



Chi Sigma Iota

Spring 2010 Vol. 25 No. 2

EXEMPLAR

25th Anniversary

Counseling Academic and Professional Honor Society International

Chi Sigma Iota: *Caring Supporting, Inspiring*

25th Anniversary: 1985-2010

Tom Sweeney, Founder & Executive Director

In this our twenty-fifth year, over 70,000 individuals will have been honored publicly for their excellence as students and practitioners of professional counseling. Through over 260 chapters in this country and abroad, they have been invited not only to be recognized but to serve as leaders and contributors to the growth and excellence of their profession. Our first motto was "CSI is more than a line on your resume!" It still is!

Since our inception in 1985, chapters have received over \$600,000 in rebates and grants. At the grassroots level, this means recognition ceremonies, outstanding initiation speakers, awards, fellowships, professional development and research grants, leadership and professional development programs, conferences, social functions, and assistance to the counselor education programs of which they are a part. CSI is unique in donating such funding to so many university counselor education programs.

In addition, we have awarded over \$150,000 in leadership fellowships and internships for individuals to attend CSI Day leadership development activities and to participate in year round activities of the Society.

In the beginning....

Occasionally someone will ask, why and how did this organization get started in the first place? Let's jump in our time machine back to the 1970's and early 1980's. There were no adopted national standards for counselor preparation, no accrediting body for counseling, no state licensing for counselors, and no national credentialing for counselors.

Psychologists on the other hand were on their way to making a place for themselves in the health care market.

Counselors in private practices were being sent "cease and desist" orders for violating new state psychologists' laws. Two nationally reported cases involved

arresting counselors offering private services. Scope of practice was not the main issue then, the main issue was for counselors to have the right to practice at all. Professional counseling was in a poor position to assert much more than objections. We did so with some success through what is now the American Counseling Association (ACA).

In the meantime, masters level counselor education had moved from principally school counseling to community and mental health counseling with doctoral programs torn between psychology and a much less defined counselor education and supervision doctorate. Many counselor educators ended up with multiple identities as psychologists, marriage and family therapists or simply "therapists."

By the 1980s, counselors launched the Council for the Accreditation of Counseling and Related Educational Programs (CACREP) and the National Board of

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CSI Leadership Training Principles & Practices of Leadership Excellence: A 25th Year Anniversary Celebration

JoLynn V. Carney, CSI President-elect

We look forward to welcoming you to Pittsburgh, Pennsylvania for Chi Sigma Iota's 25th Anniversary Celebration (1985-2010). As a part of its mission statement Chi Sigma Iota (CSI) emphasizes the promotion of leadership in the counseling profession. If you pause for a moment you will see how relevant this theme is in our lives. The world around us has a tremendous need for great leaders whether at the international, national, or local level. Work occurring within our local chapters really is preparation for future professional leadership efforts that can impact counseling, our clients, and society as well.

CSI Leadership Training at the 2010 American Counseling Association Conference will consider the CSI Principles and Practices of Leadership Excellence (March 20, 2010 from 8:00a.m.-12:00 p.m., Westin Hotel). The leadership training will provide multiple opportunities for you to learn, discuss, and network with established leaders in the profession.

Panel of Anniversary Presidents: Principles and Practices of Leadership Excellence

CSI's principles and practices of leadership were developed by the CSI Academy of Leaders for Excellence and approved by the CSI Executive Council in 1999. This focus on leadership seems appropriate as part of CSI's 25th Anniversary Celebration. Providing their unique perspectives on important principles of leadership will be key things that have been learned by the "Anniversary Presidents" who represent specific milestones across the decades from the organization's first president, Dr. Thomas J. Sweeney to the current president, Dr. Catharina Y. Chang.

Opportunities for Discussion & Learning

The Anniversary Presidents will be part

of a panel and discuss the principles of leadership that hold the most value for them personally. Individuals attending the program will have an opportunity to ask these distinguished panel members questions pertaining to leadership and also participate in a small group discussion around leadership that will be facilitated by the Anniversary Presidents. Topics likely to be discussed include

- Recognizing that service to others is a hallmark of effective leadership,
- Committing to implementation of the mission statement,
- Articulating a meaningful vision for the future, and
- Understanding how a long-range perspective is essential to guiding leader day-to-day efforts.

These are just a few of numerous essential leadership ingredients that will be provided through the personal experiences of proven leaders. You can get a head start by examining the ten Principles and Practices of Leadership Excellence before the workshop by visiting www.csi-net.org/chapters under 'Index of Resources for Chapters; Chapter Leadership Training Materials.'

Small group trainings will follow the panel presentation and discussion. Attendees will have the opportunity to rotate among stations and receive specific trainings important for chapter success including:

- Invitation to Membership and Initiation, facilitated by Dr. Janna Scarborough (CSI Chapter Faculty Advisor chairperson),
- Newsletters, facilitated by Dr. Dana Levitt (CSI Newsletter editor),

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CSI LEADERSHIP

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Georgia State University

President-Elect

JoLynn Carney
Pennsylvania State University

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Wake Forest University

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Thomas J. Sweeney

Administrative Assistant

Kelley Rowland

Web Administrator

Jane Myers

CSI Headquarters

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CSI Day 25th Anniversary Schedule

Friday, March 19, 2010

| | | |
|---------------------------|------------------------|-------------------|
| Executive Council Meeting | Friday, March 19, 2010 | 1:00 pm - 3:30 pm |
| Fellow/Intern Orientation | Friday, March 19, 2010 | 2:00 pm - 3:30 pm |
| CSI Showcase of Chapters | Friday, March 19, 2010 | 4:00 pm - 5:30 pm |

Saturday, March 20, 2010

| | | |
|-----------------------------------|--------------------------|--------------------|
| Leadership Workshop | Saturday, March 20, 2010 | 8:00 am - 12:00 pm |
| Chapter Faculty Advisors Meeting | Saturday, March 20, 2010 | 1:30 pm - 3:00 pm |
| Chapter Leaders Meeting | Saturday, March 20, 2010 | 1:30 pm - 3:00 pm |
| Fellows Planning Meeting | Saturday, March 20, 2010 | 1:30 pm - 3:00 pm |
| 25th Anniversary Business Meeting | Saturday, March 20, 2010 | 3:00 pm - 4:30 pm |
| 25th Anniversary Awards Ceremony | Saturday, March 20, 2010 | 4:30 pm - 5:30 pm |
| 25th Anniversary Reception | Saturday, March 20, 2010 | 5:30 pm - 7:00 pm |

