INSIDE:
- Invitation General Assembly Meeting 2008
- Report General Assembly Meeting 2006
- ESSKA Society in Luxembourg
- Report ESSKA-AOSSM Fellowship tour 2007
- Discover main ESSKA Educational programmes with deadlines for application
- Achilles Tendon Study Group
- Discover benefits of being an ESSKA member
- UPCOMING MEETINGS 2008
ESSKA 2000 would like to thank its Platinum Sponsors for their continuous support:

- **Zimmer Z**: Confidence in your hands
- **Arthrex®**:
- **Stryker®**:
- **Smith & Nephew®**:
- **DJO®**:
- **Aircast®**:

**EDITOR**
- THOMAS Neil P.—Past President

**MANAGING EDITOR**
- CAMILLIERI Gianluca
  Chairman U45 Committee

**BOARDS**
(members U45 Committee)
- ALMQVIST Fredrik
- ATAY Ahmet
- BELLEMANS Johan
- DEJOUR David
- DJIAN Patrick
- FINK Christian
- HANTES Michael
- HEERWAARDEN Ronald van
- MARGHERITINI Fabrizio
- MILANO Giuseppe
- PINAR Halit
- RANDELLI Pietro
- ZAFFAGNIINI Steffano

**CONTACT FOR NEWSLETTER**
ESSKA 2000 Executive Office Luxembourg
☎: kirsch.sandy@chl.lu
ESSKA : what’s new in 2008?

After a great 2006 meeting in Innsbruck, our society is now heading west to Porto, where our Portuguese friends have prepared a brilliant conference for you. The congress center, located in the old building of the port authority, has been chosen by Joao Espregueira-Mendes and will offer unique facilities.

The scientific programme, meticulously set up by Philippe Neyret and Jon Karlsson, will offer you a wide choice of the traditional selected oral presentations, instructional course lectures, symposia, posters and, for the first time, a National Societies Award Session.

Since 2006, ESSKA has undergone a couple of fundamental changes:

- our seat has been transferred from Geneva to Luxembourg;
- new bylaws have been submitted;
- the Upper Limb Committee (ULC), created last year, will present its first studies in Porto;
- a group of young researchers is active and a symposium is scheduled for them to share their experiences during the congress;
- an ESSKA Knee Arthroplasty Fellowship, sponsored by one company, will offer the opportunity to 2 selected orthopaedic surgeons to travel through our continent during 3 weeks and visit 3 centers next fall;
- a new scientific prize, the Porto Award, will reward the best innovation in arthroscopy at this meeting.

A tremendous programme, an unique venue, a great city and warm people : you absolutely should not miss the 13th ESSKA meeting !

We are all very much looking forward to welcoming you in Porto 2008!

Daniel FRITSCHY
ESSKA President
ESSKA GENERAL ASSEMBLY 2008:
Friday, 23rd May 2008
From 11:30 to 12:30
Room: Archive Hall

13th ESSKA conference in PORTO/PORTUGAL

Agenda:

• OPENING AND WELCOME ADDRESS
• PRESIDENT’S REPORT – D FRITSCHY
• SECRETARY GENERAL’S REPORT – R SEIL
• TREASURER’S REPORT – J ESPREGUEIRA MENDES
• EDUCATIONAL SECRETARY’S REPORT – M DENTI
• ELECTION OF NEW OFFICERS – ASSEMBLY
• REPORT OF THE EDITOR IN CHIEF KSSTA JOURNAL – E ERIKSSON
• WELCOME ADDRESS BY THE NEW PRESIDENT L ENGEBRETSEN
• ADJOURN

All Ordinary ESSKA members, whose subscriptions are in order are kindly invited to attend the General Assembly 2008!

The minutes of the previous General Assembly were unanimously approved. No new topics were added to the agenda of the present Assembly.

2. PRESIDENT’S REPORT - NP Thomas

In his report the President thanked the local organizers for the successful meeting in Innsbruck and the members of the Main Board for the fruitful collaboration over the last 2 years’ period. He went through the activities of the board: 9 full board meetings (4 separate meetings, 3 at other major meetings and 2 at the biennial meeting). The society had currently 6 Platinum sponsors - 2 more than in 2004. The board had a strategic meeting in June 2004 in Porto where several issues of importance had been planned for the future: establishing a professional secretariat; defining several European aims and increasing the collaboration with other national and European societies; better integration of the countries from Eastern Europe and increase of the collaboration in educational matters; better use of the members at large; re-examination of the byelaws; establishing a more secure financial base (this led to the appointment of an “industry advisor”); improving the structure of the committees (the web and educational committees were disbanded; an integration committee and an articular cartilage committee were created); the Ejnar Eriksson Lecture was established and a revision of the mechanism of the prizes / awards was undertaken.

