Life Expectancy in King County
We are doing something wrong

Spending on Health Care

- United States
- Norway
- Switzerland
- Netherlands
- Luxembourg
- Denmark
- Canada
- Austria
- Germany
- France
- Belgium
- Sweden
- Ireland
- Australia
- United Kingdom
- Iceland
- Finland
- Spain
- Japan
- New Zealand
- Italy
- Greece
- Portugal
- Slovenia
- Israel
- Korea
- Chile

US $

0 2000 4000 6000 8000 10000

- Japan
- Switzerland
- Spain
- Italy
- Australia
- Israel
- Iceland
- Sweden
- France
- Norway
- Ireland
- New Zealand
- Canada
- Netherlands
- Austria
- Korea
- Luxembourg
- Greece
- United Kingdom
- Germany
- Belgium
- Finland
- Portugal
- Slovenia
- Denmark
- Chile

Years

78 79 80 81 82 83 84

78.7 years
Life expectancy, by county, compared to the world’s 10 best countries
Estimated life expectancy by county

Summit, Pitkin and Eagle counties in Colorado had the highest, each at more than 85 years.

Oglala Lakota County, S.D., had the lowest, at 67 years.
County-Level Data Hides Disparities
King County

- Largest county in WA with 2.2 million people:
  - 1/3 of WA population
- 39 incorporated cities
- Seattle is the largest city with ~700k residents
- 2,134 square miles of land
- One of the fastest growing metro regions
- Median HH income ~73,000
Racial/Ethnic Changes, King County, 2000 to 2010

2010 Total Population 1.9 million

2000 Total Population 1.7 million
Life expectancy at birth by health reporting areas, King County, 2008-2012

Note: HRA labels on the map match the chart on the right, listed in alphabetical order. Source: WA State DOH, Center for Health Statistics, Death Certificates. Prepared by Public Health - Seattle & King County, APDE on 11/6/14.
Connection among place, race, income, and health

Demographic measures across King County
Life Expectancy in King County by Census Tract

- Difference of 25 years! (Low of 68; High of 93)
- King County Average: 81.6
## Communities of Opportunity

### Measures

<table>
<thead>
<tr>
<th></th>
<th>Lowest decile</th>
<th>Highest decile</th>
</tr>
</thead>
<tbody>
<tr>
<td>Life expectancy</td>
<td>74 years</td>
<td>87 years</td>
</tr>
</tbody>
</table>

### Health, broadly defined

<table>
<thead>
<tr>
<th>Measure</th>
<th>Lowest decile</th>
<th>Highest decile</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adverse childhood experiences</td>
<td>20%</td>
<td>9%</td>
</tr>
<tr>
<td>Frequent mental distress</td>
<td>14%</td>
<td>4%</td>
</tr>
<tr>
<td>Smoking</td>
<td>20%</td>
<td>5%</td>
</tr>
<tr>
<td>Obesity</td>
<td>33%</td>
<td>14%</td>
</tr>
<tr>
<td>Diabetes</td>
<td>13%</td>
<td>5%</td>
</tr>
<tr>
<td>Preventable hospitalizations</td>
<td>1.0%</td>
<td>0.4%</td>
</tr>
</tbody>
</table>

### Housing

<table>
<thead>
<tr>
<th>Measure</th>
<th>Lowest decile</th>
<th>Highest decile</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poor housing condition</td>
<td>8%</td>
<td>0%</td>
</tr>
</tbody>
</table>

### Economic opportunity

<table>
<thead>
<tr>
<th>Measure</th>
<th>Lowest decile</th>
<th>Highest decile</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low-income, below 200% poverty</td>
<td>54%</td>
<td>6%</td>
</tr>
</tbody>
</table>

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Map showing communities of opportunity with various rankings and city boundaries.
Life expectancy at birth, King County, 2011–2015

This indicator shows life expectancy at birth or the number of years a newborn can expect to live. For 2011-2015, life expectancy at birth was 82 years in King County.

