New insights in the Treatment of Chronic Ankle Instability

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21-22 September 2017
Palais de la Bourse BORDEAUX

FINAL PROGRAMME

- Presentation & Discussion around all published techniques
- Live Surgeries by Experts from the Cadaver Lab
- Dissection of the specimens
- Meet the Experts

Organizing Committee:
thomas BAUER - Stéphane GUILLO

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INTRODUCTION

ESSKA-AFAS is a section of ESSKA, with the purpose to group current or future European key opinion leaders in the field of ankle and foot related pathology. In 2014 ESSKA-AFAS was recognized as the most active section of ESSKA. We participate in research and education within our field by means of scientific meetings, educational courses and Pau Golano Research Fellowship.

ESSKA-AFAS is happy to accommodate a number of highly active groups and activities like the Ankle Instability Group (AIG), Achilles Tendon Study Group (ATSG) and the International Congress on Cartilage Repair (ICCRA). ESSKA-AFAS is also involved in the production of books and stimulates original research related to the field of ankle pathology.

We are delighted with the initiative of the ESSKA-AFAS Ankle Instability Group chaired by Dr. Stéphane Guillo to organize this ESSKA-AFAS open meeting which promises to feature all of the most recent insights on the theme.

We highly welcome this initiative and look forward to see you all in Bordeaux.

Helder, James and Niek
THE ANKLE INSTABILITY GROUP HAS BEEN CREATED TO:

- Provide an International Network of experts in Ankle Surgery and Arthroscopy focused on the Chronic Ankle Instability (CAI).
- Improve and spread the knowledge on diagnosis, prevention and treatment of CAI.
- Develop multicentre studies on arthroscopic assessment and treatment for CAI (cadaveric studies, biomechanical assessments, clinical series, technical notes, literature reviews, consensus statements).
- Develop cadaveric courses on arthroscopic surgery for CAI.
- The AIG is an international open working group of active experts in the field of CAI and Arthroscopy.
Dear Colleagues,

It is with great pleasure that Thomas Bauer and I welcome you to this first ESSKA - AFAS AIG open meeting.

The ESSKA AFAS AIG was conceived in 2013 and has generated a lot of work in the field of ankle instability, especially exploring the new endoscopic treatment. This first open meeting is unique. We will have the opportunity to discover all the new published techniques for treating ankle instability under endoscopy or percutaneously.

The conference will feature an arthrolab which will give the possibility to all the Key Opinion Leaders to present their techniques on a cadaver specimen. Following this, a live dissection will be performed on each specimen. During the course of these 2 days, we will present all the different endoscopic techniques but also the best results with 2 years follow up and any kind of free papers on this topic.

We are delighted and honored to invite you to Bordeaux, France, in one of the most beautiful congress centres that France has to offer.

We look forward to seeing you in Bordeaux.

Warm regards.

Thomas and Stéphane

Stéphane Guillo
Founder of AIG
Chairman

Thomas Bauer
Co-founder of AIG
Vice-Chairman
THURSDAY 21 SEPTEMBER

07:00  REGISTRATION DESK OPENING

08:50 - 09:00  MEETING OPENING, ESSKA - AFAS - AIG PRESENTATION.
Moderators: Thomas BAUER (FRANCE), Stéphane GUILLO (FRANCE)

09:00 - 09:40  HOW WE UNDERSTAND AND TREAT INSTABILITY.
Moderators: Hélder PEREIRA (PORTUGAL), Yves TOURNÉ (FRANCE),
Niek VAN DIJK (THE NETHERLANDS)
- Non surgical approach. Bas PUNENBURG (THE NETHERLANDS)
- Academic orthopaedic point of view. Open reconstruction. Jon KARLSSON (SWEDEN)
- ESSKA-AFAS-AIG general perspective. Thomas BAUER (FRANCE)
- Discussion.

09:40 - 10:00  RADIOLOGIC FINDING, ULTRA SOUND DEMONSTRATION.
Moderators: Thomas BAUER (FRANCE), Lionel PESQUER (FRANCE)

10:00 - 10:30  COFFEE BREAK - VISIT OF THE EXHIBITION HALL

10:30 - 11:15  CLASSIFICATIONS, ALGORITHM OF SURGICAL INDICATION.
Moderators: Hélder PEREIRA (PORTUGAL), Pietro SPENNACCHIO (LUXEMBOURG),
Masato TAKAO (JAPAN)
- Clinical classification. Anthony PERERA (UK)
- Anatomical classification. Jin WOO LEE (KOREA)
- Subtalar instabilty. Satoru OZEKI (JAPAN)
- Algorithm of surgical indication. Frederick MICHELS (BELGIUM), Hélder PEREIRA (PORTUGAL)
- Systematic review on open surgery outcome. Mark GLAZEBROOK (CANADA)
- Is there a place for radiofrequency? Niek VAN DIJK (THE NETHERLANDS)

