete Warren assumes the office of president-elect and Diane Shepard assumes the duties of treasurer-elect.

Pete Warren, President-elect

Dr. Pete Warren was a charter member of the Kappa Chapter of Chi Sigma Iota at Lynchburg College where he was a professor of Counseling and Human Development. He has served as Assistant to the Executive Director for the Kappa Chapter since 1986. Through participation in the CSI business meetings held at the ACA conventions, he has become knowledgeable about the organization of CSI and its important role in our profession.

Dr. Warren has plans to improve the communication and networking among the CSI chapters. As a part of this plan, more extensive networking through chapters within specific states and regions will be encouraged and developed. Dr. Warren believes that increased communication will promote greater understanding of our profession and the important issues affecting our work.

Diane Shepard, Treasurer-elect

Dr. Diane Shepard was a charter member of the Chi Sigma Iota Chapter, Mu Tau Beta, at the University of North Carolina at Charlotte. She is presently an Assistant Professor at the University of Central Florida (UCF) and serves as the Assistant to the Executive Director of the Upsilon Chi Chapter of CSI located at UCF. She has been active in her role as Assistant to the Executive Director, and the chapter has increased membership, organized fund raising campaigns, and offered workshops and other services to retain members.

Dr. Shepard plans to creatively utilize CSI resources to promote scholarship and excellence in the counseling profession. She also will support fiscally sound practices as treasurer of CSI.

Excellent Candidates

In closing, it is important to note that CSI was presented with four excellent candidates for the two offices. This demonstrates the high level of commitment and service among CSI members and their willingness to serve as leaders for CSI. To be able to present four highly qualified candidates is a reflection of the professionalism and dedication of CSI members. Finally, I extend a special thanks to the CSI members who participated in the election process.

Call for Nominations

Nominations for Chi Sigma Iota President-elect and Secretary are currently being solicited from individual members and chapters. If you know of a worthy candidate, send your nominations to CSI Headquarters, 229A Curry Building, University of North Carolina, Greensboro, NC 27412. From these nominees, a slate will be selected by the nominating committee.

The deadline for nominations is May 1, 1995.
Leadership: A Cornerstone of Chi Sigma Iota

Rose A. Cooper
CSI Past-president

"The purposes of Chi Sigma Iota Counseling Academic and Professional Honor Society International shall be to promote scholarship, research, professionalism, and excellence in counseling, and to recognize high attainment in the pursuit of academic and clinical excellence in the field of counseling."

These words are taken from the Chi Sigma Iota Bylaws, Article 1-Section 3. The underpinning of this statement is the goal of providing leadership development to our members so that they can become pivotal professionals, facing challenges and effecting changes whenever and wherever they are needed.

Horace Mann, the founding president of Antioch College, said, "Be ashamed to die until you have won some victory for humanity." This entrepreneurial leader's call to serve through leadership is affirmed by others in their communities, their schools, their entrepreneurial leaders' call to serve. They have been given, they construct the foundations of democracy. Thomas Cronin, writing in Contemporary Issues in Leadership, states that such service opportunities help build leaders who are ... individuals who can help create opportunity ... who can help clarify problems and choices, who can build morale and coalitions, who can inspire others, and who can provide a vision of the possibilities and promise of a better organization, or a better community.

Chi Sigma Iota is an organization committed to providing opportunities for the building of such leaders.

Leaders Are Made

Leaders are made, not born, for no one has all the qualities of an ideal leader. "No one is at one time farseeing, sensitive, analytical, energetic, well-spoken, active, wise and involved," said Harry Levinson in the Harvard Business Review. Gaining experience, know-how, and necessary skills provides aspiring leaders with a comfortable level of confidence. Believing in the organization they lead generates the motivation to do the job well. Leaders are not managers. Some people define "managers" as those individuals who do things right. Leaders, on the other hand, are those individuals who do the right things. John Gardner added: "Most of us have potentials that have never been developed simply because of the circumstances of our lives never called them forth." Chi Sigma Iota provides opportunities and circumstances for the making of leaders in the counseling profession.

Effective Leadership

John Gardner has written persuasively that effective leadership is generally exercised within the context of a number of individuals acting in a team relationship. To use the team effectively, experts in leadership development offer three key insights:

Individual Voice - One of the most important things every great leader does is to create a vision and a voice that is distinctly individual. Before accomplishing this, a leader must understand the organization, its mission, its goal, its history, and its uniqueness.

Catalyst - Leaders are catalysts. They bring together talents of individuals who collectively create ideas, programs, services, and energy from the existing resources.

Language - Leaders must learn how to use language effectively. Through language, leaders articulate ideas and visions. They also motivate and bring people together. It is first with words, and then with actions in harmony with them, that leaders perform one of the most essential tasks of leadership, articulating the hopes, aspirations, and expectations of the organization and the people whom they lead.

Leadership results from forming partnerships with others within the organization. Such partnerships, or shared leadership, require leaders to be in touch with those they lead and to celebrate and recognize each member of the team for his or her performance and/or contribution. Successful leaders build teams and partnerships. The knowledge of the group grows richer with the knowledge of each individual member. Fostering the growth of this kind of community is the ultimate challenge of an educational leader. Leaders have to learn their way into their jobs, continuing as learners as well as teachers. It is learning that no one can alone, but one which must be done in the environment where one is with the resources and gifts which make the individual who he or she is.