The number of travelling scholars increased and scholarships / fellowships were independently funded. Through the fellowships the excellent contacts to AOSSM and APOA were maintained, as well as with ISAKOS, mainly through the collaboration in educational courses. An aggressive eastern-European programme was started with 2 annual courses.

Regarding the KSSTA journal the president informed the audience that Per Renström (Stockholm, Sweden) had been replaced as a co-editor by Paolo Aglietti (Florence, Italy) and René Verdonk (Gent, Belgium). He further mentioned the successful electronic submission and review process and the increase from 8 to 12 issues per year. Finally he thanked the editor in Chief, Ejnar Eriksson (Stockholm, Sweden) for his herculean contribution to the journal over the years.

3. SECRETARY’S REPORT - R SEIL

The Secretary gave an overview of the ESSKA 2000 members. On the 1st of May 2006 ESSKA 2000 had 1196 members coming from 5 different continents and 64 countries. 41% of the members came from Central Europe, 19% from Southern Europe, 15% from Northern Europe, 8% from Eastern Europe and the rest from non-European Countries. He presented a list of the 140 new members joining ESSKA 2000 over the last 2 years (increase of 6,4%). Germany was the country with the highest number of members (131, 11%), followed by Switzerland (115; 10%) and Greece (92; 7,7%). The country with the highest number of members outside of Europe were the United States (56; 4,7%).

He reported on his efforts to create an executive office. ESSKA2000 had recruited Mrs. Sandy Kirsch who has been working from February 1st 2005 for the society (50% until Dec. 31st; full-time since Jan. 1st 2006).
The office was based in the Centre Hospitalier of Luxembourg - Clinique d’Eich. He thanked Mrs. Kirsch for the workload she accomplished in this short period and her efficiency. The tasks of the office in Geneva and the executive office in Luxembourg had been well defined, Geneva taking care of financial matters only.

He presented several activities of the committees and the executive office over the past 24 months:

- The newsletter was edited by the Past President. Managing Editor had been the Chairman of the U 45 Committee, Michel Bonnin (Lyon, France).
- The CD Rom “Knee anatomy for orthopaedic surgeons” edited by the basic science committee under Philippe Neyret (Lyon, France) in 2004 had been distributed at several national meetings in Germany, France, UK and Portugal.
- The most active committee over the past 2-years-period was the basic science committee under Jacques Menetrey (Geneva, Switzerland). The manuscripts of one of their meetings were about to be published in a special edition of the KSSTA journal.
- A presentation brochure had been edited by the executive office as publicity material in order to present the society’s activities between the biannual congresses.
- The homepage was updated on a regular basis.

4. TREASURER’S REPORT - J Espregueira Mendes

The Treasurer reported a stable financial situation with a healthy balance between revenues and expenses. Since 2002 ESSKA had not paid taxes (267,769CHF 1996/2000 and 35,000,00CHF - 2001). He mentioned the separation of the tasks of the 2 offices (financial office in Geneva and executive office in Luxembourg). All bills were personally controlled by the treasurer and paid by e-bank through the office of Geneva. The money was invested without risk (bonds and equities).

The society’s main source of revenue is the biannual conference. Other incomes are covered by the «Platinum Sponsors» (Aircast (DJ); Albrecht; Arthrex; Smith & Nephew; Stryker; Zimmer); the sponsorship for an educational CD Rom and eastern european and international scholarship programmes by Smith & Nephew; and the fellowship programmes with APOA and AOSSM by Aircast / dj ortho.

Expenses were caused by new educational programmes such as the ESSKA courses in eastern Europe and a professional industry adviser for educational funds. A substantial increase in the society’s expenses was caused by the increase of the shipping costs of the KSSTA journal which had nearly doubled over the past 2 years. This led to a situation where the annual membership fee hardly covered the costs of the journal. For this reason the treasurer proposed a vote on an increase of the annual membership fee from 110 to 120 €. The vote was accepted by the general assembly. The Treasurer further presented a positive provisional income balance over the upcoming 2 years term 2006 - 2007.