11:15 - 12:30  FREE PAPERS.
Moderators: Christopher PEARCE (SINGAPORE), Bas PIJNENBURG (THE NETHERLANDS),
Niek VAN DIJK (THE NETHERLANDS)
001 Anatomic validation of the lateral malleolus as a cutaneous marker for the distal insertion of the
calcaneofibular ligament. Ronny LOPES, Cyrille DECANTE, Cyril PERRIER, Giovany PADIOLEAU (France)
002 Arthroscopic treatment combined with ankle stabilization procedure for sinus tarsi syndrome in patients with chronic ankle instability. **Hua YINGHUI** (China)

003 Long term outcome of lateral ankle ligament reconstruction with the inferior extensor retinaculum. **Marcelo PRADO**, Fabio FONSECA, Alberto MENDES, Alberto MARANGON, Youishi YASUI (Brazil)

004 Arthroscopic treatment of the lateral ankle instability by reinsertion of the ATFL. **Andrzej MIODUSZEWSKI**, Mikołaj WRÓBEL, Robert SWIERCZYNISKI, Juliusz SROCZYNSKI, Jakub JABLONSKI (Pologne)

005 Clinical results of arthroscopic anterior talofibular ligament repair for chronic lateral ankle instability -Comparison to the cases with or without os subfibulare-. **Kenji TAKAHASHI**, Tatsuya TAKAHASHI, Izumi KANISAWA, Akihiro TSUCHIYA (Japan)

006 Clinical outcomes in arthroscopic repair of ankle lateral ligaments by all-suture anchors. **Duarte SOUSA**, Rita LOPES, João NUNES, Luís SOUSA, José MONTES, Hélder PEREIRA (Portugal)

007 Clinical results of Arthroscopic Anatomical reconstruction of the Lateral Ankle Ligaments. **Haruki ODAGIRI** (Japan)

008 Description and Clinical Outcomes of an All-inside Arthroscopic/Endoscopic Broström-Gould for Chronic Lateral Ankle Instability. **Haruki ODAGIRI** (Japan)

12:30 - 14:00 LUNCH BREAK *

14:00 - 15:45 ARTHROSCOPIC ATFL REPAIR.
Moderators: **James CALDER** (UK), Christopher DIGIOVANNI (USA)
- Presentation 5 min, live demo 20 min, discussion during dissection 10 min. **Jorge BATISTA** (ARGENTINA)
- Presentation 5 min, live demo 20 min, discussion during dissection 10 min. **Masato TAKAO** (JAPAN)
- Presentation 5 min, live demo 20 min, discussion during dissection 10 min. **Jordi VEGA** (SPAIN)

15:45 - 16:15 COFFEE BREAK - VISIT OF THE EXHIBITION HALL

16:15 - 18:00 ARTHROSCOPIC ATFL REPAIR WITH AUGMENTATION.
Moderators: **Mark GLAZEBROOK** (CANADA), Christopher PEARCE (SINGAPORE), Fernando RADUAN (BRAZIL)
- Presentation 5 min, live demo 20 min, discussion during dissection 10 min. **Peter G. MANGONE** (USA), Jorge ACEVEDO (USA)
- Presentation 5 min, live demo 20 min, discussion during dissection 10 min. **Caio NERY** (BRAZIL), Nuno Corte REAL (PORTUGAL)
- Presentation 5 min, live demo 20 min, discussion during dissection 10 min. **Stéphane GUILLO** (FRANCE)

18:00 - 19:00 BORDEAUX WINE TASTING - EXHIBITION HALL - Open to all participants

19:00-21:00 GET-TOGETHER EVENING - ROOM GARONNE 2 - Compulsory registration
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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| 08:00 - 09:15| **ENDOSCOPIC LIVE DISSECTION.**  
Moderators: James CALDER (UK), Christopher DIGIOVANNI (USA), Anthony PERERA (UK)  
- Presentation. Anthony PERERA (UK)  
- Visualisation of ATFL and CFL, live demonstration. Thomas BAUER (FRANCE)  
- Lateral Hindfoot endoscopy, live demonstration. Stéphane GUILLO (FRANCE)  
- Position of the tunnels, live demonstration. Frederick MICHELS (BELGIUM) |
| 09:15 - 09:45| COFFEE BREAK - VISIT OF THE EXHIBITION HALL                          |
| 09:45 - 12:00| **ARTHROSCOPIC RECONSTRUCTION.**  
Moderators: Hélder PEREIRA (PORTUGAL), Anthony PERERA (UK), James W. STONE (USA), Jin WOO LEE (KOREA)  
- Presentation 5 min, live demonstration 15 min, discussion during dissection 5 min. John G. KENNEDY (USA)  
- Presentation 5 min, live demonstration 15 min, discussion during dissection 5 min. Masato TAKAO (JAPAN)  
- Presentation 5 min, live demonstration 15 min, discussion during dissection 5 min. Thomas BAUER (FRANCE)  
- Presentation 5 min, live demonstration 15 min, discussion during dissection 5 min. Stéphane GUILLO (FRANCE) |
| 12:00 - 12:30| **ANTI ROLL PERCUTANEOUS.**  
Moderator: Mark GLAZEBROOK (CANADA)                                      |
| 12:30 - 14:00| LUNCH BREAK*                                                              |
| 14:00 - 15:00| **REHABILITATION.**  
Moderators: James CALDER (UK), Anthony PERERA (UK)  
- A new way for rehabilitation. Yves TOURNÉ (FRANCE)  
- Presentation of the consensus paper. Christopher PEARCE (SINGAPORE)  
- Protocol for rehabilitation. Karin GRÄVARE SILBERNAGEL (USA), Noelene DAVEY (UK) |
| 15:00 - 15:30| COFFEE BREAK - VISIT OF THE EXHIBITION HALL                          |
15:30-17:00  **FREE PAPERS.**