Leaders need the confidence and the courage to lead by example. They must also have the wisdom that helps them to understand themselves in the context of both the past and the future of their organization. It is important for leaders to have the grace to praise, applaud, and thank those who work in partnership with them on the agenda of getting people thinking, talking, and working on the mission, goals, and objectives of the organization. Someone once said, "Blessed is the leader who develops leaders while leading."

Benefits of Learning to Lead

In today's society, individuals must decide either to lead or be led, for there is no other choice. Choosing to lead benefits the individuals themselves and society in the following ways:

- Uncover hidden capabilities for leadership;
- Give practical support to leaders who are devotedly working for the best interest of all;
- Remind leaders of the great good that they can render by living up to the important trust placed in them;
- Motivate other people with the potential (or interest) for leadership to put it to good use.

(Continued on Page 8)
CSI: Its First Ten Years
(Continued from page 1)

...to serve as CSI interns. These are one year, non-paid appointments, but with specific duties and reimbursements for expenses associated with Society duties. We already have seen the positive effects of these programs in helping to mentor new leaders for the profession.

7. The Awards Program is one of the first and, no doubt, most important activities of the Society. We have had a commitment to recognize and encourage excellence for both individuals and chapters, for scholarship as well as clinical practice. Since its inception, Chi Sigma Iota has given many such awards at the international level. In addition, we are aware that many chapters have given such recognition at the local level as well.

8. CSI is currently distributing a jointly developed video with the Association for Counselor Education and Supervision (ACES) on Cognitive Counseling for use in counselor pre-service and in-service training.

9. CSI has produced through one its internship projects an oral history account of the profession by scholars and leaders within the profession. The first three of these video interviews available are with George Gazda, Donald Super, and Gilbert and Kathleen Wrenn.

10. Finally, and we think most important, hundreds of chapter activities are going on each year to serve chapter members and local university and community students, faculty, and practitioners. While these programs are designed for Chi Sigma Iota members, they are often not limited to CSI membership. Our goal is to encourage all counselors to excel, and we believe that chapters further this goal far more effectively than we can at the international level.

CSI Leadership

Among the leadership of CSI are an emeritus executive director and past-presidents of ACA, its divisions, regions, state chapters, and affiliates.

What follows is a list of our first presidents:

- Thomas J. Sweeney, Ohio University
- Jane E. Myers, University of Florida (UNC-Greensboro)
- Joe Kandor, University of New York, Brockport
- Larry Loesch, University of Florida
- Rose Cooper, Pace University
- Carol Bobby, Executive Director, CACREP
- Nicholas Vacca, University of North Carolina at Greensboro, CSI Immediate Past-president
- Judy Miranti, Our Lady of Holy Cross College, CSI President
- Courtland Lee, University of Virginia, CSI President-elect
- Pete Warren, Lynchburg College, CSI President-elect-elect

In addition, hundreds of individuals both experienced and emerging leaders donate their time and talents throughout the year to the activities of CSI. In fact, CSI's former interns have subsequently been elected to office in CSI and other professional organizations as well as serving as committee chairs and editing this newsletter. We think it noteworthy that CSI has had but one full-time employee who maintains our headquarters office. As a consequence, the membership dues have been dedicated principally to strengthening and serving chapters and advocacy for the profession.

The headquarters were moved to the University of North Carolina at Greensboro in 1992. Close to the headquarters of both ERIC/CASS and the NBCC, CSI sponsored a strategic planning meeting in the summer of 1994 which brought together many leaders in the profession including three ACA presidents, CACREP, NBCC, AASCB, ACES, and ERIC/CASS to mention but a few of the organizations represented. One matter which was clear to all, CSI has a unique and potentially important part to contribute to the furthering of the profession. As it continues to grow in membership and experience, it may emerge as the single greatest source of leadership recruitment and training for the profession.

CSI's Emergence

Now for the second portion of CSI's emergence. In the minds of the founders, Chi Sigma Iota was first of all a response to a perceived need for a clear identity as a distinct and distinctive profession. Counseling, rather than as a modifier or modified, is the profession which we practice and celebrate. Due to marketplace realities and an absence of the hallmarks of a profession already in place, many counselors, counselor educators, and supervisors sought identities through various organizations and credentialing bodies in the mid-1970's and early 1980's.

For the neophyte to the profession, this period of time was confusing. For the Masters graduate, they had little to look forward to except possibly specialty identities, i.e., school, rehabilitation, marriage and family. This is not bad in itself, but the feeling many experienced was that counseling is a modifier or that it needs to be modified in order to be valued or valuable. Counseling was being fractured by political and economic forces. Many were dispirited by the conspicuous references to counselors as "back door" psychologists, "quasi-therapists" or "guidance workers" without proper credentials.

In relatively rapid succession in the late 1970's and early 1980's, ACA moved aggressively into establishing national credentialing, state licensing, and national accreditation of counselor preparation programs. Through the efforts of hundreds of persons, a dream for a unified, distinctly unique profession has been evolving. Chi Sigma Iota is a culmination of these efforts to identify counselors as counselors in a professional Society of scholars and practitioners committed to excellence.

Drs. Charles Lewis, ACA Executive Director Emeritus, and Jane Myers, Past-President of ACA, were the first enthusiastically supportive professionals to say, "This is an idea whose time has come." They immediately wrote checks for lifetime membership. In subsequent months and the years since, they, and others, have continued to donate large amounts of time and talent to the Society. Equally noteworthy, our files indicate that hundreds of the original charter members of Chi Sigma Iota are still active members and have been since its inception ten years ago.

In conclusion, our history has just begun. Our activities and services to members will multiply. Our "spirit" of unity will evolve ever more clearly and distinctly as the identity "counselor" stands in its own right, without a modifier or as a modifier. Chi Sigma Iota's potential for the future is enormous as is the role of counselors in our society. We expect excellence to be the hallmark of professional counselors in the twenty-first century. As such, CSI will continue to have a part to play in helping all members realize their highest expectations.
Leadership (Continued from page 6)

CSI and Leadership Development

Leadership development is a crucial aspect of the CSI experience. It is "built-into" the CSI activities during the national annual convention of the American Counseling Association. This year in Denver, CSI will provide a Leadership Development Workshop from 9:00 to 10:00 a.m. on Thursday, April 27, in room V/VI of the Marriott Salons. All participants will receive a "how-to" booklet which contains important facts and figures about CSI and leadership strategies.

Why is leadership development such a crucial part of the CSI schedule of activities? The answer is simply that good leaders can exert tremendous advantages for the counseling profession and for CSI as an organization. Individuals, chapters, and the

Society benefit when leaders are developed. When a CSI member assumes a leadership role, the responsibility can result in meaningful learning experiences for the individual in addition to benefitting the local chapter and the entire Society.

CSI to Celebrate its Tenth Anniversary
at 1995 ACA Convention in Denver

Courtland C. Lee
CSI President-elect

Chi Sigma Iota will celebrate its tenth anniversary as part of CSI Day activities at the 1995 ACA Convention in Denver. CSI Day will be Thursday, April 27, 1995. All CSI activities will take place in the Denver Marriott Hotel. Below is a list of CSI activities scheduled for that day:

CSI DAY
"Ten Years of Excellence in Counseling through Diversity and Unity"
Thursday, April 27, 1995
Marriott Hotel

8 AM - 9 AM: ORIENTATION OF 1995 FELLOWS AND INTERNS
Marriott Salons C/D

9 AM - 10 AM: LEADERSHIP DEVELOPMENT WORKSHOP
Marriott Salons V/VI

10 AM - 11 AM: SCHOLARSHIP DEVELOPMENT WORKSHOP
Marriott Salons V/VI

10 AM - 12:30 PM: CSI EXECUTIVE COUNCIL MEETING/LUNCH
Marriott Salons C/D

11 AM - 12:30 PM: CHAPTER DEVELOPMENT FOCUS GROUPS
Marriott Salons V/VI

3:30 PM - 4:30 PM: CSI ANNUAL BUSINESS MEETING
Marriott Salons V/VI

4:30 PM - 6:00 PM: CSI TENTH ANNIVERSARY CELEBRATION AND
AWARDS CEREMONY
Marriott Salons V/VI

6:00 PM - 7:00 PM: CSI RECEPTION
Marriott Salon III

The major feature of CSI Day 1995 will be a special celebration of the tenth anniversary of Chi Sigma Iota. The celebration will acknowledge both the accomplishments and leadership of the first decade of CSI. Mark your calendar for what promises to be a day of both professional development and celebration.
ACA Convention in Denver: Need a Little Convincing?

Daniela Abbott

So you’re thinking of coming to Denver for the ACA convention, but you need a little convincing? Hmm...Denver...if you remember correctly, the city’s been described as an overgrown cowtown set amidst prairie and mountains...snow-capped mountains though, maybe even enough snow to go skiing in April! Denver... Nah! Forget it. Knowing how you handle conventions, you’ll be so busy scrambling from one presentation to the next there won’t be time to venture out, let alone explore the city...the city...complete with art galleries and museums, a zoo, fine restaurants and shopping, and more parks and sporting goods stores per square mile than any other city in the U.S! It’s beginning to sound tempting, huh?

But, no. You’ve got to be practical. With so many pleasant distractions, it might be difficult to actually stay indoors and concentrate. And if you’re not going to attend all three days of seminars, partaking of the complimentary beverages and snacks provided, then why go to the convention at all? In fact, if you’re wise, you’ll banish the thought altogether, opting for the less taxing version: a rented plane reservations, hotel accommodations or deciding which seminar or outing to attend.

Instead, you can stay at home, comforted by the knowledge that your regular work week will go uninterrupted, and you won’t have to adjust to a different climate, time zone or cuisine. Unlike your less wise cohorts, you’ll know just what to expect from your weekend, no surprises, no disappointments. You might even find time to start that spring cleaning you’ve been putting off.

