



DOK Province III Retreat: April 13-15, 2018

Claggett Center in Buckeystown, MD



## “Spiritual Discovery through Our Words”

Dear Daughters,

We are very pleased to have Martha Bourlakas lead our retreat program this year. Martha is a thought-provoking, smiling, laugh-out-loud presenter, who loves the power of words. She will guide us through a recognition of how simple, yet significant words are at work in our lives. By focusing on the power of words, women can move through what might be negative and confusing, and distill what is hopeful and life-giving.

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**“God, instead of being separate or distant from our unkempt, needy, imperfect selves, is right there beside us, holding the napkin, wiping our chins, tearing off bites of bread, moving us forward into the world.”**

*Martha Bourlakas, from Love Feast: Together at the Table*

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Martha is an author, teacher, lecturer, and national retreat director. She loves her life of mothering, writing, teaching, baking and being married to an Episcopal Bishop. Her time with us, during our Retreat, will be joyful inspiring, and friendly. She has a special knack of making everyone, even in a big room, believe she is speaking just to them. Come and enjoy!

### **SIMPLE GIFTS of MUSIC, PRAYER, and SILENCE**

We will center ourselves the first evening of the Retreat with a community **Taizé** prayer service. Taizé is a form of contemplative worship, a meditative candle-lit service that incorporates music, prayer, and silence. It is a time of quiet and solitude in the presence of God, designed to shed the concerns of the world. Led this year by **Michele Marini**, our Daughter from Dame Julian of Norwich Chapter, and President of the Central PA Diocese, along with our own Province III Chaplain, **Rev. Irving**, the Taizé service will help us enter into a spiritual place where a calm certainty of God’s presence will infuse each one of us, *together*.

### **FELLOWSHIP, PEACE, and NATURE**

Enjoy catching up with old friends and meeting new ones. Indulge in private time for reflection. Journey down to the Monocacy. Walk the Labyrinth. Pray in the Chapel. Share your words and fill your cup ‘til it’s overflowing!

### **“TO BE TOGETHER AND TO LAUGH TOGETHER IS A GREAT SPIRITUAL PRACTICE.”**

Come join us!

*For His Sake, your hosts:*

*The Diocesan Assembly of Southwestern Virginia, with help from all of Province III*



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### VENUE:

 **BISHOP CLAGGETT CENTER**, 3035 Buckeystown Pike, Adamstown, MD 21710, 301-874-5147

### REGISTRATION:

Registration form enclosed, and available at [www.dokproviii.org/index.html](http://www.dokproviii.org/index.html)

For additional copies by email, contact Elizabeth at [elg.grove@gmail.com](mailto:elg.grove@gmail.com) or Pat at [htroanoke@msn.com](mailto:htroanoke@msn.com)

Registrations must be **postmarked by Monday, March 12**, or include a **\$25 late registration fee**

### OUTREACH PROJECT: Grace House on the Mountain: <http://gracehouse.dioswva.org/>

*Grace House on the Mountain is a non-profit organization owned by the Episcopal Diocese of Southwest Virginia perched on Sandy Ridge near Norton and St. Paul in Wise County, Virginia. Grace House seeks to be a place of social justice and advocacy for the welfare of the Appalachian people. Our goal is to provide our visiting groups with the experience of a lifetime, learning about the culture and ways of life here in the Appalachian Mountains. In addition, we want to expose our visitors to sightseeing adventures that will make them want to come back again, and again.*

### DONATIONS TO BRING for Grace House on the Mountain, St. Paul, VA

*This is a wonderful program, centered in an impoverished area of Appalachia. The most immediate tangible needs are **blankets, caps, gloves, socks, and school supplies**, such as backpacks, spiral notebooks, pens and pencils, glue, tape, scissors, rulers, chalk ... you name it, they'll use it!*

### 47<sup>th</sup> DOK TRIENNIAL JUNE 20-24, 2018:

**Walk His Way:** <http://www.doknational.org/?page=Triennial2018>

 To be held at the Renaissance at the Arboretum, Austin, Texas

 Registration closes on May 31, 2018

### 2015-2018 PROVINCE III OFFICERS:

Chaplain: H. Jocelyn Irving – [jocy51@yahoo.com](mailto:jocy51@yahoo.com)

President: Carole Novian – [hcnovian@comcast.net](mailto:hcnovian@comcast.net)

Past President/Advisor: Carolyn Booker – [jbooki@aol.com](mailto:jbooki@aol.com)

1<sup>st</sup> Vice-President: Elizabeth L. Grove – [elg.grove@gmail.com](mailto:elg.grove@gmail.com)

2<sup>nd</sup> Vice-President: Kathy Paulo – [kppaulo@gmail.com](mailto:kppaulo@gmail.com)

Secretary: Brenda Neal – [chapneal329@aol.com](mailto:chapneal329@aol.com)

Treasurer: Shearon Smith – [sherdvm@verizon.net](mailto:sherdvm@verizon.net)

Parliamentarian/Bylaws Committee Chair: Cora Dixon – [codjuly10@verizon.net](mailto:codjuly10@verizon.net)

Junior Directress: Joanna Gibb – [Joanna.rizzo.gibb@gmail.com](mailto:Joanna.rizzo.gibb@gmail.com)

Daughters-at-Large Chair: Donna Dettmann – [donnadett@aol.com](mailto:donnadett@aol.com)

Funds Chair: Burhedita Gonzalez – [burhedita@verizon.net](mailto:burhedita@verizon.net)

International Daughters Chair: Johanna Rengers – [jorengers@gmail.com](mailto:jorengers@gmail.com)