King County average life expectancy: 82 years

Race-based disparities: Life expectancy at birth was highest among Hispanics (86 years) and Asians (86 years). There was a ten year difference in life expectancy between American Indian or Alaska Natives (76 years) and Hispanics and Asians.

Place-based disparities: There was an eleven year difference in life expectancy between the NE Seattle neighborhood (87 years) and Auburn-South neighborhood (76 years).

Socio-economic disparities: There is a five year difference in life expectancy between individuals in low (84 years) and high poverty (79 years).
Quality affordable housing for all—Preservation and development of affordable housing that is in close proximity to transit, jobs, and education.

The right to be healthy—Access to healthy, affordable food and safe places outside to be physically active, especially for our youth.

Increased economic opportunity—Workforce development that includes local hires, support of new local businesses, and inclusion of our youth.

Strengthened connections to the community—Increased civic participation and engagement, cultural preservation, and access to safe public spaces.

Communities of Opportunity is a growing movement of partners who believe every community can be a healthy, thriving community—and that equity and racial justice are both necessary and achievable.
Results Based Accountability

- How much did we do
- How well did we do it
- Is anyone better off?
- Community driven

Collective Impact

- Community Voice
- Common Agenda
- Continuous Communication
- Shared Measurement System
- Mutually Reinforcing Activities
- Backbone Function
Policy, System, Infrastructure Changes

- **Additional funding**
  - The Seattle Foundation
  - Living Cities
  - Robert Wood Johnson Foundation
  - Accountable Communities of Health (Medicaid Transformation)
  - Best Starts for Kids Levy

- **Cross-departmental collaborations**
  - Evaluation, planning teams and cross-departmental workgroups
  - Shared funding mechanisms

- **Community Based Priorities**
  - Results based accountability to set priorities
  - Use community leaders; build skills and capacity

- **Funds into community**
  - RFP process for co-creating strategies with community
  - $$ to community organizations for policy/system changes

- **Developing cross-sector structures for improving lives of high-cost, high-need individuals**

- **Aligned activities** with county-wide initiatives: Accountable Communities of Health, physical and behavioral health integration, Best Starts for Kids, Youth Action Plan
THERE IS POWER IN PARTNERSHIP

African Americans Reach & Teach Ministry
African Diaspora of Washington State
Asian Counseling & Referral Services Ballmer Group
Bill & Melinda Gates Foundation
Black Dollar Days
Boys & Girls Clubs of King County
Business Impact NW
Capitol Hill Housing
Catholic Community Services
Center for Inclusive Entrepreneurship
Center for the Study of Social Policy
Centerstone
Children’s Alliance
Chinese Information and Referral Service
Church Council of Greater Seattle
City of SeaTac
City of Seattle
City of Tukwila
Clear Impact
Coalition of Immigrants and Refugees and Communities of Color
Coalition of Refugees from Burma
Colectiva Legal del Pueblo
Craft3
Duwamish River Cleanup Coalition
El Centro de la Raza
Emerald City Bible Fellowship
Enterprise Community Partners
Entre Hermanos
Eritrian Association of Greater Seattle

Ethiopian Community in Seattle
Fair Work Center
Federal Reserve Bank of San Francisco, Community Development
Feet First
Food Empowerment Education and Sustainability Team
Food Innovation Network
Forterra
Friends of Little Saigon
Friends of the Rainier Beach Urban Farm and Wetlands
Futurewise
Global to Local
Got Green!
Habitat for Humanity Seattle-King County
HealthPoint
Healthy King County Coalition
Healthy Othello Safer through Environmental Design
Highline College: StartZone and Urban Agriculture
HomeSight
Horn of Africa Services
Housing Development Consortium of Seattle-King County
Impact Capital
InterIm CDA
International Rescue Committee
King County
King County Housing Authority
Sure glad the hole isn’t at our end.
Our next steps

• Decomposition of LE to talk about the drivers of disparity
• How LE has changed over time (1990, 2000, 2010, current)