Roli Jakob (Fribourg, Switzerland) felt that the reason for the increase of the membership fee was hard to understand with respect to the positive previsional income balance. The past president mentioned the increasing journal expenses and the fact that a healthy financial status should lead to a situation where the society should be able to survive over a 2-years-term without a major income. Finally the Treasurer presented the written report of the financial overseer M Forsblad. The entire Assembly was in favour of supporting this report. The accounts of ESSKA 2000 were approved by the general assembly for the 2-years-term 2004-2005.
5. ELECTION OF NEW OFFICERS – KP BENEDETTO

The Past President and Chairman of the Nominating Committee Karl Peter Benedetto proposed the society’s officers over the next 2-years-term.

The following new Members at Large were elected or reconfirmed:

- Christian Fink (Austria), Fredrik Almqvist (Belgium), Miroslav Haspal (Croatia), Tomas Trč (Czech Republic), Martin Lind (Denmark), Timo Järvelä (Finland), Patrick Djian (France), Philipp Lobenhoffer (Germany), Manos Antonogianakis (Greece), Tamas Halasi (Hungary), Alfredo Schiavone Panni (Italy), Burt Klos (The Netherlands), Tom Ludvigsen (Norway), José Carlos Leitao (Portugal), I. Orzecki (Russia), Matjaz Veselko (Slovenia), Juan Ramon Valenti (Spain), Magnus Forssblad (Sweden), Peter Koch (Switzerland), Nedim Doral (Turkey), Tim Spalding (UK). The nomination of the members at large from Israel and Poland were postponed since no nominations had been brought up by the general assembly. The new members at large were unanimously accepted.

The following chairman of the committees were proposed and accepted by the general assembly:

- **Arthroscopy:** Anastasios Georgoulis, Greece
- **Basic Science:** Jacques Menetrey, Switzerland
- **Cartilage:** Mats Brittberg, Sweden
- **Integration:** Istvan Berkes, Hungary
- **Knee:** Dieter Kohn, Germany
- **Sports:** Thomas Müllner, Austria
- **U45:** Gianluca Camillieri, Italy

The past president made the following proposal for the composition of the board of the ESSKA 2000 for the period 2006-2008:

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Daniel Fritschy</td>
<td>Geneva - Switzerland</td>
</tr>
<tr>
<td>Past President</td>
<td>Neil P. Thomas</td>
<td>Winchester - UK</td>
</tr>
<tr>
<td>1st Vice-President</td>
<td>Lars Engebretsen</td>
<td>Oslo - Norway</td>
</tr>
<tr>
<td>2nd Vice-President</td>
<td>Niek Van Dijk</td>
<td>Amsterdam - Netherlands</td>
</tr>
<tr>
<td>Secretary General</td>
<td>Romain Seil</td>
<td>Luxembourg</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Joao Espregueira-Mendes</td>
<td>Porto - Portugal</td>
</tr>
<tr>
<td>Educational Secr.</td>
<td>Matteo Denti</td>
<td>Milan - Italy</td>
</tr>
</tbody>
</table>

A vote followed on the acceptance of the new officers: Matteo Denti as educational secretary and Niek Van Dijk as second vice-president. Both were accepted by the general assembly and thanked the Assembly for their confidence.

6. REPORT OF THE EDUCATIONAL SECRETARY – M DENTI

The Educational Secretary informed the Assembly about the **successful Scholarship Programs**, funded by Smith & Nephew (10 scholars/year from eastern Europe and 5 international scholars) offering a one month scholarship sponsored with Euro 1,700 in an ESSKA 2000 affiliated centre. He thanked Aircast / dj ortho for the continuous funding of the travelling fellowship programs (APOA / AOSSM) and announced the fellows for the 2005 ESSKA/AOSSM exchange (Ronald van Heerwarden from The Netherlands; Fabrizio Margheritini and Pietro Randelli from Italy; Godfather: Neil P. Thomas) and the 2006 ESSKA/APOA exchange (Giuseppe Milano, Italy; Michael Hantes, Greece; Ahmet Atay, Turkey; godfather: Matteo Denti).
Together with the Integration committee under the guidance of Istvan Berkes (Hungary), he mentioned the future ESSKA-supported courses in eastern european countries: knee replacement courses in Slovenia in 2006; in the Czech Republic in 2007 and in Poland in 2008; arthroscopy courses in Croatia in 2007 and in Romania in 2008. Some of these courses were organized in collaboration with ISAKOS.

He finally reported on the arthroscopy cadaver courses held in collaboration with the French Arthroscopic Society (SFA) at the European Institute for Telesurgery in Strasbourg, France since December 2004 and on an educational project with a DVD series on orthopaedic sports medicine, arthroscopy and knee surgery.

7. REPORT OF THE EDITOR IN CHIEF - E ERIKSSON

The Editor in Chief reported the history of the journal KSSTA to the Assembly.