Sunday, March 21, 2010

| | | |
|------------------------|------------------------|--------------------|
| Presidents & Committee | Sunday, March 21, 2010 | 8:00 am - 9:00 am |
| Chairs Meeting | Sunday, March 21, 2010 | 9:00 am - 10:30 am |
| CSI Committee Meetings | Sunday, March 21, 2010 | 9:00 am - 10:30 am |



Chi Sigma Iota Proudly Thanks Donors:

| | | | |
|------------------------|--------------------|----------------------|---------------------|
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| Kelli Dunavant | Kappa Zeta | Amy Beth Pedigo | Upsilon Theta Chi |
| Celestine David | Lambda Iota Beta | | |

Gratitude

Catharina Y. Chang, CSI President

It is difficult to believe that this is already my final column as president of Chi Sigma Iota-International (CSI). As I enter the final months of my year as president, I cannot help but reflect with gratitude on the many life changing experiences that I have had during my tenure of service.



I am especially thankful for the people of CSI. By traveling to various chapters, I saw firsthand the unique implementation of our organization's mission and vision on the chapter and individual levels.

I was inspired by countless examples of their scholarship, research, professionalism and leadership. In addition, my confidence that this will continue to gain momentum was supported by the ever-strengthening mentoring chain stretching from our faculty advisors and our professional members to current and future student leaders. How can one not be honored to be part of an organization that gives so much back to its profession and community through advocacy and volunteerism. Whether I was in Syracuse, New York or in Meridian, Mississippi, all CSI members—from those newly initiated to the charter members—are tirelessly promoting excellence in counseling. For this, I am truly grateful to serve in such a dynamic organization.

I am looking forward to the coming year and my evolving role within the CSI organization. Specifically, the examples above have energized me

to redouble my efforts to support CSI's leadership training programs. Recently, the American Counseling Association ballots were disseminated and it was encouraging to see how many individuals nominated for the various positions are active CSI members and how many of them are former CSI fellows and interns. Clearly, CSI is accomplishing its mission of training leaders in the counseling profession, which gives me further resolve to lend my efforts to CSI's leadership programs at the national and chapter levels.

I want to use these last few words to express my deep gratitude to the professionals that comprise the staff at CSI headquarters: Dr. Tom Sweeney, Dr. Jane Myers, Mrs. Kelley Rowland and Mr. Lewis Rowland. These individuals devote their expertise, their passion, and countless hours to promote and to support the mission and vision of CSI. They are the nerve center that keeps CSI such an efficient and well managed organization. I would encourage all members when encountering these amazing individuals to thank them and let them know what a difference they are making to our organization.

It has been a privilege serving as your CSI president. I resolve to continue my support and encourage each one of you to continue to strive for excellence in counseling.



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- CSI and Chapter Internet/Web development facilitated by Dr. Jane Myers (CSI Web Administrator),
- Chapter Service and Advocacy facilitated by Drs. Chris Roseman and Brandy Kelly (CSI Advocacy Committee).

Additional Experiences

One of the many unique components of the CSI 25th Anniversary schedule will be the "Showcase of Chapters" on March 19th from 4:00-5:30 p. m. at the Westin Hotel. This event will celebrate and highlight Chi Sigma Iota chapter activities and accomplishments and provide networking opportunities among current and potential chapter leaders. Chapters will be invited to submit their application to participate in this event via email. Applications and additional information will be posted on the CSI website. In addition to the Leadership Training and Showcase, CSI Day includes opportunities for Chapter Leaders and Faculty Advisors to meet in separate groups to enhance leadership skills, and network with others for ideas on chapter development activities.

Register Now

Up to four CEUs will be provided for attending the Leadership Training. Registration deadline is March 12, 2010. Online registration is available at www.csi-net.org/CSIDay by clicking on Leadership Workshop. If requested, a sign language interpreter will be provided for hearing impaired or deaf members attending CSI events. Please request this service online by March 12, 2010 (on the appropriate registration form) or by contacting Kelley Rowland at kelley.rowland@csi-net.org or by calling or faxing (336) 841-8180 or e-mailing Dr. Tom Sweeney at tjsweeney@csi-net.org.

Please make plans to attend all CSI Day events. I look forward to seeing you in Pittsburgh!

Headquarters' Update *Much to Celebrate! More to Do!*

Tom Sweeney

During a recent Executive Council conference call I was able to report that membership and chapter activity are strong. With the economy improving this likely will be another record setting year for CSI. We already have eight new chapters, five more than this time last year. Our new memberships are significantly higher than this time last year and our renewals are up as well. Members are purchasing online from the CSI store at below college bookstore prices. The store income helps keep dues low since 1999! This is all good!

We also had three excellent, well attended CSI sessions in San Diego at the ACES conference in October. Over 100 members participated in everything from how to properly invite others to membership to how to get the most from CSI's web resources. Those attending were impressed that in the first session a suggestion was made for an addition to our web tools for members and by Saturday's session it was up and available. Besides Chapter Faculty Advisors we had a number of members participate.

We also celebrate the passage of the California credentialing law for counselors. This completes the long journey to having a law recognizing counselors in every state. This process began in the early 1970's with the efforts of a few to call attention to the fact that psychologists' laws were infringing on counselors including the deletion of counselor positions and the arrest and "cease and desist" orders for some in private practices. It has taken untold hours and the efforts of counselors in every state since then to reach this point.



There is still much to be done: credential portability; educating others to the knowledge and skills of counselors; advocating and protecting the counselor's scope of practice, advocating for a transformation of a deficit based system of health and education to one of prevention, empowerment, dignity, and wellness; and helping to support the efforts of counselors in other countries to serve the needs of their people. Leadership opportunities for these and other initiatives are endless. CSI and its members will be a part of addressing these initiatives.

Chapter Bylaws

If your chapter has not revised its bylaws within the last two years, they are out of date! The simplest way to update them is to download the Sample Chapter Bylaws from our website under the Chapters button. With a few insertions of the chapter name and the program name once in the body of the bylaws, you are ready to get on with business.

