



EKA

European Knee Associates
A section of ESSKA



ESSKA-EKA Basic Knee Arthroplasty Course

26-27 November 2015 in Istanbul, Turkey

ESSKA-EKA offers top-rank medical education thanks to experience, expertise and dedication of its faculty.

Course objectives

The ESSKA-EKA Basic Knee Arthroplasty Course is a comprehensive 1½-day course covering principles and techniques of knee arthroplasty for surgeons who want to perform or are performing knee joint replacement surgery with assistance and are eager to become independent specialists.

Our Faculty for the 1st EKA Basic Knee Arthroplasty Course:



Dr. Nanne Kort
*Course Chairman
EKA Vice-President
Zuyderland Medical Center
Sittard-Geleen, The Netherlands*



Prof. Roland Becker
*EKA President
Centre of Joint Replacement
University Hospital
Brandenburg, Germany*



Dr. Philipp Henle
*EKA Member
Sonnenhof Orthopaedic Centre,
Bern, Switzerland*



Dr. Oliver Kessler
*EKA Research Committee
Centre for Sports and
Orthopaedics Zurich,
Switzerland*



Dr. Michael Hirschmann
*EKA General Secretary
Kantonsspital Baselland-
Bruderholz, Switzerland*



Dr. Robin Strachan
*EKA Member
Charing Cross Hospital,
London, The UK*



Prof. Deairy Kader
*EKA Member
Nuffield Hospital Newcastle
upon Tyne, The UK*



Dr. Goran Bicanic
*EKA Member
University Hospital
Zagreb, Croatia*



Dr. Reha Tandogan
*EKA Membership Committee
Ortoklinik
Ankara, Turkey*



Dr. Corrado Bait
*EKA Member
Humanitas Clinical Institute
IRCCS, Milano, Italy*



Prof. Alfredo Schiavone Panni
*EKA Education
Concordia Hospital,
Rome, Italy*



Dr. Michele Vasso
*EKA Member
Concordia Hospital,
Rome, Italy*

Programme

Thursday 26 November 2015

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| Opening | <i>Nanne Kort</i> | 9:00 a.m. |
| Welcome | <i>Mustafa Karahan</i> | 9:08 a.m. |
| Introduction Faculty | <i>Faculty</i> | 9:16 a.m. |
| Introduction delegates | <i>Delegates</i> | 9:26 a.m. |
| History of Knee Arthroplasty | <i>Reha Tandogan</i> | 9:46 a.m. |
| Basic Knee Anatomy | <i>Deiary Kader</i> | 9:54 a.m. |
| Approaches to the knee | <i>Robin Strachan</i> | 10:02 a.m. |
| Sawbone demonstration femur preparation | <i>Oliver Kessler / Nanne Kort</i> | 10:10 a.m. |
| Sawbone demonstration tibia preparation | <i>Oliver Kessler / Nanne Kort</i> | 10:20 a.m. |
| Break | | 10:30 a.m. |
| Preferred alignment of the Knee Prosthesis | <i>Deiary Kader</i> | 11:00 a.m. |
| Bone referencing | <i>Deiary Kader</i> | 11:08 a.m. |
| Ligament balancing | <i>Robin Strachan</i> | 11:16 a.m. |
| Releases and balancing by Whitside | <i>Robin Strachan</i> | 11:24 a.m. |
| Discussion | | 11:32 a.m. |
| Lunch | | 12:00 p.m. |
| Sawbone practical session | | 1:00 p.m. |
| Break | | 2:30 p.m. |
| CR vs PS | <i>Philipp Henle</i> | 3:00 p.m. |
| Mobile vs Fixed | <i>Michele Vasso</i> | 3:06 p.m. |
| Patella resurfacing? | <i>Alfredo Schiavone Panni</i> | 3:12 p.m. |
| Tourniquet? | <i>Goran Bicanic</i> | 3:18 p.m. |
| Disinfection & Drapes | <i>Corrado Bait</i> | 3:24 p.m. |
| Wound closure | <i>Michael Hirschmann</i> | 3:30 p.m. |
| Discussion | | 3:36 p.m. |
| Break | | 4:00 p.m. |

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| The right indication | <i>Philipp Henle</i> | 4:30 p.m. |
| The young patient | <i>Michele Vasso</i> | 4:45 p.m. |
| The rheumatoid Arthritis patient | <i>Reha Tandogan</i> | 4:55 p.m. |
| The post traumatic patient | <i>Roland Becker</i> | 5:05 p.m. |
| Discussion | | 5:15 p.m. |
| Closing | | 5:30 p.m. |

Friday 27 November 2015

| Group A | Group B | Group C | |
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| Case discussion | Cadaver | Lectures | 8:00 a.m. |
| Cadaver | Lectures | Case discussion | 9:30 a.m. |
| Lectures | Case discussion | Cadaver | 11:00 a.m. |
| The End | | | 12:30 p.m. |

Content of the lectures:

- Set-up of the OR - *Corrado Bait* (10 min)
- Pain protocol - *Michael Hirschmann* (10 min)
- Fasttrack - *Alfredo Schiavone Panni* (10 min)
- Prevention of infection - *Reha Tandogan* (10 min)
- Rehabilitation protocol - *Corrado Bait* (10 min)

Contact Information

Course information, registration and general queries

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ESSKA-EKA Basic Knee Arthroplasty Course' is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS), www.uems.net.

The 'ESSKA-EKA Basic Knee Arthroplasty Course' is designated for a maximum of (or 'for up to') 8 hours of European external CME credits. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.