He informed the Assembly that since the Journal had obtained an impact factor in 2002, the number of submitted manuscripts had tripled and that he needed some help to manage the editorial business. He further complained to the Board regarding his insufficient financial support by the Society and the Springer Verlag. He then informed the Assembly about the successful start of the online submission and reviewing process.

8. WELCOME ADDRESS OF THE NEW PRESIDENT - D FRITSCHY

The new President D Fritschy thanked the audience for their confidence.

9. ADJOURN

No further points were added to the agenda.

Luxembourg, in June 2006.

The creation of the ESSKA Executive Office in Luxembourg (since February 2005) has been a wise decision, whose success is uncontested. At last, ESSKA disposes of a professional Executive Office, whose staff is personally committed to the society’s aims and who can cover a very wide area of activities. The society’s position within the scientific community has been strengthened and its image has been improved.

Moreover, the fees paid formerly to the external swiss Fiduciary cover a large part of the new Executive Office expenses. In order to avoid double expenses, the services of the swiss office have, after a transiational period, been cancelled as from 01.01.2008. From this date, all activities are exclusively managed by the Executive Office in Luxembourg.

In order to have full exercice rights in Luxembourg, allowing the ESSKA to operate as a non-profit association and thus avoid paying taxes, the by-laws had to be adapted to Luxembourg law.

We kindly invite you to look up the new by-laws on the ESSKA website www.esska.org.
All-inside meniscal repairs have never been stronger. Or easier.

**EASIER KNOT SLIDING**
31% less force required to slide the knot, compared to the original, clinically successful FAST-FIX device.*

**STRONGER SUTURE**
The high-strength ULTRABRAID® suture in the ULTRA FAST-FIX Meniscal Repair System is 76% stronger than the polyester suture used in our original system*.

**CLINICALLY PROVEN**
In 2001, the innovative FAST-FIX system set the benchmark for non-invasive, all-inside repairs. It offers the fixation strength of a vertical mattress stitch without the invasive procedure normally required for suture-based repairs.

When you’re repairing a meniscal tear, you want a strong, break-resistant suture. You also want a knot that’s easy to slide. That’s why we added ULTRABRAID suture to our best-selling meniscal repair system. It resists breakage, producing a stronger knot than traditional suture. And its special knot-sliding properties make it easier to advance the knot and tighten the suture. All of which adds up to a repair you can count on. The new ULTRA FAST-FIX Meniscal Repair System, exclusively from Smith & Nephew.

Increase the strength of your meniscal repairs with the ULTRA FAST-FIX Meniscal Repair System. Call +1 978 749 1000.
The fellowship team:

Godfather: Daniel Fritschy, M.D.,
Geneva, Switzerland

Fellows: Olivier Charrois M.D., Paris, France
Rainer Siebold M.D., Heidelberg, Germany
Peter Verdonk M.D., Ghent, Belgium

We all were very excited when Tom Carter and Rob Hunter picked us up at the airport of Phoenix, Arizona for our first tour stop on Saturday, June 16. After a warm welcome we experienced a traditional Mexican dinner with some “local drinks”. We got on a superb “Pink Jeep Tour” through the Arizonan countryside at Sedona and had some skinny snake and buffalo. The day after, we observed Tom and Rob in the OR in Phoenix and Tucson. We saw some excellent knee and shoulder surgery: meniscus allograft transplantation, osteochondral allograft transplantation of the humeral head and ACL reconstructions only to mention some. After an interesting scientific session in Tucson with Bill Grana and John Feagin we spent the evening at Robs home for a delicious dinner. Very early the next morning, Rob took us on a beautiful hiking tour through the Arizonan hills.

In Atlanta we were surprised and pleased to be picked up by a long limousine including Italian food. Daniel was sitting so far in the back of the long car that we hardly could see him. Arrived in Columbus, Glenn Terry and his wife prepared a perfect lodging for us. After an excellent scientific session at the Hughston Foundation with Glenn, Fred Flandry, Champ Baker and Kurt Jacobson we were toured on the impressing Campus and had a delicious dinner at the Columbus River Club. The next day we spend some time in the OR with Champ Baker before performing a Double-Bundle ACL reconstruction in the Cadaver Lab. We enjoyed an outstanding afternoon at the home of Kurt Jacobson and his wife for “river activities” Olivier broke the world record in jet skiing just three weeks after a subscap-repair of his shoulder...A highlight of the beautiful afternoon was the splendid dinner at Kurt´s boat house. Not to forget Fred Flandry who took us to Atlanta that evening to get “an idea” of its night life.