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### TENTATIVE AGENDA

#### FRIDAY – BOARD

**11:15 AM** Province Officers, Chairs, and Diocesan Presidents Meeting & Lunch

#### FRIDAY – RETREAT

**2:00 PM** Registration *(optional cup & bag exchange)*  
**5:30 PM** Dinner  
**6:45 PM** Business Meeting, By Laws, & Provincial Elections  
**8:30 PM** Taizé Service – Rev. Irving & Michele Marini

#### SATURDAY – RETREAT

**6:15 AM** River Walk *(optional)*  
**7:00 AM** Morning Prayer *(optional)*  
**7:30 AM** Breakfast  
**8:30 AM** Spiritual Discovery through Our Words  
**12:00 PM** Lunch  
**1:30 PM** Spiritual Discovery through Our Words  
**4:00 PM** **Photo Op** – check the board for your diocese’s slot & Personal/Fellowship Time  
**5:30 PM** Dinner  
**7:00 PM** **Photo Op** – check the board for your diocese’s slot & Personal/Fellowship Time  
**7:30 PM** Announcements followed by Healing Service with Music – Rev. Irving



#### SUNDAY – RETREAT

**6:30 AM** River Walk *(optional)*  
**7:30 AM** Breakfast  
**9:00 AM** Holy Eucharist with Prayer and Music – Rev. Irving  
**11:30 AM** Departure *(rooms must be packed up before 10 AM; you can leave your belongings in the lobby)*  
\* NOTE \* Box Lunch *(optional; must be pre-ordered, \$15)*

### WHAT TO BRING:

#### CASUAL CLOTHES and COMFORTABLE WALKING SHOES

*The days aren't quite as long as summer, but sunset isn't until 7:45 each evening, so enjoy every hour!*

#### YOUR OWN TRAVEL CUP, as well as extras you'd like to donate or trade with other Daughters

*Claggett provides plenty of fresh water; we don't want to fill the landfills with disposable bottles and cups!*

#### DOK CONFERENCE/SOUVENIR BAGS to use yourself or donate or trade with other Daughters

*While some don't have a DOK bag, many have more than we want or need ... great opportunity to share!*

#### YOUR PRAYER BOOKS/HYMNALS, if at all convenient

*Claggett does have a good supply of BCPs and Hymnals, but not quite enough to go around.*



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### RETREAT THEME/PRESENTATION

#### MARTHA JOHNSON BOURLAKAS

Martha grew up hiking the Appalachian Trail (an excuse to eat trail mix M&Ms for breakfast) with her Dad and is grateful for the long path that brought her back to the mountainous turf of Southwestern Virginia.



She received her M.Ed. at Vanderbilt and an MFA in Creative Nonfiction from Spalding University and has taught middle school, high school, Chicago Traffic Safety School, at the Knoxville Police Department and at Virginia Western Community College. Her book, *Love Feast: Together at the Table*, is a collection of essays on the intersection of disability, faith, and hospitality.

Martha loves the holy chaos of mothering, writing, teaching, baking and being married to an Episcopal bishop who travels. In 2014, Martha created a spiritual community for women called Our One Word — a hospitable, no-guilt, no-expectation, thinking, feeling shelter for sacred and secular discussion, growth and peace. Each week the focus is on one significant word and exploring how that word has, or has not, been at work in the participants' lives. By focusing on the simplicity of one powerful word, women can move through what is negative and confusing, and distill what is hopeful and life-giving.

### SONG AND PRAISE:

The Bible and Prayer Book Society of the Episcopal Church donated 100 copies *each* of Wonder, Love and Praise and Lift Every Voice and Sing hymnals to Claggett ... this was prompted by the DOK ☺.

#### PROVINCE III DIOCESAN PRESIDENTS:

Diocese of **Bethlehem**: Roberta Brandreth, President – [rbrandreth@msn.com](mailto:rbrandreth@msn.com)

Diocese of **Central Pennsylvania**: Michele Marini, President – [michelemarini@comcast.net](mailto:michelemarini@comcast.net)

Diocese of **Delaware**: Robbie Burnett, President – [RobbieBurnett335@yahoo.com](mailto:RobbieBurnett335@yahoo.com)

Diocese of **Easton**: Midge Menzies, President – [mmfuller@goeaston.net](mailto:mmfuller@goeaston.net)

Diocese of **Maryland**: Elizabeth L. Grove, President – [elg.grove@gmail.com](mailto:elg.grove@gmail.com)

Diocese of **Northwestern Pennsylvania**: Kathy Paulo, President – [kppaulo@gmail.com](mailto:kppaulo@gmail.com)

Diocese of **Pennsylvania**: Virginia (Ginny) Slichter, President – [jbsgummy@aol.com](mailto:jbsgummy@aol.com)

Diocese of **Pittsburgh**: Jessie Hipolit, President – [jessiehipolit@episcopalpgh.org](mailto:jessiehipolit@episcopalpgh.org)

Diocese of **Southern Virginia**: Anne Fowler, President – [apdfowler@gmail.com](mailto:apdfowler@gmail.com)

Diocese of **Southwestern Virginia**: Jo Kelley, President – [joakelley3634@yahoo.com](mailto:joakelley3634@yahoo.com)

Diocese of **Virginia**: Debbie Patterson, President – [dpjamaica518@gmail.com](mailto:dpjamaica518@gmail.com)

Diocese of **Washington**: Carolyn Dent, President – [cpdent@icloud.com](mailto:cpdent@icloud.com)

Diocese of **West Virginia**: JaNeille Shaw, President – [janeille.shaw@frontier.com](mailto:janeille.shaw@frontier.com)