And, each night of the convention, as you stand motionless in front of the microwave, waiting for your frozen dinner to ding into doneness, resolute that staying home was the right decision, your mind might wander (for just a moment) to thoughts of friends foolish enough to skip out of town for a few days. And you might ask yourself (if uninterrupted by the blare of commercials in the background) just what it is they’re doing in Denver.

Here are some of the possibilities:

City attractions are found in various locations: downtown (where the convention will be held), Cherry Creek North (an artsy, trendy area southeast of downtown), the Denver Zoo and Natural History Museum (on the grounds of City Park), Washington Park (the cycling, rollerblading, swimming, and jogging hang-out), and the surrounding mountainous areas: Boulder, Evergreen, Morrison, and Summit County (or ski country). Attractions will be clustered into the following themes: recreation, sports, shopping, and restaurants.

Recreation

The Denver Zoo: (331-4110) The zoo exhibits more than 2,600 animals in a naturalistic habitat. Special features are the Northern Shores habitat for polar bears, sea lions, river otters, and "Tropical Discovery," the zoo’s 22,000 ft. tropical rain forest. Admission: $6 for adults.

Denver Museum of Natural History: (322-7009) Features wildlife exhibits from around the world, Gates Planetarium, and the IMAX theatre’s 4 1/2 story-tall screen with surround sound. Admission ranges from $3.50 - $5, per activity.

Denver Art Museum: (640-2793) 40,000 works of art with an extensive Native American Collection. Tues. - Sat, 10 a.m. - 5 p.m., noon - 5 p.m. Adults $3, Students $1.50. Check for jazz performances on Wednesday evenings.

Denver Botanic Gardens: (331-4000/370-8187) Tropical Conservatory and Japanese, rock, herb, and rose gardens. Open all week, 9 a.m. - 5 p.m., admission $4. Check for special events/concerts.

Sports

Washington Park: (698-4962) The place to go for outdoor activity in the city. Two lakes, two gardens, and an indoor swimming pool/weight room/gym on the premises.

Grand West Outfitters: (825-0300) A good place to rent rollerblades and bicycles. Also, from store location, you can follow the Spear Blvd. bike trail to Washington Park.

The Denver Rockies Baseball Team: If they’re not on strike, Rockies’ games can be a lot of fun. The crowd is congenial and spirited and supports the team no matter what! Coors Field, scheduled to open in April, will host the games. For more info., call 1-303-ROCKIES.

Golf Courses: There are over 20 public golf courses in Denver that stay open year-round, weather permitting.

Red Rocks Park: Located just west of Denver, near the town of Morrison, it’s a great place to hike, picnic and take in the natural beauty of towering, 400 ft. red rocks.

Summit County: About 11/2 hours west of Denver, the ski resorts of Breckenridge, Arapahoe Basin, and Copper Mtn. provide a nice retreat into the mountains. A-Basin is often open through May, though no guarantee on the ski conditions.

Rocky Mtn. National Park and Estes Park: Both are worth a car trip north for scenic vistas and hiking/biking/picnicking opportunities.

Shopping

Larimer Square, Writer’s Square and the 16th St. Mall are the places to shop and stroll downtown.

Cherry Creek North and Cherry Creek Mall: From Cherry Creek South to 3rd Ave., and Steele to University, this area is packed with art galleries, boutiques, an almost invariable range of restaurants and coffee-houses, and the Tattered Cover Bookstore, a 4-story monument carrying over 400,000 volumes, furnished with friendly helpers and comfortable easy-chairs.

Pearl Street Mall, Boulder: There is always something happening at this tree-lined, outdoor mall, bordered by restaurants, galleries, and shops on each side. It’s a fun place to hang-out and take in the sights and sounds of musicians and other performers in a beautiful, open-to-alternatives city.

Castle Rock Factory Outlet Mall: South on I-25, about 30 minutes outside of town, you’ll have lots of fun bargain hunting.

(Continued on Page 11)
Attending the ACA Convention: A Worthwhile Opportunity and Whirlwind Experience for Graduate Students

Eugene Oskamp  
Nu Chapter

I have heard my fellow classmates exchange stories and somewhat exaggerated tales of their experiences at past ACA conventions, but I had no idea what to expect. In fact, I felt a bit timid about attending as a student and certainly intimidated by the prospect of interacting with esteemed counseling professionals, honored educators, and icons in the fields of counseling and psychology. On the other hand, in our program at SUNY Brockport, we are taught the value of interaction and the spirit of collegiality.

One thing that fascinated me about the atmosphere of the convention is the sense of openness, the realization that we are all colleagues. As a newcomer and a graduate student, being welcomed as a counseling professional is one of the most outstanding, remarkable, and enjoyable features of attending the national convention. The spirit of collegiality is so much a part of this convention that one need not feel the least bit intimidated by professional status. Students are indeed welcomed.

Whether you are researching doctoral programs or looking for that first job opportunity, you may want to stop by the Chi Sigma Iota booth. This year we are celebrating our tenth anniversary. Members will be happy to tell you more about CSI and share our convention experiences with you. I am sure you will discover the convention is one of the high points of your graduate study. See you in the mile-high city.

Atmosphere

One thing that fascinated me about the atmosphere of the convention is the sense of openness, the realization that we are all colleagues. As a newcomer and a graduate student, being welcomed as a counseling professional is one of the most outstanding, remarkable, and enjoyable features of attending the national convention. The spirit of collegiality is so much a part of this convention that one need not feel the least bit intimidated by professional status. Students are indeed welcomed.

I encourage all graduate students and recent graduates to attend this year's ACA Convention in Denver. The convention is a great way to enhance your education and a wonderful launching pad for your career as a counselor. I guarantee you will not be disappointed. As you browse the professional exhibits on the main floor, you may want to stop by the Chi Sigma Iota booth. This year we are celebrating our tenth anniversary. Members will be happy to tell you more about CSI and share our convention experiences with you. I am sure you will discover the convention is one of the high points of your graduate study. See you in the mile-high city.

Opportunities

There are virtually hundreds of presentations, workshops, content sessions, and feature sessions to attend. All the professional interests and issues in counseling are well-represented. Counseling educators and practitioners who are immersed in state-of-the-art research, writing, and clinical practice are available and accessible. You can attend a featured session given by a famous therapist such as Albert Ellis, meet Gerald Corey, or have Jeffrey Kottler autograph his latest book for you. If there is a new theoretical approach or contemporary issue that is in the forefront of our profession, you can count on someone teaching, writing, or doing research on it. An approach or answer for a particular intervention may be found in one of these content sessions.

For example, here are some of the feature and content sessions I attended while at last year's convention in Minneapolis:

- A Rational Emotive Behavioral Therapy Approach to Personality Disorders, with Dr. Albert Ellis; Ethnicity and Family Therapy, by Monika McGoldrick; Career and Disability: To Boldly Go Where All Others Have Gone Before, with Kevin J. Nutter and Sue Kroeger; Personal Growth Strategies for Counselors: Empowering a Resource, by Fred J. Hanna; The School Counselor and the Family: A Family Counselor in the School Setting, with Max Hines and Dianna Anderson; Preventing Violence in the Schools: An Invitational Approach, by William W. Purkey; and The Human Dimensions of Being a Counselor, with Jeffrey Kottler. These sessions and presentations have enhanced my knowledge and understanding of these issues, as has attending the convention had a significant impact on my education and career direction.

Enhance Your Education

Whether you are researching doctoral programs or looking for that first job opportunity, it is possible to find exactly what you are looking for at the 1995 ACA Convention in Denver. There is even a Career Connection booth that posts job opportunities and arranges interviews through a service called Job Bank. Interesting and influential people are very easy to meet at one of the many luncheons and social gatherings sponsored by the various divisions of ACA. In fact, if you don't meet at least twenty-five people, you're spending too much time in your hotel room. Three events that are not to be missed are the First Timer's Brunch, the Opening Party, and the Closing Keynote Address.

Thank you for attending the 1994 ACA Convention. See you in Denver!
ACA Convention in Denver  
(Continued from page 9)  
Silverthorne Factory Outlet Mall:  
This is bargain shopping in the mountains. Located in Dillon, a town at the base of the Summit County ski resorts, the mall is a short drive to the town of Breckenridge, another fun place to spend an afternoon.

Restaurants  
Downtown  
The Market: (543-5140) great coffee, deli, desserts, and people watching.  
City Spirit Cafe: (575-0022) a funky little restaurant with an innovative, healthy twist.  
Wynkoop Brewery: pool tables, darts, and beer on tap upstairs, with an expansive restaurant downstairs.  
Racines: (595-0418) open late, with bar, bakery, and a wide variety of dishes. Packed for power breakfasts and lunches.  
Pasquini’s Pizzeria: (744-0917) a little south of downtown, but definitely worth it. Get there early Fri./Sat. nights, or prepare to wait.

Silver Creek North  
The Egg Shell: (322-1601) huge, delicious breakfasts/brunch.  
Bagel Stop: (399-7448) Big, doughy and better for you than a danish.  
Bistro Adde Brewster: (388-1900) a comfortable mix between a European bistro and an American grill.  
Sluzzi: (321-4700) a chic setting for pasta and other Italian dishes.  
Salamagundi’s: great salads, soups, quiche, and terrace.

Still Not Convinced?  
So, having read this cursory listing of things to do in Denver, you’re a little more knowledgeable, but still not convinced? You want to believe that the pleasure, relaxation, and change of pace afforded by travel to more blissful surroundings can also be achieved mentally, through the proper mind-body connection.

Creativity flowing, you conceptualize a way to simulate the Denver experience in a powerful, concentrated form. You envision yourself working up a sweat on the Nordic Track while wearing ski gear, drinking a latte, and alternating between your travel video and the home shopping network. Yes! That’s it! Your own version of virtual reality, free of the hindrances of the real experience.

And when your colleagues call, having returned from the convention-excursion, expect them to bubble over with excitement and tales to tell. However, wait patiently for the lags in conversation that signal your turn to report the number of calories you’ve burned and the items you’ve bought while they were away. They’ll be amazed! And if you’re truly lucky, their reactions will be melodramatic enough to convince you, with finality, that you were right to stay home and miss a trip to Denver.

Update from Headquarters  
(Continued from page 3)  
Rates. Hopefully, this will place them well within the budgets of all counselor education programs and workshop trainers.