We arrived in Pittsburgh exhausted but in a very good mood and were welcomed by “Mr. Energy” Freddie Fu and his wife. After enjoying the musical “Oklahoma” we experienced an exceptional dinner. Early the next
day Freddie took us on a tour to Mt. Washington, followed by a Double bundle ACL meeting, a visit to the research laboratory with Scott Tashman and a visit to the modern Sports Performance Complex. In the afternoon we got a glance of Pittsburghs culture visiting the Phipps Conservatory Exhibit and the Andy Warhool Museum before round off the day at the beautiful Fox Chapel Golf Club with Chris Harner and James Bradley. After observing excellent surgery with Chris we got an interesting tour through the impressive orthopaedic research facilities and had a challenging scientific session with Freddie, Chris and many fellows. Of course you cannot leave Pittsburgh before seeing Freddie in the OR performing some Double Bundle ACL reconstructions, which was an exceptional experience. After Pittsburg at Freddie Fu’s rhythm (!) we traveled to Durham, North Carolina where Dean Taylor introduced us to Duke University.

We then had a day off in the fabulous Hotel du Golf. It was a great opportunity to rest and to get to know more about each other and our godfather…and Californian wines! The challenge continued with the visit of the University of North Carolina where we had presentations, exchanges, a visit of the campus and its laboratories with Tim Taft and Marion Herring. It was a good occasion to test our proprioceptiveness. At this point we were sure that we would make it to the end of the tour! The welcome was friendly and attentive. Relationships developed for a professional and friendly globalization. The dinner at Crook’s Corner was the opportunity to celebrate a “happy birthday” to Rainer!

To follow Dean Taylor and Bill Garret took us around Duke University Campus and showed us their excellent facilities including an interesting scientific program! The afternoon was dedicated to water skiing and BBQ laboratory. Peter, who seems to be successful in everything made a brilliant monoski presentation courageously imitated by Dean’s son (evidently a future champion).

We left Durham to New York City, the big apple… the first time for Olivier… The weather is lovely and fresh at last! Central Park welcomes us for a concert (Gabriela & Rodrigo).

To follow; Broadway and its glitter, terraces in Greenwich Village… and it’s only Sunday night with friendship and cigars. The night finished in a strange and thundering place.

Sorry godfather but here, it was sure that we would not sleep much! Robert Marx welcomes us to the HSS. We do have to work a little bit. Who could guess - by seeing us visit the enormous liner at 7.45 am - that we have only slept for an hour and a half? These (too short) two days ended by an unforgettable helicopter flight above the city.
After the crazy life in New York City, we were transferred by car by both Tom DeBerardino and Brett Owen to the West Point Academy. Welcomed by the nice vistas on the river and the local woods, we were unaware of what was about to happen. Tom and Co had prepared a so-called ‘Excellence in Leadership’ Survival tour, unknowing that the godfather had a bad knee and Olivier recently had surgery on his shoulder. Despite these handicaps or should we say crippled participants, the American-European team was able to show what we are really made of: great teamwork, stubbornness to the point of success and friendship! We accomplished our goals with an unseen speed and efficiency. Exhausted but happy, we were subsequently welcomed for the 4th of July party in the DeBerardino family mansion with some great food and drinks. The next day we had our regular presentations in the Keller Community Military Hospital.

After a short flight to Rochester we were welcomed by Michael Maloney and Ken DeHaven. The Rochester team really pulled every string to make us feel comfortable: boat trips, superb tour of the facilities, great dinners with some exquisite wines and cigars in the home of the Maloney’s. We soon realized that Mike was setting the highest standard for future traveling fellows and hosts!

Traveling to London, Ontario, really meant something for us. We were hosted by the famous Fowler Kennedy Sports Medicine Center, and Peter Fowler himself got back from Qatar just for us (and the coming AOSSM meeting, of course). A nice dinner with the whole Fowler team hosted by Bob Litchfield set the pace. We had an exciting day of surgery with a gigantic corrective HTO (about 20 degrees!!!) and cuff surgery on this huge shoulder. However, to our surprise, the dinner was even more, if possible, exciting. The local restaurant served strangely named plates with unthinkable drinks…What happened in the restaurant clearly stays in the restaurant, but those interested in knowing can always contact one of us personally! Anyway, we had a crazy carnival time in that restaurant and ended the evening in a local pub.

This tour ended at the AOSSM meeting in Calgary. All the hosts and now friends for life were present. We would like to thank each and everyone for their effort in hosting us perfectly. This trip was a true ‘once-in-a-lifetime’ experience and we would be honored if one day we could host you in the same way you have hosted us. We truly believe that the AOSSM-ESSKA traveling fellowship is one of those things that change your life for ever. Thank you all very much and we hope to see you in Switzerland, Germany, Belgium and in France.

THANK YOU DJO FOR MAKING THESE INVALUABLE EXCHANGE TOURS HAPPEN!
This renowned biannual international exchange programme for up and coming sports medicine orthopaedic surgeons, in collaboration with the American Orthopaedic Society for Sports Medicine (AOSSM) and the Asia Pacific Orthopaedic Association (APOA), provides a stimulating environment for the global growth of sports medicine.

Selected as potential leaders in sports medicine in the future, fellows will, among others,

- participate in scientific symposia with host physicians
- view research facilities and surgical procedures
- attend a national sports medicine meeting in the region they are visiting
- participate in the social and cultural activities with the hosting sports medicine community

Fellowship applicants must (among others) hold a specialist certification issued by their national authorities, be under 40 years of age, and must speak English fluently.

Application deadline for the 2009/2010 tours: 01.10.2008

This Travelling Fellowship tour wishes to address surgeons who want to meet with the best European surgeons in the fields of Sports Traumatology, Knee Surgery and Arthroscopy. Candidates can be young doctors beginning their speciality, or more experienced doctors, who want to specialise in the fields covered by this tour. Candidates should be very clear in their mind about the speciality in which they want to advance. The 2008 tour (October/November 2008) is going to cover the following stops:

- Barcelona with Ferran MONTSERRAT,
- Lyon with Philippe NEYRET and
- Bruges with Jan VICTOR.

The fellowship will be held in the following way:

- one week of stay per center, Monday at Friday;
- the fellows take part in the clinical and surgical activity of the service;
- the fellows will receive a grant enabling them to travel and to accommodate themselves in each city;
- at the end of their tour, the fellows will write a report which they will address to the person in charge for the fellowship (D. Fritschy)

Application deadline for the 2008 tour: 01.09.2008
The ESSKA Scholarship programme is reserved to young colleagues from Eastern Europe (10 candidates each year) and from throughout the world (5 candidates each year), who strongly wish to enlarge and improve their knowledge and competencies in orthopaedic sports medicine, knee surgery and arthroscopy. The scholarship allows the scholars to visit highly qualified teaching surgeons and recognized sports medicine centres in Western Europe for several weeks.

Candidates must be, at the time of application, below 40 years of age. The scholars will be notified of their selection during the month of June of each year. The scholarship lasts 1 month and the exact date of the scholarship will be chosen by the Head of the selected Centre in accordance with his availability. The amount of the grant is 1,700 EUR, which will have to cover all expenses of the applicant who, during his stay, will be lodged at his own expense.

Applications are accepted throughout the year.
Next selection for the scholarship 2008/2009: 15.05.2008

ESSKA Congress Awards

**The Nicola´s Foundation Young Researcher Award (< 40y):**
Sponsored by: The Nicola´s Foundation
Price money: 1,500 EUR

This award is given to the best scientific manuscript in the fields of Knee Surgery, Sports Traumatology and Arthroscopy presented by a researcher < 40 years of age.

**Award for best paper in Ligament and Biomechanics:**
Sponsored by Smith & Nephew
Price money: 2,000 USD

This award is given to the best scientific manuscript in the fields of ligament healing and biomechanics in orthopaedic sports medicine.

**Porto Award “Innovation in Arthroscopy”:**
Price money: 2,500 EUR

ESSKA wishes to stimulate the research and the development of Arthroscopy. Porto Award - Innovation in Arthroscopy encourages all medical doctors that perform Arthroscopy to present their knowledge, techniques and expertise.
ESSKA PROGRAMMES

ESSKA Congress Awards

**Best Poster Award:**
Sponsored by ESSKA
Price money: 500 EUR

This award is given to the best poster accepted for display at the ESSKA biannual meeting.

**Theo Van Rens Best Paper Award:**
Sponsored by ESSKA
Price money: 2,500 EUR

This award is given to the highest ranked scientific presentation. The 6 finalists have the privilege to present their work during the Star Paper session at the ESSKA biannual meeting.

**DJO Award**
Sponsored by DJO
Price money: 15,000 USD

This award is given for the best research project in rehabilitation and sports medicine. Read more details about this unique opportunity below.

DJO has a long history of dedication to research & development, and joins ESSKA in a commitment to never stop getting better. Although significant progresses in sports medicine techniques have been achieved recently, still more improvements are needed.

