



EKA

European Knee Associates
A section of ESSKA



ESSKA-EKA Basic Knee Arthroplasty Course

13-14 July 2018 in Istanbul, Turkey

ESSKA-EKA offers top-rank medical education thanks to experience, expertise and dedication of its faculty.

EKA International Faculty



Dr Nanne Kort
EKA Chairman
ACIBADEM Medical Center
Amsterdam, The Netherlands



Prof. Roland Becker
EKA Past-Chairman
Centre of Joint Replacement
University Hospital
Brandenburg, Germany



Prof. Reha Tandoğan
Course Chairman
EKA General Secretary
Cankaya Orthopedics
Ankara, Turkey



Prof. Mustafa Karahan
Local Organiser
Acibadem Mehmet Ali
Aydinlar University
Istanbul, Turkey



Prof. Simon Donell
EKA Education
Norfolk & Norwich University
Hospital, Norwich, UK



Prof. Fahri Erdogan
Local Faculty
President of Turkish Knee
& Hip Arthroplasty Society



Dr Theofilos Karachalios
Editor in Chief Hip International,
EFORT treasurer, University
General Hospital of Larissa,
University of Thessalia,
Bruderholz, Hellenic Republic



Ass. Prof. Per Kjærsgaard-Andersen, *Vice President*,
EFORT, Head at Section for
Hip & Knee Replacement,
Vejle Hospital, South Danish
University, Denmark

Course objectives

The ESSKA-EKA Basic Knee Arthroplasty Course is a comprehensive 1½-day course covering principles and techniques of knee arthroplasty for surgeons who want to perform or are performing knee joint replacement surgery with assistance and are eager to become independent specialists.

EKA Local Faculty



Ass. Prof. Baris Kocaoglu
Orthopedics & Traumatology,
Acibadem University Faculty of
Medicine



Ass. Prof. Gokhan Meric
Yeditepe University Hospital,
Department of Orthopedics
and Traumatology



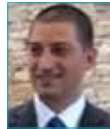
Ass. Prof. Ersin Ercin
Istanbul Saglik Bilimleri
University,
Bakirkoy Dr. Sadi Konuk
Training and Research Hospital



Ass. Prof. Hakan T. Cift
Orthopaedics and Traumatology
Kozyatagi Central Hospital,



Ass. Prof. Sarper Gursu
Orthopaedics and Traumatology,
Baltalimani Bone and Joint
Diseases Hospital, Arthroplasty
and Sports Surgery Department



Ass. Prof. Gokhan Kaynak
Istanbul University,
Cerrahpasa Medical School,
Department of Orthopaedics
and Traumatology



Prof. Alper Kaya, M.D
Orthopaedic Surgery,
Acibadem University,
Department of Orthopaedics
and Traumatology, Acibadem
Altunizade Hospital

Programme

Friday 13 July 2018		
Opening	<i>Nanne Kort, Simon Donell</i>	09:00
Welcome	<i>Reha Tandogan</i>	09:08
Introduction Faculty	<i>Faculty</i>	09:16
Introduction delegates	<i>Delegates</i>	09:26
Pre-course evaluation		09:36
History of Knee Arthroplasty	<i>Simon Donell</i>	09:46
Preoperative assessment	<i>Reha Tandogan</i>	09:54
Approaches Basic anatomy	<i>Theofilos Karachalios</i>	10:02
Sawbone demonstration femur preparation	<i>Nanne Kort</i>	10:10
Sawbone demonstration tibia preparation	<i>Nanne Kort</i>	10:20
Break		10:30
Implant position	<i>Mustafa Karahan</i>	11:00
Bone referencing	<i>Theofilos Karachalios</i>	11:08
Ligament balancing	<i>Roland Becker</i>	11:16
Patella tracking and resurfacing	<i>Simon Donell</i>	11:24
Discussion		11:32
Lunch		12:00
Sawbone practical session		13:00
Break		14:30
CR vs PS	<i>Nanne Kort</i>	15:00
Mobile vs Fixed	<i>Fahri Erdogan</i>	15:06
Cemented versus uncemented	<i>Reha Tandogan</i>	15:12
Bicruciate reatining	<i>Nanne Kort</i>	15:18
Anti-thrombosis prophylaxis	<i>Simon Donell</i>	15:24
Antibiotics	<i>Roland Becker</i>	15:30
TKA vesus HTO	<i>Reha Tandogan</i>	15:36
TKA versus uni	<i>Alper Kaya</i>	15:42
Discussion		15:48

