ONLINE CONFERENCE: EMDRIA 2019

NOT ABLE TO TRAVEL TO CALIFORNIA?
JOIN US ONLINE AND LIVE-STREAM THE EMDRIA CONFERENCE FROM YOUR HOME OR OFFICE!
The EMDRIA Online Conference is a great way to enjoy the Conference from the comfort of your home or office! This scheduled live event can be viewed on any computer with a reliable internet connection.

HOW DO I REGISTER?

- VISIT EMDRIACONFERENCE.COM
- SELECT "REGISTER NOW" FROM NAVIGATION BAR
- SELECT THE LIVE-STREAM OPTION
- COMPLETE THE ONLINE REGISTRATION FORM AND SUBMIT PAYMENT
- A CONFIRMATION EMAIL WILL BE SENT ONCE REGISTRATION IS COMPLETE!

ONLINE CONFERENCE: EMDRIA 2019 PRICING

FULL CONFERENCE
[FRI/SAT/SUN SEPTEMBER 13 - 15, 2019]
MEMBER $595 ($495 EARLY-BIRD)
EXPIRED OR NON-MEMBER $720 ($615 EARLY-BIRD)

SINGLE DAY
[FRI/SAT OR SUN - SEPTEMBER 13-15, 2019]
MEMBER $315 ($265 EARLY-BIRD)
EXPIRED OR NON-MEMBER $370 ($320 EARLY-BIRD)

EARLY-BIRD DEADLINE: JULY 15TH!

WHAT'S INCLUDED WITH MY REGISTRATION?

View the Plenary Session of the day, broadcasting live from the Conference in Orange County, CA.

Choose from qualifying breakout sessions with key presenters who will be delivering content on the latest EMDR therapy topics.

Access archived recordings to review presentation content at your own pace. Participants have access to the archived recordings for 14 days!

The ability to chat and interact with other EMDR professionals from around the world.

Earn CEUs which, once completed, are sent straight to your email!

The opportunity to pose questions during live sessions to Conference presenters!

QUESTIONS?
EMAIL CONFERENCE@EMDRIA.ORG
FOR MORE INFORMATION, VISIT EMDRIACONFERENCE.COM
OUR MISSION

The EMDR International Association strives to provide a Conference dedicated to high quality presentations by trained clinicians and researchers to establish, maintain, and promote the highest standards of excellence and integrity in EMDR therapy practice, research, and education. With this in mind, participants will be able to identify best practices and emerging research in the treatment of trauma; they will be able to apply advanced clinical skills in the use of trauma treatment modalities; and they will be able to identify ethical dilemmas and appropriate resolutions in educational settings, clinical supervision, and clinical practice.
AIR TRAVEL - NEARBY AIRPORTS

John Wayne/Orange County Airport (SNA)
Distance: 13 miles from Hyatt Regency Orange County

Long Beach Airport (LGB)
Distance: 18 miles from Hyatt Regency Orange County

Los Angeles International Airport (LAX)
Distance: 35 miles from Hyatt Regency Orange County

GROUND TRANSPORTATION

TAXIS
Taxi service is available at the hotel. Rates may vary. Contact Guest Services at (714) 740-6051 for more parking information.

SHARED-RIDE SHUTTLES

If using John Wayne/Orange County Airport (SNA):
Super Shuttle: $13 per person/one way

Additional Transportation Through Hotel Concierge:
Van: $80 one way (15 passengers, 10 passengers w/ luggage)

If using Long Beach Airport (LGB):
Super Shuttle: $36 for the first person + $9 each additional person/one way.

Additional Transportation through Hotel Concierge:
Van: $85 one way (10 passengers w/ luggage)

If using Los Angeles International Airport (LAX):
Super Shuttle: $19 per person/one way
Disneyland® Resort Express Bus: $30 per person/from hotel to airport only
Transportation through Hotel Concierge:
Van: $145 one way (15 passengers, 10 passengers w/ luggage)


RENTAL CARS

Enterprise Rent-A-Car offers discounted rates for hotel guests. Reserve your car online through the Hyatt Regency Orange County website for this deal.

UBER/LYFT RIDE OPTIONS


DRIVING TO THE HOTEL

The physical address of the hotel is:
Hyatt Regency Orange County
11999 Harbor Blvd.,
Garden Grove, California, USA, 92840

PARKING

Self parking: $28.00 (Space is limited.)

Hyatt Regency Orange County offers self and valet parking for your convenience and a perfect location near the Anaheim Convention Center. Valet parking is located in the front entrance of the hotel and is available 24 hours a day.

Conveniently located right behind the hotel is a gated self-parking lot. The self-parking lot is secure and monitored 24-hours a day by hotel security and surveillance cameras. Contact Guest Services at (714) 740-6051 for more parking information.
ORANGE COUNTY, CA
The 2019 EMDRIA Conference will be held within the Hyatt Regency Orange County. Located in Garden Grove, California, a quick shuttle ride to Disneyland® and five minutes to the Anaheim GardenWalk, Hyatt Regency Orange County provides a relaxing refuge for your California getaway.

RESERVATIONS
EMDRIA has secured a special group rate of $199/ single/double for EMDRIA Conference attendees. We anticipate the Conference to be very well attended and our hotel room block to possibly sell out. The discounted room rate will be available until Sunday, August 18, 2019 at 5 PM CT., depending on availability. Do not wait! Book your reservation today! Make your reservation by calling 1 (714) 750-1234 and mentioning “EMDR International Association” or “EMDRIA Annual Conference 2019” or by visiting www.emdriaconference.com and clicking on the Hotel & Travel tab.

HYATT REGENCY ORANGE COUNTY
11999 Harbor Boulevard
Garden Grove, California 92840, USA
Phone: 1 (714) 750-1234
www.hyattregencyorangecounty.com
CHECK-IN: 4:00 PM
CHECK-OUT: 12:00 PM

FIND A ROOMMATE
Cut the cost of your Conference attendance by finding a roommate. Please visit www.emdriaconference.com and click on the Hotel & Travel tab to fill out the Find A Roommate form. Your name will be added to a list of individuals looking to share a room. You may also view a list of individuals who are seeking a roommate and contact them directly. Please Note: EMDRIA does not participate in matching rooms.

HOTEL COMFORTS

DRESS SUGGESTION
The suggested dress for the Conference is business casual. We suggest you dress in layers as meeting room temperatures may vary and can be unpredictable.

WI-FI
Free Hotel Wi-Fi is available in guestrooms and public areas ONLY (excluding meeting spaces).
NEW MEMBER & FIRST-TIME ATTENDEE BREAKFAST  
Thursday, September 12 & Friday, September 13 | 7:30 AM - 8:30 AM  
All new EMDRIA members and first-time Conference attendees are invited to join us for an exclusive breakfast reception. Come and mingle with the EMDRIA Board of Directors, committee members and other first-time attendees and new members. Take advantage of this exclusive opportunity to network with peers, establish connections, and learn about EMDRIA member benefits.

ANNUAL MEETING  
Friday, September 13 | 5:45 PM - 6:45 PM  
The Annual Meeting is an opportunity for members to hear from the EMDRIA Board of Directors about the future direction of EMDRIA. Bring your colleagues and contribute your thoughts so we can all move forward together!

WELCOME RECEPTION  
Friday, September 13 | 6:45 PM - 8:00 PM  
All attendees are invited to join us at the Welcome Reception to meet new people, become reacquainted with old friends, and meet our 2019 Exhibitors. Hors d’oeuvres and a cash bar will be provided.

EMDRIA AWARDS & RECOGNITION RECEPTION  
Saturday, September 14 | 6:30 PM - 8:00 PM  
In recognition of those who have dedicated their time, expertise and knowledge to the preservation and growth of EMDR therapy, we will host the EMDRIA Awards & Recognition Reception. All Conference attendees are invited to attend. More details will be in the on-site Conference Program, given to you upon on-site registration. There will be hors d’oeuvres and a cash bar provided.
Thursday, September 12
Registration 7:30 AM - 6:00 PM
Continental Breakfast 7:30 AM - 8:30 AM
Exhibit Hall Hours 7:30 AM - 6:00 PM
SESSIONS 101-103 8:30 AM - 3:30 PM
Break 10:00 AM - 10:30 AM
Lunch Break (on your own) 12:00 PM - 1:30 PM
Break 3:30 PM - 4:00 PM
OPENING ADDRESS (Session 104) 4:00 PM - 5:00 PM

Friday, September 13
Registration 7:30 AM - 5:30 PM
Continental Breakfast 7:30 AM - 8:30 AM
Exhibit Hall Hours 7:30 AM - 8:00 PM
PLENARY SESSION 201 8:30 AM - 10:30 AM
Break 10:30 AM - 11:00 AM
SESSIONS 202 11:00 AM - 12:30 PM
Lunch Break (on your own) 12:30 PM - 2:00 PM
SESSIONS 231-236 2:00 PM - 5:30 PM
Break 3:30 PM - 4:00 PM
Annual Meeting 5:45 PM - 6:45 PM
Welcome Reception 6:45 PM - 8:00 PM
Saturday, September 14
Registration 7:30 AM - 5:30 PM
Continental Breakfast 7:30 AM - 8:30 AM
Exhibit Hall Hours 7:30 AM - 6:00 PM
SESSIONS 3021-326 9:00 AM - 12:30 AM
Break 10:30 AM - 11:00 AM
Lunch Break (on your own) 12:30 PM - 2:00 PM
SESSIONS 331-336 2:00 PM - 5:30 PM
Break 3:30 PM - 4:00 PM
EMDRIA Awards & Recognition Reception 6:30 PM - 8:00 PM

Sunday, September 15
Registration 7:30 AM - 2:00 PM
Continental Breakfast 7:30 AM - 8:30 AM
Exhibit Hall Hours 7:30 AM - 2:00 PM
PLENARY SESSION 401 8:30 AM - 10:30 AM
Break 10:30 AM - 11:00 AM
SESSIONS 421-426 11:00 AM - 12:30 PM
Lunch Break (on your own) 12:30 PM - 2:00 PM
SESSIONS 431-436 2:00 PM - 3:30 PM
Conference Concludes 3:30 PM
THURSDAY

E.C. Hurley, D.Min., Ph.D.
E.C. Hurley, D.Min., Ph.D., is the founder and executive director of Soldier Center, a treatment center located near Ft. Campbell, KY which specializes in the application of EMDR therapy in the treatment of military personnel, veterans, and their families. A retired U.S. Army Colonel with 33 over years of military service he specializes in treating clients with complex PTSD and moral injury and the training of other providers. He is an EMDRIA Approved Consultant and Approved Presenter, an EMDR Institute regional trainer as well as an EMDR trainer to U.S. military and veteran agencies.

Angela Childers, MA
Angela Childers, MA, is a senior therapist, a military spouse, and EMDRIA Consultant-in-Training. She is a Soldier Center staff who treats over 180 soldiers/veterans weekly and shares clinical experience in trainings.

Julia Waskiewicz, MA
Julia Waskiewicz, MA, is a veteran who serves as the clinical director at Soldier Center. She is an EMDRIA Consultant-in-Training.

Debra Wesselmann, MS, LIMHP
Debra Wesselmann, MS, LIMHP, is co-founder of The Attachment and Trauma Center of Nebraska and has specialized in treating attachment trauma for 29 years. Ms. Wesselmann is a member of the faculty of the EMDR Institute and is on the editorial board for The Journal of EMDR Practice and Research. She conducts research, presents nationally and internationally, and has authored articles, chapters, and books related to attachment and trauma.

Ann Potter, Ph.D.
Ann E. Potter, Ph.D., has worked over 40 years in the mental health field as a psychiatric nurse, educator, therapist, psychologist, evaluator, researcher, writer, presenter, and consultant. Her bachelor's degree is in Nursing from Creighton University, master's degree in Counseling from UNOmaha, and doctorate in Counseling Psychology from UNLincoln. She has been in private practice since 1989.

Dr. Potter's areas of expertise include trauma, attachment, addictions, personality disorders, domestic violence, and sexual assault, and she has specialized training in Eye Movement Desensitization and Reprocessing (EMDR), Dialectical Behavior Therapy (DBT), and Radical Openness Dialectical Behavior Therapy (RO DBT). She is an EMDRIA Certified Therapist and Approved Consultant in EMDR. She has piloted outcome research related to phase-based trauma treatment (DBT/EMDR) for adults and published articles on the roles adults played as children in alcoholic families, books on trauma treatment, and articles on EMDR therapy.

Dolores Mosquera, MS
Dolores Mosquera, M.S., is a psychologist and psychotherapist specializing in severe and complex trauma, personality disorders, and dissociation. She is an accredited EMDR Europe Trainer and supervisor. Dolores is the director of the Institute for the Study of Trauma and Personality Disorders in A Coruña, Spain and collaborates with several programs aiding trauma victims. Dolores has extensive teaching experience and has published 15 books and numerous articles on personality disorders, complex trauma, and dissociation. She received the David Servan-Schreiber award for outstanding contributions to the field of EMDR in 2017 and made a Fellow of the ISSTD in 2018.

Mackenzie Phillips, RADT-I

Phillips rose to fame with breakout parts in 1973’s “American Graffiti” and ‘70s sitcom “One Day at a Time” and is now making a different impact as a director at the Breathe Life Healing Center in Los Angeles, where she specializes in trauma, drug, and alcohol treatment and recovery.

The daughter of The Mamas and the Papas lead singer John Phillips, Mackenzie a survivor of substance abuse and a visible and outspoken advocate for addiction awareness and education who brings her knowledge and voice on the subject of recovery and shares her experiences for those who are trying to overcome addiction.

Mackenzie Phillips grew up in a dysfunctional environment and subsequently battled a near-fatal drug addic-
tion. She presents the wisdom she gained from her own personal journey through addictions and her understanding of practical treatment from her work as a rehabilitation counselor. Using her own life experiences as examples of proven recovery methods, she shares the tools and holistic approaches that are available to help those on their way to recovery.

FRIDAY
Ad de Jongh, Ph.D.
Ad de Jongh, Ph.D., is clinical psychologist and professor of Anxiety and Behavior Disorders at the University of Amsterdam. Further, he is honorary professor in psychology at the School of Health Sciences of Salford University in Manchester, at the Institute of Health and Society of the University of Worcester, and at the School of Psychology of Queen's University in Belfast. He is approved trainer for the EMDR Europe association, board member of the Dutch EMDR Association, and the EMDR Europe Association.

Gabor Maté, M.D.
Gabor Maté (pronunciation: GAH-bor MAH-tay) is a retired physician who, after 20 years of family practice and palliative care experience, worked for over a decade in Vancouver's Downtown East Side with patients challenged by drug addiction and mental illness. The bestselling author of four books published in twenty-five languages, including the award-winning In the Realm of Hungry Ghosts: Close Encounters With Addiction, Gabor is an internationally renowned speaker highly sought after for his expertise on addiction, trauma, childhood development, and the relationship of stress and illness. For his groundbreaking medical work and writing he has been awarded the Order of Canada, his country's highest civilian distinction, and the Civic Merit Award from his hometown, Vancouver. To learn more, join his e-news list at www.drgabormate.com.

SUNDAY
Derek Farrell, Ph.D.
Dr. Derek Farrell is a principal lecturer in Psychology, an EMDR Therapy Europe Accredited Trainer and Consultant, a Chartered Psychologist with the British Psychological Society, and an Accredited Psychotherapist with the British Association of Cognitive & Behavioral Psychotherapies (BABCP). He is President of Trauma Aid Europe, and current Chair of the EMDR Europe Practice Committee. Derek is also Scientific Advisor to the Board of Trauma Aid Germany. He is involved in a number of Humanitarian Trauma Capacity Building programs in Pakistan, Turkey, India, Cambodia, Myanmar, Thailand, Indonesia, Lebanon, Poland, Philippines, Palestine, and Iraq. Derek is the Program Director of a MSc EMDR therapy at the University of Worcester (UK) – the only such program in the world. In 2013, Derek was the recipient of the David Servan Schreiber Award for Outstanding Contribution to EMDR therapy. In addition, Derek was also shortlisted for the prestigious Times Higher Education Supplement (TES) Awards (2017) for International Impact due to his Humanitarian Trauma Capacity Building work in Iraq with the Free Yezidi Foundation and the Jiyan Foundation for Torture and Human Rights. In June 2018 Derek was also awarded the Trauma Aid Europe Humanitarian of the Year Award, in Strasbourg, France. His closest friends strongly advise him to seek hobbies – this continues to be a work in progress.

Chris Lee, Ph.D.
Associate Professor Christopher Lee works in private practice and at the University of Western Australia. He is a certified EMDRIA trainer. He conducts workshops on treating personality disorders and trauma throughout Australia and overseas. He has published research on personality disorders and PTSD. He has received an International Society for Traumatic Stress Studies and EMDRIA awards for research excellence in 1999 and 2014. In 2009 he also received the Inaugural Francine Shapiro award for research excellence. He is currently a principle investigator in two international multi-centered randomized controlled trials, one in treating complex PTSD and the other Borderline Personality Disorder.
ADVERTISING OPPORTUNITIES
Advertisements are placed in our on-site Conference Program which includes essential Conference information (i.e. Conference schedule, layout of meeting space, information on sponsors and exhibitors, etc.). Since the Conference Program is distributed to all attendees, this is the perfect opportunity to draw attention to your products or services to over 1,000 practitioners and therapists in the EMDR community.

EXHIBIT BOOTH OPPORTUNITIES
Reserve a booth space to strengthen your existing relationships, increase your product awareness, and generate new sales.

MAJOR SPONSORSHIP OPPORTUNITIES
EMDRIA offers a wide variety of Sponsorship opportunities that are all designed to help you spread your message to EMDR therapists.

Interested in becoming a Major Sponsor? Increase company brand awareness or highlight your organization’s message and reach prospective clients by participating in one or more EMDRIA Conference Sponsorship Opportunities!

- Conference Bag - SOLD!
- Conference Lanyards
- Conference Mobile App Icon - SOLD!

ADDITIONAL CONFERENCE MOBILE APP SPONSORSHIP OPPORTUNITIES
Be in every attendees’ hands throughout the Conference with one of our 3 mobile app sponsorship options! Attendees use the Conference app to view their session schedules, connect with other attendees, access presenter handouts and more! Note* the below sponsorship opportunities do not include exhibit booth space.

- Conference Mobile App Banner Ad
- Splash Page
- Push Notifications

DEADLINES
Early-Bird Rate Booth Fee: July 1, 2019
Exhibit Application: August 1, 2019
Loose Material (to EMDRIA Office): August 1, 2019
Ad Artwork: August 1, 2019

EXHIBIT SHOW HOURS
Thursday, September 12: 7:30 AM - 6 PM
Friday, September 13: 7:30 AM - 8 PM
Saturday, September 14: 7:30 AM - 6 PM
Sunday, September 15: 7:30 AM - 2 PM

To find out more and secure your visibility at the Conference, contact Mel Forehand at (512) 425-0994 or mforehand@logistex.net
In support of improving patient care, this activity has been planned and implemented by Amedco LLC and the EMDR International Association. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Credit Designation Statement – Amedco LLC designates this live activity for a maximum of 22.50 AMA PRA Category 1 Credits™ for physicians and 22.50 contact hours for nurses. Learners should claim only the credit commensurate with the extent of their participation in the activity.

As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social workers completing this course receive up to 22.50 clinical continuing education credits.

Amedco SW CPE is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. 22.50 hours.

EMDR International Association is approved by the American Psychological Association to sponsor continuing education for psychologists. EMDR International Association maintains responsibility for the program and its content.

EMDR International Association (EMDRIA) has been approved by National Board of Certified Counselors (NBCC) as an Approved Continuing Education Provider, ACEP No. 5757. Programs that do not qualify for NBCC credit are clearly identified. EMDRIA is solely responsible for all aspects of the programs.

EMDR International Association is approved by the Texas State Board of Marriage and Family Therapists to provide continuing education to Marriage and Family Therapists. Provider #233.

EMDR International Association is approved by the Texas State Board of Social Work Examiners to provide continuing education to Social Workers. Provider #2689.

All sessions of this Conference are approved for EMDRIA Credit except those indicated in the program.

CONTINUING EDUCATION
Please be aware that all credit hours will be awarded according to the individual requirements of each continuing education agency.

SATISFACTORY COMPLETION
Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

OVERALL CONFERENCE LEARNING OBJECTIVES
1. Participants will be able to discuss current research and new applications of EMDR therapy in areas of mental health concerns.
2. Participants will be able to describe EMDR therapy for PTSD and other diagnoses to improve practitioner competence and patient outcomes.
3. Participants will be able to list strategies for integrative treatment of emerging mental health crises.

TARGET AUDIENCE
National audience of mental health professionals including psychiatrists, psychologists, social workers, advanced nurse practitioners, counselors, and marriage and family therapists.

TEACHING METHODS
The teaching methods used by our conference presenters include lecture, PowerPoint presentations, interactive discussions, small group exercises, case study presentations, and question and answer periods.

GRIEVANCES
If you would like to file a grievance or complaint, or have questions, please contact EMDRIA at info@emdria.org.

ADA STATEMENTS
ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate what your needs are at the time of registration. We cannot ensure the availability of appropriate accommodations without prior notification.

CERTIFICATES OF COMPLETION
Certificates are available online to download and/or print approximately 2 weeks after the Conference. You may access the download site by visiting www.emdriaconference.com. We will also send an email with the link to the download site. A printed certificate will not be provided by mail. Contact conference@emdria.org if you need assistance accessing your certificate.

It is imperative that you scan in and out of every session you attend, as you will not be able to obtain credits if you do not. You must attend each workshop you sign up for in its entirety to receive credit for it. NO EXCEPTIONS. Please plan your travel schedule accordingly.

22.5 Total Possible CE Credits

<table>
<thead>
<tr>
<th>DAY</th>
<th>60</th>
<th>1.5</th>
<th>1.5</th>
<th>3</th>
<th>1.5</th>
<th>1.5</th>
</tr>
</thead>
<tbody>
<tr>
<td>THURSDAY</td>
<td>5</td>
<td>101-103</td>
<td>201</td>
<td>321-326</td>
<td>6</td>
<td>401</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Opening</td>
<td>202</td>
<td>331-336</td>
<td></td>
<td>421-426</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Address</td>
<td>231-236</td>
<td></td>
<td></td>
<td>431-436</td>
</tr>
</tbody>
</table>

60
INSTRUCTIONS
If you do not utilize our online registration process (you will instantly receive $10 off your registration fee if you do), please complete the Conference Registration Form in the brochure. All sections must be completed for your registration to be processed. Once completed, please tear the form out and mail, email, or fax both sides to EMDRIA. Registrations received by mail, email, fax or phone are processed in the order that they are received. It may take up to 5 business days for processing. Selected sessions may no longer be available at the time your registration is processed. To guarantee your sessions and receive $10 off your registration fee, please register online at www.emdriaconference.com.

PAYMENT INFORMATION
• You may pay by credit card (Visa, Mastercard or Discover) or by check.
• If you are paying by check, please make the check payable to EMDR International Association and mail it with your registration form. U.S. funds only.
• There will be a $25 processing fee charged if rebilling is required for credit cards and a $25 charge for all returned checks.

STUDENT ELIGIBILITY
To be eligible to register as a student attendee, you must be enrolled full-time in an academic program for the summer 2019, or fall 2019 semester and provide documentation of your enrollment along with your registration.

Acceptable Documentation:
• Class schedule showing full-time # of credit hours (typically 9 credit hours for the spring and fall semesters).
• Screenshot of online registration system accepted as long as your full name appears as part of the record.
• Letter from the Registrar's Office stating you are enrolled as a full-time student.
• Letter from the Dean’s Office, or a Department Chair, stating you are enrolled as a full-time student.

If registering online, you will upload your documentation during the registration process. If you register by mail or fax, please include your documentation.
REGISTRATION FEES
(IN-PERSON CONFERENCE)

<table>
<thead>
<tr>
<th>REGISTRATION</th>
<th>Member</th>
<th>Non-Member</th>
<th>Student</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Conference (Thursday Only)</td>
<td>$250 ($220 Early-Bird)</td>
<td>$305 ($275 Early-Bird)</td>
<td>$125 ($125 Early-Bird)</td>
</tr>
<tr>
<td>Full Conference (Thursday - Sunday)</td>
<td>$600 ($550 Early-Bird)</td>
<td>$725 ($675 Early-Bird)</td>
<td>$250 ($250 Early-Bird)</td>
</tr>
<tr>
<td>Main Conference (Friday - Sunday)</td>
<td>$500 ($450 Early-Bird)</td>
<td>$625 ($575 Early-Bird)</td>
<td>$200 ($200 Early-Bird)</td>
</tr>
<tr>
<td>Pre-Conference (Thursday Only)</td>
<td>$250 ($220 Early-Bird)</td>
<td>$305 ($275 Early-Bird)</td>
<td>$125 ($125 Early-Bird)</td>
</tr>
<tr>
<td>One Day (Friday/Saturday/Sunday Only)</td>
<td>$250 ($220 Early-Bird)</td>
<td>$305 ($275 Early-Bird)</td>
<td>$125 ($125 Early-Bird)</td>
</tr>
</tbody>
</table>

IN-PERSON REGISTRATION DEADLINES
Early-Bird Rate: Wednesday, July 15, 2019
Register by Mail (must be postmarked by August 27, 2019): Tuesday, August 27, 2019
Register Online: Monday, September 9, 2019

ON-SITE REGISTRATIONS
Attendees who wish to register onsite during the EMDRIA Conference must complete our paper registration form (including contact information and session selection) BEFORE coming to the registration desk. An additional $50 on-site fee will be applied.

