



Programme

TUESDAY - 11.05.2021

17:00 – 18:00

Channel 1 - Live

Resident Symposia

ESSKA and FORTE Young Surgeon's Forum - ANKLE

Introduction

SY39-1

Ankle sprains: surgical treatment when and how?

Wenning M.

SY39-3

Lisfranc sprains: surgical treatment when and how?

Vide J. (Portugal)

SY39-4

Hallux valgus: surgical treatment when and how?

Waizy H. (Germany)

SY39-5

Orthobiologics for ankle pathologies - an overview

Oliva F. (Italy)

Discussion

18:00 – 19:00

Channel 1 - Live

Resident Symposia

ESSKA and FORTE Young Surgeon's Forum - KNEE

Introduction

SY05-1

When and how to repair a meniscus tear?

Weitz F. (Finland)

SY05-2

When and how to repair a torn ACL?

Ahmad S.S. (Germany)

SY05-3

When and how to repair a cartilage lesion?

Bonanzinga T. (Italy)

SY05-4

When and how to reconstruct the MPFL?

Iranpour F.



SY05-6

Alignment in TKA – Mechanical, anatomical, kinematic
Riviere C. (United Kingdom)

Discussion

19:00 – 20:00

Channel 1 - Live

Resident Symposia

ESSKA and FORTE Young Surgeon's Forum - SHOULDER

Introduction

SY46-1

AC joint dislocations: Open
Cartucho A.

SY46-2

AC joint dislocations: Arthroscopic repair
Zampeli F. (France)

SY46-3

SLAP lesions: Repair
Castagna A. (Italy)

SY46-4

SLAP lesions: Tenotomy
Bak K. (Denmark)

SY46-5

Update about shoulder rehabilitation in AC joint pathologies or SLAP lesions
Ercin E. (Turkey)

Discussion

20:00 – 21:00

Channel 1 - Live

Resident Symposia

ESSKA Young Surgeon's Forum: How to succeed as a resident in 2021?

Introduction

SY15-1

What does it take to become an orthopaedic surgeon?
Imhoff A. (Germany)

SY15-2

How to find a good mentor for your residency and as a young researcher?
Alentorn-Geli E. (Spain)

SY15-4

Work-life balance
Karahan M. (Turkey)

SY15-5

Research during residency – A reasonable way
Voss A.



Fashion Meets Science

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SY15-6

Simulator training arthroscopy - The next level
Anetzberger H. (Germany)

Discussion & Conclusion



WEDNESDAY- 12.05.2021

08:00 – 09:00

Channel 2

Instructional Course Lecture

My perfect ACL reconstruction

Chairs:

Karlsson J. (Sweden)

Samuelsson K. (Sweden)

ICL12-1

My perfect ACL reconstruction using Patellar Tendon Autograft

Demey G. (France)

ICL12-2

My perfect ACL reconstruction with Quadriceps Tendon Graft

Musahl V. (United States)

ICL12-3

Anatomic double-bundle, outside-in ACL reconstruction

Kuroda R. (Japan)

ICL12-4

ACL reconstruction using a flat quadriceps tendon graft without bone block

Fink C. (Austria)

ICL12-5

ACL reconstruction using hamstrings tendon autograft – Technical pearls

Williams A. (United Kingdom)

ICL12-6

ACL reconstruction with remnant ligament preservation

Margheritini F. (Italy)

Discussion

08:00 – 09:00

Channel 3

Instructional Course Lecture

Anterior shoulder instability repair: This is how we do it!

Chairs:

Karahan M. (Turkey)

Beitzel K. (Germany)

ICL16-1

Arthroscopic capsulolabral repair

Soler-Romagosa F. (Spain)

ICL16-2

Remplissage technique

Gomes N. (Portugal)

ICL16-3

Extracapsular repair: BLS technique



Brzóška R. (Poland)

Discussion

08:00 – 09:00

Channel 4

Instructional Course Lecture

State of the art in ankle arthroscopy and ankle cartilage repair

Chairs:

Calder J. (United Kingdom)

Murawski C.D. (United States)

ICL18-2

An update on ankle arthroscopy: Current evidence and practical recommendations for 2020

Haverkamp D. (Netherlands)

ICL18-3

What's the consensus on ankle cartilage injuries? From Pittsburgh to Dublin, and beyond

Murawski C.D. (United States)

ICL18-4

When can I get back, Doc? Special considerations for athletes with ankle cartilage pathology

Roche A. (United Kingdom)

ICL18-5

Rehabbing the post-surgical ankle: Blending evidence with gestalt

Simpson H. (South Africa)

Discussion

08:00 – 09:00

Channel 5

Instructional Course Lecture

Basic hip arthroscopy I

Chairs:

Khanduja V. (United Kingdom)

Ayeni O. (Canada)

ICL06-1

Assessment of the young adult hip

Ayeni O. (Canada)

ICL06-2

Indications

Bonin N. (France)

ICL06-3

Positioning and portal placement

Marín-Peña O. (Spain)

ICL06-4

Managing the capsule

Christofilopoulos P. (Switzerland)

ICL06-5



How to avoid complications?
Loken S. (Norway)

ICL06-6

How best to learn hip arthroscopy - Handling the learning curve
Malviya A. (United Kingdom)

Discussion

09:00 – 10:00

Channel 2

Symposia

The choice is yours: Tips and tricks in ACL refixation and graft harvesting techniques

Chairs:

Henle P. (Switzerland)

Introduction

SY49-1

My perfect ACL refixation technique: Dynamic stabilisation technique
Henle P. (Switzerland)

SY49-2

My perfect ACL refixation technique: Anchor refixation
Achnich A. (Germany)

SY49-4

My perfect harvesting and preparation technique: Quadriceps tendon
Petersen W. (Germany)

SY49-5

My perfect harvesting and preparation technique: Patellar tendon
Strauss M. (Norway)

Discussion

09:00 – 10:00

Channel 3

Symposia

Treatment of bone defect in shoulder instability: Technique and indications

Chairs:

Nourissat G. (France)

Introduction

SY30-1

Remplissage
Franceschi F.

SY30-2

Open Latarjet
Di Giacomo G. (Italy)

SY30-3

Bone graft



Nebelung W. (Germany)

SY30-4

Bankart alone in bony defect
Antonogiannakis E. (Greece)

SY30-5

Management of failed Latarjet
Métais P.

Discussion

09:00 – 10:00

Channel 4

Symposia

High ankle sprains in athletes: Evaluation and treatment

Chairs:

Kerkhoffs G. (Netherlands)

Introduction

SY32-1

Individual ligament contribution to syndesmotic instability: A biomechanical update - 12'
Spennacchio P.

SY32-2

Fixation options for unstable syndesmotic injuries: in-vivo and ex-vivo evidences - 12'
Lubberts B. (Netherlands)

SY32-3

A diagnostic algorithm for acute "high ankle sprain": Imaging and physical findings - 10'
Calder J. (United Kingdom)

SY32-4

Intraoperative evaluation of latent syndesmotic instability: A technical note - 10'
Lubberts B. (Netherlands)

Discussion

09:00 – 10:00

Channel 5

Instructional Course Lecture

Intermediate hip arthroscopy

Chairs:

Randelli F. (Italy)

Bonin N. (France)

ICL17-2

Managing Cam FAI
Khanduja V. (United Kingdom)

ICL17-3

Managing Pincer FAI
Sarmiento A. (Portugal)



ICL17-4

Managing the ligamentum teres
Bajwa A. (United Kingdom)

ICL17-5

Managing loose bodies
Zurita N. (Spain)

Discussion

10:15 – 11:15

Channel 2

Symposia

Anatomical optimization of BTB grafting in ACL reconstruction

Chairs:

Georgoulis A.

Introduction

SY40-3

Pressfit BTB ACL reconstruction – my way to be anatomic.
Felmet G. (Germany)

SY40-4

Anatomical ACL grafting with a BTB graft via round tunnels
Georgoulis A.