In order to improve patient outcomes after sport injuries, new treatment methods and products based on the latest scientific research and validated by clinical studies must be developed.

In an answer to this urgent need for good clinical research the ESSKA together with the company DJO decided to create this highly renowned research grant (USD 15,000) for innovative scientific work in the field of Sport Traumatology and Rehabilitation.

This initiative is destined to encourage researchers to set up professional research projects to give more scientific basis to current and future treatment methods.

A booklet with detailed guidelines and the application form can be downloaded on www.esska.org or contact directly the ESSKA Executive Office in Luxembourg.

**Application deadline for the 2010 Award:** 15.01.2010
In 2007 the Achilles Tendon Study Group was founded to promote the research and scientific study of injuries to the achilles tendon and is accommodated by ESSKA as an affiliated society.

The study group meets once every year. In even years the scientific meeting takes place in the same venue of and immediately before the biannual ESSKA Congress. Apart from these meetings the group stimulates current concept meetings and consensus meetings.

The book on management of acute ruptures of the achilles tendon is the first product of the Achilles Tendon Study Group and is part of an upcoming current concepts series on Achilles Tendon problems.

The best available evidence and expert opinion on the aetiology, diagnosis and treatment of Achilles Tendon Ruptures was collected and discussed in an international panel of expert orthopaedic surgeons. The outcome is brought together in this book.

Message from the ESSKA President:

Dear Friends,

ESSKA was asked by the Achilles Tendon Study Group to accommodate and facilitate the dissemination of this first product of the group: a current concept book on Achilles Tendon Ruptures. ESSKA congratulates the study group with this great achievement and we thank DJO for making this production possible.

The book contains the current best available evidence on the aetiology, diagnosis and treatment of Achilles Tendon Ruptures. The material is presented in a very structured manner, which is easy to read. A great number of internationally highly respected experts have contributed, making this production a truly “state of the art”.

I am sure that patients and physicians dealing with Achilles Tendon Ruptures will greatly benefit from the content of this current concepts book. ESSKA is proud to present this book for its members.

Daniel FRITSCHY
ESSKA President

! GET YOUR FREE COPY OF THE BOOK IN PORTO !

ESSKA members:

A voucher will be handed to you with your Conference badge and will allow you go pick up your personal copy of the book at the DJO booth.

Not yet an ESSKA member?

Register for ESSKA membership during the 13th ESSKA conference in Porto. Upon registration as an ESSKA member, you will obtain the original voucher which you can immediately redeem at the DJO booth (n° 43).
Joining ESSKA means to establish important networking connections with global players in sports traumatology, knee surgery and arthroscopy; to share and compare the European knowledge and to actively contribute to the development of the European scientific community.

WHEN YOU JOIN ESSKA, YOU WILL RECEIVE:

- Free subscription to the KSSTA journal *Knee Surgery, Sports Traumatology, Arthroscopy*
  - Published 12x/year
  - Free online access
  - 25% discount on all Springer publications

- Free access to the “Members-Only” section on the brand-new ESSKA Website (to go online in May 2008), featuring access to:
  - Online education
  - Scientific papers
  - Address database
  - And much more!

- Discounted ESSKA congress registration rates

- Biannual Newsletter
  Updates and information about society internals, courses, events, etc.

- Booklet on “Achilles Tendon Ruptures” by the Achilles Tendon Study Group

- Important networking opportunities with world leaders in Orthopaedics, Sports Traumatology, Knee Surgery and Arthroscopy

- Diploma certifying your ESSKA membership

Download ESSKA Membership application form on www.esska.org and send completely filled to:

ESSKA Executive Office Luxembourg
Secretary General
76, rue d’Eich
L-1460 LUXEMBOURG

Fax: (+352) 4411-7678

Membership fee/year: 120 EUR.

APPLY TO BECOME AN ESSKA MEMBER TODAY!
WWW.ESSKA.ORG
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8-9 May 2008</td>
<td>2nd Basic course of Arthroscopy of the Knee</td>
<td>Vojvodina, Serbia</td>
</tr>
<tr>
<td>19-20 May 2008</td>
<td>Advances in Hip Arthroscopy</td>
<td>Paris, France</td>
</tr>
<tr>
<td>4-7 June 2008</td>
<td>III SLARD Congress—XIII AMECRA Congress</td>
<td>Cancún, Mexico</td>
</tr>
<tr>
<td>11-13 June 2008</td>
<td>54th North Orthopaedic Federation (NOF) Congress</td>
<td>Amsterdam, Netherlands</td>
</tr>
<tr>
<td>11-13 June 2008</td>
<td>International Knee Congress</td>
<td>Bruges, Belgium</td>
</tr>
<tr>
<td>12-13 June 2008</td>
<td>Prevention and treatment of injuries in “ball-net-racquet sports”</td>
<td>Bydgoszcz, Poland</td>
</tr>
<tr>
<td>12-13 June 2008</td>
<td>Basiskurs in Knie-Arthroskopie</td>
<td>Fribourg, Switzerland</td>
</tr>
<tr>
<td>19-20 June 2008</td>
<td>Amsterdam Foot and Ankle Course</td>
<td>Amsterdam, Netherlands</td>
</tr>
<tr>
<td>23-26 June 2008</td>
<td>Arthroplasty &amp; Arthroscopy 2008</td>
<td>Utrecht, Netherlands</td>
</tr>
<tr>
<td>26-28 June 2008</td>
<td>2nd World Congress on sports injury prevention</td>
<td>Tromsø, Norway</td>
</tr>
<tr>
<td>29 June—2 July 2008</td>
<td>4th Basel International Knee Congress and IC</td>
<td>Basel, Switzerland</td>
</tr>
<tr>
<td>26-27 September 2008</td>
<td>25. AGA Congress</td>
<td>Interlaken, Switzerland</td>
</tr>
<tr>
<td>9.-11- October 2008</td>
<td>2nd SIGASCOT Congress</td>
<td>Bari, Italy</td>
</tr>
<tr>
<td>1-4 October 2008</td>
<td>ISTA 2008—21st Congress of the International Society for Technology in Arthroplasty</td>
<td>Seoul, KOREA</td>
</tr>
<tr>
<td>14-18 October 2008</td>
<td>9th Turkish Sports Traumatology, Arthroscopy and Knee Surgery Congress</td>
<td>Istanbul, Turkey</td>
</tr>
<tr>
<td>30.-31 October 2008</td>
<td>EITS—SFA: ESSKA session: Knee Arthroscopy</td>
<td>Strasbourg, France</td>
</tr>
<tr>
<td>31. October—1 November 2008</td>
<td>1st Course of the ESSKA UPPER LIMB Committee</td>
<td>Athens, Greece</td>
</tr>
</tbody>
</table>

**ESSKA Faculty 2008:**
- Prof. Lars ENGBRETSEN, Oslo / NORWAY
- Prof. J.ESPREGUEIRA-MENDES, Porto / PORTUGAL
- Dr. Stefano ZAFFANINI, Bologna / ITALY

**HOW TO REGISTER:**
IRCAD/EITS
Hôpitaux Universitaires
1, place de l’Hôpital
FR-67091 Strasbourg cedex- France
Phone : (+33) 3 88 11 90 00
Fax : (+33) 3 88 11 90 99
Email : arthro.eits@ircad.u-strasbg.fr
www.eits.org
Announcing a new aid for cartilage/bone repair

The TRUFIT® CB Plug is a resorbable tissue generation scaffold designed to repair cartilage and bone in osteochondral defects. It’s made with Smith & Nephew POLYGRAFT® Technology, a proprietary, completely synthetic composite material that mimics surrounding tissue layers.

As soon as it’s implanted, hydrophilic properties allow the plug to wick up blood, marrow, cells and proteins, encouraging tissues to grow into the scaffold. After 12 months, the plug is completely resorbed and replaced with integrated normal hyaline-like cartilage and bone.

TRUFIT CB Plug. Helping the body heal itself.

9 mm TRUFIT CB Plug immediately post implantation in medial femoral condyle. Note blood has wicked into scaffold.

TRUFIT CB Plug, 21 months after implantation. Note complete plug integration and defect coverage with normal thickness and defect coverage.

Biopsy stained with Safranin O/Fast Green. 21 months after TRUFIT CB Plug implantation demonstrating healing with hyaline-like cartilage and subchondral bone.

www.smith-nephew.com
T +1 978 749 1000 US

*Trademark of Smith & Nephew. Certain marks are Reg US Pat and TM Office. ©2008 Smith & Nephew, Inc. All rights reserved. Printed in USA 04/08 2070 Rev. A
ESSKA 2000

Contact for Newsletter:

Luxembourg Executive Office
Centre Hospitalier Luxembourg
Clinique d’Eich
78, rue d’Eich
L-1460 Luxembourg
Phone: (+352) 4411-7015
Fax: (+352) 4411-7678
E-mail: kirsch.sandy@chl.lu