Additions or deletions from the sample bylaws must be submitted for prior approval. *No one may modify CSI's membership criteria, categories, or designations.* Further instructions will be coming to chapters in February to submit their bylaws with their Annual Reports by April 30, 2010.

When we find a misunderstanding of a word or phrase we make an effort to clarify it. If chapters have questions, please submit them to headquarters and we will do our best to see that they are answered asap.

The CSI Exemplar...

is distributed three times a year to all CSI members and is the main communication service informing members of current events within the Society and within the counseling profession. Its content represents enthusiasm for academic and professional excellence in counseling.

Deadlines:

| Issue | Deadline |
|--------|------------|
| Fall | August 1 |
| Spring | December 1 |
| Summer | May 8 |

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Chapter Summaries

*Kelly Emelianchik and Amanda Healey,
Old Dominion University*

During the past 2008-2009 year Chi Sigma Iota's fellow's, Kelly Emelianchik and Amanda Healey, were responsible for compiling all of Chi Sigma Iota's chapter summaries into one annual report summary. Although this is a large and yearly undertaking, the resulting document serves to provide valuable information about the progress and development of CSI chapters throughout the country, which serves as an indication of the growth and accomplishments of the larger international organization. The annual summary encompasses information on all CSI chapter's activities, funding, and membership benefits, and practices. The report revealed several prominent findings. Three of the most interesting findings were funding, activities, and workshops.

There were 144 chapters reporting information on the maintenance and practices regarding obtainment of operational funds during this year's annual reports. Of these chapters, 196 methods of chapter funding were reported. 17% of chapters reported professional and student-centered workshops as their main source of funding and 29% of

chapters reported sales of CSI related merchandise and sales of other non-related merchandise as a substantial funding source. Of all reporting chapters, 10% reported having no fund raising activities. This is a decrease in the number of chapters that reported no funding from the previous year. One of the goals of providing summary reports such as this one is to assist chapters in coming up with pertinent and easily implemented activities to help raise money to sustain not only the chapter itself, but to provide membership benefits to students beyond the standard benefits provided by the larger organization.

From this year's chapter reports, it appears that 81% of the chapters reported as being active; planning many additional social, membership, and professional activities to augment and enhance service to students, faculty and their communities. The activities included, but were not limited to: professional development advocacy projects, chapter development projects, departmental and regional conferences, community outreach, and CSI international activities. A commonly reported chapter

activity included social events for student and faculty members. Ninety percent of all chapters reporting had one or more social event every year. The common frequency of this practice in this year and previous years serves to highlight the importance of building community within individual chapters in order to assist members in working together towards larger goals in line with the Chi Sigma Iota mission.

As workshops were a large source of funding for many CSI chapters this year and in previous years, it is our recommendation that chapters review the feasibility of hosting professional workshops as a way of assisting students and professionals and raising needed chapter funds for organizational costs. Of the 150 chapters reporting on their involvement with hosting workshops, 115 chapters reported at developing and holding at least one, and in many cases, more than one workshop; taking place for the benefit of the students and professional community. Most workshops fell into 5 themes of clinically focused-seminars, professional development and

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2010-2011 Election Results

***Donna Henderson,
CSI Past-President***

Once again we were fortunate to have four outstanding nominees for Chi Sigma Iota offices:

Donna Gibson (University of South Carolina) and Casey Barrio-Minton (University of North Texas) for president-elect; and Jill Duba (Western Kentucky University) and Nicole Hill (Idaho

State University) for secretary-elect. All of these candidates are committed, hard-working members, and have contributed greatly to CSI. We are grateful for their leadership and service.

Congratulations to Casey Barrio-Minton, President-elect, and Nicole Hill, Secretary-elect! Casey is an Assistant Professor of Counseling and Program Coordinator at the University of North Texas. She has been a member of CSI since 2001, has served as CSI Fellow and Chapter President and is currently

the Chapter Faculty Advisor for Rho Kappa Chapter.

Nicole is a professor in the Department of Counseling at Idaho State University where she has served as Chapter Faculty Advisor for the Phi Omicron Chi chapter since she arrived in Idaho in 2002.

Our sincere thanks extend to all of the candidates for their willingness to serve as an officer in CSI.

Professional Advocacy: An Imperative for ALL CSI Members

Kristopher M. Goodrich, PhD, NCC, ACS

As a professional organization, Chi Sigma Iota (CSI) is committed to advocacy for both counseling professionals and their clients (CSI, 2009b). Of the six advocacy themes presented by the organization, five exclusively relate to professional counselors and their work, with the last centering on wellness and prevention for both professional counselors and clients (CSI, 2009b). As an international organization, CSI has centered itself as a leader in promoting the counseling profession through the many programs, services and resources it provides (CSI, 2009a). At the recent ACES Conference in San Diego, however, I discovered that many chapters and individual members have lagged behind the international organization in advocating for the needs of professional counselors. What may be the reasons for this discrepancy? As of this Fall, all fifty states have established counselor licensure: the conclusion to a long term strategic goal. Does this mean that our field no longer requires advocacy?

Counselor advocates have presented numerous arguments for the continued need for professional advocacy. The American Counseling Association (2009) has documented a number of policy issues still impacting professional counselors, ranging from federal Medicare reform to state spending bills and counselor recognition. Outside of policy makers, it appears the general public also requires additional attention from our profession. Fall and his colleagues (2000) surveyed members of the general public and found they had little understanding about the work of a professional counselor, while they did grasp the roles and functions of psychiatrists and psychologists. In addition,

respondents noted they were much less likely to seek the services of a professional counselor compared to other mental health providers in a variety of case vignettes, with the exception of one non-pathological concern. This is greatly concerning, as client buy-in is vital to the survival of our profession.

Authors have suggested that counselor resistance to advocating for the profession may be related to concerns that it could be perceived as self-serving, and lead to a neglect of focus serving the needs of our clients (McClure & Russo, 1996; Myers & Sweeney, 2004). They argue, however, that advocating for the profession in many ways serves clients, as providing addition access and resources for professional counselors subsequently increases the access and services available to clients (Myers & Sweeney, 2004). As such, it is important for members to re-conceptualize professional advocacy as a necessary component to both ensuring parity for the profession, as well as placing counselors in the position to more effectively advocate and serve their clients.