SY40-5

Anatomical ACL grafting with a BTB graft via rectangular tunnels
Shino K. (Japan)

Discussion

10:15 – 11:15

Channel 3

Partner Symposia - Case Forum

ESSKA-ISAKOS symposium: Posterior shoulder instability

Chairs:

Kovacic L. (Slovenia)

Introduction

PS01-1

The role of glenoid retroversion
Rosso C. (Switzerland)

PS01-2

Posterior labral lesions without retroversion
Arce G. (Argentina)

PS01-3

Posterior bone loss
Nourissat G. (France)

PS01-4



McLaughlin, how do I address it?

Calvo A. (Spain)

PS01-5

Conservative treatment: The role of neuromuscular control

Di Giacomo G. (Italy)

Discussion

10:15 – 11:15

Channel 4

Symposia

New trends in treatment of Achilles tendon disorders

Chairs:

van Dijk N. (Netherlands)

Introduction

SY13-1

Prediction of outcome of treatment in Achilles tendinopathy and rupture based on genetics and inflammatory markers.

Ackermann P. (Sweden)

SY13-2

What is orthobiologics and why should we bother?

Carmont M. (United Kingdom)

SY13-4

The use of ultrasonography to individualise treatment in patients with acute Achilles tendon rupture

Barfod K. (Denmark)

SY13-5

Achilles tendon disorders - Current and future surgical treatment

Weisskopf L. (Switzerland)

Discussion

10:15 – 11:15

Channel 5

Instructional Course Lecture

Advanced hip arthroscopy: What's new?

Chairs:

Bajwa A. (United Kingdom)

Marín-Peña O. (Spain)

ICL26-1

Arthroscopic management of Cam lesion

Papavasiliou A. (Greece)

ICL26-2

Modern approach to handling Pincer impingement

Bonin N. (France)

ICL26-3

Labrum: When to repair or graft?



Lund B. (Denmark)

ICL26-4

Update on chondral repair techniques

Khanduja V. (United Kingdom)

ICL26-5

Soft tissue management in hip instability

Ayeni O. (Canada)

ICL26-6

Deep gluteal pain syndrome and role of hip arthroscopy

Perez-Carro L. (Spain)

Discussion

11:15 – 12:15

Channel 2

Symposia

Individualised ACL reconstruction

Chairs:

Guenther D. (Germany)

Introduction

SY34-1

How I reconstruct each patient based on individual anatomy

Plancher K. (United States)

SY34-2

Primary repair is the best individualised ACL reconstruction

Ahmad S.S. (Germany)

SY34-3

Do we need to play with the periphery in individualised ACL surgery?

Grassi A. (Italy)

SY34-4

The role of the Pivot Shift for individualised surgery

Hoshino Y. (Japan)

SY34-5

How I need to adapt my ACL reconstruction on different sports

Pfeiffer T. (Germany)

SY34-6

ACL reconstruction rehabilitation: Improving neuromuscular control, dynamic stability and safe return to sports

Nyland J. (United States)

Discussion

11:15 – 12:15

Channel 3

Instructional Course Lecture

Current evolutions in the treatment for acromioclavicular joint instability



Chairs:

Martetschläger F. (Germany)

Rosso C. (Switzerland)

ICL25-1

Rationale for indication in acute acromioclavicular joint dislocations

Rosso C. (Switzerland)

ICL25-2

Is there a true advantage for the arthroscopically assisted repair over hook-plate stabilisation?

Heuberer P. (Austria)

ICL25-3

Vertical stabilisation: one or two tunnels?

Kovacic L. (Slovenia)

ICL25-4

Always address horizontal instability? When, why and how?

Beitzel K. (Germany)

ICL25-5

What to do if it goes wrong? Solutions after failure

Martetschläger F. (Germany)

ICL25-6

Indication and technique for graft augmentation in chronic instability. Is there a consensus?

Dyrna F. (Germany)

Discussion

11:15 – 12:15

Channel 4

Symposia

Acute syndesmotic injuries – State-of-the-art diagnosis and surgical treatment

Chairs:

Knupp M.

Introduction

SY66-1

Know your anatomy

Dalmau-Pastor M. (Spain)

SY66-2

MRI 'em if you got 'em

Hirschmann A. (Switzerland)

SY66-3

Scope and you will know

Calder J. (United Kingdom)

SY66-4

Fix the posterior malleolus

Knupp M.

SY66-5



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I always do a tightrope - I mean screws
Wagener J. (Luxembourg)

Discussion

11:15 – 12:15

Channel 5

Partner Symposia - Case Forum

ESSKA-ISHA symposium: All about hip arthroscopy

Chairs:

Randelli F. (Italy)

Introduction

PS02-1

Long Term Results of Hip Arthroscopy

Khanduja V. (United Kingdom)

PS02-2

Labral Repair: what we know today

Cakic J.N. (South Africa)

PS02-3

Cartilage Lesions: options in the hip

Bonin N. (France)

Discussion

12:45 – 13:45

Channel 2

Symposia

Extraarticular reconstruction in ACL deficient knee: The European perspective

Chairs:

Zaffagnini S. (Italy)

Introduction

SY28-1

History and overview

Ferretti A. (Italy)

SY28-2

Anterolateral instability and the pivot shift phenomenon

Musahl V. (United States)

SY28-3

Anatomy and biomechanics of the anterolateral complex of the knee

Claes S. (Belgium)

SY28-4

How and why I perform extraarticular tenodesis

Williams A. (United Kingdom)

SY28-5

How and why I perform ALL reconstruction



Sonnery-Cottet B. (France)

Discussion

12:45 – 13:45

Channel 3

Symposia

Long head of biceps treatment: If you cannot be better - just dress better

Chairs:

Beitzel K. (Germany)

Introduction

SY80-1

Just cut and leave it! Auto-tenodesis

Kovacic L. (Slovenia)

SY81-2

The classic - Intraarticular tenodesis screw

Brilakis E. (Greece)

SY80-3

The fancy one - Intraarticular suture anchor

Voss A.

SY80-4

Get it out! - Subpectoral tenodesis

Dyrna F. (Germany)

SY80-5

Tenodesis with suspensory system - Considerations on the safest location

Gomes N. (Portugal)

Discussion

12:45 – 13:45

Channel 4

Instructional Course Lecture

State of the art in ankle ligament surgery

Chairs:

Pearce C. (United Kingdom)

Guillo S. (France)

ICL07-1

Open Brostrom-Gould and the elite professional athlete

Calder J. (United Kingdom)

ICL07-2

Open vs. arthroscopic Brostrom

Pearce C. (United Kingdom)

ICL07-3

Arthroscopic repair

Guillo S. (France)



ICL07-4

Repair vs. reconstruction: How to choose?
Perera A. (United Kingdom)

ICL07-5

Hybrid technique of Arthroscopic & Percutaneous Anti-RoLL
Takao M. (Japan)

ICL07-6

Rehabilitation and return to sport
Tourne Y. (France)

Discussion

13:45 – 14:45

Channel 2

Instructional Course Lecture

Treatment of posterior cruciate ligament injuries

Chairs:

Monllau J.C. (Spain)
Alentorn-Geli E. (Spain)

ICL27-1

Treatment of complete PCL injuries with instability: My standard PCL reconstruction (single bundle)
Cugat R. (Spain)

ICL27-2

Treatment of partial PCL injuries: From PRGF infiltration to a specific knee brace
Barastegui D. (Spain)

ICL27-3

Treatment of complete PCL injuries with instability: My standard PCL reconstruction (double bundle)
Wilson A. (United Kingdom)

ICL27-4

Treatment of combined PCL injuries: PCL and PLC reconstruction
Milano G. (Italy)

ICL27-5

Treatment of combined PCL injuries: Bicruciate reconstruction
Sonnery-Cottet B. (France)

ICL27-6

Platt's Syndrome: A nerve complication associated with ligament injuries
Llusá M. (United States)

Discussion

13:45 – 14:45

Channel 4

Symposia

Fusion in the foot and ankle in sports - What is possible?

Chairs:

Haverkamp D. (Netherlands)



Introduction

SY20-2

Ankle arthrodesis and sports recovery: What can be expected?

Kerkhoffs G. (Netherlands)

SY20-4

Midfoot (Lisfranc) fusion and sports recovery: What can be expected?

Kynsburg A.

SY20-5

Forefoot (Great Toe) fusion and sports recovery: What can be expected?

Marsland D. (United Kingdom)

Discussion

18:15 – 18:45

Channel 1 - Live

Highlight Lecture

The MCL - the forgotten ligament: Understanding form and function optimises practise - the Werner Müller principle

Introduction

HL02

The MCL - the forgotten ligament: Understanding that form and function optimises practise - the Werner Müller principle

Williams A. (United Kingdom)

Panel discussion

18:45 – 19:15

Channel 1 - Live

Highlight Lecture

The challenge of treating knee injuries in professional alpine skiing - A journey from arthroscopy to total knee replacement

Introduction

HL03

The challenge of treating knee injuries in professional alpine skiing - A journey from arthroscopy to total knee replacement

Fink C. (Austria)

Panel discussion

19:20 – 19:50

Channel 1 - Live

Highlight Lecture

Fashion versus science in total knee arthroplasty

Introduction

HL08

Fashion versus Science in total knee arthroplasty

Mont M. (United States)



Panel discussion

19:50 – 20:20

Channel 1 - Live

Keynote Lecture

EKA Keynote Lecture - Alignment more important than robotics in TKA

Introduction

KL17-1

Alignment more important than robotics in TKA

Howell S. (United States)

KL17-2

Discussion

20:25 – 20:55

Channel 1 - Live

Highlight Lecture

Stem cells in rotator cuff repair

Introduction

HL07

Stem cells in rotator cuff repair

Randelli P.S. (Italy)

Panel discussion

20:55 – 21:25

Channel 1 - Live

Keynote Lecture

ESA Keynote Lecture - Transosseous equivalent rotator cuff repair

Introduction

KL01-1

Transosseous equivalent rotator cuff repair

Demirhan M. (Turkey)

KL01-2

Discussion

21:30 – 22:00

Channel 1 - Live

Keynote Lecture

ESA Keynote Lecture - Best Techniques for Biceps Tenodesis

Introduction

KL16-1

Best Techniques for Biceps Tenodesis

Arce G. (Argentina)

KL16-2



Fashion Meets Science

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Discussion



THURSDAY - 13.05.2021

08:00 – 09:00

Channel 2

Instructional Course Lecture

Surgical techniques of the meniscus: State of the art

Chairs:

Pujol N. (France)

Kopf S. (Germany)

ICL01-1

Anatomy of meniscus

Feucht M. (Germany)

ICL01-2

Degenerative tears (Epidemiology e.g. Framingham study; diagnosis; treatment with movies: partial resection, vertical sutures of fish mouth lesions, open repair in young pxt; post-rehab)

Ronga M. (Italy)

ICL01-3

Ramp lesions - Epidemiology, diagnosis, treatment with movies

Getgood A. (Canada)

ICL01-4

Root repair: Degenerative (posteromedial) vs. traumatic (posterolateral): Epidemiology, diagnosis, treatment with movies: „Firstpass“ and „Lasso“ with transtibial fixation; post-rehab

Strauss M. (Norway)

ICL01-5

Allografts - Usefully to improve clinical symptoms AND OA? Which pxt should be treated on the medial and lateral side? Treatment with movies: soft tissue, bone grafts, dove tail technique

Pujol N. (France)

ICL01-6

Postoperative rehab after meniscus surgery - Any evidence at all?

Ivkovic A. (Croatia)

Discussion

08:00 – 09:00

Channel 3

Instructional Course Lecture

Fundamentals in rotator cuff repair

Chairs:

Kovacic L. (Slovenia)

Milano G. (Italy)

ICL05-1

Clinical examination - How I do it

Taverna E. (Italy)

ICL05-2

MR imaging - What the surgeon needs to know

Gleyze P. (France)



ICL05-3

Decision-making - Which patient is a good candidate
Poberaj B. (Qatar)

ICL05-4

Arthroscopic rotator cuff repair - Advanced essentials
Calvo A. (Spain)

ICL05-5

Difficult cases - How I deal with them
Brzóška R. (Poland)

ICL05-6

Complications - Managing the unwanted situations
Milano G. (Italy)

Discussion

08:00 – 09:00

Channel 4

Symposia

FAI: The failed hip arthroscopy: Diagnosis and management

Chairs:

Ayeni O. (Canada)

Introduction

SY65-1

When do I think something goes wrong and how can I manage?
Andrade T. (United Kingdom)

SY65-2

Main causes of failure and how to confirm them
Ayeni O. (Canada)

SY65-3

Main causes of failure and how to treat them
Papavasiliou A. (Greece)

SY65-4

Always painful but all exams are correct. What to think?
Bajwa A. (United Kingdom)

SY65-5

Results of iterative hip arthroscopy
Bonin N. (France)

Discussion

08:00 – 09:00

Channel 5

Symposia

Injury prevention in athletes - Scientific evidence & practical experience

Chairs:



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Krutsch W. (Germany)

Introduction

SY60-3

Injury prevention by consideration of risk factor
Della Villa F. (Italy)

SY60-5

Injury prevention by match rules
Fehske K. (Germany)

Discussion

09:00 – 10:00

Channel 2

Symposia

Meniscal repair: From A to Z

Chairs:

Hulet C. (France)

Introduction

SY17-1

All inside technique for meniscal repair
Pujol N. (France)

SY17-2

Inside-out technique for meniscal repair
Thompson P.

SY17-3

Outside-in technique for meniscal repair
Kaesermann S. (Switzerland)

SY17-4

How to repair a bucket handle meniscal tear
Hantes M.

SY17-5

Repair of meniscal ramp lesions
Feucht M. (Germany)

SY17-6

Meniscal root repair
Snow M. (United Kingdom)

Discussion

09:00 – 10:00

Channel 3

Symposia

Current concepts in the management of irreparable posterosuperior rotator cuff tears

Chairs:

Dejour D. (France)



Introduction

SY59-1

The role of lower trapezius transfer
Calvo E. (Spain)

SY59-2

Superior capsule reconstruction - Biomechanics and current application
Scheiderer B.

SY59-3

InSpace Ballon. What can we expect?
Atoun E. (Israel)

SY59-4

Reverse shoulder arthroplasty in young patients without arthritis
Zumstein M. (Switzerland)

Discussion

09:00 – 10:00

Channel 4

Symposia

Peritrochanteric space disorders

Chairs:

Randelli F. (Italy)

Introduction

SY03-1

Pathogenesis and contemporary diagnoses for lateral hip pain
Khanduja V. (United Kingdom)

SY03-2

Conservative treatments and biologics for peritrochanteric space disorders
Bajwa A. (United Kingdom)

SY03-3

Surgical interventions for external snapping hip syndrome
Randelli F. (Italy)

Discussion

09:00 – 10:00

Channel 5

Instructional Course Lecture

ESMA Acute sports trauma management

Chairs:

Menetrey J. (Switzerland)

Nordstrom A. (Sweden)

ICL08-2

Head injuries

Nordstrom A. (Sweden)



ICL08-3

Spine injury

Jones H. (Portugal)

ICL08-6

Limb injuries

Maestro A. (Spain)

Discussion

10:15 – 11:15

Channel 2

Symposia

Root lesion management - From A to Z

Chairs:

Clatworthy M. (New Zealand)

Introduction

SY22-2

Suturing of lateral meniscus root lesion - How do I do that and why?

Karahan M. (Turkey)

SY22-3

Suturing of lateral meniscus root lesion - How do I do that and why?

Kopf S. (Germany)

SY22-5

Suturing of medial meniscus root lesion - How do I do that and why?

Robinson J. (United Kingdom)

10:15 – 11:15

Channel 3

Symposia

Superior capsular reconstruction - International perspective

Chairs:

Kovacic L. (Slovenia)

Introduction

SY64-1

SCR - Does the type of the graft matter?

