ESSKA-EKA Basic Knee Arthroplasty Course

13-14 July 2018 in Istanbul, Turkey
ESSKA-EKA offers top-rank medical education thanks to experience, expertise and dedication of its faculty.

EKA International Faculty

Dr Nanne Kort  
EKA Chairman  
ACIBADEM Medical Center  
Amsterdam, The Netherlands

Prof. Reha Tandogan  
Course Chairman  
EKA General Secretary  
Cankaya Orthopedics  
Ankara, Turkey

Prof. Simon Donell  
EKA Education  
Norfolk & Norwich University Hospital, Norwich, UK

Dr Theofilos Karachalios  
Editor in Chief Hip International,  
EFORT treasurer, University General Hospital of Larissa, University of Thessalia, Bruderholz, Hellenic Republic

Prof. Roland Becker  
EKA Past-Chairman  
Centre of Joint Replacement University Hospital  
Brandenburg, Germany

Prof. Mustafa Karahan  
Local Organiser  
Acibadem Mehmet Ali Aydinlar University  
Istanbul, Turkey

Prof. Fahri Erdogan  
Local Faculty  
President of Turkish Knee & Hip Arthroplasty Society

Ass. Prof. Per Kjærsgaard-Andersen, Vice President,  
EFORT, Head at Section for Hip & Knee Replacement, Vejle Hospital, South Danish University, Denmark
Course objectives

The ESSKA-EKA Basic Knee Arthroplasty Course is a comprehensive 1½-day course covering principles and techniques of knee arthroplasty for surgeons who want to perform or are performing knee joint replacement surgery with assistance and are eager to become independent specialists.

EKA Local Faculty

**Ass. Prof. Baris Kocaoglu**
Orthopedics & Traumatology, Acibadem University Faculty of Medicine

**Ass. Prof. Ersin Ercin**
Istanbul Saglik Bilimleri University, Bakirkoy Dr. Sadi Konuk Training and Research Hospital

**Ass. Prof. Sarper Gursu**
Orthopaedics and Traumatology, Baltalimani Bone and Joint Diseases Hospital, Arthroplasty and Sports Surgery Department

**Prof. Alper Kaya, M.D**
Orthopaedic Surgery, Acibadem University, Department of Orthopaedics and Traumatology, Acibadem Altunizade Hospital

**Ass. Prof. Gokhan Meric**
Yeditepe University Hospital, Department of Orthopedics and Traumatology

**Ass. Prof. Hakan T. Cift**
Orthopaedics and Traumatology Kozyatagi Central Hospital,

**Ass. Prof. Gokhan Kaynak**
Istanbul University, Cerrahpasa Medical School, Department of Orthopaedics and Traumatology
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<tr>
<th>Event</th>
<th>Speaker</th>
<th>Time</th>
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<tr>
<td>Opening</td>
<td>Nanne Kort, Simon Donell</td>
<td>09:00</td>
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<tr>
<td>Welcome</td>
<td>Reha Tandogan</td>
<td>09:08</td>
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<tr>
<td>Introduction Faculty</td>
<td>Faculty</td>
<td>09:16</td>
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<td>Introduction delegates</td>
<td>Delegates</td>
<td>09:26</td>
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<tr>
<td>Pre-course evaluation</td>
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<td>09:36</td>
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<tr>
<td>History of Knee Arthroplasty</td>
<td>Simon Donell</td>
<td>09:46</td>
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<tr>
<td>Preoperative assessment</td>
<td>Reha Tandogan</td>
<td>09:54</td>
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<tr>
<td>Approaches Basic anatomy</td>
<td>Theofilos Karachalios</td>
<td>10:02</td>
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<tr>
<td>Sawbone demonstration femur preparation</td>
<td>Nanne Kort</td>
<td>10:10</td>
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<tr>
<td>Sawbone demonstration tibia preparation</td>
<td>Nanne Kort</td>
<td>10:20</td>
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<tr>
<td>Break</td>
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<td>10:30</td>
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<tr>
<td>Implant position</td>
<td>Mustafa Karahan</td>
<td>11:00</td>
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<tr>
<td>Bone referencing</td>
<td>Theofilos Karachalios</td>
<td>11:08</td>
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<tr>
<td>Ligament balancing</td>
<td>Roland Becker</td>
<td>11:16</td>
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<td>Patella tracking and resurfacing</td>
<td>Simon Donell</td>
<td>11:24</td>
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<td>Discussion</td>
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<td>11:32</td>
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<td>Lunch</td>
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<td>Sawbone practical session</td>
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<td>13:00</td>
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<td>Break</td>
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<td>14:30</td>
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<tr>
<td>CR vs PS</td>
<td>Nanne Kort</td>
<td>15:00</td>
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<td>Mobile vs Fixed</td>
<td>Fahri Erdogan</td>
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<td>Cemented versus uncemented</td>
<td>Reha Tandogan</td>
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<td>Bicruciate reatining</td>
<td>Nanne Kort</td>
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<td>Anti-thrombosis prophylaxis</td>
<td>Simon Donell</td>
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<tr>
<td>Antibiotics</td>
<td>Roland Becker</td>
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<tr>
<td>TKA versus HTO</td>
<td>Reha Tandogan</td>
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<tr>
<td>TKA versus uni</td>
<td>Alper Kaya</td>
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<td>Discussion</td>
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Saturday 14 July 2018

