Career Transitions in Times of Uncertainty

Community Discussion Series
Presenters

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Session Overview

- Fireside chat with panelists on navigating career transitions during this time
- Reflection, Resiliency, Opportunities
- Questions and resource-sharing
- Closing comments
POLL
It’s a stressful time for many of us right now. But it can also be an opportunity to discover new passions. What strategies do you recommend to use the time wisely? How can individuals advance their career during this “down” time or transition into a new field?
Question #2

Many of us chose this field because of a personal connection and the impact a global experience has on us and want to pay it forward. In your experience, how do we navigate our personal and professional identity(ies) during a career transition?
The Merriam Webster Dictionary defines resilience as the ability to recover from or adjust easily to change. Resilience is a skill set that many in our field have and one we tell our students they will exercise when they participate in a global experience.

In what ways are you exercising resilience?
Question #4

How can professionals and organizations dedicated to diversity, equity and inclusion ensure this work continues to advance despite an uncertain economic landscape?
Questions & Discussion
Resources

Career Transitions

- 6 Key Steps For Career Resilience
- Job Searching During the Outbreak- KAdvance
- Diversity Abroad Webinar: Advancing your Career in Intl Education - Webinar (member access)
- How to Find a Job in a Different Industry - Webinar May 7th Abroadia
- What Color is Your Parachute? Richard N. Bolles

Mental Health and Self-care

- The Importance of Resiliency: Sheryl Sandberg
- Sanford Health: Anxiety During Corona
- Personal Resilience - Resilience Alliance
- Perfectionism in Time of COVID19 - Octave

Professional Development Opportunities

- LinkedIn Learning
- Diversity Abroad Individual Membership
- International Education Diversity & Inclusion Certificate Program
- Inclusive Advising for Education Abroad Professionals
- Diversity in Global Education Task Forces

Diversity & Inclusion

- 2019 Survey of Diversity & Inclusion Among International Educators
- Declutter the Mind: A Discussion on Constructive Ways of Unpacking Frustrations in the Office and Abroad as a Professional of Color (member access)
▪ Recording & resources sent to registrants via email

▪ June 4, 2020 Community Discussion: Leading Through Change: Diversity, Equity & Inclusion in Times of Crisis

▪ COVID-19 Support - Community Forum


What’s Next?
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