Angelo A.C. (Portugal)

SY64-2

LHB - Natural patch for SCR

Hermanowicz K. (Poland)

SY64-3

Fascia lata as autograft for SCR

Azevedo C. (Portugal)

SY64-4

Dermal graft – Updated results



Minuesa A. (Spain)

Discussion

10:15 – 11:15

Channel 4

Instructional Course Lecture

Allograft: Biology, mechanics, integration, outcomes (with arthroscopy and cartilage committee according to the ESSKA-European Allograft Initiative)

Chairs:

Verdonk P. (Belgium)

Spalding T. (United Kingdom)

ICL20-1

Fresh osteochondral allograft transplantation

Gelber P. (Spain)

ICL20-2

Cells, soluble factors and matrix in allograft integration

de Girolamo L. (Italy)

ICL20-3

Biomechanical considerations for the success of tendon and meniscus allograft integration

Seitz A. (Germany)

ICL20-4

Meniscal allograft transplantation

Verdonk P. (Belgium)

ICL20-5

Primary ACL and revision ACL reconstruction - Use and outcomes of allografts

Spalding T. (United Kingdom)

ICL20-6

Cost effectiveness of allografts in knee surgery: Meniscus, osteochondral and ligament reconstruction

Metcalfe A. (United Kingdom)

Discussion

10:15 – 11:15

Channel 5

Symposia

Football medicine research - An update

Chairs:

Krutsch W. (Germany)

Berruto M. (Italy)

Introduction

SY21-1

ACL treatment in football players - An update

Basdekis G. (Greece)

SY21-2

Cartilage treatment in football players - An update



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Berruto M. (Italy)

SY21-4

Return to play after football injuries - An update
Ekstrand J.

SY21-5

Retired football players - An update
Eriksson K. (Sweden)

Discussion

11:15 – 12:15

Channel 2

Symposia

RAMP lesion management from A to Z

Chairs:

Karahan M. (Turkey)

Introduction

SY41-1

Anatomy and biomechanics
Smigelski R. (Poland)

SY41-2

Ramp lesions - Which lesions I fix and how
Pardiwala D. (India)

SY41-3

Ramp lesions - Which lesions I fix and how
Lee S.-H. (Korea, Republic of)

SY41-4

Ramp lesions - Which lesions I fix and how
Koga H. (Japan)

SY41-5

Ramp lesions - Which lesions I fix and how
Getgood A. (Canada)

SY41-6

Ramp lesions: My approach
Sonnery-Cottet B. (France)

Discussion

11:15 – 12:15

Channel 3

Symposia

Tendon transfers in irreparable rotator cuff tears

Chairs:

Toussaint B. (France)

Introduction



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SY19-1

Posterosuperior cuff tears: Latissimus dorsi transfer
Gervasi E.

SY19-2

Posterosuperior cuff tears: Lower trapezius transfer
Calvo E. (Spain)

SY19-3

Subscapularis tear: Pectoralis major transfer
Marchi G. (Italy)

SY19-4

Subscapularis tear: Latissimus dorsi transfer
Jermolajevs V. (Lithuania)

Discussion

11:15 – 12:15

Channel 4

Symposia

Orthobiologics today in Europe: New stars on the catwalk

Chairs:

de Girolamo L. (Italy)

Introduction

SY06-1

What is the clinical evidence?
Angele P. (Germany)

SY06-2

Scientist point of view
Hudetz D. (Croatia)

SY06-3

Prêt-à-porter cells
Slynarski K. (Poland)

SY06-4

Tailored cell solutions
Nakamura N. (Japan)

SY06-5

Tomorrow's world: The latest fashion and style trends
Marmotti A. (Italy)

SY06-6

The dictates of fashion: ESSKA's perspective on orthobiologics
Laver L.

Discussion

11:15 – 12:15

Channel 5

Symposia



Benefits of braces in prophylaxis and sports rehabilitation

Chairs:

Tallay A. (Hungary)

Introduction

SY04-1

Bandages in competitive football

Krutsch W. (Germany)

SY04-2

Prophylactic braces in handball

Tallay A. (Hungary)

SY04-3

Prophylactic ankle braces and braces after ankle injuries in basketball

Fehske K. (Germany)

SY04-4

Braces in extreme and adventure sports

Carmont M. (United Kingdom)

Discussion

12:45 – 13:45

Channel 2

Symposia

Meniscal substitution, transplantation and replacement

Chairs:

Getgood A. (Canada)

Introduction

Part 1: Allografts

SY62-1

Meniscal Allografts: Indications ESSKA Allograft Initiative

Spalding T. (United Kingdom)

SY62-2

Meniscus transplantation: Tips and tricks

Scheffler S. (Germany)

SY62-3

Meniscal transplantation. Extended indications: Association with osteochondral allografts, osteotomy, ACL reconstruction

Zaffagnini S. (Italy)

Part 2: Meniscal scaffolds and substitutes

SY62-6

Indication and limitations of use of meniscal scaffolds

Pujol N. (France)

SY62-7

Meniscal scaffolds: Technique and results



Verdonk R. (Belgium)

SY62-8

Meniscal prosthesis

Van Tienen T. (Netherlands)

Discussion

12:45 – 13:45

Channel 3

Symposia

Complications in shoulder surgery: Hoping for the best, planning for the worst

Chairs:

Milano G. (Italy)

Introduction

SY53-2

Retracted subscapularis tears: This tendon is not moving!

Kany J.

SY53-3

Arthroscopic Latarjet: We've got an issue here!

Calvo E. (Spain)

SY53-4

Glenoid fractures: I can fix this arthroscopically!

Taverna E. (Italy)

SY53-5

AC joint reconstruction: Intraoperative difficulties and postoperative failures!

Samitier G. (Spain)

Discussion

18:15 – 18:45

Channel 1 - Live

Keynote Lecture

EKA Keynote Lecture - Deformity correction in knee arthroplasty

Introduction

KL07-1

Deformity correction in knee arthroplasty

Mullaji A. (India)

KL07-2

Discussion

18:45 – 19:15

Channel 1 - Live

Keynote Lecture

EKA Keynote Lecture - Tips and tricks of the medial and lateral UKA

Introduction



KL06-1

Tips and tricks of the medial and lateral UKA
Aldinger P. (Germany)

KL06-2

Discussion

19:20 – 19:50

Channel 1 - Live

Highlight Lecture

Biomaterials and innovative tissue technologies for knee repair

Introduction

HL04

Biomaterials and innovative tissue technologies for knee repair
Saris D. (United States)

Panel discussion

19:50 – 20:20

Channel 1 - Live

Keynote Lecture

EKA Keynote Lecture

Introduction

KL04-1

Stem cell treatment – What is fashion, what is science?
Niemeyer P. (Germany)

KL04-2

Discussion

20:25 – 20:55

Channel 1 - Live

Keynote Lecture

AFAS Keynote Lecture - How has the understanding of ankle anatomy influenced surgery over the last 20 years?

Introduction

KL05-1

How has the understanding of ankle anatomy influenced surgery over the last 20 years?
Dalmau-Pastor M. (Spain)

KL05-2

Discussion

20:55 – 21:25

Channel 1 - Live

Highlight Lecture

From Sprain to TOPIC: Top care for ankle cartilage injuries in sports

Introduction



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HL10

From Sprain to TOPIC: Top care for ankle cartilage injuries in sports
Kerkhoffs G. (Netherlands)

Panel discussion

21:30 – 22:00

Channel 1 - Live

Keynote Lecture

ESA Keynote Lecture

Introduction

KL15-1

The athlete's shoulder: Update 2021
Provencher M.T.