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<thead>
<tr>
<th>Time</th>
<th>Group A</th>
<th>Group B</th>
<th>Group C</th>
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<tbody>
<tr>
<td>08:30</td>
<td>Case discussion</td>
<td>Cadaver</td>
<td>Lectures</td>
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<tr>
<td>10:00</td>
<td>Lectures</td>
<td>Case discussion</td>
<td>Cadaver</td>
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<td>11:30</td>
<td>Post-course evaluation</td>
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<td>13:00</td>
<td>The End</td>
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<td>16:15</td>
<td>Break</td>
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<td>16:45</td>
<td>Wound closure</td>
<td>Simon Donell</td>
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<td>16:51</td>
<td>Laminair flow</td>
<td>Baris Kocaoglu</td>
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<td>16:57</td>
<td>Tranexamic acid</td>
<td>Per Kjaersgaerd</td>
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<td>17:03</td>
<td>Planning of TKA</td>
<td>Roland Becker</td>
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<td>17:09</td>
<td>Complications and common errors</td>
<td>Theofilos Karachalios</td>
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<td>17:15</td>
<td>Discussion</td>
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<td>17:30</td>
<td>Closing</td>
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<td>Reception</td>
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**Content of the lectures:**
- Operating room set-up: Alper Kaya
- Pain management: Sarper Gursu
- Enhanced recovery: Per Kjaersgaerd
- Infection prevention: Ersin Erclin
- Rehabilitation: Hakan Gift

**Cadaver Lab Instructors:**
- Roland Becker
- Nanne Kort
- Theofilos Karachalios
- Reha Tandogan
- Baris Kocaoglu
- Gokhan Meric
- Gokhan Kaynak

**Case Discussion:**
- Simon Donell
- Fahri Erdogan

NOTE: Pre-course educational material will be made available to all delegates
Course venue
Center of Advanced Simulation and Education “CASE”
Acibadem Mehmet Ali Aydinlar University
Kerem Aydinlar Kampusu
Icerenkoy Mah. Kayisdagi Cad. No:32 Atasehir
Istanbul, TURKEY

Transfers

**Nearest airport is:**
Sabiha Gökcen Airport (Asian Side): 60 minutes by car
Ataturk Airport (European Side): 90 minutes by car

**Ground transportation:**
Shuttle from Sabiha Gökcen is €100, private transfer is €160
Shuttle from Ataturk Airport is €140, private transfer is €180
(per person, excluding VAT)

Recommended hotel
Participants are free to choose their own accommodation.
Please bear in mind the heavy traffic of Istanbul.

The nearest hotel to the course venue with shuttle service to the cadaver lab is:
**Marriott Hotel Asia** – Single room 165 €*, distance by car 5 minutes

Organised shuttle bus times:
**Friday, 13 July 2018 Shuttle Service**
Marriott Hotel to CASE – 08:30
CASE to Marriott Hotel – 17:30

**Course Dinner Shuttle Service ( Friday, 13 July 2018 )**
Marriott Hotel to Uskumru Restaurant – 19:00
Uskumru Restaurant to Marriott Hotel – 22:00

**Saturday, 14 July 2018 Shuttle Service**
Marriott Hotel to CASE – 08:00
CASE to Marriott Hotel – 13:30
Other suggested hotels

**Hilton Kozyatagi** – Hotel Single room 110 €*, distance by car 10 minutes
**Radisson Hotel Atasehir** – Single room 100 €*, distance by car 12 minutes

There are no shuttle services to the venue organised from those hotels

Other details

*Course language:* English  *Dress code:* Business casual

*Registration fee: 600 Euro**
*Price includes:* EKA Basic Arthroplasty Course, food and beverages during the course, Reception

*Quoted prices may change depending on time of the booking

**VAT included

Notes
The ESSKA-EKA Basic Knee Arthroplasty Course, Istanbul, Turkey, 13/07/2018-14/07/2018 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 9 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities.