



Y E A R S

Be a Part of the Celebration!

MEMBER BENEFITS GUIDE
2017-2018



ABOUT US

The Academy of Nutrition and Dietetics

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals founded in Cleveland, Ohio, in 1917, by a visionary group of women dedicated to helping the government conserve food and improve the public's health and nutrition during World War I. Today, the Academy has members in over 80 countries throughout the globe — registered dietitian nutritionists, dietetic technicians, registered, and other dietetics professionals holding undergraduate and advanced degrees in nutrition and dietetics, and students — and is committed to improving the public's health and advancing the profession of dietetics through research, education and advocacy.

Members of the Academy play a key role in shaping the public's food choices, thereby improving its nutritional status, and in treating persons with illnesses or injuries. Members offer preventive and medical nutrition therapy services in a variety of settings.

Dietetics practitioners work in health care systems, home health care, foodservice, business, research and educational organizations, as well as in private practice. As vital members of medical teams in hospitals, long-term care facilities and health maintenance organizations, they provide medical nutrition therapy —using specific nutrition services to treat chronic conditions, illnesses or injuries. Community-based dietetics practitioners provide health promotion, disease prevention and wellness services.

As a leader in food and nutrition issues, the Academy provides expert testimony at hearings, lobbies Congress and other governmental bodies, comments on proposed federal and state regulations, and develops position statements on critical food and nutrition issues.

Learn more about the benefits of Academy membership and how the Academy supports both you and the dietetics profession.

PRACTICE, SCIENCE AND QUALITY

The Academy is committed to advancing the profession of nutrition and dietetics through research, science and quality.

Academy of Nutrition and Dietetics Health Informatics Infrastructure (ANDHII)

This online tool is designed to guide dietetics practitioners through each step of the Nutrition Care Process while building a national quality improvement database with patient outcomes. In addition, it offers customizable charts, reports and visit summaries.

Code of Ethics for the Profession of Dietetics

This code was developed by the Academy and the Commission on Dietetic Registration (CDR) to provide guidance to all practitioners on their conduct. A variety of ethics education resources are available to members, including toolkits, case studies, Ethics in Practice columns and more.

Dietetics Practice-Based Research Network (DPBRN)

Make your practice part of meaningful dietetics research. This network brings practitioners and researchers together to identify and design research for real-world practice settings. DPBRN is open to all Academy members and no research experience is required to participate.

Evidence Analysis Library® (EAL®)

A web-based tool developed to provide members with research, evidence-based nutrition practice guidelines, toolkits and educator modules. The EAL is a user-friendly database that all Academy members can access for free. NEW — Gestational Diabetes Guideline added.

Nutrition Care Process (NCP)

Assessment, diagnosis, intervention and monitoring/evaluation—NCP is a systematic approach to providing high-quality, individualized care using the best evidence available. The *eNCPT: Nutrition Care Process Terminology Reference Manual* provides definitions, application resources for each term, matrices for PES statement development and, as an added benefit, links to the newly revised *EHR Toolkit* for free. Subscribers to the online *eNCPT* can access the terminology in English, Swedish, German and French. Members receive preferred pricing.

Nutrition Measures

The Academy has been supporting efforts to enhance the quality of malnutrition care delivered in the hospital setting. Plans are underway to include a malnutrition quality improvement toolkit and create electronic clinical quality measures.

Position Papers

A position paper is a critical analysis of current facts, data and research literature. A key feature of the paper is the position statement, which presents the Academy's stance on an issue. The Academy and its members, other professional associations, government agencies and industry use position papers to shape food choices and impact the public's nutritional status. Position papers are available to members for free on the Academy's website and are published in the *Journal of the Academy of Nutrition and Dietetics*, such as the recently published *Interventions for the Treatment of Overweight and Obesity in Adults*.

Practice Papers

A practice paper is a critical analysis of the current research literature that addresses a member-identified practice topic. Including peer-reviewed perspectives from content experts, employers and alliance groups, practice papers provide Academy members with information to enhance critical reasoning, as well as free continuing professional education (CPE).

Quality Management

The Academy assists members by providing quality tools for safe, effective, person-centered care. These include the new Standards of Excellence Metric Tool, which helps registered dietitian nutritionists (RDNs) and nutrition and dietetic technicians, registered (NDTRs) evaluate their organization's programs, services and initiatives. In addition, new Quality Strategies videos inform practitioners, educators and students about quality initiatives at the national and professional levels.

Scope of Practice

Scope of Practice in nutrition and dietetics encompasses the range of roles, activities and regulations within which practitioners perform. The Academy has designed resources to help members understand and describe the Scope of Practice for nutrition and dietetics professionals, including the online Scope of Practice Decision Tool and Definition of Terms list (recently updated).

Standards of Practice (SOP) and Standards of Professional Performance (SOPP)

These tools were designed for credentialed practitioners to determine competence, advance practice, and measure and evaluate an organization's programs, services and initiatives. The Academy offers a variety of SOP and SOPP articles and resources to members to help them assess their individual performance needs.

NEW! Telehealth and Malnutrition Resource Centers

The Academy has developed two new practice resource centers focused on telehealth and malnutrition. Visit these online hubs to arm yourself with vital information and resources to position yourself as a leader in these areas of practice.



Value means something different to everyone, but value, to me, means providing opportunity. Through Academy membership, I'm continually provided with new opportunities that have allowed me to grow my leadership skills and step into amazing roles at various times during my career.

TARYN HEHL MS, RD, LD, FAND

JOINED IN 1998



EDUCATIONAL OPPORTUNITIES

The Academy offers an impressive array of resources to cultivate your skills through multi-disciplinary learning opportunities and enhanced technology. Select from a variety of free and member-priced resources to best fit your professional development needs.

Distance Learning

Learn at your own pace and convenience through various online CPE offerings such as live and recorded webinars discounted for Academy members as well as certificate of training programs. Additionally, FNCE® On-Demand now offers offers discounted member access to synchronized recordings of sessions, available to view for both group and individual learning.

NEW! Nutrition Focused Physical Exam Hands-on Training Workshop

The Academy offers a hands-on training workshop designed to provide RDNs with the skills to perform a nutrition focused physical exam (NFPE); empowering the RDN to accurately identify patients with malnutrition. Workshops are available across the country with the focus on the adult or pediatric population. By attending a workshop, you'll gain the knowledge and skills needed to: recognize the role of NFPE in identifying malnutrition; assess muscle-wasting and fat loss; identify clinical signs of micronutrient deficiencies and toxicities; evaluate the presence of edema or fluid accumulation; and demonstrate basic NFPE skills with actual patients.

Food & Nutrition Conference & Expo™ (FNCE®)

The Academy's annual convention is the world's largest educational program and exhibition for food and nutrition experts. Join us in Chicago, Illinois, and enjoy reduced registration rates, earn CPE, build professional relationships, mingle with colleagues and browse the latest products and services. FNCE® 2017 will feature educational sessions on the hottest topics, including emerging integrative nutrition approaches, culinary trends, food security issues, cultural competencies and medical nutrition therapy.

- 2017: Chicago, Illinois | October 21–24
- 2018: Washington, D.C. | October 20–23

Food & Nutrition Magazine® CPE

Food & Nutrition Magazine offers Academy members 2 CPE units per issue for free via online self-study quizzes.

Journal CPE

Take advantage of 48 or more free CPE credits annually in the *Journal of the Academy of Nutrition and Dietetics*. Access quizzes online and automatically log CPE credit to your Professional Development Portfolio.

Online Certificate of Training Programs

Enjoy member-preferred discounts on Online Certificate of Training programs consisting of four or five separate modules. Each program offers 8 to 12.5 hours of CPE units and comes with a certificate that can be framed and displayed in your home or office. New programs — *Informatics in Nutrition* and *Integrative and Functional Nutrition*.

NEW! eatrightPREP™

This comprehensive and convenient new resource for students and educators includes an exam study plan with over 900 questions and unlimited access to three full-length practice exams (updated per CDR's latest 2017 test specifications). Personalized performance statistics target strengths and weaknesses in exam content. Individual and group pricing is available with reduced costs for Academy members and free previews are available to educators and program directors.



For me, the value of membership is both intrinsic (personal) and extrinsic (professional). The Academy benefits I rely on include the Academy's website, EAL®, affiliate resources, MIGs and the HOD.

ELAINE M. LONG PhD, MS, RDN, LD, FAND

JOINED IN 1975



For me and my life, membership is priceless. Plus, as a new Active category member, I pay less through the Career Starter Dues Program. Each time I attend FNCE®, I am amazed at the opportunities to network, formulate partnerships and glean information regarding nutrition and dietetics.

TERESA L. TURNER MS, RD, LDN

JOINED IN 2013



POLICY INITIATIVES AND ADVOCACY

The Academy's office in Washington, D.C. advocates for better nutrition policies, represents your interests in legislative and regulatory issues and promotes you as the leading source of food and nutrition information.

Academy of Nutrition and Dietetics Political Action Committee (ANDPAC)

Among health care political action committees, ANDPAC is the only one dedicated exclusively to food, nutrition and health issues. Funded entirely by voluntary contributions, ANDPAC is a non-partisan entity that supports pro-nutrition candidates for federal office. In addition, it provides the Academy the ability to work with candidates and Congress to advance the Academy's public policy priorities and raise our members' profiles.

Education and Training

Academy membership gives members access to educational webinars, talking points and resources on cutting-edge public policy issues. You can also access tools and training to help you effectively communicate with elected officials about the policy issues that matter most to you.

Enhancing Your Voice in State Capitals

The Academy works closely with state affiliates and state public policy panels to coordinate legislative and regulatory strategies for a variety of timely issues. These issues include consumer protection and state licensure, implementation of health care reform and enhanced coverage for RDN-provided nutrition care services.

Policy Initiatives and Advocacy (PIA)

The Academy's PIA leaders provide a link between you, Congress and government agencies. Public policy teams in both the state affiliates and dietetic practice groups (DPGs) are in place to discuss current and upcoming policy issues specific to your area of expertise.

Public Policy Workshop (PPW)

Join hundreds of members at the Academy's food and nutrition advocacy summit in Washington, D.C. Attendees will learn about key legislative and regulatory issues while receiving top-notch leadership and communications training. Then, put your knowledge into action as PPW participants visit Capitol Hill and meet with members of Congress.



As an Academy member working to reduce food insecurity among older adults, I am grateful for the Academy's advocacy efforts to support the critical programs I oversee that are funded by the Older Americans Act. And my colleagues working in long-term care are happy that they finally now have the ability to write therapeutic diet orders thanks to the Academy's advocacy efforts.

MIKE GLASGOW RDN, CD

JOINED IN 1999

PUBLICATIONS AND SUBSCRIPTIONS

Academy membership includes subscriptions to peer-reviewed and award-winning publications. In addition, members receive preferred pricing on scientific and practical information resources in print, electronic and web-based formats.

Nutrition in the News

This weekly e-mail provides a quick review of the nation's leading food, nutrition and health headlines with links to articles.

Eat Right Weekly

A weekly e-newsletter providing members with ready access to career resources, research briefs, CPE opportunities, Academy updates, policy information, advocacy issues and a variety of other news.

Food & Nutrition Magazine®

The Academy's award-winning magazine emphasizes breaking news and trends in nutrition, diet, health, culinary arts, food service, sports nutrition, fitness, integrative nutrition, food safety and other professional topics. Mailed bi-monthly and available online, *Food & Nutrition Magazine* also delivers practice tips, resources for professional and personal growth, CPE opportunities, Academy news and more.

Journal of the Academy of Nutrition and Dietetics

The Academy's flagship publication is the premier source for information on the practice and science of food, nutrition and dietetics. The monthly, peer-reviewed *Journal* presents original articles prepared by researchers and practitioners, offers free CPE opportunities and is the most widely read professional publication in the field. The *Journal* features web-based archives dating back to 1993, online articles ahead of print, and an iOS and Android app, as well as exclusive online material, including Topic Collections, educational PowerPoint slides for selected articles, audio and video podcasts and much more.

MNT Provider

This free, monthly newsletter is one of the Academy's essential practice management resources and includes articles on topics such as billing, coding and coverage, practice and business management, changes in health care delivery and payment, Medicare, Medicaid and private insurance reimbursement.

Nutrition Care Manual® Products

Nutrition Care Manual® Products are comprehensive online diet manuals and professional practice resources for RDNs, NDTRs, allied health professionals, and healthcare facilities. *NCM*® products provide evidence- and knowledge-based nutrition information for hundreds of conditions for clients of all ages—from premature infants through the aging adult! The manuals are purchased by annual subscription with preferred pricing for Academy members.

Nutrition Care Manual® (NCM®)

Created and peer-reviewed by specialty experts, the *NCM*® contains information and resources for over 200 conditions. Features include client education handouts, menu customization and analysis, calculators and much more.

Pediatric Nutrition Care Manual® (PNCM®)

PNCM® covers over 80 major topics, including normal nutrition for all pediatric life stages, food allergies, nutrition support, neonatal care, developmental disabilities and weight management.

Sports Nutrition Care Manual® (SNCM®)

SNCM® provides easy access to research-based sports nutrition information on many topics such as vegetarian athletes, managing weight, hydration, meal-planning, and nutrition for injury recovery and rehabilitation.

UPDATED! Student Scoop

Student Scoop is the Academy's exclusive Student member e-newsletter. Discover what students are doing to gain nutrition and dietetics experience, read about preparing for internships, and learn about member benefits available to you.

NEW! eatright eReader

Download the free eatright eReader app, and then browse the eatrightSTORE for a range of nutrition and dietetics eBooks for purchase. Academy eBooks include the research- and evidence-based content found in our print publications, plus the ability to add bookmarks, notes, and highlights.

CAREER RESOURCES

Academy membership provides access to a variety of resources that help take your career to the next level at any stage—from student to seasoned professional.

2015 Compensation & Benefits Survey of the Dietetics Profession

A comprehensive electronic report detailing compensation for dozens of core RDN and NDTR jobs, segmented by region, education, experience, supervisory responsibility and much more. In addition, the online interactive Salary Calculator offers users an estimate of what practitioners with similar characteristics and in similar situations earn. These essential resources are free to members.

UPDATED! Dietetics Career Development Guide

This guide illustrates how students, educators and practitioners, regardless of focus area, can attain increasing levels of knowledge and skill throughout a career. Members can access a collection of resources including examples of educators and practitioners and their career decisions, videos of RDNs and their career pathways, scenarios for career development and advancement, and various Career Toolbox resources from the Academy's website.

EatRight Careers

The Academy's online job board allows you to post your résumé, target your search by specialty or geographic location, respond directly to employer job listings and receive e-mail alerts about new positions—all for free. When recruiting practitioners for your own organization, Academy members receive preferred pricing.

Find an Expert

The Academy's online referral service is free for any Active category member representing their own private practice, group practice or employer. Consumers and businesses search this site often to connect with members who provide expertise in food and nutrition.

Marketing Center

The Academy developed the online Marketing Center to provide you with the resources needed to improve your brand. It includes communication tips, ready-to-use presentations, Eat Right tip videos for your website, radio scripts, free stock photography, downloadable promotion flyers, information on enhancing your online presence and much more.

HONORS AND AWARDS

The Academy offers a variety of programs in recognition of the service and dedication of members to the nutrition and dietetics profession.

Fellow of the Academy of Nutrition and Dietetics (FAND)

The Academy's prestigious Fellow recognition program acknowledges your professional accomplishments, valuable service to the public and pursuit of life-long learning. By earning the right to include the FAND initials among your credentials, you let colleagues, clients and the public know that you have been welcomed as a Fellow into the world's largest organization of food and nutrition experts.

National Honors and Awards

The Academy of Nutrition and Dietetics honors individuals who have advanced the nutrition and dietetics profession, exhibited leadership and shown devotion to serving others in both dietetics and allied fields. The Academy's national honors and awards include the Copher Award, Honorary Membership, the Medallion Awards and the Excellence in Practice Awards.

Scholarships and Grants

Through the Academy Foundation, members have access to a variety of scholarships and grants, including over \$500,000 to qualifying dietetics students at all levels of study, more than \$200,000 in awards to educators and established dietetics practitioners, and \$450,000 in research grants. Additional grant opportunities and resources are available through Kids Eat Right.



Academy membership has helped me network with people within my field and assisted me financially through scholarships as I continue my studies in college. To me, Academy membership is an investment in my future and the profession.

KARSYN TALL

JOINED IN 2015
STUDENT

NETWORKING

The Academy is an active community of professionals sharing knowledge, skills and ideas. Get ahead by connecting with practitioners in your specialty area or from other food and nutrition fields.

Affiliates of the Academy of Nutrition and Dietetics

Your state-level association sponsors local education programs, networking opportunities, scholarship fundraising efforts and more. Membership in an affiliate is included in your Academy membership.

Dietetic Practice Groups (DPG)

Join one or more of the Academy's professional interest groups and enhance your specialized knowledge, share practice tips and establish relationships with colleagues from all over the world.

eMentoring

This online system is designed to match Academy mentors to mentees easily and accurately, while flexibly fitting around their unique schedules and communication styles. Free CPE is available for both mentors and mentees.

Member Interest Groups (MIG)

Find members with common interests, issues or backgrounds by joining one of the Academy's MIGs, focusing on areas other than practice or geographic location.

Nutrition and Dietetics Educators and Preceptors (NDEP)

This Academy group addresses the broad needs of the dietetics education community. Join NDEP and help educators and preceptors move nutrition and dietetics forward.

Social Networks

Get updates in your favorite format and join the conversation by becoming a part of the Academy's social network. "Like" one of our Facebook pages, follow us on Twitter, add us to your circles on Google+, join our group on LinkedIn or subscribe to our EatRightTV and EatRightTVPro YouTube channels. Plus, check out Kids Eat Right on YouTube and Pinterest, or *Food & Nutrition Magazine* on Instagram and Pinterest.

The Academy provides a number of resources and programs designed to promote the RDN and NDTR brand in the marketplace. Position yourself as the food and nutrition expert to a wide variety of audiences— from the public and media to health care payers and Congress.

Kids Eat Right

The Academy Foundation's Kids Eat Right initiative is a two-tiered campaign aimed to mobilize our members to participate in community and school childhood obesity prevention efforts, and also to educate families, communities and policy makers about the importance of quality nutrition. Kids Eat Right campaign members are able to access a variety of downloadable toolkits containing customizable presentations for adults and kids, suggested 10-minute activities and handouts.

Food & Nutrition Guest Blogs

Stay abreast of the latest in diet and culinary trends with *Stone Soup*, the rapidly changing environment of digital data with *The Feed*, and gain insight from current dietetics students with the *Student Scoop* blog—all on www.foodandnutrition.org and written by Academy members.

National Nutrition Month® (NNM) and Registered Dietitian Nutritionist Day

Highlight your expertise and spread the word about the importance of developing healthy eating habits during National Nutrition Month® in March. Also, on the second Wednesday of March, Registered Dietitian Nutritionist Day recognizes RDNs for their commitment to helping people enjoy healthy lives.

Nutrition Services Coverage

The Academy represents members in conversations with third party payers and other key stakeholders as we seek to empower dietetics professionals to expand coverage and receive competitive reimbursement for quality nutrition services. As a member, you can access the Academy's Medical Nutrition Therapy MNTWorks® Kit and Third Party Payer brochure for use in your local advocacy efforts, as well as other resources designed to help you position your services within emerging models of health care delivery.

ADDITIONAL MEMBER BENEFITS

Take advantage of even more benefits, such as discounts on professional resources and insurance.

Academy Credit Card

Apply for the Academy ATIRAccredit™ MasterCard® and take advantage of low, competitive interest rates and rewards points. Card subject to approval.

Corporate Sponsorship

To advance the Academy's mission of empowering members to be the food and nutrition leaders, the Academy's corporate sponsorship program allows for purposeful collaboration with food and nutrition organizations. Through structured, Academy-directed relationships, the objectives of the Academy's corporate sponsorship program are to work with industry to build awareness of the Academy and its members; to share science-based information, new research and industry trends in food and nutrition with members; and to enable the Academy to reach more consumers with healthy eating messages.

Personal Insurance Discounts

As a member of the Academy, you now have access to exclusive savings on auto, home, condo and renters insurance from Travelers. In addition, Mercer Consumer, a service of Mercer Health & Benefits Administration LLC, offers long-term care, pet and other personal insurance discounts for Academy members.

Professional Insurance Discounts

Administered by Mercer Consumer, professional liability insurance is available for private practice or traditional employment at reduced member rates, and will protect you against claims arising from real or alleged errors or omissions in the course of your professional duties.

KEY CONTACT INFORMATION

Academy of Nutrition and Dietetics Foundation

The Foundation is the philanthropic arm of the Academy, focusing on four key initiatives—food and nutrition research, scholarships, awards and public education—and is the only 501(c)3 charity dedicated to nutrition and dietetics. The Foundation's public education initiatives include Kids Eat Right, Guide for Effective Intervention and Education (GENIE) and the Future of Food Initiative. Visit www.eatrightFoundation.org for more information.

Accreditation Council for Education in Nutrition and Dietetics (ACEND)

ACEND is the Academy's accrediting agency for education programs preparing students for careers as RDNs or NDTRs. Visit www.eatrightACEND.org for more information.

Commission on Dietetic Registration (CDR)

CDR is the credentialing agency for the Academy with sole and independent authority in all matters pertaining to certification, including, but not limited to, standard setting, establishment of fees, finances and administration. CDR also offers Board Certified Specialist credentials in six specialist areas and an advanced practice credential in clinical nutrition. Visit www.cdrnet.org for more information.

eatrightPRO.org

The Academy's member site focuses on our mission: empowering members to be food and nutrition leaders, providing individuals with 24/7 access to scientific and evidence-based publications, articles and tools to stay at the forefront of dietetic research, career trends and leadership opportunities.

eatrightSTORE.org

Find Academy publications, professional development opportunities, education materials, gifts and more.

Knowledge Center

Your source for information and resources on food, nutrition and dietetics-related topics. Send your questions to our staff RDNs at knowledge@eatright.org or call **800/877-1600, ext. 4853**. FAQs are also available for members at www.eatrightPRO.org/knowledgecenter.

Member Service Center

Prompt, courteous and professional membership representatives are here to assist you weekdays, from 8 a.m.–5 p.m., Central Time, at membership@eatright.org or by calling **800/877-1600, ext. 5000**. International callers can reach us at +1-312/899-0040, ext. 5000.



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