National Honor Societies Association  
On occasion, we have been asked if we were affiliated with the national honor societies association. When we made an inquiry about membership, we learned that full membership for a society such as ours required ten years of successful operation. Therefore, we are beginning our inquiries anew in this our tenth year and will report on the decision of the Executive Council after they determine the benefits of joining such a group.

CSI Day  
Our next big occasion will be the convention in Denver. CSI will again have a booth, and we hope that all members will attend any and all of our functions. The booth and reception are great places to meet people. The leadership training sessions are terrific for anyone interested in practical, workable ideas for any organization including, of course, CSI chapters!

Pride and Satisfaction  
This report started with an observation about what a “hobby” newsletter was costing each year. When you finish reading this newsletter, we believe that you will be pleased to know that you are a part of a large, diverse, yet unified body of individuals committed to common goals and activities which advance our profession and celebrate its excellence. The “news” is about how our membership is working to insure that counselors and counseling as a profession are associated with terms like “excellence,” “outstanding,” and “service to others.” The bottom line is not measurable in dollars, but it is felt in pride of affiliation and satisfaction with accomplishment.

Chi Sigma Iota  
Excellence in Counseling Through Diversity and Unity
Transition, even under favorable conditions, can be unsettling; a smooth journey requires planning, resources, and a steady navigator. Of course, the probability of going astray greatly increases when our traveler is an adolescent with alcohol and other (AOD) abuse issues, who is attempting to negotiate the passage from a structured residential setting back into a relatively unstructured community environment. This population often recidivates back into juvenile justice and inpatient facilities as they attempt to reintegrate into a home community that predisposes them to engage in AOD abuse and subsequent criminal behavior.

As a counselor in an Adolescent Intensive Outpatient Program (IOP), I have felt the sting that accompanies news of a client who has relapsed or been re-adjudicated. Exacerbating this circumstance is often the knowledge that while many clients have struggled to make changes in a high risk lifestyle, they did not have the resources and support available to consistently participate in treatment and other related services. However, for the last year I have had the privilege of working in a program that targets the transitional needs of adolescents and their families. As site coordinator for “The Bridge,” I am witnessing the evolution of AOD service delivery into a more interactive, comprehensive process which has the potential to yield a higher success rate in treatment outcomes with this population.

Description

“The Bridge” is a comprehensive, individualized, family-centered service for adolescents who are preparing to leave an AOD inpatient facility or a juvenile justice or other residential setting. The program is a three year demonstration grant funded by the Critical Populations Branch of the U.S. Center for Substance Abuse Treatment. Through providing a comprehensive array of specialized services, which include family counseling, intensive case management, and continuing care, this program facilitates the successful transition of adolescents from structured residential settings back into the community.

Program Operation

Our site is staffed by two clinical counselors/case managers and a project assistant. Because the thrust of the program is on intensive service delivery, case loads are structured to remain low. Each counselor has a maximum of twenty-two cases distributed in the following phases:

- Intensive Assessment (two cases) - begins approximately six weeks prior to the adolescent’s release back into the community. Over this time span a detailed profile of the adolescent and family is created to identify areas of needs and strengths.
- Intensive Case Management (five cases) - lasts for three months following the adolescent’s release into the community. Counselors provide individual and family counseling to target areas that strengthen family functioning. Also counselors serve as case managers to provide referrals and linkage to appropriate providers in the community (i.e., vocational rehabilitation). During this phase, counselors have daily phone or face-to-face contact with each client and weekly home visits.
- Continuing Care (fifteen cases) - lasts for nine months and consists of weekly contact, monthly home visits, crisis management, and linkage to any needed service.

This program expands the definition of family in order to enlist all significant support systems on behalf of the client. Bridge counselors provide family member and family unit counseling to facilitate healthy family interaction and resolve family stressors. These services, which occur at the office and in the home, help to reduce the re-emergence of previous family behavior patterns that trigger relapse in the family system.

Service Array

Supporting the clinical services offered by Bridge counselors is an array of contractual providers that assist in engaging clients and families in the treatment process. Individualized contractual services enable counselors to make treatment more personalized and experiential; treatment plans become three-dimensional and goals become concrete and tangible.

Supportive services offered to clients and families include: a) Referrals to agency treatment services such as group counseling and the Intensive Outpatient Program; b) Transportation: cab fare and bus tickets are provided for those who are unable to attend services; c) Preventive Health Care: physical examinations and treatment for minor illnesses are available to help clients meet basic needs and the emphasize the importance of wellness in recovery; d) Educational Assistance: tutorial assistance is provided to assist clients successfully mainstream back into the public school system; e) Specialized Evaluations and Therapy: psychological and psychiatric evaluations are provided as needed; therapy for victimization or offender issues is provided as needed; f) Child Care Services: are provided to families with small children so that treatment is not interrupted; and, g) Recreational Services: are targeted at clients to encourage AOD free leisure activities.

Impact

“The Bridge” has provided a unique blend of therapeutic intervention, community based resources (private and public), and interagency collaboration. With the wrap-around approach, the program is beginning to see clients redefine themselves through success at home, at school, and in treatment; I have been excited to see the treatment process become more fluid with the removal of traditional barriers.

