



## Dissertations, Research Studies and Review Articles in Energy Psychology Published in Books or Peer Reviewed Journals

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### 2018

- Church, D., & House, D. (2018). Borrowing benefits: Group treatment with Clinical Emotional Freedom Techniques is associated with simultaneous reductions in posttraumatic stress disorder, anxiety, and depression symptoms. *Journal of Evidence-based Integrative Medicine*, 23. doi:10.1177/2156587218756510
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- Groesbeck, G., Bach, D., Stapleton, P., Banton, S., Blickheuser, K., & Church, D. (2018). The interrelated physiological and psychological effects of EcoMeditation: A pilot study. *Journal of Evidence-Based Complementary & Alternative Medicine*, 23. <https://doi.org/10.1177/2515690X18759626>
- Jasubhai, S. & Mukundan, C. R. (2018). Cognitive Behavioural Therapy and Emotional Freedom Technique in reducing anxiety and depression in Indian adults. *Int J Emerg Ment Health*, 20(2): 403. doi: 10.4172/1522-4821.1000403
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