The following are some tips for how CSI chapters can advocate for our profession, at the local, state and national levels:

- **Chapter/Local Level:** Chapter leaders could increase public awareness of work of professional counselors by hosting a "Mental Health Awareness Day." During the event, CSI leaders can raise awareness of the prevalence and scope of mental illness in their community while also providing related educational resources. Referrals

to local CSI professional members and other licensed counselors can also be provided to interested participants. Activities such as these raise awareness about mental health while supporting professional counselors (and professional CSI members) in your community.

- **Statewide Advocacy:** Many states have ongoing legislation related to professional counseling. Joining statewide associations is an important first step, as well as becoming an active member of their public policy committee or group. Additionally, ACA (2009)'s public policy website hosts a great deal of information about the legislative efforts within each of the 50 states, including contact information for lawmakers. CSI chapters can host letter-writing campaigns aimed at lawmakers and professors could consider making these experiences mandatory assignments for counseling courses, ensuring student participation.
- **National:** There are multiple ways to get involved nationally. First, members should join (and renew memberships in) professional organizations and associations, including CSI and ACA, as well as become active members of those organizations. CSI chapters from across their state might think to collaborate to host a "lobby day" where professional counselors and students from across that state travel to the capital to educate and lobby state lawmakers regarding mental health legislation in their area. If

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Certified Counselors, Inc, and were succeeding in getting some state laws passed for counselors.

In the meantime, many students new to the profession were being mentored by faculty who had no strong professional counseling identity and as a consequence, little commitment to its emergence as a profession.

In the fall of 1984, I sensed that something was missing in our efforts to elevate counseling from an "activity" to a professional vocation with distinctive qualities. I started as a school counselor and later counselor educator. My counselor education was deeply imbued with the developmental, preventive, and life span wellness philosophy and methods.

When mental health counseling became more prominent in counselor education, in spite of its earliest proponents' intentions, many programs associated their approach with a clinical illness orientation. I was not comfortable with what was happening to our profession.

For me the associations with which I had been an active leader served different purposes than what I envisioned. What we needed was a community of professional counselors dedicated to excellence in all that they do. A community of individuals who first and foremost identify themselves as professional counselors regardless of setting or specialty. When the rehabilitation counseling honor society asked to merge with CSI in 1989, we welcomed the opportunity for unity.

Getting Started

Once the idea of creating a new organization was clear, an honor society was the logical choice. Through consultation with a few respected colleagues, Chi Sigma Iota Counseling Academic and Professional Honor Society International was originally incorporated in Ohio and as a 501 (3) c with the IRS.

The name is significant. Why not "counseling honor society"? The Greek letters, Chi Sigma Iota, were for "Counseling Society International." I always envisioned a society of members that stretched around the world. We have a long way to go but we are on our way. "Academic and Professional" was deliberate in emphasizing that CSI membership is a life long commitment to excellence and, in turn, a commitment by CSI to support members in their journey.

Just over half of our annual active members (N =12,500) currently are practitioners, counseling supervisors, counselor educators, and retired members. They support their chapters in a number of ways including the annual chapter rebates that they help to fund. As a consequence, we strive to find ways to benefit these members for their loyalty to their oath of membership.

For example, NBCC recently had a U.S. educated Malaysian counselor educator, private practitioner visiting who was also a CSI member. After a short time, we learned that she was using neuro-feedback with children in Malaysia. We were able to introduce her to a local LPC with advanced certification in such work. Now back in Malaysia, they correspond via the internet. In fact, exciting neuro-science methods are being used increasingly by counselors as a part of their repertoire. CSI will help to advance our members access to such methods through our publications and website.

So unlike 1980, professional counseling is in a position to advocate for itself and its clients like never before. CSI chapters are a part of the reason this is true.

The original plan was to send a series of letters to all counselor education programs inviting them to establish a chapter. There were so many inquiries, however, that we never had a need to send another invitation. Having a chapter of CSI has come to mean that the administration and faculty commit to national accreditation and a strong professional counselor identity.

The first initiation took place with Alpha Chapter of Ohio University in March of 1985. Two Life Members and 29 regular members took the oath of membership with administrators, faculty, family, and friends looking on. When asked if I ever imagined that CSI would ever have this many members, my answer is simple. We are not even close yet!

Since then ...

CSI has engaged in many collaborative efforts with virtually every other professional counseling organization. Our Bylaws were written to incorporate a professional stance into everything we do. We started by defining professional counseling and those who prepare counselors by the CACREP standards.

We expect our members to hold appropriate professional counseling credentials administered by state and/or national credentialing bodies. We do so because we expect our members to adhere to the highest ethical behavior and to continually seek development opportunities as they mature within the profession.

We hold our business, leadership development, awards, and receptions at the ACA conference each year. ACA in turn, awards 20 free student registrations as well as poster sessions on the conference program. We encourage our members to participate both on programs and in CSI functions at the Association for Counselor Education and Supervision (ACES) and its regional conferences. Like ACA, ACES allocates space for CSI member functions and programs.

We have initiated and participated in leadership forums dedicated to moving counseling forward as a profession. We used to note how many presidents of other organizations had become leaders for CSI. Now we note how many organizations including ACA and ACES have CSI past officers and chapter members in their top offices. CSI is mentoring literally hundreds of emerging leaders

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each year and they are in turn becoming leaders in the schools, agencies, and communities where they work.

CSI's most notable collaboration, however, does not happen at conferences. It happens at the more than 260 campus chapters. Each year literally hundreds of co-curricular programs serve the students, faculty, and communities of our counselor education programs. CSI chapters keep professional members on their rolls and often on their campuses as expert lecturers, practicum and internship supervisors, and self-study participants.

Because the CACREP standards define knowledge and skill by experiences and outcomes (not courses) virtually every chapter helps their counselor education programs meet the standards without costing the students one cent of tuition or the faculty one more course to offer. Isn't that something to think about? We are told some visiting teams already think so too!

None of this would be possible without the hundreds of volunteer officers, committee chairs and members and especially Chapter Faculty Advisors who dedicate untold hours behind the scenes and often with little recognition or thanks! Your headquarters is a staff of two full time employees. To all who pay their annual dues when not doing so would be easy, thank you, too! It helps us feel our efforts are appreciated!

Come celebrate!

Please celebrate our 25th year with us in Pittsburgh, Saturday, March 20, 2010! Help us show that CSI also stands for Caring, Supporting, and Inspiring! © All chapters must have a representative attend a business meeting once every three years (any active CSI member of the chapter may serve) but what a great way to learn about the terrific organization of which you a part! You can get full details at www.csi-net.org!

Chi Sigma Iota's Excellence in Counseling Research Grants 2010 Call for Proposals

The mission of Chi Sigma Iota is to promote scholarship, research, professionalism, leadership, and excellence in counseling; to encourage the pursuit of personal excellence by members; and to recognize high attainment in the pursuit of academic and clinical excellence by its members. To fulfill that mission, the Executive Council established the CSI Excellence in Counseling Research Grants Program.

A limited number of awards in three categories are available in 2010 with amounts ranging from \$250 to \$750 with a total of grants not to exceed \$2000 per category, 1) Professional Advocacy and Leadership, 2) Client Advocacy, and 3) Wellness. Applicants must be current/active CSI student or professional members. Greater weight will be given to collaborative proposals that involve practitioners as well as university students and/or faculty teams, e.g., school counseling, rehabilitation counseling, addictions, etc.

The applicant's CSI Chapter Faculty Advisor's endorsement on behalf of an active chapter is required. Professional members at large without the benefit of an active chapter may request consideration as an exception to this requirement.

Grant awardees will be recognized at the CSI Awards Ceremony during the ACA Convention in 2011 and may be asked to showcase their research proposal in poster format. Recipients are also encouraged to submit their results for publication in a refereed journal.

Investigations may include survey research, outcome research, and both quantitative and qualitative research

with a variety of populations (e.g., counseling students, supervisees/supervisors, counselors, trainers, or clients and their families). Preference will be given to proposals that clearly describe how the research investigation will address the focus of the CSI funding priorities with priority consideration for outcome-based studies and best practices (see www.csi-net.org). Please note: the themes have changed somewhat from previous years.

For all proposals, applicants are encouraged to study the advocacy themes and information included at csi-net.org under the Professional Advocacy links. In addition, prospective applicants are encouraged to contact the Chair of the Excellence in Counseling Research Grants Committee to discuss their ideas in advance of proposal submission. The Chair may encourage consultation with sub-chairs in each of the three priority areas or with CSI officers and committee chairs.

To apply, complete the CSI Grant Application and submit it electronically as an email attachment to info@csi-net.org; or send by postal mail to the address below (if sending by postal mail, please submit 5 print copies of the application) postmarked by the deadline of June 1, 2010. Applicants will be notified of determinations made by the CSI Excellence in Counseling Research Grants Review Committee no later than July 17, 2009. Hard copy application packets should be mailed to Dr. Donna M. Gibson, USC/Dept. of Educational Studies, 263 Wardlaw, Columbia, SC 29208, 803-777-3048 gibsond@mail-box.sc.edu.

CSI Initiates New International Web Page: www.csi-net.org/international

Jane Myers & Brenda Austin

Chi Sigma Iota is committed to advocacy for the profession of counseling and those we serve. At present the state of counseling around the world is not well known. As a consequence, CSI has initiated a new web site to contribute to the knowledge base in this area. Our goal is to provide a site where nations can share information about the development of counseling, and counselors can establish linkages with peers in other countries.

At present we are gathering information primarily in the form of statistics and narratives about the history, development, key figures, current status, and future plans for professionalizing counseling in various countries. Currently we have papers submitted from three countries: The Philippines, Turkey (by Dr. Fidan Korkut), and Hong Kong (by Dr. Raymond Mow-chiu). Brief summaries of information available at csi-net.org are provided below. We welcome additional contributions at any time.

We are developing a list of counseling association links in each of the 192 countries in the world, and so far have links for 52 nations, as well as 29 international organizations, and general organizations in Latin America (2), Europe (14), Asia (2), and Africa (2). Not surprisingly, language has proven to be the biggest challenge in gathering data online. Google Translator has saved the site editors more than once and has enabled us to navigate professional association websites written in Greek, Portuguese, Finnish, Turkish, etc. with relative ease.

Our hope, as we continue to build this comprehensive international counseling resource together, is to also compile a bibliography of country-specific schol-

arly articles, as well as a directory of annual counseling conferences around the world. Short-term study abroad programs also can provide counselors-in-training with fantastic opportunities to strengthen communication skills and build cultural competence. Therefore, we are planning to include a directory of short-term international professional development and study abroad programs that might interest counselors-in-training and working professionals alike.

This resource will always be dynamic as the counseling profession continues to grow and change around the globe. For it to be as current and complete as possible, we need your help. Are you interested in writing a summary of the development of the counseling profession in one or more countries? Do you know of an article, professional association, or conference with international significance? Did you recently hear about an international professional development or a study abroad program in counseling that you would like to share with us? If so, please email one of us (bgaustin@syr.edu, jemyers@csi-net.org). We are all international, and all are welcome to contribute to this exciting new project.

Counseling in the Philippines

Dr. Lily Rosqueta-Rosales,
Professor and Dean, Retired
College of Education
University of the Philippines, Manila
Chairman, Philippine Board of Guidance and Counseling

The Iota Phi Chapter of CSI was established in the Philippines 02/02/1988 and recently celebrated its 20th anniversary. Iota Phi has worked closely with the Philippine Guidance and Counseling Association (PGCA), formerly the Philippine Guidance and Personnel Associa-

tion (PGPA), and its Iota Phi Foundation to advocate for the counseling profession. After 40 years of concerted effort, in 2004, they were successful in influencing the passage of Republic Act No. 9258, the Guidance Act of 2004. This act regulates the practice of professional counseling, specifying curricula for counselor preparation and establishing the master's degree as the minimum requirement for Guidance Counselor positions in the Philippines. A baccalaureate degree in guidance and counseling or an allied degree is also required.

