

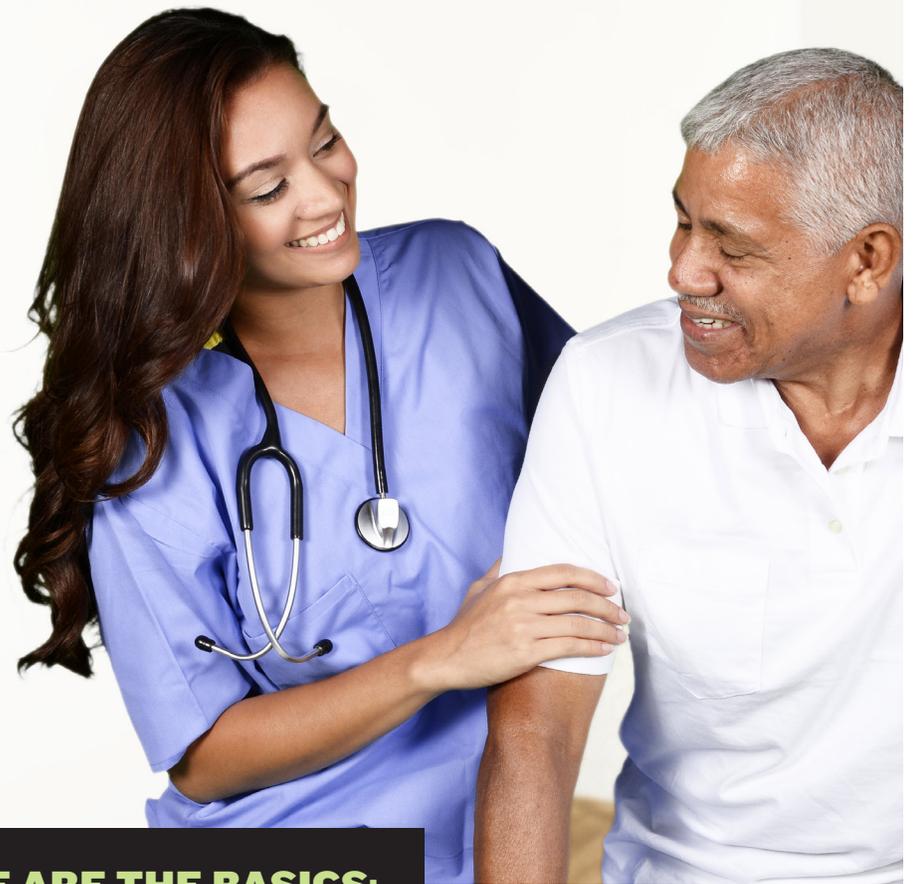


CONNECTICUT ASSOCIATION FOR
HEALTHCARE AT HOME™

Understanding healthcare at home can be difficult. **WE WANT TO HELP.**

When it's time for you to make a decision for yourself, a loved one, or anyone in your life regarding care needed at home, call us and we can explain your options.

Whether you need nursing or therapy, help with your medications, bathing, housecleaning, meal preparation or companionship, we will help you find the services you need.



HERE ARE THE BASICS:

WHAT IS HOME CARE?

Home care includes a broad range of services that enable you to receive care in your home, rather than in a hospital or nursing home. These services may be a combination of professional home health care such as nursing or physical therapy, personal care such as assistance with bathing or dressing, or support, like homemaker or companion services.

People of all ages can benefit from home care services whether they are leaving the hospital to recover from an illness or surgery, need help with their medications or need assistance with their daily activities.

**LET US HELP YOU FIND THE RIGHT SERVICE
& UNDERSTAND YOUR COVERAGE OPTIONS
BASED UPON YOUR NEEDS.**

Sometimes serious illness calls for Palliative or Hospice care at home:

PALLIATIVE CARE

Palliative Care focuses on relieving symptoms that are related to serious, chronic illnesses and can be used at any stage of illness – not just at end of life.

HOSPICE CARE

Hospice Care focuses on serving and comforting patients at the end of their lives as well as supporting their loved ones.

Both Palliative Care and Hospice Care use a team approach to focus on quality of life or “comfort care,” including the active management of pain and other symptoms, as well as the psychological, social and spiritual needs often experienced with serious illness and at the end of life.