Coupled with the dynamics of transition, the barriers of resistance and gaps in service delivery often sabotage the efforts of this population to successfully bond with the community. The absence created while an adolescent is actively abusing chemicals, or while serving a sentence in a juvenile justice institution, has too often completely severed traditional ties that support healthy adolescent development. However, with the implementation of “The Bridge,” we are seeing the following impact:

- Increased length of stay and level of participation in outpatient treatment;
- Increased attendance in school and consistency in school performance;
- Reduced frequency of AOD use;
- Increased levels of family participation in treatment and improved family functioning.

Encouraged by these early indicators, we move swiftly in this favorable climate to build a bridge strong enough to support adolescents and their families in the often stormy journey to successful treatment outcomes.

*Compared to non-Bridge clients
Book Review

Death in the School Community

Kristin Bailey
Kappa Chapter

in each chapter she addresses a critical step in the multi-faceted areas of crisis intervention and planning. Chapter two is devoted to the development of a comprehensive plan and includes information on how to develop a task force and its various duties, elements of an effective plan, and an action checklist.

Techniques

Other chapters help to educate the reader about the grief reactions of children and the ways a counselor may facilitate healthy grief responses, using such techniques as writing activities, memorial tributes, artwork, storytelling, and developing loss graphs. Each of these activities is explained in detail so counselors and other community members can easily implement them in their individual plans.

Case Studies

Dr. Oates also developed a chapter of helpful case studies to help the reader apply all that has been learned to realistic situations. She follows each vignette with a series of questions that are meant to promote thinking about appropriate ways to respond to these deaths.

References

The book also offers an extensive reference section for further reading, with a brief summary provided of the contents of each book and journal article. It also includes a list of suggested readings for children and adolescents as well as a listing of audiovisual materials and support groups for people dealing with the death of a loved one.

Sample forms and announcements are provided in the Appendix. These exceptional aids will help professionals prepare before tragedy affects the school community.

Required Reading

This book should be required reading for all counselors, administrators, teachers, and parents. It is a very easy to read, well-formatted resource that will give professionals the necessary preparation and courage to face the often intimidating and frightening experience of dealing with grief and loss issues related to a death in the school community.

Video Review

Distinguished Scholars Interview Series: Dr. Donald Super

Jeanette Tyndall
CSI Intern

The Distinguished Scholars Interview with Dr. Donald Super (1991) is one of a series of interviews with Chi Sigma Iota scholars and leaders in the counseling profession. Dr. Super, who died in June, 1994, is considered by most in the counseling profession to be a leading contributor to career counseling and vocational psychology. At the time this video was produced, he was Professor Emeritus, the Teachers' College, Columbia University, and was interviewed by Dr. Nicholas Vacci, Professor and Chair, Counselor Education and Educational Development at the University of North Carolina at Greensboro, and President of Chi Sigma Iota, 1993-94.

Content Outline

The video covers six main areas: 1) an outline of Dr. Super's scholarship and research which led to his theory of career development; 2) a comparison of his theory with those of others, namely Holland, Osipow, and Krumboltz; 3) a look at how to develop theories and tools that are respectful of all cultural groups; 4) the issue of dual careers in families; 5) thoughts on balancing work and leisure, and 6) the essential qualities a successful scholar needs to possess.

Personal Experiences

Dr. Super begins by recounting how it took him nearly thirty-five years before he was satisfied with his theory of career development and ready to move into measurement in the areas of career maturity, the values people seek, and the relative importance people attach to different roles. He tells that by the mid-1980s, after he had retired three times, his theories and measurements were being used, and he and his team went on to develop a model for Career-Development Assessment and Counseling (C-DAC).

His Theory

In comparing his theory with others, Dr. Super tells us it was his team that created the concept of career development and coined the use of "vocational" and "career development" rather than relying on the traditional approach of matching people with occupations, as John Holland had initially done. Dr. Super goes on to propose that rather than relying on one particular theory, that all theorists get together and agree on a more integrated theory of career development.

Dual Careers in Families

On the issues of dual careers in families, he is able to speak from first-hand experience and believes such an arrangement is possible. He says that in helping the other develop, one develops oneself and that in turn trickles down to the children for whom (Continued on page 14)
Expanding the Use of Course Assignments in Counseling Classes

Paula Helen Stanley
CSI Associate Editor

Now and then I look through the files I have kept on each course completed in graduate school (masters and doctoral level). These materials still provide ideas for thought and good resources. However, there is also the realization that many course assignments had much more potential than to end up in a file drawer in my office or home.

Poster Sessions
Many faculty members are aware of the potential of course assignments and encourage students to get professional mileage out of a paper or project. For example, Borders & Benshoff (1992) developed a mini-conference for students in a professional issues course. Students prepared poster sessions on various topics related to professional issues in counseling. In preparing for the project, students contacted and/or visited professional organizations and obtained up-to-date information. They developed models, brochures, pamphlets, and videotapes that reflected their understanding of professional issues (e.g., professional licensure). The students held a mini-conference on the university campus for faculty, students, and interested individuals from the community. These students then presented their poster sessions as a group at the North Carolina Association of Counseling.