A total of 51 higher education institutions offer baccalaureate degree in guidance and counseling, 41 offer a master's degree, and 15 offer a doctorate. There are other master's degree programs offered under degrees combined, for example, with administration. Three-fourths of graduate programs are housed in colleges of education. Standard curricula mandated in the 2004 Guidance Act include: philosophical, psychological, and sociological foundations of guidance; counseling theories, tools, and techniques; psychological testing; organization, administration, and supervision of guidance services, and program development; group process; and career guidance.

The Iota Phi Foundation developed and administered by members of the Iota Phi chapter raises money to support the needs of counselors and clients in the Philippines and beyond. The Foundation provides a number of programs and resources for counselors including in-service training for school counselors, counseling training for first responders in disaster situations, and disaster response counseling. Members have established schools and hospitals (some physicians in the Philippines have

Ph.D.s in counseling), and many are among the first responders in national and regional disasters. For example in 2004, Dr. Rosales and 8 of her doctoral students traveled to Thailand to work with persons affected by the Tsunami. More recently she and other members have been involved in disaster relief from a typhoon and wide spread flooding in the Philippines.

Counseling in Turkey

Dr. Fidan Korkut Owen
Professor

Department of Educational Sciences
Hacettepe University, Ankara

The current Turkish counseling movement has been largely influenced by American counseling programs, models, and philosophy all of which were introduced in the 1950's when exchange programs were implemented as part of the Marshall Program for post WWII development. At this time counseling training programs offer specializations only in school counseling, therefore, almost all counselors work in the education system. An undergraduate degree is enough to be employed.

Candidates completing initial training are required to complete the KPSS-teacher version examination (Civil Service Personnel Selection Exam-Kamu Personel Seçme Sınavı), a nationally administered exam. A doctoral degree is necessary for becoming a counselor educator or a consultant for the Ministry of National Education (MONE). Currently Turkey has 66 counseling programs housed in 39 universities, including 31 undergraduate degree programs, 21 master's degree programs, and 14 doctorate degree programs.

While there is a strong drive towards standardization of preparation curricula, only the Turkish Psychological Counseling and Guidance Association (TPCGA) and Higher Education Council (HEC) are involved in standardization and accreditation activities. There are disparities among universities in the content of

counseling courses, and clinical practice courses are generally limited in scope. Discussions about the future include an emphasis on the ASCA/CACREP competencies and provision for areas of counseling specialization at the graduate level. Turkey does not have formally recognized requirements for certification as a professional counselor and procedures are not yet in place for official accreditation of undergraduate and graduate training programs. Finally, a specialty title and definition for counseling needs to be established.

Recent developments include cooperative initiatives between TPCGA and both American (ACA, NBCC and CACREP) and European (European Association for Counseling) professional counseling groups. These initiatives are in their early stages but will undoubtedly continue to evolve and provide greater opportunities for international professional cooperation and sharing.

The Turkish Psychological Counseling and Guidance Association (TPCGA), established in 1989, is the only professional association for counselors. Since 1991, the TPCGA has held a conference every 2 years. The next one will be held in the Fall of 2011.

Counselling in Hong Kong

Dr. Chan, Raymond Mow-chiu
Associate Professor

Department of Education Studies
Hong Kong Baptist University
& Immediate Past-President
Hong Kong Professional Counselling Association.

Currently in Hong Kong, we do not have a formal "counselor" job title within the government hierarchy. Counselling work has been taken up by different helping professionals in different settings. Clinical and educational psychologists are two recognized professionals to provide counselling and mental health services. Both clinical and educational psychologists are trained at the master's degree level. Social workers, mostly degree

holders, are also expected to provide counselling and mental health services in a great variety of settings.

In some primary schools, in addition to clinical psychologists, educational psychologists and social workers, School Guidance Master (SGM) and School Guidance Teachers (SGT) are also appointed as "school counselors" to provide counselling services. They usually serve as the coordinator of the school guidance and counselling team, and follow up with all the referral cases from teachers. Both SGM and SGT must possess qualified teacher status, and once employed as SGM or SGT, they are required to receive 4-months of pre-service training offered by the Education Department.

Currently, there is no standard counselor training curricula in Hong Kong, nor do we have certification and licensing laws governing the public practice of counselling and psychotherapeutic services. Consequently, counselling professional associations, both the Hong Kong Professional Counselling Association (HKPCA) and the Asian Professional Counselling Association (APCA(HK)) have adopted society-based professional certification systems so as to control entrance to the counselling profession. In 2007, the HKPCA established a professional-level membership category "HKPCA Certified Counsellor" in 2007, and recommended criteria for professional membership in terms of education and training in counselling, as well as post-training supervised experience. (for more information see www.apca-counseling.com).

Upcoming conferences include the Satir World Conference Synergy for a Peaceful World - Healthy Individual, Happy Family to be held June 15-19, 2010. (www.satir2010.org/web/eng/home.html)

For more information about Counseling in Hong Kong, Turkey, the Philippines, and more, see www.csi-net.org/international.

Faculty Advisor Highlight: Chippewa Thomas

“Be present, be engaged, be conscious, be reflective, and be well.”

Dr. Chippewa Thomas is a co-faculty advisor for Iota Delta Sigma and an assistant professor in the department of Special Education, Rehabilitation, Counseling/School Psychology at Auburn University. Dr. Thomas was born in Dar-es-salaam, Tanzania, East Africa and grew up in Los Angeles, California. For the past 17 years Dr. Thomas has been a resident of Alabama.



Dr. Chippewa Thomas' previous work as a community mental health counselor

involved clinical work addressing the mental, physical and socio-cultural needs of rural community populations as well as multidisciplinary collaboration and community outreach. She holds national counselor certification and is a licensed professional counselor in the state of Alabama. Based on her previous work experience, Dr. Thomas's writing and research focuses on counselor education best practices emphasizing social justice (e.g., strategies for culturally competent counseling practice and holistic health promoting community-based initiatives that inform counseling practice).

Dr. Thomas achieved degrees from both Tuskegee University and Auburn University. She was initiated in 2000 into Iota Delta Sigma Chapter of Auburn University. As a student member of Chi Sigma Iota, Dr. Thomas learned that in counseling, she could use all of her talents, grow in the process of helping and being of service to others. In 2004, Dr.

