



Dissertations, Research Studies and Review Articles in Energy Psychology Published in Books or Peer Reviewed Journals

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2018

Church, D., & House, D. (2018). Borrowing benefits: Group treatment with Clinical Emotional Freedom Techniques is associated with simultaneous reductions in posttraumatic stress disorder, anxiety, and depression symptoms. *Journal of Evidence-based Integrative Medicine*, 23.
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Stapleton, P., Roos, T., Mackintosh, G., Sparenburg, E., & Carter, B. (in press). Online group delivery of emotional freedom techniques for food cravings and weight management. *Journal of Psychosomatic Research*.

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Boath, E., Good, R., Tsaroucha, A., Stewart, A., Pitch, S. & Boughey, A. (2017). Tapping your way to success: using Emotional Freedom Techniques (EFT) to reduce anxiety and improve communication skills in social work students. *Journal of Social Work Education*, 36(6).
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