KL15-2

Discussion



FRIDAY - 14.05.2021

08:00 – 09:00

Channel 2

Symposia

Peripheral instability of the knee – Revisited

Chairs:

Musahl V. (United States)

Introduction

SY42-1

Rotational knee instability – Why do we need quantification

Musahl V. (United States)

SY42-2

Rotational instability of the knee - Impact of the medial corner

Robinson J. (United Kingdom)

SY42-3

Rotational instability of the knee - Impact of the lateral corner

Amis A. (United Kingdom)

SY42-4

Rotational instability of the knee - Impact of lateral slope and posterolateral tibia plateau fractures

Herbert M. (Germany)

SY42-5

Rotational instability of the knee - Impact of lateral root tears and ramp lesions

Kuroda R. (Japan)

Discussion

08:00 – 09:00

Channel 3

Instructional Course Lecture

Surgical techniques in HTO – Best practice

Chairs:

Van Heerwaarden R. (Netherlands)

Seil R. (Luxembourg)

ICL04-1

Medial opening wedge HTO

Ahmad S.S. (Germany)

ICL04-2

Lateral closing wedge HTO

Schröter S. (Germany)

ICL04-3

HTO and cartilage procedures

Angele P. (Germany)

ICL04-4



HTO with PSI
Ollivier M. (France)

ICL04-5
Distal femoral osteotomy
Van Heerwaarden R. (Netherlands)

ICL04-6
Tibial slope changing osteotomy in chronic ACL insufficiency
Seil R. (Luxembourg)

Discussion

08:00 – 09:00
Channel 4
Instructional Course Lecture
Modern cartilage regeneration

Chairs:
Angele P. (Germany)
Gomoll A. (United States)

ICL22-1
What can we learn from a cartilage registry?
Niemeyer P. (Germany)

ICL22-2
Is microfracture still an up-to-date cartilage procedure?
Nehrer S. (Austria)

ICL22-3
How much degeneration can be accepted for autologous chondrocyte transplantation?
Angele P. (Germany)

ICL22-4
Huge osteochondral defects - State-of-the-art treatment
Gomoll A. (United States)

ICL22-5
Cell-free biomaterials – Indications and borders
Filardo G. (Italy)

Discussion

08:00 – 09:00
Channel 5
Instructional Course Lecture
All the secrets of elbow instability

Chairs:
Müller A. (Switzerland)
Barco R. (Spain)

ICL09-1
Diagnosis
Müller A. (Switzerland)



ICL09-2

Imaging

Watts A. (United Kingdom)

ICL09-3

Indications

van den Bekerom M. (Netherlands)

ICL09-4

Non-operative treatment

Barco R. (Spain)

ICL09-5

Operative treatment

Vavken P. (Switzerland)

ICL09-6

Summary and take-home messages

Pederzini L.A. (Italy)

Discussion

09:00 – 10:00

Channel 2

Symposia

Evidence on MCL injuries and AMRI

Chairs:

Amis A. (United Kingdom)

Introduction

SY52-1

Influence of chronic MCL laxity on outcome of ACL reconstruction

Zaffagnini S. (Italy)

SY52-2

MCL and POL attachments and their isometry

Willinger L. (Germany)

SY52-3

Medial-side restraints to knee laxity and AMRI

Ball S. (United Kingdom)

SY52-4

Dynamic restraints of AMRI: Semimembranosus revisited

Kittl C. (Germany)

SY52-5

Danish MCL-POL reconstruction and improved stability in Danish knee ligament registry

Lind M. (Denmark)

SY52-6

Norwegian-American MCL-POL reconstruction and clinical outcomes

Engbretsen L. (Norway)

SY52-7

Deep MCL injury in footballers



Williams A. (United Kingdom)

SY52-8

Discussion

09:00 – 10:00

Channel 3

Instructional Course Lecture

Advanced osteotomy for the knee surgeon

Chairs:

Van Heerwaarden R. (Netherlands)

Kley K. (Germany)

ICL30-1

PSI for routine and complex osteotomy

Ollivier M. (France)

ICL30-2

Double osteotomy and joint line obliquity

Kley K. (Germany)

ICL30-3

Slope changing osteotomy and ligament reconstruction

Seil R. (Luxembourg)

ICL30-4

Intra-articular osteotomies

Frosch K.-H. (Germany)

ICL30-5

Osteotomy for rotational deformity

Teitge R. (United States)

Discussion

09:00 – 10:00

Channel 4

Symposia

Surgical treatment of cartilage lesions: What to do when lesions are not isolated?

Chairs:

Peretti G. (Italy)

Introduction

SY29-1

Cartilage treatment as augmentation for osteotomy: More risks or benefits?

Wilson A. (United Kingdom)

SY29-2

ACL reconstruction and cartilage lesion: Leave it or treat it?

Niemeyer P. (Germany)

SY29-3

Multi-ligament injury - Need for cartilage surgery?

Perdisa F. (Italy)



SY29-4

Meniscal lesions: A contraindication for cartilage surgery?

Lagae K. (Belgium)

SY29-5

Cartilage surgery using allografts

Gomoll A. (United States)

Discussion

09:00 – 10:00

Channel 5

Symposia

Simple or “not so simple” elbow dislocation: An arthroscopic approach?

Chairs:

Siebenlist S.

Introduction

SY61-1

Decision-making factors to decide for surgery

Rosso C. (Switzerland)

SY61-2

Clinical and arthroscopic evaluation of elbow instability

Siebenlist S.

SY61-3

Repair all the LCLs in simple dislocations or fix just the athletes

Maier D. (Germany)

SY61-4

LCL + coronoid – Conservative or fix it, and how?

Barco R. (Spain)

SY61-5

Small triads with ligamentous rupture and minimally displaced fractures

Guerra E. (Italy)

Discussion

10:15 – 11:15

Channel 2

Symposia

Common practice versus expert opinion on PLC injuries. Presentation of the ESSKA Knee Collateral Ligament Working Group world survey and expert consensus statement

Chairs:

Gelber P. (Spain)

Introduction

SY16-1

Introduction and welcome

Gelber P. (Spain)



SY16-2

How did we do it?
Barenius B. (Sweden)

SY16-3

Diagnosis and classification
Tischer T.

SY16-4

What surgical techniques
Gelber P. (Spain)

SY16-5

Treatment & timing
Pujol N. (France)

SY16-6

Can we do it arthroscopically
Frosch K.-H. (Germany)

SY16-7

Do we add an osteotomy?
Robinson J. (United Kingdom)

SY16-8

Rehabilitation
Leyes M. (Spain)

Discussion

10:15 – 11:15

Channel 3

Symposia

EKA - How to do a good UKA?

Chairs:

Neyret P. (Spain)

Introduction

SY10-1

How to find the optimal indication?
Beyzadeoglu T. (Turkey)

SY10-2

How to choose the best implant?
Franz A. (Germany)

SY10-3

What is the best LIA cocktail?
Skowronek P. (Poland)

SY10-4

Surgical pitfalls in medial UKA
Halder A. (Germany)

SY10-5



Surgical pitfalls in lateral UKA
Pietsch M. (Austria)

SY10-6

What does customised UKA add?
Fitz W. (United States)

Discussion

10:15 – 11:15

Channel 4

Symposia

Large osteochondral lesions (OCLs) in the knee joint

Chairs:

Brittberg M.

Introduction

SY43-1

Pathophysiology of large OCLs in the knee joint
Madry H.

SY43-3

My way: Hybrid-ACI and allografts
Brittberg M.

SY43-4

My way: The “Sandwich plasty”
Angele P. (Germany)

SY43-5

My way: Meniscopexy of the anterior part of the meniscus
Vogt S.

Discussion

10:15 – 11:15

Channel 5

Instructional Course Lecture

Arthroscopic advanced techniques around the elbow

Chairs:

Watts A. (United Kingdom)

Pederzini L.A. (Italy)

ICL29-1

How to get in, create a space and start the job
Çift H.T. (Turkey)

ICL29-2

Elbow arthroscopic arthrolysis step by step
Phadnis J. (United Kingdom)

ICL29-3

ARIF around the elbow
Guerra E. (Italy)



ICL29-4

Arthroscopic assisted treatment of instability
Arrigoni P. (Italy)

Discussion

11:15 – 12:15

Channel 2

Instructional Course Lecture

Understanding the posterolateral corner of the knee

Chairs:

Pujol N. (France)

Robinson J. (United Kingdom)

ICL15-1

Surgical anatomy: Dissection from skin to bone
Sáenz I. (Spain)

ICL15-2

Physical and instrumented examinations
Robinson J. (United Kingdom)

ICL15-3

Imaging
Hirschmann A. (Switzerland)

ICL15-4

Repair and augmentation surgical techniques: When and how?
Frosch K.-H. (Germany)

ICL15-5

Reconstructions with tibial slings: When and How?
Gelber P. (Spain)

ICL 15-6

Rehab and return to play
Leyes M. (Spain)

Discussion

11:15 – 12:15

Channel 3

Instructional Course Lecture

Surgical techniques in UKA – Best practice

Chairs:

Becker R. (Germany)

Adravanti P. (Italy)

ICL14-1

ACL and UKA
Adravanti P. (Italy)

ICL14-2

PSI for UKA



Bait C. (Italy)

ICL14-3

Mobile bearing UKA
Clarius M. (Germany)

