



ESSKA-EKA Closed Meeting 27-28 November 2015 Istanbul, Turkey

We are looking forward to spreading the European expertise and improve treatment of the arthritic knee patient by knowledge exchange, education and research.

- **Friday 27 November 2015**
Location: DoubleTree by Hilton Kadıköy

Topic	Speaker	Time	Duration
Registration & Lunch		1:00 p.m.	60
Opening	<i>Roland Becker, President EKA</i>	2:00 p.m.	5
	<i>Matteo Denti, President ESSKA</i>		
Welcome	<i>Mustafa Karahan, Local Host</i>	2:05 p.m.	5
<u>Session 1</u>	Arthritic Knee: Conservative treatment		
	Moderators: Robin Strachan / Nanne Kort		
1. Physiotherapy	<i>Nanne Kort</i>	2:10 p.m.	8
2. Injections - Cortisone and Visco supplementation	<i>Robin Strachan</i>	2:18 p.m.	8
3. Medications - NSAID's and Opioids	<i>Antonia Chen</i>	2:26 p.m.	8
4. Bracing	<i>Maurilio Marcacci</i>	2:34 p.m.	8
5. Weightloss	<i>Pedro Hinarejos</i>	2:42 p.m.	8
6. Alternative medicine	<i>Philip Schöttle</i>	2:50 p.m.	8
Discussion	<i>All</i>	2:58 p.m.	17
Break	<i>All</i>	3:15 p.m.	30
<u>Session 2</u>	Arthritic Knee: Preservation		
	Moderator: José Filipe Salreta/Alfredo Schiavone Panni		
1. Surgical treatment of articular cartilage lesions	<i>Alfredo Schiavonne Panni</i>	3:45 p.m.	10
2. Osteotomy around the Knee	<i>Meric Unal</i>	3:55 p.m.	10
3. Open wedge HTO for varus malalignment	<i>José Filipe Salreta</i>	4:05 p.m.	10
4. High Tibial Osteotomy. Fixation methods	<i>Philipp Henle</i>	4:15 p.m.	10
5. HTO combined with other surgical procedures	<i>Reha Tandogan</i>	4:25 p.m.	10
6. HTO or Uniknee in young and active patient	<i>Claudio Zorzi</i>	4:35 p.m.	10
Discussion	<i>All</i>	4:45 p.m.	30
Break	<i>All</i>	5:15 p.m.	30
<u>Members Meeting</u>	EKA Feedback		
1. Infection Survey project	<i>Sandro Kohl</i>	5:45 p.m.	10
2. Infection Database project	<i>Bruno Violante</i>	5:55 p.m.	10
3. Osteotomy Registry Project	<i>José Filipe Salreta</i>	6:05 p.m.	10
4. ESSKA-EKA Barcelona Programme	<i>Roland Becker</i>	6:15 p.m.	10
Discussion	<i>All</i>	6:25 p.m.	20
EKA Reception	<i>All</i>	6:45 p.m.	

• **Saturday 28 November 2015**

Location: DoubleTree by Hilton Kadıköy

Topic	Speaker	Time	Duration
Session 3			
Arthritic Knee: Optimal TKA component position			
Moderators: Michael Hirschmann / Philipp Henle			
1. Is there an optimal tibial rotation alignment	<i>Philipp Henle</i>	8:30 a.m.	10
2. Is there an optimal femoral rotation alignment	<i>Oliver Kessler</i>	8:40 a.m.	10
3. How much varus or valgus can be accepted	<i>Maurilio Marcacci</i>	8:50 a.m.	10
4. Optimal alignment for the patellofemoral joint	<i>Florian Dirisamer</i>	9:00 a.m.	10
5. How to measure component alignment	<i>Michael Hirschmann</i>	9:10 a.m.	10
6. Case Discussion: "worst case"	<i>Michael Hirschmann</i>	9:20 a.m.	10
Discussion	<i>All</i>	9:30 a.m.	30
Break	<i>All</i>	10:00 a.m.	30
Session 4			
Arthritic Knee: Revision			
Moderators: Bruno Violante / Sandro Kohl			
1. Bone loss classification	<i>Bruno Violante</i>	10:30 a.m.	10
2. Bone grafting and/or trabecular metal	<i>Pawel Skowronek</i>	10:40 a.m.	10
3. Joint line restoration	<i>Roland Becker</i>	10:50 a.m.	10
4. Diaphysis or metaphysis fixation	<i>Bruno Violante</i>	11:00 a.m.	10
5. The right level of constrained	<i>Sandro Kohl</i>	11:10 a.m.	10
6. Reconstruction of the extensor mechanism	<i>Stavros Alevrogiannis</i>	11:20 a.m.	10
Discussion	<i>All</i>	11:30 a.m.	30
Lunch	<i>All</i>	12:00 p.m.	60
Session 5			
Arthritic Knee: Free Paper			
(8 min presentation followed by 7 min discussion)			
Moderators: Roland Becker / Reha Tandogan			
1. Varus alignment in UKA	<i>Michele Vasso</i>	1:00 p.m.	15
2. Normal vs assist navigation in TKR	<i>Matteo Denti</i>	1:15 p.m.	15
3. Functional vs Mechanical Alignment in TKA	<i>Bruno Violante</i>	1:30 p.m.	15
4. Symptomatic versus asymptomatic knees after bilateral TKA-what is the difference in SPECT?	<i>Michael Hirschmann</i>	1:45 p.m.	15
5. Optimal femoral component Alignment in TKA for Patellofemoral Joint	<i>Florian Dirisamer</i>	2:00 p.m.	15
6. Predictive factors of postoperative flexion after TKA based on a retrospective study of 187 cases	<i>Christophe Hulet</i>	2:15 p.m.	15
7. Patient Selection in Outpatient Arthroplasty	<i>Nanne Kort</i>	2:30 p.m.	15
8. Revision after UKA	<i>Pawel Skowronek</i>	2:45 p.m.	15
Farewell	<i>All</i>	3:00 p.m.	