**Moderators:** Thomas BAUER (FRANCE), Yves TOURNÉ (FRANCE)

009  Comparison of the allograft and autograft maturity after anatomical lateral ankle ligament reconstruction using MRI UTE-T2* evaluation. Ma KUI, Hua YINGHUI, Chen SHIYI (China)

010  Ankle arthrodesis open versus arthroscopic a systematic review and meta-analysis. Mallikanjun HONNENAHALLI CHANDRAPPAA (United Kingdom)

011  Long term results after two conservative treatment options for lateral severe first episode ankle ligament lesions. Marcelo PRADO, Alberto MENDES, Guilherme SAITO, Daniel AMODIO, Fabio FONSECA (Brazil)

012  Radiographic Prognostic variables in Chronic Ankle Instability: a reliability analysis. Gwendolyn VUURBERG, Nazli SARKALKAN, Sierwelt INGER, Leendert BLankevoort, Mario MAAS, Gino KERKHOFFS, Gabrielle TUIJTHOF (The Nederland)

013  Talus bone shape difference between control and chronic ankle instability patients. Nazli TÜMER, Gwen VUURBERG, Leendert BLankevoort, Gabrielle J.M. TUIJTHOF, Amir A. ZADPOOR (The Nederland)

014  Os subfiburale in children. Tatsuya TAKAHASHI, Kenji TAKAHASHI, Akihiro TSUCHIYA (Japan)

015  The effectiveness and reproducibility of ultrasound in the evaluation of the calcaneofibular ligament. Soichi HATTORI, Yuki KATO, Minoru KOYAMA, Hiroshi OHUCHI (Japan)

016  Correlation of MRI and arthroscopic findings of articular comorbidities in patients with chronic lateral ankle instability. Kevin STAATS, Johannes HOLINKA, Reinhard WINDHAGER, Manuel SABETI-ASCHRAF, Reinhard SCHUH (Austria)

017  Endoscopic Lateral ligament repair associated with calcaneous osteotomy. Jorge BATISTA (Argentine)

018  The role of Arthro MRI in the diagnosis of minor ankle instability. Jorge BATISTA (Argentine)

17:00 - 18:00  **DISCUSSION WITH THE PANNEL.**

**Moderator:** Stéphane GUILLO (FRANCE)

All Members of the AFAS-ESSKA- AIG on the scene

18:00  **END OF THE AFAS-ESSKA-AIG MEETING**

* Various restaurants are located in the immediate vicinity of the congress venue for your lunch or dinner. No lunches will be served during the congress but coffee and refreshment breaks will be provided.
SPONSORS ACKNOWLEDGEMENT

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BORDEAUX

CONGRESS VENUE

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19 Place de la Bourse
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HOW TO GET HERE?

Located in the heart of Bordeaux, near the river, the Palais de la Bourse benefits from an ideal situation, easily reachable with all types of transports. The tramway allows a direct access to the Railway station in 10 minutes (Line C, direction Parc des Expositions / Stade “Matmut Atlantique”, stop « Place de la Bourse ») and a shuttle brings you from the airport in 30 minutes (arrival Tourisme Office, 1-3 allée de Tourny).

**By air: Mérignac airport**
- several flights daily to major European hubs
- direct flights to the major European capitals
- daily flights to all the major French cities
- shuttle connections per day from Bordeaux-Mérignac airport to Bordeaux city centre

**By train: Saint Jean Station**
- TGV: 20 trains per day to and from Paris — 2 hours journey in 2017
- Railway station: 10 minutes walking distance

**By Tramway :** Line C: direct from Station Saint-Jean (10 min), direction Parc des Expositions / Stade “Matmut Atlantique”, stop « Place de la Bourse »

**By car :** A10 (Bordeaux-Paris), A62 (Bordeaux-Toulouse), A63 (Bordeaux-Bayonne), A65 (Bordeaux-Pau), A89 (Bordeaux-Clermont-Lyon) et A8 (Bordeaux-Nice)
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See You in Scotland!

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Submit your work for oral or poster presentation
Deadline: 1 October 2017
Submit your work for one of ESSKA’s Awards
Deadline: 15 December 2017

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