ESSKA Advanced Shoulder Arthroscopy Course

3-4 April 2018 – Watford, United Kingdom
The ESSKA Advanced Shoulder Arthroscopy Course is designed to provide certified orthopaedic surgeons thorough, didactic and practical training in challenging disorders of the shoulder from renowned ESSKA Faculty using state of the art surgical facilities.
ESSKA Faculty

Assoc. Prof. Michael HANTES  
Course Chairman  
Department of Orthopaedic Surgery, Faculty of Medicine, University of Thessalia  
University Hospital of Larissa  
Larissa, Greece

Dr Nuno GOMES  
Hospital Militar Porto  
Hospital da Luz  
Porto, Portugal

Prof. Pietro RANDELLI  
Università degli Studi di Milano, Istituto Ortopedico Gaetano Pini, Milan, Italy

PD Dr med. Frank MARTETSCHLÄGER  
German Centre for Shoulder Surgery, ATOS Klinik  
Munich, Germany

Dr Knut BEITZEL  
Department of Orthopaedic Sports Medicine, Technical University Munich  
Munich, Germany

Prof. Francesco FRANCESCHI  
University Campus Bio-Medico of Rome  
Rome, Italy

Course objectives

• understand the decision-making process involved in choosing the appropriate surgical approach in challenging disorders of the shoulder

• observe and practise the state of the art surgical technique

• be able to discuss the management of disorders with ESSKA Faculty dedicated to training
<table>
<thead>
<tr>
<th>Start</th>
<th>End</th>
<th>Event</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>08:00</td>
<td>08:15</td>
<td>Welcome and Introduction</td>
<td>M. Hantes</td>
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<tr>
<td>08:15</td>
<td>08:30</td>
<td>Anterior Shoulder Instability. How to do a Bankart repair. Tips and Tricks</td>
<td>P. Randelli</td>
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<tr>
<td>08:30</td>
<td>08:45</td>
<td>Remplissage Technique for Anterior Shoulder Instability. Technique and Indications</td>
<td>F. Franceschi</td>
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<tr>
<td>08:45</td>
<td>09:00</td>
<td>Biceps Tenodesis and SLAP Repair. When and how</td>
<td>N. Gomes</td>
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<tr>
<td>09:00</td>
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<td>Arthroscopic Management of Posterior Shoulder Instability</td>
<td>M. Hantes</td>
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<td>09:15</td>
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<td>Discussion</td>
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<td>09:30</td>
<td>12:00</td>
<td>First Lab. Session: Anterior and Posterior Instability, Remplissage and SLAP Lesions</td>
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<td>12:00</td>
<td>12:30</td>
<td>Lunch</td>
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<td>12:30</td>
<td>12:45</td>
<td>Treatment of Subscapularis Lesions</td>
<td>K. Beitzel</td>
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<td>12:45</td>
<td>13:00</td>
<td>Partial Rotator Cuff Tears in Athletes. What to do?</td>
<td>F. Martetschläger</td>
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<tr>
<td>13:00</td>
<td>13:15</td>
<td>Single or Double Row for Full Thickness Rotator Cuff Tears?</td>
<td>K. Beitzel</td>
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<td>13:15</td>
<td>13:30</td>
<td>The Role of Latisimus Dorsi Transfer in Massive Rotator Cuff Tears</td>
<td>N. Gomes</td>
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<td>13:30</td>
<td>13:45</td>
<td>Suprascapular Nerve Release. When and how</td>
<td>P. Randelli</td>
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<td>Discussion</td>
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<td>14:00</td>
<td>16:45</td>
<td>Second Lab. Session: Subacromial Decompression, AC Joint Resection, Rotator Cuff Repair (Single Row &amp; Double Row)</td>
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### Wednesday, 4 April

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<tr>
<th>Start</th>
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<th>Presenter</th>
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<tbody>
<tr>
<td>08:00</td>
<td>08:15</td>
<td>Bipolar Bone Defect and Treatment Strategy in Shoulder Instability</td>
<td>F. Martetschläger</td>
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<tr>
<td>08:15</td>
<td>08:30</td>
<td>The Mini-open Latarjet Procedure</td>
<td>M. Hantes</td>
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<td>08:30</td>
<td>08:45</td>
<td>Management of AC Joint Dislocations</td>
<td>F. Franceschi</td>
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<td>09:00</td>
<td>Discussion</td>
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<td>09:00</td>
<td>11:30</td>
<td>Third Lab. Session: AC Joint Reconstruction, Mini-open Latarjet, Open Biceps Tenodesis</td>
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<td>11:30</td>
<td>11:40</td>
<td>Closure and Meeting Evaluation</td>
<td>M. Hantes</td>
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<td>11:40</td>
<td>12:25</td>
<td>Lunch</td>
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Course Venue

Smith & Nephew Expert Connect Centre
Croxley Green Business
Park Building 5, Hatters Lane
Watford, WD18 8YE
United Kingdom

Phone: +44 (0) 1923 477100

Transfers

Nearest airports are:
London Luton Airport: 30 minutes by car
London Heathrow Airport: 45 minutes by car

Ground transportation to and from London
Luton and Heathrow Airport will be arranged

Hotel Information

Holiday Inn London - Watford Junction
65-67 Clarendon Road,
Watford, WD17 1DS
United Kingdom

Phone: +44 (0) 44 1923 227274

Other Details

Course Language: English

Dress Code: Business casual

Registration Fee: 500€ (upon selection)

ESSKA covers the following for selected candidates:
• travel reimbursement up to 350€
• all transfers in the United Kingdom
• accommodation - 2 nights*
• lunches and dinner

* Accommodation for the nights of 2 and 3 April is included in the registration fee.
Please request an additional night (4 April) at a discounted rate if required.
You will need to arrange payment for the additional night directly with the hotel upon departure.
Contact Information

Course information, registration and general queries

ESSKA
Joseph Ramesh
Education Coordinator, Luxembourg
Email: courses@esska.org
Phone: +352 4411 7027

Logistics – Transfer bookings and on-site queries

On-site Contact
Nicola Falconer
Event Coordinator, Watford, UK
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Phone: +44 (0)1923 477455

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