BEYOND CHANCE TRANCE-FORMATION: SYNCHRONICITY AND THE ENNEAGRAM

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AGENDA

• Introduction of Synchronicity
• Introduction of the Enneagram
• Development of the trance
• Breaking the trance
• Beyond the trance
• Experiential

OBJECTIVES

• Define synchronicity
• Name five Enneagram types
• Cite how the cognitive error is related to the trance of personality
• List two methods of breaking the trance
HALLMARKS OF SYNCHRONICITY

• Repeating themes
• Mirror of Inner and Outer worlds: The Relationship Between You and the Environment

Chopra “Situations, circumstances, events and relationships that you encounter in your life are reflections of the state of consciousness you are in. The world is a mirror.”
Almaas:
“Psychological constellations will present themselves both inside, as emotional conflicts and physical tension, and outside, as difficulties, conflicts, issues, dissatisfactions of the environment and the people in it.”
DEFINITION SYNCHRONICITY

Carl Jung
When two or more events take place at a given time, without either one having caused the other, but with a distinctly meaningful relationship existing between them.

Google
The simultaneous occurrence of events that appear significantly related but have no discernible causal connection.
SYMBOLIC GROWTH EXPERIENCES

• Personal meaning to synchronistic events that lead to the possibility for personal growth
• Symbolic patterns
• Corrective feedback
**TYPES OF SYNCHRONICITY**

- **Serial**: Repeating themes such as numbers, places, and people.
- **Need fulfillment**: Think of something you need and the need gets fulfilled fairly shortly (i.e. Information, directions, and guidance).
- **Mundane**: Think of someone and they call.
- **Thematic**: Repetition of meaningful coincidences that have a theme.
- **Absolute synchronicity**: Includes coincidences that seem to have no physical or psychological cause, and one will never be able to prove or disprove the relationship of the events.
LIMITATIONS

• Ego inflation

• Mana personality

• Mistaking the transpersonal for the personal
SYNCHRONICITY AND THE ENNEAGRAM
Introduction of the Enneagram

- Origins
- Personality types
- Emotional bias
- Cognitive bias
ORIGINS

• Gurdjieff
• Naranjo
• Ichazo
• Riso-Hudson
The Enneatypes Arranged in a Circle

PEACEMAKER 9

LEADER 8

REFORMER 1

HELPER 2

STATUS SEEKER 3

GENERALIST 7

LOYALIST 6

ARTIST 4

THINKER 5
<table>
<thead>
<tr>
<th></th>
<th>The Reformer</th>
<th>Principled, orderly, perfectionist, critical</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>The Helper</td>
<td>Caring, nurturing, possessive, manipulative</td>
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<tr>
<td>3</td>
<td>The Status Seeker</td>
<td>Self-assured, competitive, narcissistic, deceitful</td>
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<tr>
<td>4</td>
<td>The Artist</td>
<td>Creative, intuitive, introverted, self-pitying</td>
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<tr>
<td>5</td>
<td>The Thinker</td>
<td>Perceptive, analytic, eccentric, over-analytic</td>
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<tr>
<td>6</td>
<td>The Loyalist</td>
<td>Likeable, dutiful, dependent, over-anxious</td>
</tr>
<tr>
<td>7</td>
<td>The Generalist</td>
<td>High-energy, impulsive, self-absorbed, excessive</td>
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<tr>
<td>8</td>
<td>The Leader</td>
<td>Self-confident, forceful, combative, vengeful</td>
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<tr>
<td>9</td>
<td>The Peacemaker</td>
<td>Laid-back, reassuring, passive, forgetful, neglectful</td>
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LEVELS Of ADAPTATION, Riso-Hudson

• Higher levels
• Lower levels
Emotional Bias/Passions

Diagram of the seven deadly sins:

1. Anger
2. Pride
3. Deceit
4. Envy
5. Greed
6. Gluttony
7. Fear
8. Lust
9. Sloth
Cognitive Bias/Fixations

- Indolence
- Vengeance
- Planning
- Cowardice
- Stinginess
- Melancholy
- Resentment
- Flattery
- Vanity
Development of the Trance-Concept of the Trance of Personality

• Cognitive error-False self
• Emotional and cognitive biases
• Positive disintegration
• Sub-personalities
Cognitive Error

The cognitive error is attributed to Claudio Naranjo. It involves tendencies to habitually respond to stressors in an erroneous attempt to solve problems. It is a cognition that becomes a narrative and we become stuck in the repetition to try and solve problems or react to stressors.
Part-Whole Relationships

- Sub-personalities
- Gurdjieff and sub-personalities
- Mini-me’s
- Archetypes
Breaking the Trance

- Awareness and disengagement
- Mindfulness
- Beyond role of victim
- Stop the projection
Integration of Sub-Parts
Dynamic Circulation of the Enneagram

- Positive movement
- Regressive movement
- Repetition
Use of Choice

- Beyond being victim
- Unconditioned choices
- Confronting repetition
Archetypal Activation

• Recognizing the archetype
• What is the purpose of the archetype
• What does the archetype need to evolve and grow
Transformative Personality: Enneatypes at Liberated Levels

• Stopping the projection
• Unification of the opposites
• Stewardship of all things
• Responsibility for thought and action
• Cosmic Requisition
Experiential

- Identify cognitive error
- Identify your own sub-personalities
- Make a cosmic requisition
- Pick an archetype that is seeking expression
- Directing energy
OBJECTIVES

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I have a theory that you can make any sentence seem profound by writing the name of a dead philosopher at the end of it.

Plato

PICTUREQUOTES.com
QUESTIONS?
Bibliography


