



### In This Issue

- [Coming Events](#)
- [Job Openings](#)
- [Featured Alumni](#)
- [Got Advice?](#)
- [Grant Cycle 1 Awardees](#)
- [2016 Forum on Metabolic Bone Diseases](#)
- [2016 Preceptorial in Endocrine Aspects of Diabetes](#)
- [Research Meeting](#)
- [2014 Bone Preceptorship Video](#)
- [Important Links](#)
- [EFF's Board of Directors](#)

### Newsletter Sponsor



### Coming Endocrinology Events

#### EFF Events

[Preceptorship on Metabolic Bone Diseases](#)

New York, New York  
May 9 - 20, 2016

[Forum on Metabolic Bone Diseases](#)  
Atlanta, GA

## President's Letter

### Passion: The missing autocrine hormone.



At our recent board meeting discussion focused on why endocrinology remains a somewhat unpopular and unexplored career choice for fellows and trainees. With changes in practice patterns, reimbursement, and barriers to adequate patient care for many endocrine disorders, especially diabetes, many endocrinologists, both in academics and in private practice, have lost their enthusiasm and passion for what traditionally has been one of the most if not the most intellectually stimulating and satisfying sub-specialties. This lack of enthusiasm is often visible to trainees, diminishing the interest in our most enjoyable specialty.

We discussed how we at EFF can help restore the excitement of endocrinology as a career choice. It is clear it is much too late to change the perspective of those of us who have already made the choice of academics or clinical practice. It is also clear that the greatest passion for our field lies with you, the fellows and young investigators in endocrinology. If we are to be successful in recruiting new minds and thought leaders into endocrinology, it begins with you. Share your enthusiasm and passion for our field with the medical students and residents you come in contact with as often as possible as mentors are too depressed with the demands of their day to remember the passions that brought them into the field in the first place.

The future of endocrinology does not lie with us, the generation before, but with you the fellows. Although at this stage of your career, confidence and visibility often are in short supply, it is with passion enthusiasm and a positive view of the future that we hope to pass along to you. We at EFF hope that we can share that light with the trainees that follow you.

We look forward to an exciting academic year and EFF programming and hope that our enthusiasm for fellow educational and research opportunity results in some remarkable experiences for each of you in the coming year.

Yours  
Dr. Mark Stolar

## Grant Cycle 1 Awardees Announced

Name	Institution	Research Project
Gad Shlomai, MD	Mount Sinai	The role of hyperinsulinemia and insulin receptor isoforms on growth and progression of breast cancer
Anu Sharma, MBBS	Mayo Clinic	Effect of fasting endogenous GLP-1 on the Beta Cell Response to Intravenous Glucose

September 15-16, 2016

[Apply Now!](#)

**Preceptorship on In  
Endocrine Aspects of  
Neoplasia, Metabolism and  
Diabetes**

Bethesda, MD

October 24 - November 4,  
2016

[Apply Now!](#)

**Other Events**

**76th ADA Scientific  
Sessions**

New Orleans, LA  
June 10-14, 2016

**ASBMR Annual Meeting**

Atlanta, GA  
September 16-19, 2016

**Job Openings**

Do you have a job opening that you would like to publicize in the EFF quarterly e-Newsletter? Job opportunities can be posted in the newsletter and our website for a nominal fee of \$50. Email all inquiries to

[April Duquette](#)

**Alumni of the Month**

EFF is looking to feature Alumni who have participated in EFF programs in the newsletter as well as on the website! If you would like to be featured fill out this [form](#) and email it to [April Duquette](#)

**Career Advice**

Do you have advice to impart to Endocrinology fellows? Send any information to

[April Duquette](#)

Jamie Mullally, MD	Columbia University Medical Center	Weight Loss Response to Naltrexone/Bupropion (Contrave) Is Modulated by TaqIA Polymorphism: A Pilot Study
Melissa Sum, MD	Columbia University	A Genetic Approach Toward Individualizing the Assessment of Osteoporosis
Jonathan Meyer, MD	University of Oklahoma Health Sciences Center	The Effect of Maternal Diabetes Mellitus on Fetal Vascular Endothelial Growth Factor
Michelle Lemelman, MD	The University of Chicago	Activating KCNJ11 mutations in Neonatal Diabetes and associated Neurodevelopmental Outcomes and Sleep Disorders
Tiffany Kim, MD	University of California, San Francisco	Gut Hormone and Skeletal Changes after Bariatric Surgery
Reilly Coch, MD	Duke University	The Role of Glucagon in Diabetic Ketoacidosis
Melanie Schorr, MD	Massachusetts General Hospital	Skeletal and Hormonal Determinants of Stress Fracture Risk in Male Runners
Amy Clark, MD	Washington University School of Medicine	Targeting Cellular Calcium Stabilization to Prevent Beta Cell Death in T1DM.
Kristin Dayton, MD	University of Florida	Developing a Novel Screening Strategy in Overweight and Obese Children at Risk for Non-Alcoholic Fatty Liver Disease (NAFLD)
Shuchie Jain, MD	Temple University Hospital	The insulin-stimulated burst in intracellular hydrogen peroxide: subcellular localization and role in insulin signaling

**2016 Forum on Metabolic Bone Diseases**

Atlanta, GA

The Tenth Annual Forum on Metabolic Bones Diseases will take place on September 15-16, 2016 in Atlanta, Georgia in conjunction with the American Association of Bone and Mineral Research (ASBMR). Applications are now being accepted for this program. Fellows must submit the application form. Abstracts are not required however are encouraged.

[Download Application Here](#)

**2016 Preceptorial in Endocrine Aspects of Neoplasia,  
Metabolism and Diabetes**

Bethesda, MD

This two week experience at the National Institutes of Health provides a comprehensive training experience to fellows interested in basic and clinical investigation and clinical endocrinology. Trainees have the opportunity to encounter patients with common and rare endocrine disorders in

Connect with Us!



## Support EFF

EFF is a 501(c)(3) organization that strives to expand its programs and offerings to the endocrine fellow community.

With the assistance of educational focused individuals, we are able to continue to educate fellows and we invite you to donate now!



a dynamic research setting. This event will be October 24 - November 4, 2016. EFF will cover travel, lodging, and meals. Fellows must submit an application, one page statement of interest, C/V, and a letter of support from their program director.

Applications are now being accepted. [Download Here.](#)

## Third Annual Endocrine Fellows Foundation Research Meeting

Dallas, Texas  
January 26-29, 2017

EFF is excited to announce that preparations are underway for the Third Annual EFF Research Forum. Both 2015 and 2016 were major successes. We are looking forward to another amazing program.

For highlights from the 2016 Meeting [click here.](#)

EFF will be sending invites for this prestigious meeting in the coming weeks. If you received an EFF awarded grant, or applied for a grant in the area of Diabetes 2, Obesity, or Metabolism in the 2015 year, be on the lookout for this invitation!

## EFF's Corporate Advisory Council

The CAC is scheduled to meet again in the fall of 2016. If your organization is interested in joining the EFF Corporate Advisory Council, contact April Duquette at [aduquette@endocrinefellows.org](mailto:aduquette@endocrinefellows.org).

If your organization is already a member, be on the lookout from April with a survey link to choose the fall meeting date!

## 2014 Bone Preceptorship Featured Video

	Pamidropate group (n=14)	Control group (n=14)	Mean (95% CI) difference	p value
Lumbar spine	4.1%	0.1%	5.8% (2.7% to 8.9%)	0.001
Total hip	1.3%	0.1%	1.0% (0.3% to 1.6%)	0.029
Distal forearm	1.1%	-0.2%	-1.7% (-3.7% to 0.3%)	0.095

\* Added to 6 months of treatment

- 47% more fractures at baseline, proximal forearm and distal forearm
- 25(OH)D at recruitment = 22.4 vs 19.5
- But...

Christine Swanson, MD - Cystic Fibrosis Related Bone Disease

## EFF Upgrades Website

EFF is embarking on a project to upgrade and update our website. We are looking for and open to

suggestions. Our focus is to make the website more user friendly, and to make it a destination resource for fellows and endocrinologists across the country. Email suggestions to April, at [aduquette@endocrinefellows.org](mailto:aduquette@endocrinefellows.org).

Take a look at the website [here!](#)

## Important Links

Investigator Initiated Study Submission for Janssen Pharmaceuticals  
- <http://www.jsa-investigator.com/>

## EFF's Board of Directors



**Mark W. Stolar, MD**

EFF President

Associate Professor, Clinical Medicine-General Internal Medicine and Geriatrics

Northwestern Memorial Hospital

Northwestern University Feinberg School of Medicine

Chicago, IL



**John P. Bilezikian, MD**

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Director, Metabolism Institute

Director, Metabolic Mechanisms of Diabetes and Cancer Laboratory  
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New York, NY



**Annaswamy Raji, MD, MMSc, FACE**

EFF Board of Director

Medical Director

Elliot Health System

Manchester, NH

## Emeritus Board Members



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Los Angeles, CA



Ramachandiran Cooppan, MD  
Assistant Clinical Professor of Medicine  
Harvard Medical School  
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