Videotapes
Students in my Individual Differences class prepared videotapes last spring which explored one issue concerning life-span human development. Students researched the literature, conducted interviews, and developed a script for their videotapes. Students then presented a program at the Virginia Counselors Conference with their professors demonstrating the videotapes they had developed and the value of the course assignment in their development as counselors.

Publications
Some faculty members give students the option of writing a publishable article as one class assignment. Others encourage students to further develop a term paper into an article. There are many examples of how to expand course assignments into professional contributions which will help one get started as a presenter, author, or grant writer.

However, students don’t need to wait on professors to suggest ways of developing course assignments into professional contributions. Students can begin to perceive themselves as persons who can enter the world of presentations and publications at any time if they put the time into preparing a thoughtful paper. They can ask professors to provide suggestions for improvement, both in content or format. Most professors are willing to help.

Barriers Which Interfere with Professional Contributions
There are barriers that interfere with students taking advantage of opportunities to publish or present at local, state, or national conferences. They are the same barriers that face many professionals who are not very active in presenting or publishing. Students may perceive publishing or presenting as something one does after graduation with a degree in counseling. Some perceive such professional activities as more characteristic of counselors with years of accomplishments. They might think they are not experienced or knowledgeable enough to write or present. Many encounter the fear of rejection and prefer to avoid such a possibility in response to something they have submitted.

Overcoming Barriers
What may assist students in overcoming the barriers that hold them back from publishing or presenting while they are students is to realize that they can develop the skills needed to accomplish what they want to do. It might be helpful to remember the effort it took to learn other skills that were at first new and the process involved in developing those skills. Publishing and presenting are activities that are based on developing skills which can be learned. What better place to learn these skills than in graduate school where one is surrounded by individuals who have the skills you want to develop?

Statespersons for the Profession
Ed Herr, Professor of Counseling, Pennsylvania State University, in an earlier interview for an article in the Chi Sigma Iota Newsletter, stressed the importance of counselors seeing themselves as "statespersons" for the profession of counseling. Counselors need to know more than theories and techniques; they need to let others know what counselors do and how they do it. Students who learn presentation and publication skills while in graduate training will be more prepared to be "statespersons" for the profession. They will have better skills for communicating the nature, scope, and function of counselors. It all could begin with one course assignment.

Reference

Video Review
(Continued from page 13)
CSI Fund Raising Ideas

Dianne Albright
CSI Associate Editor

"So much to do, too little time, and not enough money" are reasons many of us do not have more events in our various CSI chapters. Members often ask, "How can we raise more funds without killing ourselves in the process?" I have heard from five CSI chapters regarding this question and wish to share some of their ideas with you.

Auction

Mary Howard-Hamilton from the BETA chapter of CSI at the University of Florida in Gainesville wrote about the annual auction they hold in the fall. Approximately $200-$300 is requested from the chapter for start-up costs such as hiring an auctioneer and purchasing decorations. Auction items are acquired by calling upon merchants to donate dinners, trial memberships to health facilities, electronic devices, and sporting goods. Some creative gifts donated have been guitar lessons, free basketball/football tickets, and dinner for four. Food for the auction is also donated so that people can eat and drink during the event. The auction is usually held in a church, a large room in the Student Union, or an apartment complex clubhouse. Admission for this event is $3.00 per individual or $5.00 per couple. They usually net approximately $5-$10 per person. This money helps them finance other chapter activities throughout the year.

Skills Conference

Susan Zgliczynski of the SIGMA DELTA chapter of CSI at the University of San Diego, California, wrote that members had heard concerns from others about the presentations at the annual Spring Conference being too short to learn new skills. Chapter members decided to develop an annual "Fall Skills Development Conference" in response to these concerns. The format for the conference is a short opening keynote address, a choice of 3-hour, skill-building sessions (one in the morning and one in the afternoon), and a networking luncheon. Workshops are held on campus so the facilities are free and the food service does not charge gratuity. There are usually 100-125 participants which means that after honorariums and other expenses have been deducted, they still net approximately $5-$10 per person. This money helps them finance other chapter activities throughout the year.

Sales

Zaidy Mohdzain of DELTA SIGMA UPSILON chapter of CSI at Delta State University, Mississippi, wrote that money is raised primarily through bake sales, auctions, and book sales. Members bake breads, cookies, and other goodies and hold a sale outside of the local Wal-Mart, with full permission and with great success. Members donate items such as ornaments, special posters, drawings, etc., and auction them off to the highest bidder at their normally scheduled meetings. The chapter also co-sponsors the annual "Spring Conference for Counselors and Helping Professionals" in the area and sells books obtained from various publishers, keeping the mark-ups for the chapter. The money raised is spent on things such as renting hotel rooms to give students free lodging during state conferences, social hours for all DSU members, and printing flyers and posters to be distributed during convention registration. This advertising seems to attract alumni and other students to these events.

Other Ideas?

A special thank you to all the people who submitted information regarding their CSI Chapters. If there are others of you who have had success raising money for your chapter, please pass your ideas along to: Dr. Dianne Albright, Department of Psychology and Counselor Education, 122A Lovinger, Central Missouri State University, Warrensburg, MO 64093 for a future issue.
Celebrate with CSI in Denver, April 27, 1995