CANCELLATION POLICY
All cancellations must be made online through the EMDRIA Conference website or requests for cancellation must be emailed to conference@emdria.org.
A total refund of paid registration fees minus a $50 processing fee will apply to all cancellations submitted by Wednesday, July 31, 2019.
A half refund of paid registration fees will apply to all cancellations submitted from August 1, 2019 to October 7, 2019.

No refunds will be given after October 8, 2019.

REGISTRATIONS RECEIVED AFTER MONDAY, SEPTEMBER 9, 2019 These will be treated as on-site registrations (additional $50 processing fee).
EMDRIA CONFERENCE 2019
REGISTRATION FORM
SEPTEMBER 12-15, 2019 ORANGE COUNTY, CA
SAVE $10 INSTANTLY BY REGISTERING ONLINE AT WWW.EMDRIACONFERENCE.COM!

ATTENDEE CONTACT INFORMATION:
*THIS INFORMATION WILL BE USED FOR YOUR CONFERENCE BADGE.

*FIRST NAME
*LAST NAME
CONTACT ADDRESS
*CITY
*STATE/PROVINCE
ZIP /POSTAL CODE
*COUNTRY
CONTACT PHONE
EMAIL ADDRESS
Please print your email address legibly - your Conference confirmation will be emailed to you.
EMERGENCY CONTACT NAME/NUMBER

CONFERENCE PRICING &
ADMISSION ITEM SELECTION:

FULL CONFERENCE
REGISTRATION [THU-SUN]
MEMBER: $600
($550 EARLY-BIRD)
NON-MEMBER: $725
($675 EARLY-BIRD)

MAIN CONFERENCE
REGISTRATION [FRI-SUN]
MEMBER: $500
($450 EARLY-BIRD)
NON-MEMBER: $625
($575 EARLY-BIRD)

PRE-CONFERENCE
REGISTRATION [THU ONLY]
MEMBER: $250
($220 EARLY-BIRD)
NON-MEMBER: $305
($275 EARLY-BIRD)

ONE-DAY OR TWO-DAY
REGISTRATION
[THU/FRI/SAT OR SUN]
MEMBER: $250 PER DAY
($220 EARLY-BIRD) PER DAY
NON-MEMBER: $305 PER DAY
($275 EARLY-BIRD) PER DAY

MAKE YOUR ONE- OR TWO-DAY SELECTION(S) BELOW:
THU  FRI  SAT  SUN

**REGISTRATIONS RECEIVED AFTER SEPTEMBER 9, 2019 WILL BE TREATED AS ON-SITE REGISTRATIONS (ADDITIONAL $50 PROCESSING FEE)**

CONTINUING EDUCATION CREDITS:
YOU MUST ATTEND SESSIONS IN THEIR ENTIRETY TO RECEIVE CREDITS.

NONE  APA  NBCC
ACCME (PHYSICIAN)  ASWB  NY-SW
ANCC (NURSE)  EMDRIA  TX-MFT

TO VIEW MORE INFORMATION ON ACCREDITING AGENCIES, VISIT WWW.EMDRIACONFERENCE.COM

ATTENDEE INFORMATION:

1. DO YOU REQUIRE SPECIAL ACCOMMODATIONS WHILE ATTENDING THE CONFERENCE?
EMDRIA IS UNABLE TO ACCOMMODATE INDIVIDUAL DIETARY PREFERENCES.

IF YES, PLEASE SPECIFY:

2. LICENSE NUMBER [ENTER N/A IF NOT APPLICABLE]:

3. SELECT YOUR CREDENTIALS FROM THE OPTIONS LISTED BELOW (WILL BE DISPLAYED ON YOUR CONFERENCE NAME BADGE):

Ed.D.  LMFT  LMHC  M.D.  Psy.D.
LCSW  LICSW  LPC  PH.D.  N/A

ENTER YOUR CREDENTIALS BELOW IF THEY ARE NOT LISTED AS AN OPTION:

4. MAY EMDRIA MAKE YOUR INFORMATION (EMAIL AND PROVIDED ADDRESS) AVAILABLE TO 2019 SPONSORS AND EXHIBITORS?

IF YES, PLEASE SPECIFY:

5. WILL YOU ATTEND THE OPENING ADDRESS ON THURSDAY, SEPTEMBER 12 FROM 4-5 PM?

QUESTIONS?
Email us at conference@emdria.org
EMDRIA CONFERENCE 2019 - TERMS & CONDITIONS

CANCELLATION POLICY:
All cancellations must be made online through the EMDRIA Conference website or requests for cancellation must be emailed to conference@emdrria.org. A total refund of paid registration fees minus a $50 processing fee will apply to all cancellations submitted by Wednesday, July 31, 2019. A half refund of paid registration fees will apply to all cancellations submitted from August 1, 2019 to October 7, 2019. No refunds will be given after October 8, 2019.

CONTINUING EDUCATION POLICY:
Attendees are responsible for scanning in and out of each registered session and attending the session in its entirety in order to receive the full Continuing Education credits available for the session. No partial credit will be given. No exceptions will be made.

PHOTO POLICY:
EMDRIA takes photographs during its meetings and events for use in association advertising, newsletters and other promotional materials, whether in print, electronic or other media, including the EMDRIA website. By participating in this conference attendees grant EMDRIA the right to use their name and photograph for such purposes.

PRIVACY POLICY:
In order to protect the rights and privacy of the clients featured, personal recording or broadcasting audio or video of any part of the sessions from the EMDRIA Conference is prohibited.

WAYS TO REGISTER:
ONLINE (SAVE $10)
www.emdriaconference.com

EMAIL:
conference@emdrria.org

MAIL TO EMDRIA:
5806 Mesa Dr, Ste 360 Austin, TX 78731 USA

FAX: 512-451-5256

PHONE:
512-451-5200
Available Only: Mon-Thurs NOON to 2 PM

SESSION SELECTIONS:

PRE-CONFERENCE | THURSDAY | SEPTEMBER 12

FULL-DAY SESSION 8:30 AM - 3:30 PM
☐ SESSION 101 ☐ SESSION 102 ☐ SESSION 103

MAIN CONFERENCE | FRIDAY | SEPTEMBER 13

HALF-DAY SESSIONS 2:00 PM - 5:30 PM
☐ SESSION 231 ☐ SESSION 232 ☐ SESSION 233
☐ SESSION 234 ☐ SESSION 235 ☐ SESSION 236

SATURDAY | SEPTEMBER 14

MORNING HALF-DAY SESSION 9:00 AM - 12:30 PM
☐ SESSION 321 ☐ SESSION 322 ☐ SESSION 323
☐ SESSION 324 ☐ SESSION 325 ☐ SESSION 326

AFTERNOON HALF-DAY SESSION 2:00 PM - 5:30 PM
☐ SESSION 331 ☐ SESSION 332 ☐ SESSION 333
☐ SESSION 334 ☐ SESSION 335 ☐ SESSION 336

SUNDAY | SEPTEMBER 15

90-MINUTE SESSION 2:00 PM - 3:30 PM
☐ SESSION 421 ☐ SESSION 422 ☐ SESSION 423
☐ SESSION 424 ☐ SESSION 425 ☐ SESSION 426

90-MINUTE SESSION 2:00 PM - 3:30 PM
☐ SESSION 431 ☐ SESSION 432 ☐ SESSION 433
☐ SESSION 434 ☐ SESSION 435 ☐ SESSION 436

CONFERENCE FEE TOTALS:
Conference Registration: $______
EMDRIA Memorial Scholarship Donation (Optional): $______
TOTAL PAYMENT: $______

PAYMENT INFORMATION: (In USD Only)
Payment Method: Check # ____________ Credit: Visa Mastercard Discover
Credit Card #: ____________ Expiration Date (MM/YY) ____________ CVV ____________
Name on Card: ____________ Signature: ____________

SUBMIT FORM:
INITIAL: ______ I have read and agree to the Terms & Conditions listed on this registration form.
INITIAL: ______ I understand that registrations submitted by email, mail, fax or phone are processed in the order in which they are received, that it may take up to 5 business days for processing, and that my selected sessions may no longer be available at the time my registration form is processed.

Double-check your form before you submit it as incomplete forms may cause a delay in processing. You will receive an email confirmation of your registration. For additional questions or assistance, visit www.emdriaconference.com or email conference@emdrria.org.

EMDRIA CONFERENCE 2019 | REGISTRATION FORM
PRESENTATION LEVEL
Introductory indicates that the workshop is suitable if you have no prior knowledge of the specific topic or content being presented and will include basic theory and skills.
Intermediate indicates that the workshop is suitable if you have some basic knowledge of the specific content being presented. You do not need to have in-depth knowledge or skills.
Advanced indicates that the workshop is suitable if you have a substantial working knowledge or skill level in the specific content area.
All Levels indicates that the workshop is suitable for Introductory, Intermediate, and Advanced clinicians.

INNOVATIVE PRESENTATIONS
We have workshops in our program that fall under the category of “Innovative.” These are programs that may not fit the EMDRIA definition of EMDR, but show promise in extending applications of EMDR-based theory or methodology. EMDRIA Credits will be granted for these sessions. They will also be eligible for all other CEs that we offer for the Conference.

INTEGRATIVE PRESENTATIONS
Integrative Presentations are defined as: “Integrates elements of other psychotherapies or interventions (e.g. Ego State Therapy, Internal Family Systems) with standard EMDR therapy.” The presentation demonstrates how the additional therapy or intervention potentially enhances or improves the application of EMDR, refers to how it fits within the AIP Model, and how the two interventions may be blended with the existing phases of EMDR therapy.

SPEAKER QUALIFICATIONS
Additional information on speaker qualifications can be provided upon request.

SESSION DISCLAIMER
EMDRIA reserves the right to substitute faculty or cancel and reschedule sessions due to low enrollment or unforeseen circumstances. In the event a speaker is unable to attend, EMDRIA will contact you about selecting a session replacement. If EMDRIA must cancel the Conference, registrants are responsible for requesting a full credit or refund of the registration fee. Refunds cannot be made by EMDRIA for lodging, airfare, or any other expenses related to the Conference.

SESSION HANDOUTS
At least two weeks prior to the Conference, you will receive an email with a link to download (PDF) and/or print session handouts. Handouts will also be available in the EMDRIA Conference App, which will launch around the same time. You’ll receive an email with instructions on how to download the app.
Printed Handouts: EMDRIA does not provide printed handouts or any printing services onsite at the Conference. If you wish to have printed handouts, please print them at home and bring them with you to the Conference.

SESSION CATEGORIES
ALCOHOL & SUBSTANCE ABUSE
Session 324, Session 333
ATTACHMENT ISSUES / PERSONALITY DISORDERS
Sessions 102, 202, 325
CHILDREN / ADOLESCENTS
Session 236, Session 326
CHRONIC ILLNESS / MEDICAL ISSUES / SOMATICS
Sessions 231, 233, 323, 332, 426
COUPLES / RELATIONSHIP ISSUES / SEXUALITY
Session 425
CULTURAL COMPETENCE AND/OR DIVERSITY
Session 234
DEPRESSION, GRIEF & MOURNING
Session 336
DISSOCIATION / COMPLEX TRAUMA
Sessions 103, 232, 322, 331, 424, 434
EATING DISORDERS
Session 432
ETHICAL / LEGAL ISSUES
Session 335
MILITARY & VETERANS
Sessions 101, 334, 422
MINDFULNESS
Session 321
MODELS / THEORY
Session 433
NEUROBIOLOGY
Session 423
RESEARCH
Session 201, Session 401
TECHNIQUES / STRATEGIES
Sessions 421, 431, 435, 436
TRAINING / CONSULTATION in EMDR
Session 235
SESSION 101
CHANGING LIVES NOW: EMDR THERAPY WITH VETERAN AND MILITARY POPULATIONS
E.C. Hurley, D.Min., Ph.D.
Angela Childers, MA
Julia Waskiewicz, MA
All Levels

This workshop offers the opportunity for additional clinical skill development for participants. Presenters are members of Soldier Center staff who specialize in treating military, veterans and first responders with EMDR therapy. Some of the most current information for effectively treating military and veteran populations across a broad spectrum of clinical presentations are provided. Innovative intervention strategies are described ranging from enhancing Phase 1 to a new “embedded” Preparation approach for extended client preparation with subdued reprocessing. How to effectively treat clients suffering with guilt, shame, and moral injury and their contribution to veterans’ suicidality are also included.

SESSION 102
ATTACHMENT THROUGH THE LIFESPAN
Debra Wesselmann, MS, LIMHP
Ann Potter, Ph.D.
Introductory/Intermediate Levels

This presentation will apply attachment theory, the Adaptive Information Processing model, and a “parts of self” perspective to conceptualize problems in romantic relationships, parent-child relationships, and mental health lifelong. Participants will gain psychoeducational strategies, a “parts of self” approach, and EMDR therapy methods to help clients recognize their non-secure responses to relationship difficulties and replace non-secure with secure responses for healthier attachment relationships. Participants will learn to implement EMDR therapy strategies for revising the Early Bonding Contract and for strengthening experiences of closeness and connection between parents and children of all ages and between romantic partners.

SESSION 103
WORKING WITH PARTS IN DISSOCIATIVE DISORDERS: A PRACTICAL GUIDE FOR EMDR THERAPISTS
Dolores Mosquera, MS
Intermediate

Many therapists report problems in working with patients with dissociative disorders, especially in regard to developing the treatment plan, structuring the sessions, or managing the patient’s internal conflict as well as working with those parts that are most challenging. When parts are stuck in trauma, it is easy to encounter a wide range of difficulties in therapy. Some of the main problems are related to the internal conflict presented by these patients, who show difficulties in regulatory capacities, distrust, and hostility. Working with EMDR requires approaching the difficulties of this clinical population as well as developing skills to adapt the procedures and techniques.

This workshop will describe useful concepts to help therapists understand patients with dissociative disorders and organize the work plan with EMDR. In addition, a variety of techniques and tools for the different steps of the work will be illustrated, allowing for safe interventions with various types of clinical problems and dissociative parts. A conceptualization model developed specifically for dissociative disorders will be presented as well as a guide to carry out a treatment plan adapted to several common difficulties (Mosquera, 2019).

SESSION 104
OPENING ADDRESS: JOURNEY OF THE HOPEFUL HEALER
Mackenzie Phillips, RADT-I
Intermediate Levels

This presentation will emphasize the power of hope in healing from trauma along with practical application of healing techniques. A journey from hopeless to hopeful, using stories of her life and her work in addiction and trauma recovery to bring new life to a wounded population.

Mackenzie brings with her a unique perspective, much of which has been shaped by her own battle with substance abuse, in addition to overcoming and healing from a history of complex trauma. “My addiction was so powerful, and so rooted in early trauma, that I lost myself for many years. Now, with a strong recovery I’m committed to helping others find their voice.”
Friday, September 13
9:00 AM - 10:30 AM (1.5 Credit Hours)

SESSION 201
EMDR NOW AND TOMORROW: CONNECTING THERAPY RESEARCH TO PRACTICE
Ad de Jongh, Ph.D.
All Levels

Now, 30 years after its discovery, there is enough evidence to conclude that EMDR is an established, time-limited treatment for PTSD. This is mainly due to the large and ever-increasing amount of research into EMDR, not only clinical research, but also in the laboratory. An important challenge for EMDR in the coming years is to bridge the gap between the knowledge generated from scientific research and the application of the results in routine clinical practice. Using the presumed working mechanisms, and the role of the eye movements within EMDR therapy as examples, this keynote presentation is structured from three perspectives: past, present and future. We start at Francine Shapiro’s famous walk in the park and we end up with some new and exciting developments suggesting that EMDR could be applied even more effectively in clinical practice.