ICL14-4

Customised UKA
Becker R. (Germany)

ICL14-5

Lateral UKA
Hinarejos P. (Spain)

ICL14-6

Fixed bearing UKA
Demey G. (France)

Discussion

11:15 – 12:15

Channel 4

Symposia

Techniques in ankle cartilage repair, 90'

Chairs:

Calder J. (United Kingdom)

Introduction

SY72-1

Bone marrow stimulation with BMAC
Murawski C.D. (United States)

SY72-2

Arthroscopic autologous matrix-induced chondrogenesis
Becher C. (Germany)

SY72-3

Osteochondral autograft transplantation
Roche A. (United Kingdom)

SY72-4

Autologous cartilage reconstruction - Where are we in the ankle joint?
Valderrabano V. (Switzerland)

SY72-5

Talar osteoperiosteal grafting from the iliac crest (TOPIC)
Kerkhoffs G. (Netherlands)

SY72-6

The role of allograft for ankle cartilage repair
Vannini F. (Italy)

Discussion

11:15 – 12:15

Channel 5



Symposia

Allograft in difficult shoulder surgeries

Chairs:

Milano G. (Italy)

Introduction

SY78-1

Soft tissue allograft for instability

Maloney M. (United States)

SY78-2

Allograft for glenoid bone loss

Taverna E. (Italy)

SY78-3

Allograft for humeral head bone loss

Randelli P.S. (Italy)

SY78-4

Allograft for rotator cuff deficiency

Cartucho A.

Discussion

12:45 – 13:45

Channel 2

Symposia

Knee dislocations - State-of-the-art management

Chairs:

Madonna V. (Italy)

Introduction

SY24-1

Imaging and classification of the dislocated knee

Støen R.Ø. (Norway)

SY24-2

Suture repair, bracing, and/or reconstruction? The right treatment in the right setting

Frosch K.-H. (Germany)

SY24-3

The role of HTO in secondary treatment of the multiligamentous injured knee

Guenther D. (Germany)

SY24-4

Graft options in the multiligamentous injured knee

Pfeiffer T. (Germany)

SY24-5

Return to play after knee dislocations - Regimes and realistic time frames

Moatshe G.

Discussion



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12:45 – 13:45

Channel 3

Instructional Course Lecture

Surgical techniques in primary TKA – Best practice

Chairs:

Indelli P.F. (United States)

Meermans G. (Netherlands)

ICL03-1

Measured resection TKA

Indelli P.F. (United States)

ICL03-2

Proper cementing in TKA

Meermans G. (Netherlands)

ICL03-3

How to set femoral rotation in TKA

Guenther D. (Germany)

ICL03-4

How to set tibial rotation in TKA

Hinarejos P. (Spain)

ICL03-5

Kinematic alignment in TKA

Ettlinger M. (Germany)

ICL03-6

Patellar resurfacing in TKA

Fleaca R. (Romania)

Discussion

12:45 – 13:45

Channel 4

Symposia

Joint regeneration by unloading - What and when is really possible

Chairs:

Madonna V. (Italy)

Introduction

SY79-1

Osteotomies

Slynarski K. (Poland)

SY79-2

Atlas knee unloader

Madonna V. (Italy)

SY79-3

Joint distraction

Deie M. (Japan)



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SY79-4

Joint distraction vs osteotomy
Lafeber F. (Netherlands)

SY79-5

Unloading braces
Lipinski L. (Poland)

Discussion

12:45 – 13:45

Channel 5

Symposia

Pulley lesions: What it means and how to treat them

Chairs:

Barth J.

Introduction

SY11-1

Pathoanatomy and an updated classification of pulley lesions
Martetschläger F. (Germany)

SY11-2

Clinical and radiological diagnosis of pulley lesions - How do we find them?
Saccomanno M.F. (Italy)

SY11-3

Pulley reconstruction: Is there a way to keep the biceps?
Lorbach O. (Germany)

SY11-4

Pulley lesions and RC tears: Always treat the biceps!
Antonogiannakis E. (Greece)

Discussion

13:45 – 14:45

Channel 2

Instructional Course Lecture

Anterior Cruciate Ligament Revision Surgery: How to manage from simple to complex cases

Chairs:

Condello V. (Italy)

Eriksson K. (Sweden)

ICL21-1

Preoperative planning of ACL Revision: Do we need different strategies based on primary ACLR?
Hoser C. (Austria)

ICL21-2

The imaging path to address ACL Revision from the ACL re-rupture to a post-surgical evaluation
Bait C. (Italy)

ICL21-3



Surgical technique: what I would do in different situations (one and two steps, graft choice)
Menetrey J. (Switzerland)

ICL21-4

Complications and return to sport
Hamrin Senorski E. (Sweden)

ICL21-5

Lateral external tenodesis and other associated surgery: When, why and how
Scheffler S. (Germany)

ICL21-6

Rehab: Should we consider a personalised recovery program?
Della Villa F. (Italy)

Discussion

13:45 – 14:45

Channel 3

Symposia

EKA best practice - Alignment in TKA

Chairs:

Becker R. (Germany)

Instruction

SY31-1

Knee phenotypes – What can we learn?
Hirschmann M.T. (Switzerland)

SY31-2

Mechanical versus anatomical versus kinematic alignment
Gomez Barrena E.

SY31-3

How I do it – My preferred alignment
Malavolta M. (Italy)

SY31-4

Customised alignment in customised TKA?
Beckmann J. (Germany)

SY31-5

Individualised alignment with image-based robotic TKA
Calliess T.

SY31-6

Sensor-based individualised alignment in TKA
Roche M. (United States)

Discussion

13:45 – 14:45

Channel 4

Symposia

EKA – Best practice: Non-operative treatment of OA in the knee – A case-based approach



Chairs:

Mogos S. (Romania)

Introduction

SY01-1

Best practice - Physiotherapy

Gheorghevici G.

SY01-2

Best practice - Pain medication

Gursu S.S. (Turkey)

SY01-3

Best practice – Oral OA modifying drugs

Roman M. (Romania)

SY01-4

Best practice - Insoles, deloading braces

d'Ambrossi R. (Italy)

SY01-5

Best practice - Injections including cortisone, hyaluronic acid, PRP

Mogos S. (Romania)

SY01-6

Best practice - Mesenchymal stem cells?

Vasso M. (Italy)

Discussion

13:45 – 14:45

Channel 5

Instructional Course Lecture

How I do my reverse shoulder replacement

Chairs:

Toussaint B. (France)

Tauber M. (Germany)

ICL31-1

Preoperative planning

Blasiak A. (Poland)

ICL31-2

Surgical approach

Karahan M. (Turkey)

ICL31-3

Humeral component

Levy O. (United Kingdom)

ICL31-4

Glenoid component

Tauber M. (Germany)

Discussion



15:00 – 16:00

Channel 2

Symposia

ACL revision surgery: Video collection and debates on surgical tips and tricks

Chairs:

Menetrey J. (Switzerland)

Introduction

SY50-1

Common reasons for failure in ACL surgery

Cardona Medina J.I. (Mexico)

SY50-2

Imaging and arthroscopic view: Correspondence in different surgical situations

Grassi A. (Italy)

SY50-3

How to manage an inadequately placed tibial and femoral tunnel

Eriksson K. (Sweden)

SY50-4

Surgical strategy managing PLC and PMC reconstruction together with ACL revision

Rathcke M.W. (Denmark)

SY50-5

Osseous abnormalities: Which kind of osteotomy should we perform after a failed ACL reconstruction?

