CORE MEDICAL REFERENCE PRINT RESOURCES
Recommended by the National Library of Medicine
Stand Up for Health, PLA Pre-Conference, March 2018

Medical Dictionaries
- Dorland’s Illustrated Medical Dictionary, W.B. Saunders, 2012.

Encyclopedias (updated annually)
- Current Medical Diagnosis and Treatment, McGraw-Hill Education, 2019.

Human Anatomy

Prescription Drugs

Medical Tests

Publishers to Know and Love
- Jones and Bartlett
- Wiley’s For Dummies Series
- Johns Hopkins University Press
- Harvard Medical School Guide
- Cleveland Clinic
- Mayo Clinic
- DemosHealth
- American Diabetes Association
- American Heart Association
- American Academy of Pediatrics
- Mosby’s
- Lippincott/Wolters Kluwers

Carole Clark, Ridgefield Library
Recommended Websites

MedlinePlus.gov - Comprehensive, authoritative, up-to-date health information from the National Library of Medicine.

PubMed.gov - Comprises more than 28 million citations for biomedical literature from Medline, life science journals, and online books.

Mayo Clinic.org - More than 3,300 physicians, scientists, and researchers share their expertise in a consumer-friendly format.

Centers for Disease Control and Prevention - As the nation’s health protection agency, CDC saves lives and protects people from health, safety, and security threats.

Womenshealth.gov - Excellent resource on women’s health from the U.S. Department of Health and Human Services.

KidsHealth.org - The most visited site for information about health, behavior, and development from before birth through the teen years.

eldercarelocator.gov - A public service of the U.S. Administration on Aging, connecting you to services for older adults.
Recommended Websites

National Institute on Aging - Focuses on the health issues of older adults and their caregivers.

Oncolink.org - This award-winning site is maintained by oncology professionals who understand the needs of patients, caregivers, and healthcare professionals.

National Cancer Institute - Accurate, up-to-date, comprehensive cancer information from the U.S. government’s principal agency for cancer research.

U.S. Food and Drug Administration (FDA) for Consumers - Timely, reliable health and safety information about food, drugs, medical devices, vaccines, pet food, pet medicine and more.

National Center for Complementary and Integrative Health - A comprehensive, user-friendly site on complementary health from the National Institutes of Health.

National Organization for Rare Disorders (NORD) - A patient advocacy organization dedicated to individuals with rare diseases and the organizations that serve them.

AMA DoctorFinder - Comprehensive information on every licensed physician in

The Ridgefield Library
September 2018
Breasts: The Owner's Manual
Kristi Frank, M.D.
The founder of the Pink Lotus Breast Center offers a practical guide to equip
women with the most up-to-date tools for
cancer prevention and outlines a
compassionate roadmap for treatment
options.

Twisting Fate: My Journey with BRCA
Pamela Munster, M.D.
A practical yet personal guide to the
medical and emotional facets of breast
cancer, from a woman who’s made her
living researching the disease, and lived
through it herself. Dr. Munster is a leading
oncologist at the University of California,
San Francisco.

Intimacy After Breast Cancer
Gina M. Maisano
Medical professionals prepare you for
surgery and other treatments, but do not
always address your emotional and sexual
health. Breast cancer survivor
Gina Maisano honestly discusses the
sensitive issues of self-esteem, body
image, and sexuality to help you become
the total woman you still are.

The New Generation Breast Cancer Book
Elisa Port, M.D.
From innovations in breast cancer
screening and evaluating results to
post-treatment medications and living as a
breast cancer survivor, Dr. Elisa Port
describes every possible test and every type
of doctor visit, providing a
comprehensive, empathetic guide that
every newly diagnosed woman (and her
family) will want to have at her side.

So Much to Be Done
Barbara Brenner
The power behind Breast Cancer Action
and its transformative Think Before You
Pink campaign, Brenner brought an
abundance of wit, courage, and clarity to
the cause and forever changed the
conversation. What had been construed as
an individual crisis could now be seen for
what it was: a pressing concern of public
health and personal justice.

Survival Lessons
Alice Hoffman
In this honest, wise, and upbeat guide,
best-selling author Alice Hoffman
provides a road map for the making of
one’s life into the very best it can be. “In
many ways, I wrote this book to remind
myself of the beauty of life, something
that’s all too easy to overlook during the
crisis of illness or loss.” – Alice Hoffman
Before and After Cancer Treatment
Julie K. Silver, M.D.
A hands-on guide to survival issues: exercise, diet, fatigue, mental health, spirituality, and how to seek assistance from both Western and alternative medicine.
_A Johns Hopkins Press Health Book_

Better: How I Let Go of Control, Held on to Hope, and Found Joy in My Darkest Hour
Amy Robach
With honesty, humility, and humor, _Good Morning America_ anchor Amy Robach connects deeply with women just like her who have struggled with any kind of sudden adversity. She shares valuable wisdom about the power of the human spirit to endure the worst and find the way to better.

A Breast Cancer Alphabet
Madhulika Sikka
This wonderfully inventive book navigates the world of science and story, bringing readers into the author’s mind and experience in a way that demystifies breast cancer and offers new hope for those living with it.

The Breast Cancer Reconstruction Guidebook
Kathy Steligo
Expert commentary by physicians and insights from patients inform this book, as does the exhaustive research by the author, a two-time breast cancer survivor who has twice had reconstructive surgery.

Breast Cancer Survival Manual
John Link, M.D.
Conscious of the rapidly evolving spectrum of treatment options, Dr. John Link outlines the latest findings and professional wisdom for the patient in pursuit of the most effective treatment plan. An indispensable guide for any woman seeking accurate and accessible information about managing breast cancer.

Dr. Susan Love's Breast Book
Susan M. Love, M.D.
From guidance on screening techniques and benign disease to comprehensive and heartening advice on living with breast cancer, Dr. Love’s book will be a priceless help to recovery on every level. “One of the most complete and trustworthy books ever published on breast cancer.” — _Newsweek_

Everybody’s Got Something
Robin Roberts
_Good Morning America_ anchor and breast cancer survivor Robin Roberts recounts the incredible journey that’s been her life so far, and the lessons she’s learned along the way—it’s all about faith, family, and friends, and finding out that you are much stronger than you think.

Getting Things Off My Chest: A Survivor’s Guide to Staying Fearless and Fabulous in the Face of Breast Cancer
Melanie Young
Charge head on into the battle with breast cancer, armed with these outstanding survivor’s tips on how to stay sane, focused, and in charge. This detailed, upbeat book helps you make informed decisions, eat and exercise to stay strong, look and feel your best, eliminate stress and boost your spirits. _Winner of the 2014 International Book Award for Cancer Health Topics_

How to Help Your Friend with Cancer
Colleen Dolan Fullbright
Have you wondered how to support someone with cancer? You may be afraid that you will say or do the wrong thing. This award-winning book provides the guidance you need to be the best friend you can be, every step of the way.