Along with clinical articles from our Knee and Shoulder Sections, this issue includes news on the programme for the 2023 ESSKA Speciality Days, the ESSKA Congress Scientific Awards Corner, an update on the Certification Programme and much more!

ESSKA awards are given to scientists at our biennial Congress in order to recognise their high level of research. For the 2022 congress in Paris, the competition was tough since more than 1,200 abstracts were submitted. In order to give more publicity and draw more attention to the research and work of the winners, each month we will include in the ESSKA Times a summary from the lead author, explaining the rationale and the usefulness of their study. The second in our Awards Corner, is:

**Knee Degenerative Best Posters Award:** Short-Term Pain and Functional Effects of Intra-Articular Injection in Gonarthrosis Using either Tenoxicam or Methylprednisolone Are Similar to Those of IA Placebo or Oral Treatment: A Double-Blinded Placebo-Controlled Randomized Clinical Trial
ESSKA European Certification Programme – Leading the way in continuing education. read more

The preliminary programme for the ESSKA Speciality Days 2023 is now online! Check it out and mark your calendar now!

ESSKA Members: It is time to renew your ESSKA Membership! Deadline: 31 December 2022 renew now

Join ESSKA now for 2023 and gain free membership until the end of 2022! The earlier you join, the longer you benefit! read more

Announcement to ESSKA Members: Our flagship KSSTA journal will be available exclusively as an online journal from 2023. The same content but in a different format!

Join the Team! Become a reviewer for our KSSTA and JEO journals and receive CME credits for each review. read more

KSSTA Editor-in-Chief Jón Karlsson
Editor's Pick:
- Picking apart p values: common problems and points of confusion.
- Good patient satisfaction with low complications rate after trochleoplasty in patellofemoral instability.

KSSTA Editor-in-Chief Stefano Zaffagnini
Editor's Pick:
- The 100 most impactful articles on the rotator cuff: an altmetric analysis of online media
December 2022 - June 2023

Check the event website for more information and possible cancellations or changes.

8-10 December 2022 - Toulouse, France
SFA 2022

26-28 January 2023 - Doha, Qatar
7th ICRS Surgical Skills Course

23-25 February 2023 - Milan, Italy
SMILE 2023 - Shoulder Milan International Live Experience

13-15 April 2023 - Milan, Italy
SIAGASCOT 2nd Annual Meeting 2023

18-20 May 2023 - Varna, Bulgaria
XVIth Conference of BAAST and XIith International Meeting of BOTA

8-10 June 2023 - Toulouse, France
Practical Course Orthopedics

8-10 June 2023 - Annecy, France
9th Annecy Live Surgery Shoulder Advanced Course

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