Indication and associated technical details

Wilson A. (United Kingdom)

SY50-6

One- and two-step revision: Should we aim to compromise? Tips and tricks in a case series from the ACL

Revision Committee group

Condello V. (Italy)

Discussion

15:00 – 16:00

Channel 3

Symposia

EKA - Robotics in knee arthroplasty

Chairs:

Friederich N. (Switzerland)

Introduction

SY57-1

The UK experience

Haddad F. (United Kingdom)

SY57-2

The French experience

Lustig S. (France)



SY57-4

The German experience
Jung J. (Germany)

SY57-5

The Dutch experience
Kort N. (Netherlands)

18:15 – 18:45

Channel 1 - Live

Highlight Lecture

Functional reconstruction of the knee: From sports medicine to joint reconstruction

Introduction

HL11

Functional reconstruction of the knee: From sports medicine to joint reconstruction
Marcacci M. (Italy)

Panel discussion

18:45 – 19:15

Channel 1 - Live

Keynote Lecture

Keynote Lecture - Fashion vs. science in cruciate ligament surgery

Introduction

KL12-1

Fashion vs. science in cruciate ligament surgery
Weiler A. (Germany)

KL12-2

Discussion

19:20 – 19:50

Channel 1 - Live

Keynote Lecture

ESMA Keynote Lecture - From knee surgery to return to play - A challenging journey

Introduction

KL11-1

From knee surgery to return to play - A challenging journey
Della Villa S. (Italy)

KL11-2

Discussion

19:50 – 20:20

Channel 1 - Live

Keynote Lecture

Keynote Lecture - Rehabilitation

Introduction



KL10-1

A paradigm shift in rehab after ACL reconstruction: Trends in time and dynamic assessment
Hamrin Senorski E. (Sweden)

KL10-2

Discussion

20:25 – 20:55

Channel 1 - Live

Highlight Lecture

Femoroacetabular impingement: The pursuit of evidence

Introduction

HL09

Femoroacetabular impingement: The pursuit of evidence
Ayeni O. (Canada)

Panel discussion

20:55 – 21:25

Channel 1 - Live

Keynote Lecture

Hip Keynote Lecture - Does hip preservation surgery actually preserve the hip?

Introduction

KL14-1

Does hip preservation surgery actually preserve the hip?
Khanduja V. (United Kingdom)

KL14-2

Discussion

21:30 – 22:00

Channel 1 - Live

Keynote Lecture

Hip Keynote Lecture - Advances in arthroscopic surgery of the hip

Introduction

KL02-1

Advances in arthroscopic surgery of the hip
Philippon M. (United States)

KL02-2

Discussion



SATURDAY - 15.05.2021

08:00 – 09:00

Channel 2

Partner Symposia - Case Forum

ESSKA-AOSSM symposium: ACL-associated meniscal repair on either side of the Atlantic: Facts and challenges

Chairs:

Monllau J.C. (Spain)

Introduction

PS05-2

Meniscus pathology in MOON and MARS: What have we learnt so far?

Wright R. (United States)

PS05-3

New ACL-associated meniscus lesions: Medial ramp injuries

Seil R. (Luxembourg)

PS05-4

Role of meniscus transplantation in ACL deficiency

Amendola N. (United States)

PS05-5

New ACL-associated meniscus lesions: Lateral root injuries & hypermobility

Menetrey J. (Switzerland)

08:00 – 09:00

Channel 3

Symposia

EKA - Myth-busting session – Primary TKA

Chairs:

Briard J.L. (France)

Introduction

SY51-1

Tourniquet - Yes/no?

Niemeläinen M. (Finland)

SY51-2

Thromboembolic prophylaxis – What, why and when?

Bozkurt M. (Turkey)

SY51-3

Cementing - What is the best technique?

Walmsley P.

SY51-4

Navigation – Yes /no?

Graichen H. (Germany)



SY51-6

How important is the prosthesis?

Brinkman J.M. (Netherlands)

Discussion

08:00 – 09:00

Channel 4

Instructional Course Lecture

First-time patellar dislocation: A modern treatment strategy

Chairs:

Sillanpää P. (Finland)

Arendt E. (United States)

ICL02-1

Evidence-based treatment - An update

Arendt E. (United States)

ICL02-2

When to consider surgery?

El Attal R. (Austria)

ICL02-3

Patella height as a factor

Berruto M. (Italy)

ICL02-4

Trochlea dysplasia as a factor

Dirisamer F. (Austria)

ICL02-5

Non-operative management

Stephen J. (United Kingdom)

ICL02-6

Treatment algorithm

Balcarek P. (Germany)

Discussion

09:00 – 10:00

Channel 2

Partner Symposia - Case Forum

ESSKA-SLARD symposium: Our approach to patellofemoral instability - European and Latin American perspectives

Chairs:

Dejour D. (France)

Introduction

PS06-1

10 years' experience with MPFL reconstruction

Erlund L. (Brazil)

PS06-2



When and how I perform a trochleoplasty
Mosquera M. (Colombia)

PS06-3

Use of osteochondral autograft transfer in patellar chondral lesions
Figueroa D. (Chile)

PS06-4

Trochleoplasty - the European experience
Camathias C. (Switzerland)

PS06-5

Patellofemoral stabilisation: Postoperative redislocation and risk factors following surgery
Hiemstra L.A. (Canada)

PS06-6

Discussion based on clinical cases
Maestu R. (Argentina)

Discussion

09:00 – 10:00

Channel 3

Symposia

EKA - How to do a TKA?

Chairs:

Tandogan R.

Introduction

SY38-1

Tibia first versus femur first technique
Muellner T. (Austria)

SY38-2

Flexion gap first versus extension gap first
Kröll A. (Switzerland)

SY38-3

Tibial intramedullary versus extramedullary alignment
Pipino G. (Italy)

SY38-4

Ligament balancing the way to go!
Becker R. (Germany)

SY38-5

Measured resection the way to go!
Arnold M. (Switzerland)

SY38-6

Patient Specific Alignment CAS Balanced TKA - my preferred technique
Clatworthy M. (New Zealand)

Discussion

09:00 – 10:00



Channel 4

Symposia

Patellar stabilisation surgery: When do I need to do more than an isolated medial patellofemoral ligament reconstruction?

Chairs:

Tscholl P.M. (Austria)

Introduction

SY58-1

Which factors on history influence my decision as to whether an isolated MPFLR will be enough?

Arendt E. (United States)

SY58-2

Which factors on examination influence my decision as to whether an isolated MPFLR will be enough?

Servien E. (France)

SY58-3

How does the degree of patella alta influence my decision as to whether an isolated MPFLR will be enough?

Strickland S.M.

SY58-4

How does the TT-TG distance influence my decision as to whether an isolated MPFLR will be enough?

Dirisamer F. (Austria)

SY58-5

How does the degree of trochlear dysplasia influence my decision as to whether an isolated MPFLR will be enough?

Imhoff F. (Switzerland)

Discussion

09:45 – 10:15

Channel 1 - Live

Highlight Lecture

Ejnar Eriksson Lecture - ACL reconstruction from the past to present - What have I learned from Ejnar?

Introduction

HL01

ACL reconstruction from the past to present - What have I learned from Ejnar?

Denti M. (Italy)

Panel discussion

10:15 – 10:45

Channel 1 - Live

Keynote Lecture

ESSKA Keynote Lecture - When and how to customise your total knee arthroplasty?

Introduction

KL13-1

When and how to customise your total knee arthroplasty?



Riviere C. (United Kingdom)

KL13-2

Discussion

10:15 – 11:15

Channel 2

Partner Symposia - Case Forum

ESSKA-APKASS symposium: Complex knee instability

Chairs:

Hoshino Y. (Japan)

Introduction

PS04-1

Assessment & Management of Rotational Instability of the Knee - from the Bench to the Field

Yung P. (Hong Kong)

PS04-2

Management of Posterolateral Complex (PLC) injury in Multiple ligament Injuries of the Knee

Phornphutkul C. (Thailand)

PS04-3

Assessment and Management of posteromedial and anteromedial rotatory knee instability

Kittl C. (Germany)

PS04-4

Anterolateral rotatory knee instability - ALL, ITB or lateral meniscus?

Getgood A. (Canada)

PS04-5

The role of lower limb alignment and bone morphology in complex knee instabilities

Herbst E. (Germany)

Discussion

10:15 – 11:15

Channel 3

Instructional Course Lecture

Surgical techniques in revision TKA – Best practice

Chairs:

Hirschmann M.T. (Switzerland)

Koch P.P. (Switzerland)

ICL23-1

Balancing the flexion gap

Pietsch M. (Austria)

ICL23-2

Balancing the extension gap

Kröll A. (Switzerland)

ICL23-3

Navigation for revision TKA

Jenny J.-Y. (France)



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ICL23-4

Tibial tubercle osteotomy
Koch P.P. (Switzerland)

ICL23-5

Salvage procedures for extensor apparatus insufficiency
Gamelas M.J.

ICL23-6

Implant removal
Hirschmann M.T. (Switzerland)

Discussion

10:15 – 11:15

Channel 4

Instructional Course Lecture

MPFL reconstruction - Modern approach

Chairs:

Blond L. (Denmark)
Schöttle P. (Germany)

ICL24-1

Anatomy
Tscholl P.M. (Austria)

ICL24-2

Biomechanics
Pagenstert G. (Switzerland)

ICL24-3

Reconstruction with gracilis autograft
Vieira da Silva M. (Portugal)

ICL24-4

Reconstruction with quadriceps autograft
Petersen W. (Germany)

ICL24-5

Reconstruction with adductor magnus autograft
Sillanpää P. (Finland)

ICL24-6

Pearls, pitfalls, and complications
Schöttle P. (Germany)

Discussion

10:50 – 11:20

Channel 1 - Live

Keynote Lecture

ESA Keynote Lecture - Bone loss in anterior shoulder instability

Introduction



KL08-1

Bone loss in shoulders with anterior instability
Itoi E. (Japan)

KL08-2

Discussion

11:15 – 12:15

Channel 2

Awards

National Societies - Best Papers

AW01-01

Risk factors to first time and recurrent patella dislocation with focus on familial association. – A systematic review and best knowledge synthesis of present literature
Danielsen O. (Denmark)

AW01-02

A biomechanical study comparing commonly used anterolateral procedures in combination with anterior cruciate ligament reconstruction
Neri T. (France)

AW01-03

Comparison of hip joint torques related to table tennis strokes: an indicator for early coxopathy? A preliminary study
Thoreux P. (France)

AW01-04

3D analysis of lower limb anatomy: Normal values for joint angles and alignment
Fürmetz J. (Germany)

AW01-05

Anteromedial instability of the knee: A biomechanical analysis
Wierer G. (Austria)

AW01-06

The effect of blood-derived products on a regenerative potential of adipose-derived stem cells originated from three different fat locations
Neubauer M. (Austria)

AW01-07

Quantitative assessment of static and dynamic knee instability after an ACL tear using inertial sensors
Yiannakopoulos C. (Greece)

AW01-08

Return to sport after arthroscopic treatment of posterior shoulder instability
Tátrai M. (Hungary)

AW01-09

Reconstruction or primary non-operative treatment for anterior cruciate ligament rupture? A multi-center randomised trial
Eggerding V. (Netherlands)

AW01-10

The development of CAM morphology during adolescence: A longitudinal cohort of 228 elite footballers and controls
Fernquest S.



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11:15 – 12:15

Channel 3

Symposia

EKA AAHKS symposium: Revision TKA in 2020

Chairs:

Bolognesi M.P. (United States)

Introduction

SY63-2

Diagnosing the painful TKA from unexplained pain to septic and aseptic loosening

Chen A. (United States)

SY63-3

Treatment of infected TKA: When I&D, single-stage and double-stage revisions are appropriate

Tandogan R.

SY63-4

Technical considerations in revision TKA: From the preoperative plan to the surgical technique

Bolognesi M.P. (United States)

SY63-5

Management of severe bone loss in revision TKA

Walmsley P.

Discussion

11:15 – 12:15

Channel 4

Instructional Course Lecture

Surgical techniques for treatment of patellofemoral OA - best practice

Chairs:

Sillanpää P. (Finland)

Dejour D. (France)

ICL32-1

Limits of patellofemoral joint arthroplasty

Dejour D. (France)

ICL32-2

Inlay patellofemoral joint arthroplasty

Pagenstert G. (Switzerland)

ICL32-3

How to set femoral rotation?

El Attal R. (Austria)

ICL32-4

Onlay patellofemoral joint arthroplasty

Dirisamer F. (Austria)

ICL32-5

How to deal with instability in patellofemoral knee arthroplasty?

Sillanpää P. (Finland)



ICL32-6

When and how to resurface the patella?
Liebensteiner M. (Austria)

Discussion

11:20 – 11:50

Channel 1 - Live

Keynote Lecture

AFAS Keynote Lecture - Modern imaging techniques in the elite athlete - What's best for what injury and can the team approach help the surgeon?

Introduction

KL09-1

Modern imaging techniques in the elite athlete - What's best for what injury and can the team approach help the surgeon?
Mitchell A. (United Kingdom)

KL09-2

Discussion

11:55 – 12:25

Channel 1 - Live

Keynote Lecture

ESMA Keynote Lecture - Best prevention of knee injuries in youth football athlete

Introduction

KL03-1

Best prevention of knee injuries in youth football athlete
Ferretti A. (Italy)
Di Salvo W. (Italy)

KL03-2

Discussion

12:45 – 13:45

Channel 2

Awards

Star Paper Session

STAR01

Is a positive tibial spine sign a contraindication for medial unicompartmental knee arthroplasty?
W. Waldstein (Vienna), B. Springer, R. Windhager, F. Boettner

STAR02

Axial load induces high distraction forces on the posterior meniscal roots
E. Herbst (Münster), S. Ellermann, A. Frank, J. Wermer, C. Domnick, M. Raschke, C. Kittl, M. Herbort

STAR03

Ten-year results from a randomized comparison study between tendon repair and physiotherapy for small and medium-sized rotator cuff tears
S. Moosmayer (Sandvika), G. Lund, U.S. Seljom, B. Haldorsen, I.C. Svege, T. Hennig, A.H. Pripp, H.-J. Smith

STAR04



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High number of ACL injuries after the summer break in team ball sports

C. Mouton (Luxembourg), A. Gokeler, A. Urhausen, C. Nührenbörger, R. Seil

STAR05

Arthroscopic repair compared to physical therapy for symptomatic acetabular labral tears in patients age 40 and over: a randomized controlled trial (RCT)

S. Martin (Boston), P. Abraham, N. Varady, M. Nazal, W. Conaway, N. Quinlan, S. Upadhyaya, K. Alpaugh

STAR06

Cooled radiofrequency ablation demonstrates greater effectiveness and equivalent safety compared to a single injection of hyaluronic acid for chronic knee pain management: a prospective, multi-center, randomized, clinical trial

A. Chen (Boston), F. Khalouf, K. Zora, M. Depalma, L. Kohan, D. Beall, E. Loudermilk, J. Lyman

12:45 – 13:45

Channel 3

Symposia

EKA - Best practice in revision TKA

Chairs:

Graichen H. (Germany)

Introduction

SY77-1

Extension options of standard approach in revision TKA

Adravanti P. (Italy)

SY77-2

How to safely remove TKA with stems, sleeves or cones?

Roidis N. (Greece)

SY77-3

Fixation concepts for revision TKA

Eisenhart-Rothe R. (Germany)

SY77-4

Sleeves and cones - What is the difference and when to use what?

Graichen H. (Germany)

SY77-5

Cemented versus uncemented stems

Mertl P. (France)

SY77-6

When to choose which constraint in revision TKA?

Harty J. (Ireland)

Discussion

13:45 – 14:15

Channel 2

Women in ESSKA

The role of Women in ESSKA - Reasons for such an initiative, specific goals and future activities

Chairs:



Kon E. (Italy)

SY02-1

Short introduction

Tecklenburg K.

Dejour D. (France)

SY02-2

Panel discussion

Tecklenburg K.

Arendt E. (United States)

Andersen M. (Norway)

Kon E. (Italy)

Bøe B.

Lind M. (Denmark)

de Girolamo L. (Italy)

Chubinskaya S. (United States)

13:45 – 14:45

Channel 3

Symposia

My 10 best tips and tricks in revision TKA

Chairs:

Gomez Barrena E.

Introduction

SY75-1

My 10 best tips and tricks in revision TKR

Zorzi C. (Italy)

SY75-2

My 10 best tips and tricks in revision TKR

Brenkel I.

SY75-3

My 10 best tips and tricks in revision TKR

Madonna V. (Italy)

SY75-4

My 10 best tips and tricks in revision TKR

Harty J. (Ireland)

SY75-5

My 10 best tips and tricks in revision TKR

Randelli P.S. (Italy)

Discussion