

NJCE Section 2, F1 – Course Outline for CEP Level 2

CEP Level 2 Outline – Day 1

- **9:00am:** Review and demo of the 6-step CEP protocol
- **10:00am:** Introduction to chakra and biofield work
- **10:30am-11:00am:** MORNING BREAK
- **11:00am:** Review and enhancement of steps 1 and 2
- **12:30pm-2:00pm:** LUNCH BREAK
- **2:00pm:** Review and enhancement of steps 3 and 4
- **3:00pm:** Step 5: Designing a customized meridian treatment sequence
- **3:30pm-4:00pm:** AFTERNOON BREAK
- **4:00pm:** Practicum of steps 1-5 using customized meridian technique
- *Workshop ends at 5:30pm*

CEP Level 2 Outline – Day 2

- **9:00am:** Step 5: Chakra and biofield treatment methods
- **10:00am:** Practicum of steps 1-5 using chakra and biofield techniques
- **10:30am-11:00am:** MORNING BREAK
- **11:00am:** Step 6: Evaluating progress, dealing with treatment challenges
- **12:30pm-2:00pm:** LUNCH BREAK
- **2:00pm:** Practicum of steps 1-6
- **3:30pm-4:00pm:** AFTERNOON BREAK
- **4:00pm:** Ethics for right relationships and practitioner self-care
- *Workshop ends at 5:30pm*