11:00 AM - 12:30 PM (1.5 Credit Hours)

SESSION 202
THE BIOLOGY OF LOSS: WHAT HAPPENS WHEN ATTACHMENTS ARE IMPAIRED...
Gabor Maté, M.D.
All Levels

This presentation, based on the best-selling Scattered Minds, Hold on To Your Kids, and In The Realm of Hungry Ghosts, outlines the mental health implications of early childhood emotional loss, whether due to abuse in the family or simply of stress on the parents, on the subsequent loss of attentiveness with the child.

Childhood developmental disorders such as ADHD, ODD, and other mental health problems such as anxiety, depression, personality disorders, etc. can all be traced to either negative childhood experiences or the absence of sufficiently positive ones. Addiction and adult mental health issues also flow from the same source.

2:00 PM - 5:30 PM (3 Credit Hours)

SESSION 231
ILLNESS & HEALTH IN A TOXIC SOCIETY
Gabor Maté, M.D.
All Levels

Half of North American adults suffer from chronic illness — a fact Western medicine views largely in terms of individual predispositions and habits.

Western medicine imposes two separations, neither tenable scientifically. First, it separates mind from the body, largely assuming that most chronic illnesses have nothing to do with people’s emotional and psychological experiences. And yet, a large and irrefutable body of research has clearly shown that physiologic and behavioral functioning of human beings can be understood only if we integrate our body functions with those of the mind: functions such as awareness, emotions, our interpretations of and responses to events, and our relationships with other people. Second, Western practice views people’s health as separate from the social environment, ignoring social determinants of health such as class, gender, economic status, and race. Such factors, in reality, are more important influences on health and longevity than individual predispositions and personal factors such as genes, cholesterol levels, blood pressure and so on.

This talk shows how a society dedicated to material pursuits rather than genuine human needs and spiritual values stresses its members, undermines healthy child development and dooms many to chronic illness, from diabetes to heart disease, from autoimmune conditions to cancer.

SESSION 232
PREPARING DYSREGULATED, DISSOCIATIVE, ATTACHMENT-WOUNDED CLIENTS FOR EMDR
Shirley Jean Schmidt, MA, LPC
Integrative Session
All Levels

Many dissociative clients are too dysregulated for EMDR.
This presentation will teach several Phase 2 interventions—from the Developmental Needs Meeting Strategy (DNMS)—for stabilizing attachment-wounded child parts central to emotion dysregulation. First a Resource Team is mobilized, and a Special Safe Place for wounded parts is established. Then wounded child parts are invited forward to be nurtured, helped to securely attach to internal Resources, oriented to present time, and shown why they misperceive their painful past is still happening. Over time, as these interventions stabilize numerous child parts, dysregulated clients become more stable — so EMDR can finally become an option.

SESSION 233
EMDR THERAPY FOR REPRODUCTIVE TRAUMA
Mara Tesler Stein, Psy.D.
All Levels

Reproductive trauma includes infertility, miscarriage, perinatal loss, complicated birth, and postpartum reactions. These adverse reproductive events engender loss, disrupting every aspect of clients’ lives. This workshop introduces attendees to the range of traumatizing events that can occur in the reproductive period, teaches them to identify characteristics of those events inducing trauma, and to recognize common clinical presentations of these patients. Participants will learn to address decision making around Phases 1-2 and to distinguish between standard and recent events protocol in Phases 3-7. Using case examples, participants will see how the eight phase standard protocol can effectively be utilized with traumatized parents.

SESSION 234
BEYOND THE BINARY: GENDER EXPERTISE AND EMDR THERAPY
Mischa Cohen Peck, MA, MSW, Ph.D.
Introductory/Intermediate Levels

At birth, based upon sex organs, gender is assigned. Thus, begins life in a false binary, male and female. Yet, gender diversity has always existed as biology thrives on variation. Society struggles with gender variation as noted by the high rates of discrimination and deadly violence against transgender and gender variant persons. During this interactive session, attendees will increase their knowledge of gender diversity, gender affirmation/transition options, and the impact shame and trauma in the lives of gender expansive persons. Integrating social neuroscience with psychological theory, attendees will learn specialized ways to use EMDR therapy with gender diverse clients.

SESSION 235
CONSULTATION FOR EMDRIA CERTIFICATION: CHALLENGES, ETHICS & BEST PRACTICES
Andrew Leeds, Ph.D.
Jennifer Madere, MA LPC-S
Christine Sells, Ph.D.
Introductory Levels

Since 1999, EMDRIA and the EMDR community have struggled to establish objective standards for Certification and other advanced designations. The absence of objective standards and clearly defined guidelines in EMDRIA credentialing programs undermines the significance of Certification and creates challenges for Approved Consultants and Consultants-in-Training. Related ethical concerns extend detrimental risks to the public and the reputation of EMDR. This workshop describes the history of EMDRIA regarding the Certification process, current requirements, challenges, and ethical concerns surrounding providing consultation and recommendation for Certification. Recommendations and forms for best practices, research, clarifying guidelines, and more objective standards are offered.

SESSION 236
HEALING CHILDREN THROUGH INTEGRATING PLAY & ART THERAPY WITH EMDR THERAPY
Kim Johnson, LCSW
All Levels

Integration of play/art therapy throughout each of the eight phases of EMDR therapy is a powerful healing process for children experiencing simple/complex trauma. This workshop provides justification for and examples of how to integrated play/art therapy with EMDR. Through discussion, illustrations, case studies and hands-on activities, participants will identify ways to integrate play/art into their use of EMDR with children. Participants will observe and critique samples of play/art techniques and develop the stages of EMDR: case conceptualization, processing, and integration. Attendees will develop a written strategy for applying workshop information to a specific EMDR session with a child.

*DENOTES SESSION WILL BE LIVE-STREAMED FOR ONLINE CONFERENCE
9:00 AM - 12:30 PM (3 Credit Hours)

SESSION 321
MINDFULNESS, ATTUNEMENT, AND RESONANCE IN EMDR TREATMENT OF COMPLEX PTSD
Irene Siegel, LCSW, Ph.D.
Integrative Session
All Levels

Presentation focuses on the use of mindfulness, attunement, and resonance within an EMDR transpersonal approach while staying true to the standard protocol, as science, spirituality, and therapy converge. Identify elements of Complex PTSD and dissociation, use of internal focus for integration of dissociated parts, RDI, emotional regulation within the preparation phase. New meaning to trauma is realized as inner wisdom and higher consciousness emerge. Case examples and experiential exercise awakens therapists’ intuitive skills, integrating ancient healing practices with EMDR therapy for adaptive functioning, client awakening, and accelerated transformation within the delicate work of ego integration in Complex PTSD.

SESSION 322
ENHANCING EMDR WITH STRUCTURAL DISSOCIATION, ATTACHMENT THEORY & PARTS WORK
Rachel Walker, LMFT
Integrative Session
Intermediate Levels

When it comes to complex trauma and dissociation, EMDR, parts models and Attachment interventions work better in collaboration than they do alone. This workshop illuminates why and demonstrates how to combine theories/interventions so that EMDR can work more efficiently/effectively with complex cases. We will visit and move beyond EMDR to focus on the ways in which trauma-informed therapies overlap, inform/support one another, and illuminate a bigger picture! Learn to decode persistent, seemingly-intractable symptoms, and apply effective interventions that work across the diagnostic spectrum. We will include EMDR, Structural Dissociation, Internal Family Systems, and Attachment theory.

SESSION 323
EMDR AND DISORDERED EATING: INCREASING BODY POSITIVITY THROUGH REPROCESSING
Lori Kucharski, MA, LMFT, LPC
Integrative Session
Intermediate/Advanced Levels

This presentation discusses EMDR research, theory, and methods, and techniques successfully used in the treatment of trauma, disordered eating, and body image. EMDR, combined with body positivity, self-nurturance, and comprehensive aspects of wellness, and an informed, treatment-team approach has been shown to effectively assist in long-term maintenance of disordered-eating recovery. Step-by-step suggestions will be offered for all eight phases of EMDR. Socio-political factors, cultural implications, sensitive terminology, and disordered eating do's and don'ts will be described. Case examples will be offered to assist in conceptualization of principles. Working with a medical community will be discussed.

SESSION 324
PART OF ME WANTS TO QUIT, PART DOESN'T: DEVELOPMENTAL APPROACH TO ADDICTION
Susan Brown, LCSW, BCD
Integrative Session
Intermediate/Advanced Levels

Ambivalence about giving up addictions is understandable. They generally begin in adolescence, originating as a solution to a problem but can lead to a revolving door of relapse and recovery. This workshop describes a neurodevelopmental approach to addiction, integrating ego-state work informed by Internal Family Systems (IFS), guided by the AIP, eight phase, three prong EMDR therapy, offering safety and efficiency while treating addiction. Gaining permission from parts protecting trauma before and during reprocessing is emphasized. Addiction targets including craving, addiction memory, positive feeling states, and feared future are demonstrated through video. Teaching methods: lecture, video, and experience.
SESSION 325
PROBLEM-SOLVING ATTACHMENT-RELATED TREATMENT IMPASSES
Ricky Greenwald, Psy.D.
All Levels

This workshop features a series of three interventions that can be helpful in working with clients whose parents fell short in some important way. Such clients can have difficulty facing trauma memories, especially the memories of being hurt by the parent, and can also have difficulty resolving some of these memories. The featured interventions are simple, structured, and scripted. Participants will practice two of the interventions (the third being very simple), and will be able to implement any of the interventions with their clients with no further training.

SESSION 326
CATERPILLAR AND CHRYSALIS: A METAPHORICAL APPROACH TO EMDR WITH CHILDREN
Deborah Nielsen, LMFT
All Levels

In this presentation, participants will learn how the metaphor of metamorphosis can be applied to the AIP Model and to the eight phases of protocol. Participants will learn practices to develop a collaborative therapeutic relationship with diversity awareness, with parent and child. EMDR therapists will expand their perspective and enhance their skills in EMDR therapy with children. This approach is centered on the language of the child, which includes the realm of metaphor, creative expression, and imagination, which can be incorporated as part of EMDR therapy.

2:00 PM - 5:30 PM (3 Credit Hours)

SESSION 331
INTEGRATING ART THERAPY AND EMDR FOR COMPLEX CLIENTS
Elizabeth Davis, LCAT
Integrative Session
Intermediate Levels

When treating complex trauma with EMDR therapy, careful consideration to the window of tolerance must be maintained for effective processing. Used in a strategic way, an art therapy approach can help clients through the eight phases with more options for educating, resourcing, effectively containing, and processing memories. This presentation will construct a framework of how to integrate an art therapy approach within the AIP model and eight phases of EMDR. Emphasis on how art therapy can help increase client readiness through accessing affect, containing affect, increasing learning through sensory engagement, and developing mentalization skills will be explored.

SESSION 332
TREATMENT OF CHRONIC PAIN AND CHRONIC HEALTH CONDITIONS
Gary Brothers, LCSW
Integrative Session
Intermediate Levels

The program will provide EMDR therapists with an understanding of the neurobiology of chronic pain and how chronic pain and many chronic health conditions are syndrome states, resulting from the repeated disruption of the body’s systems. Participants will develop an organized framework and comprehensive model of care to treat clients effectively by enhancing their use of the EMDR Pain Protocol and maximizing their use of the Standard/Therapy EMDR Protocol. Participants will learn new nervous system-driven interventions as a part of this framework, all of which complement or build upon the foundational understanding of the Adaptive Information Processing (AIP) Model.

SESSION 333
EMDR ADDICTION PROTOCOLS-STABILIZE ADDICTION, PROCESS TRAUMA, AVOID RELAPSE
Julie Miller, MC, LPC, LISAC
All Levels

Research has shown that EMDR may be utilized to assist with recovery from chemical and process addictions. The appropriate use of addiction-focused EMDR protocols can reduce the impact of unprocessed trauma that often fuels craving and using. The AIP is used to conceptualize addiction and treatment, including ACEs and attachment theory. Specific addiction protocols will be taught for use with either substance or process addictions along with how to blend these protocols.
EMDR psychotherapists often feel challenged when applying the EMDR standard protocol when working with veterans and active duty clients. This may be due to lack of familiarity with complex clinical presentations often seen with PTSD from trauma experienced in the military or with the particular veteran/service member’s experience. This presentation will establish an understanding of military/veteran culture along with concepts of betrayal trauma and moral injury that are found within this population. Phases 1 and 2 of EMDR treatment and the standard EMDR protocol will be reviewed with a focus on common considerations and adaptations used with veterans/military clients.

**SESSION 335**
WHAT’S ETHICS GOT TO DO WITH IT? ETHICAL ISSUES IN EMDR THERAPY
Robbie Adler-Tapia, Ph.D.
Larry J. Cohen, J.D., Ph.D.
All Levels

Ethical and legal issues are continual in psychotherapy and continuing education is required for professionals. This workshop will present legal and ethical topics, including consultation versus supervision; issues involving couples, families, and children including collaterals in sessions and mandated reporting, interpersonal violence and potential legal and ethical issues; documentation when working with first responders/public safety professionals and victims of crime; and ethical issues unique to EMDR therapy. Case examples and guidelines for avoiding legal and ethical issues will be discussed by a psychologist and an attorney with the goal of improving the practice of EMDR therapy.

**SESSION 336:** INNOVATIVE SESSION
A DIFFERENT EMDR: TREATING DEPRESSIVE DISORDERS WITH TDD-EMDR
Valery Krupnik, Ph.D.

An innovative presentation is considered an alternative procedure, protocol, or explanation other than the standard EMDR method and mode. The innovation seeks to expand, strengthen, and/or explain the already successful method and/or model. The intent is to assist in the development of promising innovations by providing an opportunity for the presentation, discussion, and support for research to validate the innovation and/or potential applications.

**Introductory/Intermediate Levels**

About 20% of major depression cases are treatment-resistant. The estimates of psychotherapy efficacy have lately been revised down to small/moderate effect size. Therefore, the search for effective treatments for depression is far from over, which presents a challenge and an opportunity for clinicians. EMDR has been reported effective for depression in a number of controlled studies. Nevertheless, EMDR is not yet considered an evidence-based therapy for depression. This workshop presents an integrative therapy, TDD (Treating Depression Downhill) EMDR that was specifically designed for depression on a hypothesis that a greater specificity of a treatment may contribute to its efficacy.

**Sunday, September 15**
9:00 AM - 10:30 AM (1.5 Credit Hours)

**SESSION 401**
WHY ARE THERE DIFFERENCES IN INTERNATIONAL GUIDELINES RECOMMENDATIONS REGARDING EMDR: DOES IT MATTER AND WHAT CAN WE DO ABOUT IT?
Derek Farrell, Ph.D.
Chris Lee, Ph.D.
Intermediate Levels

In the last 12 months, three separate organizations have released practice guidelines for PTSD. The International Society for Traumatic Stress Studies reported that EMDR was effective and as potent as the best of our current therapies, the NICE guidelines were more circumspect whereas the American Psychological Association (APA) suggested other treatments had better evidence. These differences occur because each guideline varies as to the inclusion criteria, when the analysis was conducted, and the measures chosen. The APA guidelines were found to be the least reliable. However, the fact that evaluating EMDR is susceptible to such errors highlights important research priorities.
11:00 AM - 12:30 PM (1.5 Credit Hours)

SESSION 421
THE FLASH TECHNIQUE - AN ADVANCE IN EMDR TREATMENT
Philip Manfield, Ph.D.
Lewis Engel, Ph.D.
All Levels

It is difficult to conduct EMDR with some clients if they are unwilling to focus on particularly disturbing memories, dissociate when they do, or employ avoidance defenses. An alternative to various forms of titration, the flash technique can be used as a quick painless process during the preparation phase to reduce the initial disturbance associated with trauma memories so that clients will not need to dissociate or defend. The basic principles of this technique will be presented as well as several videos and a study of outcomes from over 2,000 sessions in which the flash technique was used.

SESSION 422
EMDR THERAPY FOR VETERANS WITH PTSD TRANSITIONING OUT OF THE MILITARY
Camille Zeiter, LICSW
All Levels

The presenter will illustrate ways to make EMDR therapy more efficient for military service members and veterans transitioning to civilian life. Specific resources and target planning with an emphasis on chronological and thematic clustering related to military events will be presented. Target selection and ideal strategies for blocked processing will be emphasized. Mechanics and TICES strategies will be reviewed, common military blocking beliefs will be discussed, and cognitive interweaves unique to the military will be illustrated. The “forgotten” prong, the future template, will be also be discussed with respect to the veteran in transition. Case examples will be provided.

