



Invitation to AFAS Focus Meeting:
Ankle Sprain in Sports. From the Injury to the Surgery

[Register here](#)



Location:
Sala 5
Palau de Congressos
Barcelona, Spain



SCIENTIFIC CHAIRS

Guillaume Cordier
France

Pietro Spennacchio
Luxembourg

Jordi Vega
Spain

**FREE FOR ESSKA
MEMBERS:**

- Registration to the Meeting
- Catering

In Collaboration with:





8:00 - 8:10	Opening & Welcome	Jordi Vegas Pietro Spennacchio Guillaume Cordier
08:10 - 08:30	Keynote Lecture - What is New in the Anatomy related to Ankle Sprain - MIKI DALMAU	Moderator: Jordi Vega
08:30 - 09:00	Conservative Management of Acute Ankle Sprain	Moderators: Pietro Spennacchio Cynthia Vargas
08:30 - 08:45	How to manage Ankle Sprain on the pitch and the next days. RICE vs PEACE and LOVE	Lluís Til
08:45 - 09:00	Is the initial treatment similar in the case of recurrent ankle sprain?	Daniel Haverkamp
09:05 - 09:35	Return to Play (RTP) After Ankle Sprain	Moderators: Guillaume Cordier, Pierre Henri Vermorel
09:05 - 09:20	Do we need to follow a protocol?	Jesus Olmo
09:20 - 09:35	Are clinical scores efficient to validate Return to Play	Joao Vide
09:40 - 10:10	Measures to prevent ankle sprain	Moderator: Andrew Hong



09:40 - 09:55	Role of Physiotherapy - Taping YES or NO	Enric Vila
09:55 - 10:10	Can insoles or antisupination shoes prevent ankle sprain?	Antonio Gomez
10:10 - 10:40	Coffee Break	
10:40 - 11:10	Keynote Lecture: New Concepts related to ankle sprain and its consequences - JORDI VEGA	Moderator: Mette Andersen
11:15 - 12:15	Chronic Pain / Complaints after ankle sprain	Moderators: Daniel Haverkamp, Benedikte Raeder
11:15 - 11:30	The footballer's ankle: Something from the past or still a reality?	Niek Van Dijk
11:30 - 11:45	Biologics: can they help?	Borja Nuñez
11:45 - 12:00	Physiotherapy Measures	Enric Vila
12:00 - 12:15	When to decide that conservative measures are not helpful and a surgical procedure is required	Andrew Hong
12:15 - 12:30	Free Paper: Second-Generation Customized Implants for Osteochondral Lesions Support Functional Outcome and Sports Return: A Prospective Monocentric Pilot Study	Marco Di Ponte



12:30 - 13:45	Lunch	
13:45 - 14:15	Keynote Lecture: Artificial Intelligence in foot and ankle pathology - PEDRO DINIZ	Moderators: Joao Vide, Pim Van Dijk
14:15 - 15:00	Surgical Treatment in Chronic Ankle Instability in Sports	Moderators: Niek Van Dijk, Maiti Münchgesong
14:15 - 14:30	Open vs. Arthroscopic	Pietro Spennacchio
14:30 - 14:45	Repair vs. Reconstruction	Guillaume Cordier
14:45 - 15:00	The Augmentation Techniques	Matteo Guelfi
15:00 - 15:30	Coffee Break	
15:30 - 16:15	What should be considered when treating ankle instability in sports?	Moderators: Matteo Guelfi, Marko Dzapo
15:30 - 15:45	The Deltoid	Nasef Mohamed
15:45 - 16:00	The Syndesmosis	Mette Andersen
16:00 - 16:15	The Secondary Problems - osteophytes, posterior ankle pain, FHL tendon entrapment, or peroneal tendons pathology	Pieter D'Hooghe
16:15 - 16:30	Closure and End of the Meeting	Scientific Chairs



PRACTICAL INFORMATION



Location:

Palau de Congressos
Av. de la Reina Maria Cristina
Sants-Montjuïc
08004 Barcelona



Accommodation:

The following Hotels are walking distance from the venue:



Intercontinental Barcelona



Hotel Indigo



Hotel Lugano

This event is free of charge for ESSKA members.

If you are interested in joining AFAS,

please go to <https://www.esska.org/mpage/homeafas> for more details.