Thomas earned her Ph.D. from Auburn University and was the first student in the history of her department to join the faculty in 2005. In August 2009 Dr. Thomas began her first semester as a co-faculty advisor for the Iota Delta Sigma chapter of Chi Sigma Iota. The role of co-faculty advisor is not the only way she continues to impact and serve the profession. Dr. Thomas is the current president of the Alabama Counseling Association for Multicultural Counseling and Development and currently serves on the Chi Sigma Iota Counseling and Academic Honor Society International Awards committee.

Dr. Thomas stated that she chose to become a counseling professional because it was a great fit for her, and the work is both rewarding and challenging. In becoming a successful counseling professional, Dr. Thomas feels that there are some things students simply cannot learn from a book. Of most importance is that counseling can be an art and a science. "Because art is science and science is art, to be good at counseling, one must embrace the spiritual, creative, and affective selves in concert with behaving and cognitive dimensions of being. The humanity of a person makes it necessary for the work we do". When asked what advice she would give to chapter leaders and students about their roles as futures leaders within the profession, Dr. Thomas enthusiastically stated, "Be the change you wish to see in the world. Know that each day is an opportunity to learn more about you in partnership with others as agents for that change. Be present, be engaged, be conscious, be reflective, and be well."

For Dr. Thomas, the aspects of her professional identity that she feels contrib-

utes to her personal and professional success as a Counselor Educator are autonomy, awareness seeking, other-centeredness, process orientation, and hope. The most important thing she hopes to accomplish with her service and work as a counseling professional is to contribute to the promotion and affirmation of the wellness and humanity for all; to pass the gauntlet of knowledge, and the construction of that knowledge as a legacy of the counseling profession to future generations.

(continued from page 6)

leadership, student and training focused workshops, and multicultural or advocacy-related workshops.

CSI annual reports provide a great deal of information to assist not only developing chapters, but chapters seeking to strengthen or maintain their place within their departments and local communities. This information is also used to aid the CSI executive council in making changes that will benefit all chapters. These reports show that CSI chapters are constantly thriving and growing. Many chapters have gone above and beyond what is necessary to sustain their presence within their respective counseling programs, which allows their chapters to serve a pivotal role in their respective counseling communities, among student members, and internationally. It is hoped that all chapters will review these reports and contemplate the things that they can do to make their chapters even stronger, thus strengthening our profession. For more information on the CSI annual report or a copy of the report, please visit www.csi-net.org/displaycommon.cfm?an=1&subarticlenbr=470.

Announcements

Congratulations Counselors Bookshelf Contest Winners!

Each of the following CSI members will receive a gift certificate for \$50 to use at the CSI Store:

Danielle Richards, Beta Alpha Chapter

Donna Menigat, Alpha Chapter

Dione Marie Brigola, Upsilon Nu Chi Chapter

Kelly Koslowski, Epsilon Tau

Please visit csi-net.org/counselors_bookshelf and share your reviews of books that made you a better counselor, professional books, bibliotherapy resources, and movies and TV shows.

New PowerPoint Training Modules for Chapters

Visit csi-net.org/chapters to see the new PowerPoint training modules on the following topics:

- Creating A Chapter Newsletter
- Creating Your Chapter Internet Presence
- Initiations and Ceremonies
- Four Awards Modules: Soliciting and Selecting Individual Award Recipients, Submitting Awards to CSI International, The Chapter Awards Ceremony, Strategies for a Successful Awards Program

Chapter Faculty Advisors can get free CEUs for completing each training module.

Discussion Boards for Chapter Faculty Advisors and Chapter Leaders are now available!

See csi-net.org/chapters and look for the red box on the right. Use these to post questions and share information about happenings in your chapter.

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successful, this could then become a national "Counselor Lobby" day, with members from each state lobbying on the same day.

- Research: A brief look at extent literature reveals a dearth of pertinent literature on professional identity and advocacy, although this is fundamentally important to bring credibility to our causes. Research that would be helpful includes connecting professional identity and counselor advocacy to client outcomes. Questions might include differences in client/therapist working alliances across mental health disciplines, as well as effectiveness of treatment across types of clinicians. Research

might be qualitative or quantitative, but regardless it assists counselors in building a case for the need and effectiveness of our profession.

Some projects would take more time or effort than others. Each of these could be viewed as pieces fitting into a larger puzzle to increase the understanding for our profession and assist us in gaining parity with other professions. Ultimately, any victories achieved would be important for our profession and would provide us with greater resources to more effectively serve our clients.

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Chi Sigma Iota Author Showcase

Maria Shine Stewart, Editor

Many CSI members are authors of textbooks, workbooks, training tapes and CDs, and other non-journal print materials. CSI has initiated the Author Showcase to highlight these meaningful contributions to our profession.

If you have written a book or workbook, or developed a CD or DVD, spread the word about your creative achievements. All that is required is a quick visit to www.csi-net.org/author-showcase.

Once there, you can upload a summary of your resource (500 words or less) and add links to your personal web page, publisher, radio and TV interviews, for example.

If you know of someone who has made such a contribution to the profession, please encourage him or her to submit materials.

You are welcome to review books, CDs, and more at the CSI's Counselor's Bookshelf as well (www.csi-net.org/counselors_bookshelf/).

Current authors in the spotlight:

- Dr. Jan Holden, with Bruce Greyson and Debbie James, describes their 2009 book, *The handbook of near-death experiences: Thirty years of investigation*.
- Drs. Larry Loesch and Martin Ritchie provide an overview of their 2009 book, *The Accountable School Counselor* (2nd edition).
- Dr. Tom Sweeney, CSI Executive Director, offers observations on the 5th edition of his text, *Adlerian Counseling and Psychotherapy: A Practitioner's Approach* (2009).
- Dr. Geoffrey Yager explains his *Conversations with Jeremiah on the Magic of Counseling* (2009).
- Dr. Kathleen Connolly describes the four clinical hypnosis CDs she created to help clients cognitively, emotionally, and behaviorally begin to make the changes they desire to manage stress, improve sleep, stop smoking, and maintain a healthy weight.

Chi Sigma Iota JobLinks Page to Receive a New Look

Joshua C. Watson, Ph.D.

Are you looking for a job? If so, the new JobLinks page on the Chi Sigma Iota website might be of interest to you.

Starting in 2010 we will offer updated member services including a variety of helpful information for those entering the job market for the first time or those looking to make a career change. The site will feature links to popular job search engines that frequently post counseling and counselor education positions so members can conveniently conduct their job search whether they are looking locally or nationwide.

General information and fact sheets on several job-related areas such as preparing applications, resume or curriculum vitae writing, interviewing tips, and negotiating offers also will be made available as downloadable content.

For those who have more specific questions, a special member message board will be created where job-related questions can both be posted and answered.

Dr. Joshua Watson, editor, and Charles Jacob, associate editor, will be maintaining the site to ensure that current, up-to-date information is available to our members. We are open to your suggestions for how we can better serve CSI members. To give your feedback, or to become a contributing author, please contact Dr. Watson at joblinks_editor@csi-net.org.

Please check csi-net.org/JobLinks and see what we have to offer!

The Importance of Social Networking

Stephen Kennedy

Does your chapter use a social networking website? These sites will allow your chapter to communicate with professional members who no longer attend your university. Your options include:

Facebook.com: With 300 million users, Facebook can allow your chapter to connect with many of its professional members. A chapter Facebook group may include announcements, event invitations, discussion boards, links, and photographs.

Groupsite.com: Your chapter can use Groupsite to create a webpage that has the features of a Blackboard site, but is not restricted to faculty and students. You will be able to upload files, send email blasts, maintain a chapter calendar, and create sub-groups for committees.

Chapter leaders can review and must comply with CSI's Social Networking Policy at csi-net.org. If you have questions about social networking or other ways to keep alumni involved, contact the Professional Members Task Force by emailing Stephen Kennedy at sdkenedy24@triad.rr.com.

Student Insights Column

“What area of research captures your interest most and what is it about that area?”

Elizabeth A. Mellin, Column Editor

Spirituality

Counselors delve into all aspects of clients' lives, but the area of spirituality has often been ignored. The counseling field has now begun exploring how spirituality can actually be a powerful tool to use with clients because so many individuals believe in a higher power. Spirituality can profoundly influence how people think, feel, and act. It also provides a sense of meaning and purpose. Spirituality is even beginning to be incorporated into counseling theories.

The research on spirituality helps determine how to use it appropriately with clients. Since spirituality is a new concept being brought into the counseling field, research is important because many students and counselors have had little training and understanding about how to incorporate it into counseling. Research can provide more insight into what issues and clientele spirituality is best suited to aid, and how counselors can resourcefully and creatively use it.

Angie Pate, Chi Theta, Jacksonville State University

Criminal Justice Issues

In this field of crime victim services, I encounter very black-and-white, narrowly-defined characterizations of who “victims” and “criminals” are, particularly from other victim service professionals and colleagues in the legal services and law enforcement arenas. Victims of crime are often characterized one-dimensionally and perpetrators of crime even more so. This has direct implications for what criminals are provided by way of treatment and/or restitution. The nuances of the human experience of both are simply lost. For example, many perpetrators of street level crime have

been victims of the same themselves, which does not excuse the crime, but immediately throws into question the good person-bad person dichotomy.

Oversimplification of human nature serves a specific purpose in the criminal justice system and certainly helps the news media to influence public perception. It does little, however, to promote healing or restoration. As counselors, we must to be the professionals that maintain a middle ground given that our goal is to promote healing. I am interested in seeing more research that deals with these issues.

Gail Perry-Ryder, Tau Chapter, Lehman College/CUNY

Our research interests grew out of a needs-assessment based on the loss of female participants at a community-based program for mandated felony probationers with substance abuse disorders. Shortly after beginning the program, we noticed that the few females we had in the program were dropping out at a much higher rate than male offenders, either by absconding from supervision or becoming incarcerated.

In order to provide better services for the females we had, we began to attempt to develop a program that would meet the unique needs of the females we were counseling so that they could have a better opportunity to complete the programming and return to the community. We began to see these females within a culturally-specific model, realizing that their needs were different than male offenders, specifically in the areas of education, family support, and employability. However, in the past, some treatment modalities failed to account for the huge disparity of these needs within the female population. We

have seen that it is essential to develop a gender-specific counseling model that targets these areas of need from the perspective of the female. Several key needs must be addressed for the females in treatment and recovery: housing, job readiness, education, substance abuse treatment, financial solvency, mental and physical health assessment, family violence, family support, and connection with community resources and social services.

Shannon Eller and Rachel Hopkins, Alpha Upsilon Alpha, Argosy University

Attachment

The area of research which captures my interest the most is attachment theory. Currently I am involved in a research study where we have been following a cohort of women from their third trimester of pregnancy through the child's second birthday. During interviews with mothers and their children, we observe the dyad using the HOME Inventory as well as observe the interaction of the mothers with their children during a 10-minute video taped play interaction.

What intrigues me the most about attachment research is the direct relationship to the counseling profession. By being aware of the characteristics of the four attachment styles while working with children, the counselor is better able to detect possible child abuse and strained relationships. In addition to being aware of the attachment styles, counselors can work with children and the primary caregiver to improve the dyad's relationship and stop the possibility of psychological disorders in the child's future.

Ana Tindall, Pi Omega, Eastern Michigan University



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Advertising is not accepted.

All material must be sent to Dana Heller Levitt, PhD., Exemplar Editor, Montclair State University, One Normal Ave., Montclair, New Jersey 07043, or (E-mail) levitt@montclair.edu.



STUDENT IDEAS AND EXPERIENCES NEEDED FOR PUBLICATION!

Column Editor: Elizabeth A. Mellin

I am looking for CSI student member ideas to be published in the next edition of EXEMPLAR around the "Student Insights" question listed below. The new question is:

What have your counseling peers taught you about yourself as a person and/or counselor?

Submission deadline April 15, 2009

Submissions of no more than 300 words should be submitted as a Word document to Dr. Elizabeth Mellin by email eam20@psu.edu. Please include your name, chapter, and institutional affiliation on your submission.

In Memoriam

Paula Helen Stanley

Rho Chi Epsilon, Radford University
Chapter Faculty Advisor

Joined CSI January, 1989
Exemplar Associate Editor 1989-1997

Awards received:

Outstanding Doctoral Student
Outstanding Entry Student