Break		16:15
Wound closure	<i>Simon Donell</i>	16:45
Laminair flow	<i>Baris Kocaoglu</i>	16:51
Tranexamic acid	<i>Per Kjaersgaard</i>	16:57
Planning of TKA	<i>Roland Becker</i>	17:03
Complications and common errors	<i>Theofilos Karachalios</i>	17:09
Discussion		17:15
Closing		17:30
Reception		

Saturday 14 July 2018

Group A	Group B	Group C	
Case discussion	Cadaver	Lectures	08:30
Cadaver	Lectures	Case discussion	10:00
Lectures	Case discussion	Cadaver	11:30
Post-course evaluation			13:00
The End			13:15

Content of the lectures:

- Operating room set-up : *Alper Kaya*
- Pain management: *Sarper Gursu*
- Enhanced recovery: *Per Kjaersgaard*
- Infection prevention: *Ersin Ercin*
- Rehabilitation: *Hakan Cift*

Case Discussion:

Simon Donell
Fahri Erdogan

Cadaver Lab Instructors:

Roland Becker
Nanne Kort
Theofilos Karachalios
Reha Tandogan
Baris Kocaoglu
Gokhan Meric
Gokhan Kaynak

NOTE: Pre-course educational material will be made available to all delegates

Course venue

Center of Advanced Simulation and Education "CASE"
Acibadem Mehmet Ali Aydınlar University
Kerem Aydınlar Kampusu
Icerenkoy Mah. Kayisdagi Cad. No:32 Atasehir
Istanbul, TURKEY

Transfers

Nearest airport is:

Sabiha Gokcen Airport (Asian Side): 60 minutes by car
Ataturk Airport (European Side): 90 minutes by car

Ground transportation:

Shuttle from Sabiha Gökçen is €100, private transfer is €160
Shuttle from Ataturk Airport is €140, private transfer is €180
(per person, excluding VAT)

Recommended hotel

Participants are free to choose their own accommodation.
Please bear in mind the heavy traffic of Istanbul.

The nearest hotel to the course venue with shuttle service to the cadaver lab is:
Marriott Hotel Asia – Single room 165 €*, distance by car 5 minutes

Organised shuttle bus times:

Friday, 13 July 2018 Shuttle Service

Marriott Hotel to CASE – 08:30
CASE to Marriott Hotel – 17:30

Course Dinner Shuttle Service (Friday, 13 July 2018)

Marriott Hotel to Uskumru Restaurant – 19:00
Uskumru Restaurant to Marriott Hotel – 22:00

Saturday, 14 July 2018 Shuttle Service

Marriott Hotel to CASE – 08:00
CASE to Marriott Hotel – 13:30

Other suggested hotels

Hilton Kozyatagi – Hotel Single room 110 €*, distance by car 10 minutes

Radisson Hotel Atasehir – Single room 100 €*, distance by car 12 minutes

There are no shuttle services to the venue organised from those hotels

Other details

Course language: English **Dress code:** Business casual

Registration fee: 600 Euro**

Price includes: EKA Basic Arthroplasty Course,
food and beverages during the course, Reception

*Quoted prices may change depending on time of the booking

**VAT included

Notes

Contact Information

Course information, and general queries

NISH

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Registration

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The ESSKA-EKA Basic Knee Arthroplasty Course, Istanbul, Turkey, 13/07/2018-14/07/2018 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 9 European CME credits (ECMEC@s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities.