

CYTOMEGALOVIRUS

ANIMAL GROUP AFFECTED	TRANSMISSION	CLINICAL SIGNS	FATAL DISEASE?	TREATMENT	PREVENTION & CONTROL
Macaques, capuchin monkeys, woolly monkeys, squirrel monkeys, tamarins, baboons, Afr. green monkeys, chimpanzees, gorillas, owl monkeys, tarsiers and slow lorises	Horizontally through body secretions: saliva, blood, urine, milk, semen. Vertically : intrauterine.	Usually asymptomatic in humans and non-human primates. Can cause symptoms as: fever, jaundice, elevated liver enzymes, dyspnoea, neurological signs in monkeys.	No. Immuno compromised people and non-human primates have a higher risk of developing symptoms, like prolonged fever and (mild) hepatitis.	No, only symptomatic. In humans Ganciclovir is used	Test animals serologically during quarantine period.

Fact sheet compiled by Marno Wolters, AAP Sanctuary for Exotic Animals, Almere, the Netherlands & Artis Zoo Amsterdam	Last update November 2008
Fact sheet reviewed by Manfred Brack, Byron Martina	
Susceptible animal groups Non-human primates, humans CMV is endemic in many human populations (50-85% of the adult population in the USA)	
Causative organism Species-specific Cytomegaloviruses (Beta herpes viruses). Already classified: Cercopithicine herpes virus 3 (SA-6), Cercopithicine herpes virus 4 (SA-15), Cercopitheicine herpes virus 5 (African green monkey CMV) and Cercopitheicine herpes virus 8 (Rhesus monkey CMV)	
Zoonotic potential Virus is believed to have a narrow host range; interspecies transmission does occur, however less easily than other cytolytic herpes viruses	
Distribution Common in non-human primates; found universally in all geographic locations and socio-economic groups in humans	
Transmission Mainly horizontally through body fluids, intrauterine infections occur in humans and non-human primates	
Incubation period Not exactly known. Virus can hide in glandular tissue, lymphoreticular cells and kidneys	
Clinical symptoms Fever, jaundice, dyspnoea, diarrhoea, neurological signs	
Post-mortem findings Disseminated lesions in the brain, lymph nodes, liver, spleen, kidney, small intestine, nervous system, arteries. Characteristic viral (intranuclear) inclusion bodies. Neutrophilic infiltrates in meninges and gastrointestinal tract	
Diagnosis Serology (IgM, IgG), virus isolation, PCR, atypical cells with intranuclear inclusion bodies in saliva and urine. Elevated liver enzymes	
Material required for laboratory analysis Serum, for CMV antibodies and PCR. Blood chemistry (ALAT, ASAT, ALP)	
Relevant diagnostic laboratories Institute of Virology, Erasmus Medical Centre, Rotterdam, the Netherlands	
Treatment None; symptomatic. Humans: Ganciclovir	



Prevention and control in zoos Serology (antibodies against CMV virus) during quarantine period
Suggested disinfectant for housing facilities
Notification Not compulsory
Guarantees required under EU Legislation
Guarantees required by EAZA Zoos
Measures required under the Animal Disease Surveillance Plan
Measures required for introducing animals from non-approved sources
Measures to be taken in case of disease outbreak or positive laboratory findings
Conditions for restoring disease-free status after an outbreak Virus will persist within groups
Contacts for further information Prof. dr. A.D.M.E. Osterhaus, Dr. B. Martina, Institute of Virology, Erasmus Medical Centre, Rotterdam, the Netherlands
References <ol style="list-style-type: none">1. Asher, D.M. Gibbs, C.J, Lang, D.J., and Gajdusek, D.C. (1974). Persistent shedding of cytomegalovirus in the urine of healthy rhesus monkeys. Proc. Soc. Exp. Biol. Med. 145, 794-8012. Baskin, G.B. (1987). Disseminated cytomegalovirus infection in immunodeficient rhesus monkeys. Am. J. Pathol. 129, 345-3523. London, W.T., Martinez, A.J., Houff, S.A., Wallen, W.C., Curfman, B.L., Traub, R.G., and Sever, J.L. (1986). Experimental congenital disease with simian cytomegalovirus in rhesus monkeys. Teratology 33, 323-3314. Sequar G, Britt WJ, Lakeman FD, Lockridge KM, Tarara RP, Canfield DR, Zhou SS, Gardner MB, Barry PA. Experimental coinfection of rhesus macaques with cytomegalovirus and simian immunodeficiency virus: pathogenesis. J virol. 2002 Aug; 76(15), 7661-71.5. Tandler B. Cytomegalovirus in the parotid gland of a slow loris, Nycticebus coucang. J Submicroc. Pathol. 1997 Jul; 29(3), 423-6