



EKA

European Knee Associates
A section of ESSKA



ESSKA-EKA Basic Knee Arthroplasty Course

20-21 October 2016 in Lisbon, Portugal

ESSKA-EKA offers top-rank medical education thanks to experience, expertise and dedication of its faculty.

Course objectives

The ESSKA-EKA Basic Knee Arthroplasty Course is a comprehensive 1½-day course covering principles and techniques of knee arthroplasty for surgeons who want to perform or are performing knee joint replacement surgery with assistance and are eager to become independent specialists.

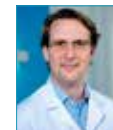
Our Faculty for the 2nd EKA Basic Knee Arthroplasty Course:



Dr Nanne Kort
*Course Chairman
EKA Vice-Chairman
Zuyderland Medical Center
Sittard-Geleen, The Netherlands*



Prof. Roland Becker
*EKA Chairman
Centre of Joint Replacement
University Hospital
Brandenburg, Germany*



Dr Philipp Henle
*EKA Member
Sonnenhof Orthopaedic Centre,
Bern, Switzerland*



Dr Corrado Bait
*EKA Member
Joint Surgery & Sport Medicine
Unit in Istituto Clinico Villa Aprica
Como, Italy*



Dr Michael Hirschmann
*EKA Secretary
Kantonsspital Baselland
Bruderholz, Switzerland*



Dr José Padín
*Local Faculty
Hospital de Santa Maria
Lisbon, Portugal*



Prof. Simon Donell
*EKA Education
Norfolk & Norwich University
Hospital, Norwich, UK*



Dr João Gamelas
*Local Faculty
Hospital Lusíadas Lisboa
NOVA Medical School
Lisbon, Portugal*



Dr José Filipe Salreta
*EKA Fellowships
CUF Belém Clínica,
Lisbon, Portugal*

Programme

Thursday 20 October 2016

Opening	<i>Nanne Kort, Roland Becker</i>	09:00
Welcome	<i>José Filipe Salreta</i>	09:08
Introduction Faculty	<i>Faculty</i>	09:16
Introduction delegates	<i>Delegates</i>	09:26
History of Knee Arthroplasty	<i>Simon Donell</i>	09:46
Basic Knee Anatomy	<i>João Gamelas</i>	09:54
Approaches to the knee	<i>Jose Padin</i>	10:02
Sawbone demonstration femur preparation	<i>Nanne Kort</i>	10:10
Sawbone demonstration tibia preparation	<i>Nanne Kort</i>	10:20
Break		10:30
Preferred alignment of the Knee Prosthesis	<i>Philipp Henle</i>	11:00
Bone referencing	<i>Michael Hirschmann</i>	11:08
Ligament balancing	<i>Roland Becker</i>	11:16
Releases and balancing by Whiteside	<i>Corrado Bait</i>	11:24
Discussion		11:32
Lunch		12:00
Sawbone practical session		13:00
Break		14:30
CR vs PS	<i>Philipp Henle</i>	15:00
Mobile vs Fixed	<i>João Gamelas</i>	15:06
Patella resurfacing?	<i>José Filipe Salreta</i>	15:12
Tourniquet?	<i>Jose Padin</i>	15:18
Disinfection & Drapes	<i>Corrado Bait</i>	15:24
Wound closure	<i>Simon Donell</i>	15:30
Discussion		15:36
Break		16:00

The right indication	<i>Philipp Henle</i>	16:30
The young patient	<i>Philipp Henle</i>	16:45
Traditions in TKA	<i>Nanne Kort</i>	16:55
Complications and common errors	<i>Michael Hirschmann</i>	17:05
Discussion		17:15
Closing		17:30
Reception		

Friday 21 October 2016

Group A	Group B	Group C	
Case discussion	Cadaver	Lectures	08:30
Cadaver	Lectures	Case discussion	10:00
Lectures	Case discussion	Cadaver	11:30
The End			13:00

Content of the lectures:

- Set-up of the OR - *Corrado Bait* (10 min)
- Pain protocol - *Michael Hirschmann* (10 min)
- Fasttrack - *Nanne Kort* (10 min)
- Prevention of infection - *Simon Donell* (10 min)
- Rehabilitation protocol - *Philipp Henle* (10 min)

Contact Information

Course information, registration and general queries

ESSKA Office

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'ESSKA-EKA Basic Knee Arthroplasty Course' is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS), www.uems.net.

The 'ESSKA-EKA Basic Knee Arthroplasty Course' is designated for a maximum of (or 'for up to') 8 hours of European external CME credits. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.