SESSION 423
POLYVAGAL THEORY: A FOUNDATION FOR EMDR THERAPY
Barbara Horne, MASc, RP, RMFT
Integrative Session
Introductory Levels

Polyvagal Theory (PVT) is a splendid foundation for EMDR and the concept of dual awareness. Here, PVT is given in an accessible form for teaching to clients, to enhance all eight phases of treatment. To fight, flee, or shutdown are adaptive defenses when there is danger or life-threat. Clients tend to live in the SNS circuitry of anxiety/anger or the dorsal vagal circuitry of hopelessness/shutdown, misattuned with current (safer) reality. Attending to the state of both our nervous systems enhances attunement and allows us to change to ventral vagal regulation. PVT-informed additions to our usual stabilization tools will be introduced.

SESSION 424
DEMystIFYING AND HUMANIZING DISSOCIATION IN EMDR THERAPY PRACTICE
Jamie Marich, Ph.D., LPCC-S, LICDC-CS
Introductory Levels

A great deal of fear still abounds about working with clients who dissociate. To address this fear, EMDR therapists are challenged to move beyond the technicalities of theoretical models like structural dissociation and to develop a more person-centered, humanistic understanding of the dissociative experience. Participants are oriented to both classical and real-life insights about dissociation and are then guided to normalize it by attuning to the ways in which dissociation and parts structures manifest in their own lives. Approaching the material from this angle will improve participants’ abilities to conceptualize complex cases in EMDR therapy and more effectively.

SESSION 425
LET’S TALK ABOUT SEX: BRINGING SEXUAL HEALTH INTO YOUR EMDR PRACTICE
Stephanie Baird, LMHC
Integrative Session
Introductory Levels

EMDR therapists guide survivors in healing from sexual trauma on a daily basis; however, many therapists wrap up their work once PTSD symptoms have abated. This workshop will provide information on three sexual health models, plus sexual response cycles, enabling therapists to help their clients move toward empowered sexual health. We will address sexual health through the eight phase model, examining a variety of past, present, and future EMDR target examples related to sexual functioning, delving
into potential negative and positive cognitions. Lastly, relevant resources will be shared, helping the therapist feel more equipped with handling their clients’ sexuality-related concerns.

SESSION 426
THE OTHER SIDE OF HEROES: CHRONIC PAIN AND FIRST RESPONDERS
Michelle Gottlieb, Psy.D., MFT, LPCC
Deborah Silveria, Ph.D.
Introductory/Intermediate Levels

Clinicians who want to work with first responders will be more effective if they understand the first responder culture and their historical distrust of mental health professionals. Chronic pain viewed through the AIP lens is a maladaptive coping mechanism. First responders are often injured in the line of duty, and the emotional component in chronic pain is often ignored, misunderstood, or denied. This workshop will help you understand first responder culture, how to gain their trust, and introduce EMDR therapy as an effective way to help reduce or completely ameliorate their chronic pain symptoms.

2:00 PM - 3:30 PM (1.5 Credit Hours)

SESSION 431
USING THE EMDR PROCESSING CONTINUUM (EMD, EMDR, EMDR)
Crystal Whitlow, LCSW
Robert Page, LCSW, BCD
All Levels

EMDR processing is noted for its spontaneous activation of associated channels related to the targeted incident. At times clients are unwilling or unable to process all the neural networks associated with the targeted incident. This workshop will teach clinicians a variable speed application of targeting and bilateral stimulation called the Processing Continuum (EMD, EMDr, EMDR). By manipulating the targeting and bilateral techniques, clinicians can keep client on target so as to keep the client focused on a particular incident and within their window of tolerance.

SESSION 432
GIRL IN THE MIRROR: EMDR AND EGO STATES IN TREATING DISTORTED BODY IMAGE
Andrew Seubert, LMHC, NCC
Integrative Session
Intermediate/Advanced Levels

This workshop approaches negative body image from the inside out. The negative image is understood as a dissociated and shame-based part of the personality in need of understanding and compassion, achieved via mindful awareness, Gestalt parts dialogue (empty chair), and trauma processing. The workshop consists of lecture, videos, and experiential exercise.

SESSION 433
IT’S ALWAYS EMDR THERAPY: THE CASE FOR EMDR AS A COMPLETE PSYCHOTHERAPY
Stephen Dansiger, Psy.D., MFT
Intermediate Levels

This presentation reveals the potential for EMDR therapy to be used as a comprehensive primary clinical operating protocol. Past studies have missed the point for EMDR therapy to be used as not just an adjunct therapy, but as a stand-alone system of healing. Evidence supports each of the eight phases of EMDR therapy and shows it as applicable to treat the whole person. Through case study and research, the overarching systemic use of the eight phase protocol and Adaptive Information Processing model of EMDR therapy as the primary methodology and theoretical orientation of treatment centers or group practices will be explored.

SESSION 434
UNBOUND: THEORY, RESEARCH, AND INTERWEAVES FOR SURVIVORS PROTECTING ABUSERS
Jonna Fries, Psy.D.
Intermediate/Advanced Levels

Stockholm Syndrome, trauma bonding, Childhood Sexual Abuse Accommodation Syndrome, pseudo-agency, and inverse attachment describe victims/survivors’ protection of their abusers. Aligning with the abuser can last long after cessation of the abuse, even after the abuser’s death, and in hidden or subtle ways that can block processing to zero SUDS. Clinicians are caught between urgently wanting clients to be free from the internalized perspective of the abuser and
knowing that the information must first be identified then adaptively processed. Attendees will learn research and theory on this syndrome, barriers to healing, and precise, efficient interweaves to help our clients become unbound.

SESSION 435
COMPARISON OF EMDR APPROACHED FOR MANAGING OVER-ACCESSING
Kristin Erner, LCSW, BCD
Terri Stockdreher, LCSW
Ruth Kaspar, LCSW-PIP
Jamie Zabukovec, Psy.D.
Intermediate/Advanced Levels

For individuals with propensity for over-accessing traumatic material outside of the Window of Tolerance (Siegel, 1999), standard EMDR therapy may need to be titrated. Three approaches with a diverse veteran population will be reviewed. Fractionated abreaction (Kluft, 1988, Fine, 1991), Knipe’s (2010) Back of the Head Scale and Constant Installation to Present Orientation and Safety, and Manfield’s (2017) Flash Technique will be compared by which of the eight phases the method is used, contraindications, and exploration of situational benefit. This presentation will not provide formal training on any of the methods; additional references and resources for training are identified.

SESSION 436: INNOVATIVE SESSION
ASSESSING RESILIENCY USING SOMATIC TRACKING OF THE WINDOW OF TOLERANCE
Craig Penner, LMFT

An innovative presentation is considered an alternative procedure, protocol, or explanation other than the standard EMDR method and mode. The innovation seeks to expand, strengthen, and/or explain the already successful method and/or model. The intent is to assist in the development of promising innovations by providing an opportunity for the presentation, discussion, and support for research to validate the innovation and/or potential applications.

All Levels
Therapeutic effectiveness is enhanced when the therapist accurately assesses the client’s resiliency on a moment-by-moment basis and paces the work accordingly. The Window of Tolerance can be used as an active lens for identifying a workable range of resiliency for productive therapy. A more somatic focus with any EMDR protocol, gives the therapist real-time data to determine if their client, in each moment, has sufficient resiliency to effectively process activating material using bilateral stimulation. Tracking somatic signs of hyper- and hypo-arousal can reveal easily missed dynamics of subtle dissociation, thus making them accessible for reprocessing.
If you are attending the EMDRIA Conference in Orange County, CA, use this page to keep track of your registered sessions. You will be automatically registered for the Opening Session 104 and Plenary Sessions 201, 202 and 401 if you are attending that day.

**PRE-CONFERENCE SESSIONS**
**THURSDAY | September 12**
- Pre-Conference Session (8:30 AM - 3:30 PM)
- Opening Address (4:00 PM - 5:00 PM)

**MAIN CONFERENCE SESSIONS**
**FRIDAY | September 13**
- Plenary Session (8:30 AM - 10:30 AM)
- Plenary Session (11:00 AM - 12:30 PM)
- Half-Day Session (2:00 PM - 5:30 PM)

**SATURDAY | September 14**
- Half-Day Session (9:00 AM - 12:30 PM)
- Half-Day Session (2:00 PM - 5:30 PM)

**SUNDAY | September 15**
- Plenary Session (8:30 AM - 10:30 AM)
- 90 Minute Session (11:00 AM - 12:30 PM)
- 90 Minute Session (2:00 PM - 3:30 PM)