



October 18th Membership CME Dinner

Enza's Italian Restaurant - 6:00pm

10601 San Jose Boulevard, Jacksonville, FL 32257

CME SPEAKER

**Virgil T. Wittmer, Ph.D., Exec. Dir. of
Brooks Behavioral Medicine & Pain
Rehabilitation**

CME ACTIVITY TITLE

**The "Opioid Epidemic," Chronic Pain,
and Alternative Treatment Strategies**

LEARNING OBJECTIVES:

1. Understand the problems associated with chronic pain, and the contributions to the development of a chronic pain syndrome. Understand evidenced based research documenting the economic and healthcare costs treating chronic pain, including the psychosocial factors which contribute to the development of chronic pain. Understand how prescribing habits of many physicians over the past 20 years, the Fifth Vial Sign, and patient demand have contributed to the "opioid epidemic," and how high dose opioids over a long period of time can increase pain (opioid induced hyperalgesia).
2. Understand the basic conclusions and recommendations of the 2016 CDC Guidelines for Prescribing Opioids for Chronic Pain as well as the 2016 National Pain Strategy. Part of these guidelines include the goal of avoidance of opioids beyond 3-7 days, following acute onset of pain.
3. Understand the basic components of biopsychosocial assessment and treatment of chronic pain consistent with interdisciplinary pain rehabilitation or functional restoration.

ACCREDITATION/CREDIT STATEMENT:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for continuing Medical Education through the joint providership of St. Vincent's HealthCare and the Duval County Medical Society.

St. Vincent's HealthCare is accredited by the Florida Medical Association to provide continuing medical education for physicians. St. Vincent's HealthCare designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

EVENT EXHIBITORS: Brooks Rehabilitation and BBVA Compass